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Celebrity World

ISSUE NO.6 SEPTEMBER 2017

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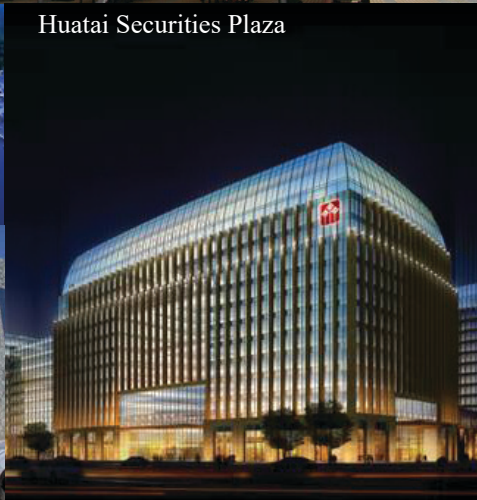
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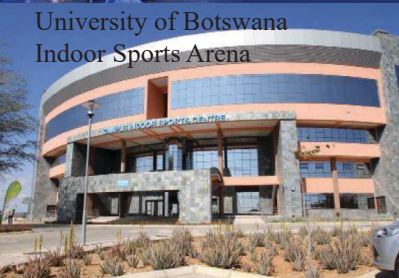
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Celebrity World

Letter From The

Editor



Dear Readers,

We are on our sixth edition and we are very proud to have reached this far. We enjoy giving you a dose of local celebrities, content, fashion and an insight of the lives of Batswana. We included some delicious recipes and nutrition; we have also taken a twist in the beauty section as we are also giving beauty tips for men. Entertainment news like gossip and upcoming albums are also the things you can look forward to. This month look out for the fabulous Sadie as our cover girl we hope you enjoy this issue as much as you have with others.

Happy reading!!!

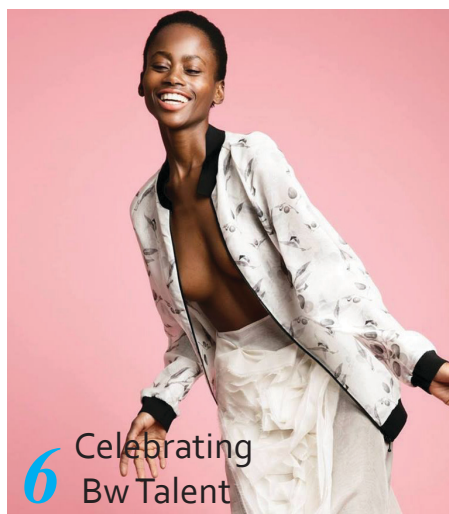


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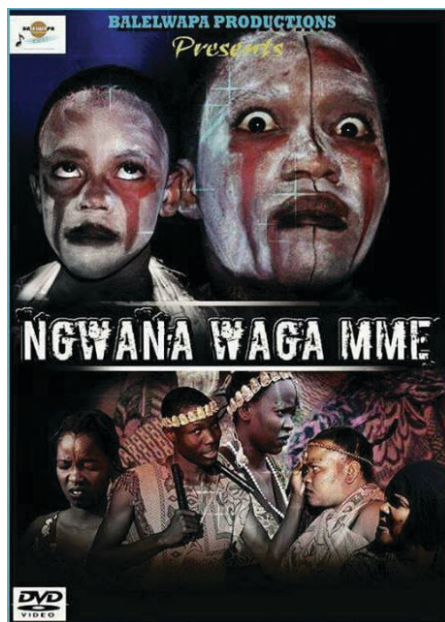
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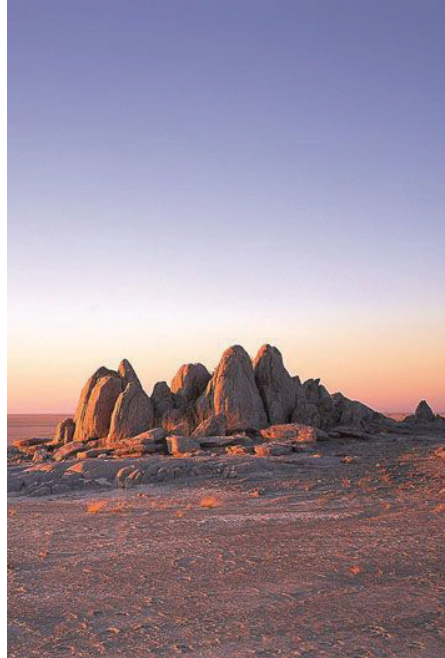
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Celebrating Bw Talent

Botswana is blessed in abundance of diamonds contributing significantly to the country's gross domestic product ever since independence. But not all her diamonds are underground, some come in the form of extra ordinarily talented individuals who radiate brilliance in their chosen fields of choice. Celebrity World Magazine writer Davy Sebakile profiles a few celebrities who are currently doing it big.

Motswafere

(fashion stylist and musician)

This fashion connoisseur compares to a fine red wine, delectably full bodied on the dark side and definitely improving with age. He made his debut in the music industry as a contestant in the popular My Star singing competition and finished off in the top three. Later on he joined hands with the controversial ATI and the sweet kid of RnB Spiza which took the industry by storm. Ever since then, the nation has been savoring his talent and brooding sexiness over the years. Recently, Motswafere, born Motswakgala released a hot single, *Pleasure*, featuring a hot male model with intensified sex appeal. This young star's future is bright and there is no denying it. A multi faceted artist, doubling as a fashion stylist for the effervescent style queen Masi Sithole, Motswafere speaks French with ease and hopes to one day relocate to France to do music.



Blacktrash Duo

(Fashion designers)

The Black Trash duo, Gerty Mogojwe and husband, Kutlwano Mogojwe never fails to impress with their extravagant runway shows. Ever since their foray in the fashion industry, they have showcased at different fashion shows both locally and internationally. They have showcased at the African International fashion show overseas, *Colour in the Desert* and the Mercedes Fashion week. As if that's not enough, they have worked hand in hand with BOMU providing them with outfits, dressed Botswana Television presenters at some point and have collaborated with other television stations such as Studio 53 and SABC 2. They have also dressed Noxy Mavundhla, during her stint as an Mnet TV presenter. There is no doubt that these two are set for international stardom.



Connie Ferguson

(Brand ambassador, Entrepreneur, film producer and Actress)

Well known for her much loved television character, Karabo Moroka on *Generations the Legacy*, subsequent *Generations*, Connie is a force to reckon with. Having played this character for sixteen years, she has grown to be the backbone of the soapie coming from time to time to spice up the story line. Connie together with her husband, Shona Ferguson are the brains behind the successful TV productions such as *Rockville* and *The Queen*. Connie is also a much decorated entrepreneur and investor. She has an eye wear range and a cosmetic range including perfume line(s) and body lotions. Connie was also at some point a brand ambassador for various brands.



Nnunu Ramogotsi (Jazz Musician)

A song bird of note, Nnunu started out in the music industry backing a host of jazz luminaries. Prior to that, she was fully engaged in choral music, singing as a member of the KTM music ensemble under the guidance of the late Gomolemo Motswaledi. Nnunu together with Nono Siile, backed Ndingo Johwa for a good number of years. Nnunu's debut album, Mmasenoko continues to do well both locally and internationally. Her songs enjoy massive radio airplay both in Botswana and across borders.



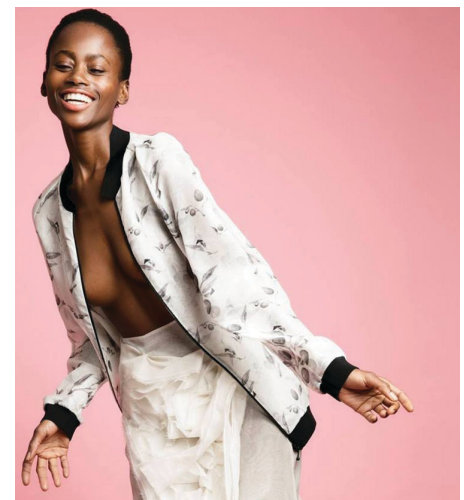
Tshepo Lesole (multi award winning music producer)

A prolific music producer, Tshepo Lesole is a creative genius who has produced award winning music albums and produced soundtracks for television productions. Tshepo has scooped a total of five Botswana Music Union (BOMU) awards between 2009 and 2013 he proved to be one of the country's finest musicians of all time and a master of his craft. He was recognized for Best Male Artist (2009), Best Contemporary Gospel Artist (2012), Best Packaged Album (2012), Best Music Producer (2012) and Best Music Producer (2013). He has produced songs for Lizibo, Nnunu Ramogotsi and he has worked on many albums which are making a wave in the Botswana music industry.



Kaone Kario (Fashion model & Actress)

A fashion icon in her own right, Kaone Kario first tasted the glitz and glamour of fashion when she was crowned the winner of the Nokia face of Africa back when she was only 19 years. This afforded her the opportunity to model for big fashion retailers like Woolworths, Mr Price and for over four years now she has been the brand ambassador for a giant cosmetic company Nivea. She has been profiled by almost every glossy magazine in South Africa like Elle, Marie Claire, Cosmopolitan and Glamour. To add to her endless achievements, Kaone made it to the finals in the Top billing presenter search which proves that indeed she is a woman of many talents. To add a cherry on top of the cake, Kaone doubles as an actress having starred on the DSTV series, Ayeye playing the character of Leano-the character that many Africans fell in love with in 2015.



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Shopping List

Why You Need To Have One

With the constant rising cost of living and economic uncertainty it has become increasingly important to exercise financial prudence. If you do the grocery shopping for your household, you may know how frightening the grocery bill can become but there is no need to worry as we have tips on how to save some cash to stay afloat.

According to Obakeng Thuto, a financial advisor, a good number of people tend to spend money on unnecessary stuff because they go to shops with no clear picture of what they want and where to get it. "it's imperative to use a shopping list as it helps one to save money by buying what they need, eliminating the chance of buying impulsively," Obakeng noted

citing the importance of a shopping list.

He went on to advise that before going on shopping sprees, it's important for one to compare price list of different shops and later on draw up a shopping list. "It may seem like you won't be saving much at first, but collectively over time you would have saved good money. Imagine if you save P50 every month from using the list, after a year how much would you have saved?" he highlighted.

When reached for comment, Thapediso Kgonkwe laughed his lungs out reminiscing about his days as a boy. "My mother always sent me to the shops with a shopping list and as a young boy I was always shy to produce it," he said with a smile.

He says despite his negativity then towards the shopping list, he had adopted the use of a shopping list from his mother and it has proved fertile for him. "I am committed to using a shopping list, and as things go - I have saved good money," he says. He went on to say that his I-phone application shave also proved instrumental in helping him draw up a suitable shopping list.

In his last words he advised that people using the shopping list need to be disciplined and be able to follow through their shopping list without being tempted to fill up the shopping basket. "People need to be aware of how tempting sales can be pressurizing them to compromise under the idea of buying items when they are still cheap."

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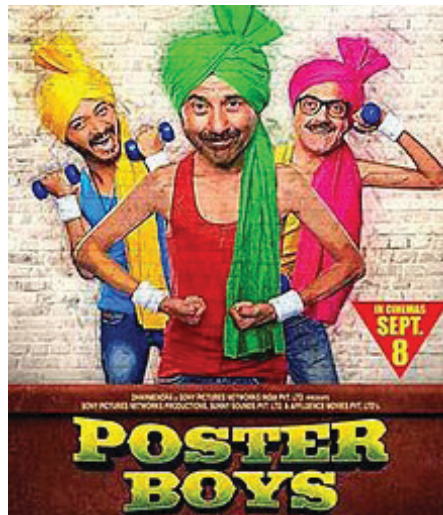
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Bhoomi

is an upcoming Indian action film directed and co-produced by Omung Kumar. It will star Sanjay Dutt, Aditi Rao Hydari, Sharad Kelkar and Sidhant Gupta.

Principal photography commenced in February 2017 in Agra. The film is scheduled to release on September 22, 2017



Poster Boys

is an upcoming Indian Hindi-language film co-produced and directed by Shreyas Talpade making his directorial debut. The film features Sunny Deol, Bobby Deol & Shreyas Talpade himself in lead roles. The film is an official remake of the 2014 Marathi hit Poshter Boyz which Shreyas had produced and acted in. It is inspired by a real life incident about three porters who found their pictures on a vasectomy poster. Produced by Sony Pictures Networks Pvt. Ltd. and Affluence Movie Pvt. Ltd., Poster Boys is scheduled to be released on 8 September 2017.



Stronger (2017)

Release Date: September 22nd, 2017
Not Yet Rated 1 hr 56 min

Plot Summary

Jeff Bauman loses both of his legs when two bombs explode during the Boston Marathon on April 15, 2013. After regaining consciousness in the hospital, Jeff is able to help law enforcement identify one of the suspects, but his own battle is just beginning. With unwavering support from his family and girlfriend, Bauman embarks on a long and heroic journey to physical and emotional rehabilitation.



The Lego Ninjago Movie

An upcoming 2017 Danish-American 3D computer-animated action-comedy martial arts film that is being directed by Charlie Bean and written by Dan and Kevin Hageman, Hilary Winston, Bob Logan and Paul Fisher.

Produced: Dan Lin, Roy Lee, Phil Lord, Christopher Miller

Country: United States, Denmark

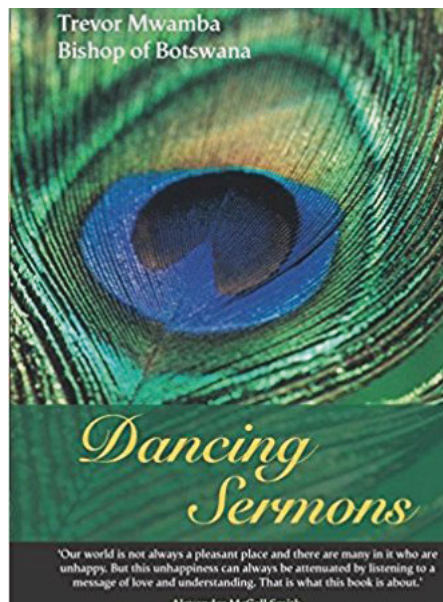
Genre: Action & Adventure, Animation, Comedy, Kids & Family

Duration: 90 minutes

Language: English

Music: Mark Mothersbaugh

Release date: September 22, 2017

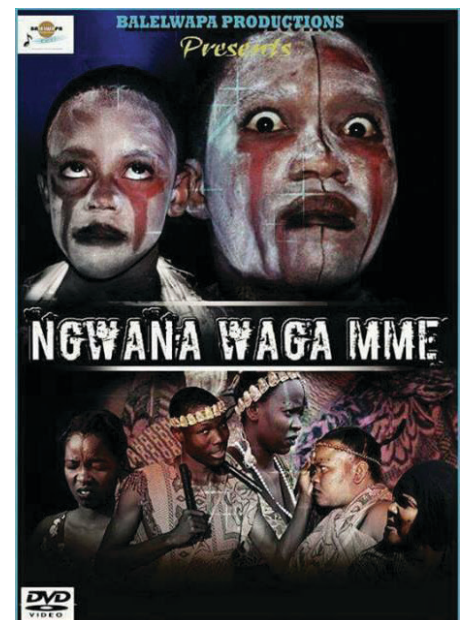


Dancing Sermons

Author: Trevor Mwamba

Reviewer: Davy Sebakile

Lawyer by profession, this man of God has a fascinating way with words. He writes eloquently, with wit and charm that hooks you from the first page to the last. The message portrayed in this book is that we are all equal and that we are loved by the Supreme Being. The book is a must read for every book lover especially those looking into improving their relationship with God, as the book is not written in favor of staunch Christians.



Ngwana Wa Ga Mme

It is about the conflicts between families, where siblings fight through jealousy and using traditional doctors and ended up wishing death on each other.

Producer: Gasebothe Gasenna

Editor: Gasebothe Gasenna

Language: Setswana

Country: Botswana (Shoshong)

Genre: Drama

Duration: 1:09:10

PG: 13VL



THIRST (II)

Two best friends are pitted against each other when a new girl comes to town, matters are further complicated when they enlist together in the US Army to fight in the Persian Gulf War, the men and their unit captured by Iraqi forces and must work together with other prisoners of war to escape Operation Desert Storm.

Duration: 1h 51min

Producer: Lori North, Kevin Singh, Avon Singh

Associate producer: Zerelda Rodriguez

Executive producer: Devon Singh

Writers: Avon Singh, Kevin Singh

Stars: MonréAucamp, Maxine Classen, Gerald Copeland

Director: Kevin Singh

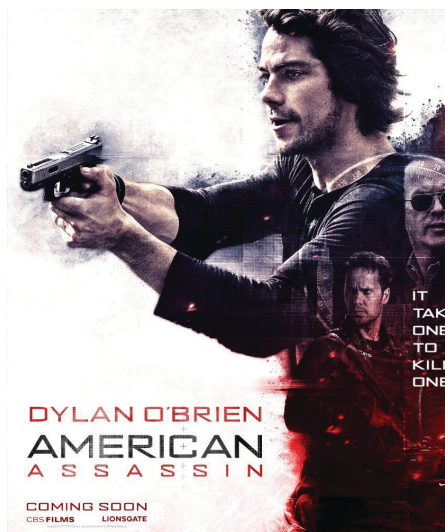
Genres: Action

Country: South Africa

Language: English

Release Date: 16 September 2017

Film Editing: Karien Van Biljon



American Assassin (2017)

Release Date: September 15th, 2017

Not Yet Rated

Follow the movie on Facebook and Twitter

Plot Summary

Black ops recruit Mitch Rapp (Dylan O'Brien) is reeling from the death of his fiancée in a terrorist attack when he is assigned to shadowy CIA figure Stan Hurley (Michael Keaton) to receive special training in tracking terrorists. Rapp and Hurley are then dispatched to join a Turkish agent on a mission to stop a mysterious operative from unleashing chaos of international proportions.

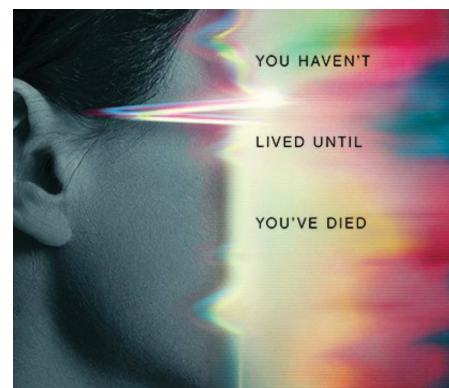
Cast: Dylan O'Brien, Michael Keaton, Sanaa Lathan, Shiva Negar, Taylor Kitsch, Scott Adkins, David Suchet, Navid Negahban

Director: Michael Cuesta

Genres: Thriller, Adventure, Action

Production Co: Di Bonaventura Pictures, CBS Films

Distributors: CBS Films, Lionsgate Films



Flatliners (2017)

Release Date: September 29th, 2017

Not Yet Rated

Plot Summary

Five medical students embark on a daring and dangerous experiment to gain insight into the mystery of what lies beyond the confines of life. The bold adventure begins when they trigger near-death experiences by stopping their hearts for short periods of time. As their trials become more perilous, each must confront the sins from their past while facing the paranormal consequences of journeying to the other side.

Cast: Ellen Page, Diego Luna, Nina Dobrev, James Norton, Kiersey Clemons, Kiefer Sutherland, Charlotte McKinney, Beau Mirchoff

Director: Niels Oplev

Genres: Thriller

Production Co: Columbia Pictures, Laurence Mark Productions

Distributors: Sony Pictures Entertainment



Succeeding on purpose

Author: Sibusiso Kgosikhumo

Reviewer: Davy Sebakile

This book is all about destiny, purpose and the success that surrounds the subject. The author draws a lot from his personal success and say, his experiences to make his point. What's most appealing about this book is that it doesn't try to set the standard for success or set the tone for the definition of destiny and purpose, rather it engages the reader to think about her life with respect to destiny and purpose setting them in motion for a life of succeeding on purpose! The book is a masterpiece and everyone deserves to read it to enjoy its wealth of motivation.

BRAD'S STATUS

Brad's Status

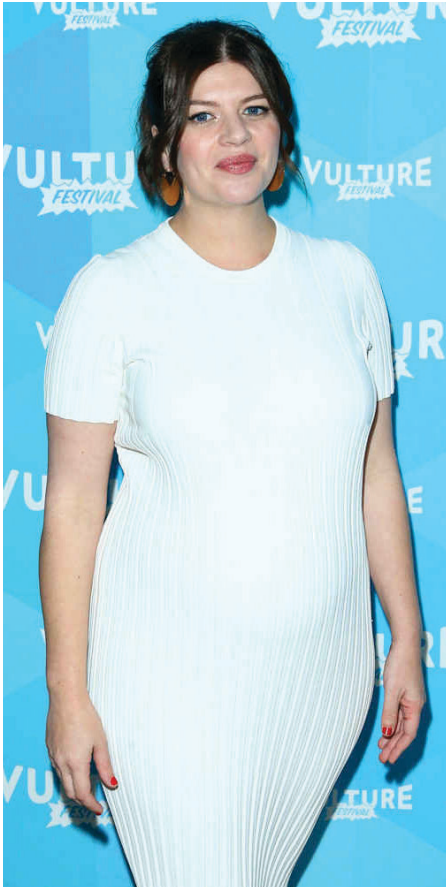
Follows Brad, who, despite a good career and happy family, is obsessed with the better fortunes of his old friends from school. While escorting his son on an East Coast tour of colleges, Brad is forced to confront his friends and his feelings of failure.

Genre: Comedy

Directed By: Mike White

Written By: Mike White

Release: Sep 15, 2017 limited



Casey Wilson gives birth to baby no. 2

Casey Wilson has given birth to her and husband David Caspe's second child, a son they named Henry Caspe. The exciting news was announced on her podcast, Bitch Sesh.

Co-host and comedienne Danielle Schneider shared, "Our dear friend Casey Rose Wilson has given birth to a little baby boy while we were recording the podcast, you guys this is so exciting." Casey's dad Paul added, "The baby is a month early but perfectly fine." Wilson has said in the past that she and Caspe, who wed in 2014, wanted to expand their family.



Céline Dion sings a Rihanna song to answer a question about her love life

The best is yet to come for Céline Dion. The famous singer broke out into song when someone asked a question about her dating life, singing classics from both Frank Sinatra and Rihanna. While at the launch for her handbag collection in Montreal, a partnership with Bugatti, the 49-year-old said: "I'm enjoying myself. I went through a lot," she said, referencing the passing of both her husband René Angélil and her brother Daniel Dion, who died within days of one another. "At this time of my life, going back a few years back when it was so hard, I feel as though I can spread my wings."

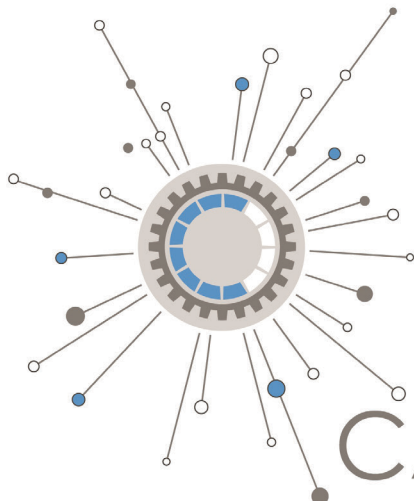
When Dion was asked about moving on, she said that it was too soon. "He's the love of my life," she said of her late husband. "It's very difficult for me to see myself with another person." The French-Canadian singer has become somewhat of a fashion icon recently. Dion confirmed that she will be releasing an album at some point in 2018.



Musician Vusi Nova found after being Kidnapped

Afro pop musician vusi nova has been found after being kidnapped outside his house in melville.

He had been stripped off all his clothes. Nova was kidnapped by hijackers in the early hours of the morning. He was dropping off artists and when he arrived at the gate, men approached the vehicle. They hijacked the vehicle, pushing some occupants out of the car but nova was left inside. Three other passengers were ejected from the car before armed men sped off with the singer and one other person.



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Of course Beyoncé is the first to wear Jay z's puma collaboration

Even when Beyoncé goes casual there's always an element of surprise to her outfits. And when she attended a rehearsal for husband Jay Z's upcoming 4:44 tour, the superstar gave the world a first look at an exclusive piece of merch: a pair of peach Pumas detailed with 1:44, one of a limited edition of 44 from Jay-Z's new collaboration with the sportswear brand. With Jay-Z's hit "Caught Their Eyes" playing in the background of her Instagram video, it's clear that Beyoncé wanted fans to notice the sneakers. She even provided a close-up of the track listing printed onto the insole. And yet with only 44 pairs in existence, they may have a hard time getting ahold of them. Still, in a week when celebrities have used their footwear to express their feelings, her choice to support Jay-Z's latest endeavor is an affectionate show of spousal solidarity.



Khloe Kardashian obsessed with plastic surgery and photoshop?

It doesn't take a Kardashian superfan to notice that Khloe Kardashian has been looking pretty different these days.

Khloe's transformation began a few years ago when she started working out to cope with the stress and pain from her divorce from Lamar Odom. She put a lot of hard work in, and after she lost weight, she began toning up. After she got her body in tip-top shape, something strange began to happen. Her ass got bigger like, insanely bigger and while she's credited those new curves to squats, it still seems a little suspicious.



Exclusive: Richa Chadha will be Ali Fazal's date for the Venice film festival

There have been rumours that actors Richa Chadha and Ali Fazal have been in a relationship for the last four years. Well, the latest update is that they allegedly plan to take their relationship to the next level.

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SLEEK FOODS MEETS KFC

Celebrity World Magazine recently witnessed Sleek Foods KFC launch. The purpose of the event was to launch the new KFC Chakalaka produced by Sleek Foods, a local company that produces a range of delicious relish owned by Mrs Nkata Seleka.

Mrs Seleka said that she was self-funded when she started the company, but for her to meet the KFC standards and requirements she had to capacitate herself and went to CEDA to apply for a loan which was approved within four months. They were audited on June 16, 2017 and passed the audit. They qualified to supply KFC which has one supplier accreditation. This means they can sell their products internationally without having to go through the auditing up until the audit is due. Mrs Seleka urged guests to work hard and be committed to their long term visions just like she did.

Speaking at the launch, the Acting General Manager of KFC Mr Gaamangwe Maruatona said they are very excited to partner with Sleek Foods. He said that all the products have to go through approved standards, and every supply has to go through an audit with a mark of not less than 85%. Mr Maruatona added that Sleek Foods is the only small medium supplier in their supply list. He said the door is open for every Motswana to come and sell their products to KFC.

Mr Maruatona added that Sleek Foods is the only small medium supplier in their supply list.

Sleek Foods Company has a range of tomato relish which comes in lemon & herb, mild & hot, and the onion relish which can be found at any Spar, Choppies, and Sefalana. The company has employed twelve part time and nine full time people since its inception.



Sleek Foods chakalaka range on display



guests taking selfies during the launch



guests were treated to the taste of Sleek Foods chakalaka range



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Girl With The Midas Touch

In the television industry obsessed with boxing presenters in, you could say Boipelo Sadi Dikgaka is a rose that stands proudly amongst a million daisies. Her presenting is delivered in an interesting, and engaging fashion, layered beautifully & very top notch.

Sadi's bubbly personality shines through on television. She has won the hearts of many viewers and keeps them glued to their TV screens every Friday evening, watching Flava Dome—the show she co-hosts with Loungo Andre Pitse. But that's no surprise. With her style, charisma, energy and tender voice, she epitomizes a girl on the move.

In a candid interview held in our offices, she came casually dressed in black jeans and a killer top which screamed hot couture. Taking us through her journey to entering the TV world she shared that she went on to try her luck at auditions after a dare from her elder sister and her friends.

"My TV career sharpened after a joke and a dare. BTV was on the search for presenters, and my friends and sister dared me to audition." With a wide smile on her face, she went on to say that she landed out of her comfort zone but went ahead and tried her luck.

"I stepped out of my comfort zone and went on the grueling auditions. Stepping out of my comfort zone later on proved to be worth it as I ended up landing the job," she says.

FIRST BEGINNINGS

After being announced the new presenter, the ball started rolling. In her words, being in-front of the camera was not a walk in the park for a newbie. "The cameras gave me a rippling effect but fortunately, I had the crew behind me. Their support and the patience of the show producer went a long way in building my confidence."

Shortly after honing her presenting skills and getting accustomed to the lights and cameras, a new challenge in the form of gossip scandals erupted. News spread fast that she was married and divorced and later on became entangled in some love triangles she didn't know about.

"Just to clear the air, I was never married or had kids. Even half of the celebrities I was romantically linked to through the tabloids are colleagues in the entertainment industry that I do not know personally," she lamented. To overcome these challenges, she says she grew a thick skin and made peace with the fact that the fabricated news would always make part of her life as an entertainer.

"I am no more bothered by what people say about me on facebook, or what the tabloids splash across their pages in my name. I know my truth and that's what matters."

GIRL ON FIRE

Since she first cut her teeth in the entertainment industry, Sadi has worked tirelessly to stretch her repertoire as an entertainer collaborating with the phenomenal afro pop singer and songwriter Lizibo in one single which enjoyed massive airplay in local radio stations. As if that's not enough, she had joined hands with DJ Kuchi and Zagro DeeJays from Lesotho.

This surprised a lot of her followers since singing was one of her hidden talents that she had never explored to the full. Little did they know that she had always

been a natural performer—a confident kid with the voice of a nightingale and the face of an angel with real aspirations of being famous for her singing.

"I never saw myself as a presenter but deep in my heart always knew that I wanted to be famous for my singing as music is my first love. Ultimately, the collaboration with Lizibo came at the right time to launch me into music," she highlighted. When asked if there are plans to release her own album one day in the pipeline, she instantly assured us that when the time is right she will release her debut album.

"My music will be released one day but I must note that as a music lover, I have no specific genre that I can say my album will be. I am versatile and this will be reflected in my music," she smiles.



SHINING BRIGHT LIKE A DIAMOND

Sadi's achievements in her short span of career in the entertainment circles are as high as her stilettos. She is a brand ambassador for Cene Media, Glambition hair line and most recently Aloe Maxx. Prior to these ambassadorships, she was a SKY ambassador. Contrary to the believe that being on television opens many doors and gets celebrities like her endorsement deals, Sadi credits her success to her supportive family, her legion of fans together with her hard working spirit.

"I would like to believe that my success, so far, is a direct result of sheer hard work and the passion I have for what I do. My supporters are also instrumental as before one is selected as a brand ambassador-their fan base is taken into consideration."

Before kissing us goodbye, her last words came in the form of an advice to aspiring presenters. "It's vital that even though you are inspired by people already in the industry, you do not try to immolate them rather be inspired by their craft. Originality is the key and will help you go a long way, develop a work ethic that will set you apart from your competitors."

Sadi is a budding entrepreneur and she owns a company called Frontguts which is about branding as well as brand positioning, marketing entries and strategies.



DID YOU KNOW?

- She has a Bachelor of Commerce and Marketing from Mancosa
- Sadi is spiritually inclined and is a member of UCCSA
- *Her favourite scripture is John 14:27
- *Her music influences include: India Arie, Lorraine Hailes & Mial Soul
- She admires Tumi Ramsden and Bonang Matheba
- She has a penchant for pets
- She loves traditional cuisine
- *Sadi is an avid reader
-

Fav Quote: "If something steals your peace, it is too expensive to have it in your life. Peace is very vital in every aspect of your life."

New Comers Delight

Music forms a big part of our everyday lives. When we are down, we seek comfort in music and when in a jolly mood – we dance and sing along to music. Even the most cynical of human beings will not debate the importance of music.

Former My Star contestant knows this to the core, and that's why he took his sweet time working on his debut album because he wanted to release music that people could identify with. Read his story below.

We first saw you on My Star singing competition. Was this your first experience in singing competitions?

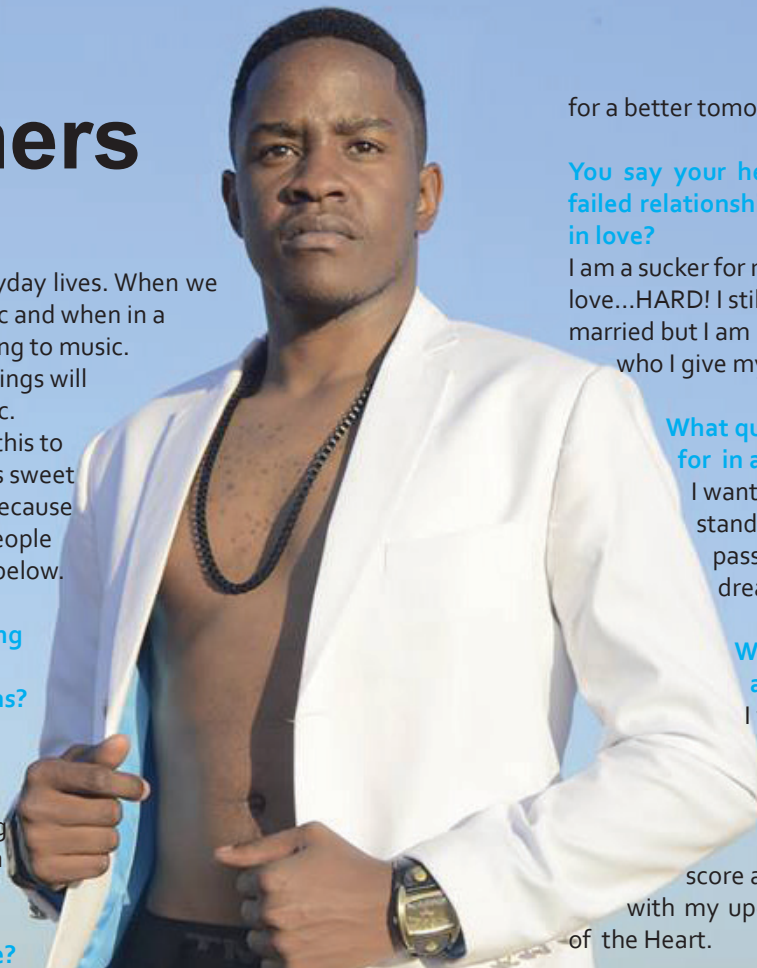
Unlike most of the contestants of the time, My Star wasn't my first singing competition. I was at some point a part of Star Academy during my days in Geneva and I finished in 7th place.

How was your My Star experience?

My Star was amazing in many ways. First, we performed in front of an audience which was quite a challenge at first. Also, the contestants were very passionate and hungry to make a name for themselves which intensified the competition. To wrap up my experience there, I would say it was a huge learning curve.

You were a favorite to the females during your time on My Star. Do you still get ladies throwing themselves at you now that the show days are no more?

People are very amazing and supportive. Even to this day, I get spotted by some fans in shopping malls and restaurants. Some even ask for pictures with me and I gladly accept – it's part of the game! Fortunately, the nick name I got on My Star,



Ben10 has died with time.

What followed after My Star?

Two years, after My Star I released my first single which did pretty well. It received fair airplay in local radio stations. I also worked for Gabz FM as a music compiler and it was heavenly – I happen to love music.

Your latest single, Rhythm of the Heart is quite a hit. What inspired this song?

Thank you-I wrote this song after losing my father who was very close to me. His death was hard on everyone as it was sudden. Also sometimes in 2013, my heart was heartbroken by some girl whom I loved with all my heart. To cut the short story short, my music writing is inspired by everyday experiences. With this single, I want to give people HOPE

Feature Artist

for a better tomorrow.

You say your heart was broken by a failed relationship. Do you still believe in love?

I am a sucker for romance – when I love, I love...HARD! I still dream of getting married but I am more cautious about who I give my heart to.

What qualities do you look for in a partner?

I want someone who is under standing, patient, shares my passion and has her own dreams.

What have been your achievements by far?

I was nominated for Best International Act at the Dope FM awards in 2015, Lesotho and I hope to score another nomination with my upcoming album, Rhythm of the Heart.

Amazing! Where do you see yourself in the next three years?

I want to penetrate the international market and make songs that heal people, inspire them to dream big and above all help upcoming artists. Being an upcoming talent is not a joke – it takes hard work and dedication to penetrate and having a helping hand would open many doors for us, so I want to be that helping hand for others once I am established.

FAST FACTS

NAME: Peter Lekuni

STAGENAME: PeterLekuni

DATE OF BIRTH: 23/8/1990

PLACE OF BIRTH: FRANCISTOWN

LANGUAGES: French, English & Setswana



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Cologne

Mistakes Men

Make



Mistake #1: Not Understanding the Power of Scent

80% of men report that they don't use fragrances on a regular basis. This is an astounding statistic in that it speaks to the notion that many men don't fully understand the importance of scent.

Fragrance can help you with the following:

Stress – A calming effect is a by-product that helps you relax and get comfortable

Confidence – self-assurance goes through the roof when you are wearing a quality fragrance.

Memory –There is a causal link between our sense of smell and memory recall. Wearing a fragrance can take you back to a great time in your life which in turn has an effect on your mood.

Known for having a signature scent

Smelling nice can become a part of your identity; it's a compliment to your outfit

Inviting – This can make interactions with you enjoyable regardless of the environment. People are more open to what you're saying because the fragrance creates an enjoyable atmosphere for engaging.

Memorable – Many women think that men are more attractive when they wear a great scent.

Mistake #2 Applying the Fragrance In- correctly

It's important not to waste fragrances by applying it incorrectly.

Here are a few common incorrect application methods:

- Spray in the air and walk into it
- Over saturate yourself
- Spray on the inside of wrists and rub them together

The proper way to apply your favorite scent is to put it directly onto your body. It's best to put it on directly out of the shower.

The recommended places to spray fragrance or apply oils are:

- Bare chest
- Wrists (without rubbing together)
- Behind the ears/neck

Mistake #3 Not Properly Storing the Fragrance

Newsflash: No fragrance is going to last forever. A fragrance will last for a few years if it is stored properly. Without proper storage the scent will break down.



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Best Shaving Gels For Men

Shaving Creams vs. Shaving Gels

Which is the best for achieving the ultimate shave? Both can deliver the most comfortable shave possible.

Better for thick hair: Certain formulas do a sharper job of lifting whiskers off the face than creams.

Faster removal: It softens skin and makes it easier to raise and remove hair.

Glide action: Blades are much smoother to run across your face.

Less application: Whereas creams require a heavy amount of volume, gels are more effective when applied in smaller amounts.

Shaving transparency: It's easier to see where the blades from your razor are passing through.

Skin protection: A layer is created between the blade and your skin, shielding it from cuts, nicks, and most importantly, razor burns.

The Good Stuff: Below Are The Chemicals A Shaving Cream/Gel Should Contain

Allantoin: This chemical compound relieves irritation and heals damaged skin.

Aloe Vera: A popular plant designed to moisturize and soothe skin.

Essential oils: Popular ones such as eucalyptus, lavender, peppermint, tea tree, jojoba, and jasmine oil may balance hormones and reduce wrinkles.

Glycerin: Known as a humectant, it seals in moisture to combat dryness.

Oatmeal: Hulled oat grains that stave off eczema, psoriasis, and rashes.

Shea butter: A triglyceride acting as a moisturizer to nourish skin.

Vitamin A/C/E: Antioxidants protecting skin from environmental hazards.

Other botanical and herbal extracts like chamomile, cucumber peel, green tea, and olive leaf can work wonders on the body's outer layer as well.



TIPS TO PERFECTLY POLISHED SHOES

A good pair of shoes that is properly cared for will last a lifetime. Not only that, a pair of good, polished shoes is a key to feeling well-dressed when you walk out the door. Here are some tips to perfectly polished shoes:

- Always shine your shoes when you first buy them and before you wear them, then shine them on a regular schedule after that. Preventive maintenance will help protect your shoe investment.
- Moisture protection is a must. Mink oil

will waterproof and preserve the shoe, but it can darken lighter shades of leathers.

- Brushing away dirt and dust will help keep the leather looking good, and polishing them with good quality creams and waxes will help condition them and prolong their life by protecting against water damage, etc.

- Polishes fall into two main categories: cream and wax. They can be used interchangeably or together (cream first, followed by wax). Cream polish cleans, conditions, and buffs to a moderate shine, whereas wax polish protects more and can be buffed to a high gloss if desired.

- It is a good idea to have cloths and brushes dedicated to black and brown polishes, and not to interchange them.

- While selecting a shoe polisher cream, match the shade exactly. If in doubt, go with a shade lighter and not darker.

- If the shoes have leather soles, use a little of the polish around the edge to darken them up.



Model: Dimpho Makobo
Agency: Madame Queen Modeling Agency
Designer: Golden Thread



Katlego Disele
Brief: Model's Own





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These are suitable
for this
favourable
season.



How to Raise Responsible Kids



Do you tend to do too much for your kids? Do you hold your kids accountable for their actions?

What about chores and responsibilities at home, what are your expectations for your kids?

5 PRACTICAL TIPS FOR RAISING RESPONSIBLE KIDS

As parents, we all want our children to someday become responsible adults. On the other end of the spectrum, we don't want to force our children to grow up too quickly. There is a balance, but how do we find it? There are many indicators we can use to let us know whether we are giving our children enough responsibility.

REACTIONS

How does your child react to responsibility?

Does he (or she) cringe or accept it with enthusiasm? A child who resists responsibility may be overwhelmed with what you are already giving them, or simply not wanting more. This is an area where knowing your child comes into play. A child who eagerly accepts more responsibility when given it is generally being given the right amount.

BOREDOM

This can be an indicator that your child doesn't have enough responsibility. Children, unless special circumstances are preventing it, enjoy and even seek a good challenge. They take pride in their accomplishments and look for more ways to replicate that feeling. If a child is not being challenged enough, they may get bored and act out. Often, a child labelled with "bad behavior" is just seeking fulfillment.

Gather Input from Other Parents

Do you have friends with children the same age as yours?

If yes, that's great. If not, aim to find some. Compare notes and determine if your child is being given approximately the same amount of responsibility as his friends.

Requests from Your Children

Has your child asked for more chores, or been seeking accountability from you in some area?

Children have more wisdom than we often give them credit for, and a child can be his own best judge. A child who feels an innate need for more responsibility

may ask for it, which can be displayed by wanting more chores, or checking in with you even when you didn't ask him to.

Trust your child's natural intuition and work with him to find a better balance.

Responsibility Should Match Privilege

As Voltaire, the famous writer and philosopher, is quoted saying: "With great power comes great responsibility." As your child grows and becomes more responsible, his privileges should expand to reflect that as well. And likewise, as your child grows old enough to receive more privileges, you will know that you can hold him accountable with more responsibility. As long as these two match, it's a good indicator that you are on the right track.

Teaching our children responsibility is an area where there is not always an easy answer. All children are different, and not one approach fits all. However, we can use this list to give ourselves a general idea of whether or not we are giving our child enough responsibility, and ensuring their future success.

One On One With MoBE

Assistant Minister, MP Moiseraele Master Goya



Photo credit: www.dailynews.gov.bw

Tell us about the education system in Botswana, what you can share with Batswana about it.

Answer: This is a very broad and open question and one can be very certain the answer provided will do justice to it. Generally Botswana provides free and accessible academic and vocational and technical education from pre-primary to university levels. Education is mainly provided by government in public schools. However, over the years we have seen an influx of private schools coming on board to provide education at a cost which is mainly accessible to the privileged and more affluent section of our population. The private sector has particularly done well in the provision of pre-primary school education.

Since you joined the Ministry of Basic Education, what have you achieved so far as the Assistant Minister?

Answer: A better response to your question will mean that I should first give you a brief background to what my job entails. Well my portfolio covers pre and primary education, secondary education, human resource management including teaching service administration, regional operations, curriculum development

and evaluation, inspectorate services, facilities development and maintenance as well as parliamentary issues. In a nutshell as the title suggests, I am the Minister's right hand man. The core business is to ensure that all eligible children access quality and relevant basic education. I think it suffices for me to mention that this role involves a lot of extensive travelling so as to visit institutions where our core mandate takes place. I have done that fairly well and have been to almost every corner of this country addressing the issue of improving our academic performance. Last year we have seen a lot of primary schools, twenty one in number getting 100% ABC performance in Primary School Leaving Examinations and this is a remarkable feat.

It has been realized that schools in major cities and towns perform better than those in rural and remote areas. What are your implications on that issue?

Answer: Yes, urban schools tend to outperform rural schools. It is not clear why this is the case. Government does not make a distinction between urban and rural schools in terms of provision of resources and staffing. Schools in towns and rural areas enjoy equal treatment

and services. It is just a problem of mindsets. To prove this, some rural schools with the right positive minds are doing better than urban schools. Of course I must admit that rural schools are facing challenges on issues of retention.

What are the implications?

Answer: Well education is linked to improved livelihoods. High failure rate in rural schools worsens poverty rates and increases rate of unemployment.

What measures have been taken by your Ministry to address the problem faced by education system in Botswana?

Answer: We are working on mindsets and capacity building of school managers and improving resourcing and making schools friendlier to learners. The ESP programme has also come in handy to improve our infrastructure in terms of both schools expansion, staff houses construction and maintenance of facilities.

What can you say about the declining performance of the education system so far in the country?

Answer: There has been a decline in academic achievement levels in the last few years. It is largely caused by a combination of factors being failure on the part of some staff and students to apply themselves fully. There is also the issue of minimal parent support in some schools. One cannot of course underestimate shortage of teaching and learning materials.

In Botswana, education is not only seen as important for helping people find jobs, but is also valued as a way to create social harmony. Kindly elaborate on this statement.

Answer: Yes, education is an equalizing force; it bridges the gap between the rich and poor. It inculcates the spirit of peaceful coexistence among people who are otherwise culturally diverse. That's why it is a fundamental right that should not be denied anybody.

What more information do you deem important to share with us?

Answer: What I can say is that while government is doing all she can to improve resourcing and staffing, I would like to implore those charged with the role of teaching to double their efforts. I would also like to appeal to all the learners to take their education seriously, to respect themselves, the teachers as well as their parents.



Ear Infections In Babies

How to tell if your baby has an ear infection

The easiest way to tell if your baby might have an ear infection is by observing a change in his mood. If your baby turns fussy, or starts crying more than usual, be on the lookout for a problem. If he develops a fever (whether slight or high) you have another big clue. Ear infections tend to strike after a common cold or sinus infection, so keep that in mind too.

You may also notice the following symptoms:

- Your baby pulls, grabs, or tugs at his ears** - This could be a sign he is in pain. (Babies do pull on their ears for all kinds of reasons or for no reason at all. So if your baby seems otherwise fine, he probably does not have an ear infection.)
- Diarrhea or vomiting** - The bug that causes the ear infection can also affect the gastrointestinal tract.
- Reduced appetite** - Ear infections can cause gastrointestinal upset. They can

also make it painful for your baby to swallow and chew. You may notice your baby pull away from the breast or bottle after he takes the first few sips.

- Yellow or whitish fluid draining from the ear** - This does not happen to most babies, but it is a sure sign of infection. It also signals that a small hole has developed in the eardrum. (This will heal once the infection is treated.)
- Unpleasant smell** - You may detect a foul odor coming from your child's ear.
- Difficulty sleeping** - Lying down can make an ear infection more painful.

What causes ear infections in babies?

An ear infection can be caused by bacteria or a virus. It happens when fluid builds up in the area behind your baby's eardrum and then becomes infected. Germs like to grow in dark, warm, wet places, so a fluid-filled middle ear is the perfect breeding ground. As the infection gets worse, the inflammation in and

behind the eardrum also tends to worsen, making the condition more painful. Fever may develop as your baby's body attempts to fight the infection.

Using a pacifier may increase the risk of middle ear infections in babies and young children.

What is the treatment for an ear infection in a baby?

Most ear infections clear up on their own but severe cases need to be treated with antibiotics. If your baby is at least 6 months old, your doctor may recommend that you give him infants' acetaminophen or ibuprofen to relieve pain caused by the infection.

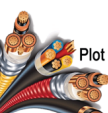
How to prevent future ear infections

Ear infections are not contagious, but the respiratory infections that often precede and accompany them are. The best way to reduce the spread of germs is to wash your hands (and your child's hands) often.

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Medical Q & A



How can I tell the difference between a yeast diaper rash and a regular diaper rash?

A: Diaper rash affects most babies at one time or another. The most common cause is known as contact dermatitis. This rash develops when skin that is in direct contact with a soiled diaper becomes red, raw and irritated. It's important to note this type of diaper rash does not appear in the creases and folds of baby's skin.

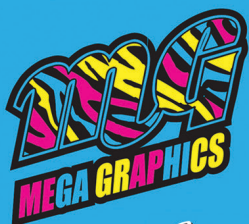
Most health care providers recommend applying 1 percent hydrocortisone followed by a topical antibiotic (Neosporin,

Bacitracin, etc.) to the raw areas and then covering them with a thick layer (like frosting on a cake) of a "barrier" cream or ointment (Desitin, Vaseline, A&D ointment, etc.). There are also many natural creams without phthalates, parabens, and petrolatum or sodium laurel sulphate. These generally work just as well.

- Cut down on the use of diaper wipes for a few days, and instead clean baby's bottoms with warm water (and a mild soap if necessary). Improvement should be visible within 24 to 48 hours.
- Contact dermatitis typically resolves

within 7 to 10 days. The best ways to prevent it are to change diapers frequently and apply a barrier ointment or cream to the skin before a rash develops.

- If the rash doesn't go away or worsens, it may be that your baby has developed a yeast infection. Do not panic! Yeast infections are easily treated once identified.
- The best ways to prevent any type of diaper rash are to change soiled diapers promptly, clean baby's skin thoroughly and make sure the diaper area is completely dry before putting on a new diaper.



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Does Size Really Matter?

Some questions never get old; no matter how much we think we evolve. Whether the joy stick size matters or not is one of those questions, and CW writer Davy Sebakile tries to decipher this golden question.

There is something about size in general that fascinates the 21st century-be it the size of their bodies, homes, cars and to some degree egos. The fact that there is a scale when it comes to size subconsciously keeps people comparing. The size debate that is often discussed over girl's night outs is whether the size of a man's cock affects their partner's satisfaction in between the sheets or not.

In our quest to unearth people's opinions on the subject, we spoke to Cher*, a sexy marketing intellect who without thinking twice highlighted that the old saying "it's not the size, it's what you do with it that matters" holds water. "A guy can have the perfect size, but if he doesn't know how to use it, your sex life will be unfulfilling," she iterated. To drive her point home, she further said that chemistry between two partners plays a pivotal role in determining a woman's satisfaction.

Singing the same song in sync with Cher is Meredith, who shares that a guy can have a small member but if there is undeniable chemistry between two partners, size may be overlooked. "A guy can

please you despite having a small joy stick-provided he has the skill to take you to cloud nine. What we sometimes overlook as people is the fact that guys who are not well endowed go an extra mile to please their lady friend," she shared.

Painting a different picture from both Cher and Meredith is Samantha who strongly believes that the size of a dick matters. Sharing her experiences, she stated that she has dated guys with small guys who worked magic for her but went on to say that well-endowed guys do it for her. "This subject in my opinion is subjective meaning that it depends on personal preferences. Some women want big 'slant' while others want small-," she concluded.

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Ask Babu

Q/For the past few months I've been dating a lovely man but our relationship is at risk because he can't get it up. He says he fancies me and always seems turned on. Sometimes he gets hard - but when we try for sex he loses his erection. On the few occasions he has got hard, he doesn't orgasm. I've always been a very sexual person and would like a lot of sex. We're hardly having any. I find it difficult to orgasm even if he tries other things because I keep thinking. Why can't he have proper sex with me?

A/For younger men, erection problems usually go hand-in-hand with anxiety. It goes something like this. He fancies you and wants to turn you on. But he's also worried he might not get, or keep, his erection (particularly if he really likes you and/or if this has been a problem in past relationships). These worries mean that when you try and have sex he doesn't get hard at all, or loses his erection when he tries to penetrate you.

Q/I'm a 29 year old male. Should I continue a relationship with a 42 year old woman? I don't want to stay in a relationship that is doomed to fail because of the age difference. Should we move in together or split up now?

A/The age gap itself doesn't have to be a big issue. But you say you're unsure and that she's putting pressure on you

Seekers

I'm a 28 year old lady looking for a partner who is exciting and financially stable. He should be a Motswana aged between 30 and 35 with no kids. He should be staying in or around Gaborone.

I'm 35 years old and have been divorced after a marriage of 2 years, followed by a three year serious relationship. I have been single and dating, on and off, for three years. I am now looking for a mature partner who is ready to settle down and have a family. He should be aged between 40 and 45.

Part time girlfriend wanted. She must be ready to visit whenever she is wanted. This lady must be aged between 19 and 22. She should be staying in or around Mmopane Block 1.

with the house, the kids, etc. She buys a house, you break up? Why buy now if she can rent especially in this market? Are both of you ready for tons of emotional, financial and physical effort in fertility treatments and subsequent lifelong efforts if the child isn't totally healthy? Is it worth it? Only you can answer these questions for yourself.

Q/Are you crushing on a guy who seems to think you're invisible? Do you long for a dude who doesn't know you exist?

A/We've all been there before, ladies. We have all longed for someone we just couldn't get our hands on. It's a horrible feeling to want a guy who isn't interested in you, isn't it? You feel like there's no hope. You feel as if he'll never let you into his world.

There are, of course, many things I could say to you about trying to get a guy who's not interested in you. Usually, the first thing I say is, "Move on and find someone who is interested in you," but I won't say that this time or we could also say that once you've gotten into his world and you're comfortable around each other, it's time to start flirting gently. Giggle when he tells a joke and casually touch his arm when you're talking. Don't do anything overly flirtatious and don't pull out the big guns yet, ladies; it's still a fragile transition stage here.

I am a 40 year old Motswana lady, looking for a white business man in Gaborone and surrounding area. He must aged between 45 and 50, ready to settle down and have a family.

Sugar mummy wanted in Francistown. She must be financially stable; she must own a car and resides in Francistown. She should know how to have fun preferably a social drinker. She must be aged between 40 and above.

Ben 10 wanted by a 40 year old lady in Gaborone. He must be aged between 26 and 30. Both employed and unemployed are welcome. He must have a driver's license and must be romantic.

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5 Basic Rules of Investing

Whether you are investing in the stock market or real estate or on something else, investing has its own risks and rewards.

There are those people who stay away from investing because they don't feel that the rewards outweigh the risks associated with such investments. Many of them choose to invest, instead, in safer investments like certificate of deposits and money markets. These investment vehicles post little to no risks at all.

Tip#1: Learn before you invest

The first, and sometimes the most important, step when it comes to investing is to learn the basics. You don't go to a battle without understanding who your opponents are. You don't go into a battle without arming yourself with tools and equipment necessary for your success and/or survival. The same reasoning applies to investing.

Whether you want to invest in the stock market, venture to businesses, or dip your hands in the world of real estate, you need to understand the (basic) concepts of such industries. You need to understand the potential risks and rewards and what you can do to minimize risks and maximize rewards.

Tip#2: Define your purpose

There are different kinds of investments. You just don't invest in any or all of them without defining what your purpose is for investing.



Are you investing for potential dividends? Are you investing for immediate capital appreciation? Are you investing for quick turnaround of money? Are you investing because you want residual income in the future? Your purpose will define what kind of investment best fits you.

Tip#3: Be prepared (for the worst)

Never assume that your investment will always make money. Don't assume that because you've done your assignment of researching and weighing both risks and potential rewards that you will earn returns from your investment.

Tip#4: Be prepared (for the opportunities)

As an investor, you need to re-visit your investments from time to time. You need to do this in order to make sure that your investments are still aligned with your purpose. In addition, you need to re-visit your investments to make sure that what you have are the best possible opportunities for you.

If you happen to find other opportunities, then, make sure to re-balance your investment to take advantage of such opportunities. One tip before investing is that you need to make sure your investments are flexible, which means that you won't be penalized if you ever re-balance your investments.

Tip#5: Set aside emotions

Never mix emotions with investing. To make it clearer, invest logically not emotionally.

A lot of investors have their own goals and purposes for investment, which are good. However, a lot of them tend to become emotional and lose track of their goals and purposes when something bad suddenly happens.



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6 Keys to Mastering Money as a Couple



"If you want to go quickly go alone. If you want to go far go together." African proverb

If you are reading this then you are probably thinking and strategizing about how you and your honey handle money.

1. Talk About Money

This applies to all aspects of money. Share with your partner details of your income, assets, that credit card debt you do not remember why you have, hefty student loans, how much your siblings borrow from you, how much your parents expect from you, how you feel about all of this, all of it. Lay all your cards on the table; anything that you think is even remotely relevant to how you will handle money as a couple.

The saying "we are as sick as our secrets" is true here too. Share all in the safety of your relationship. Not only will it help cultivate team spirit, it will also be a huge intimacy booster. Not to mention, it's incredibly liberating.

2. Develop A Common Vision

It's all about Team Us; our desires and our intentions. It is the foundation for every financial strategy, so be very honest.

Discuss your goals and your expectations, with particular attention to the role of money in them. Big ticket ones include decisions about purchasing a home, having and raising children, travel and lifestyle. Be careful not to assume that your partner knows what you want or that you want the same things or have the same expectations as your partner when it comes to finances. Be as clear as possible without getting bogged down by the details. There is no need to try to plan everything to a tee, that is impossible.

3. Know All Your Expenses

Yes, all of them. You will be surprised what you spend money on, let alone what your partner spends money on. Keep a meticulous record of all your outlays for a period of 2-3 months. Recording grocery receipts, coffee and restaurant expenses and even haircuts. Anything that you and your partner use money for, whether jointly or separately. Knowing where money goes is essential to managing it well.

4. Use Money Management Strategy

Based on your common vision and goals, agree on a way to manage your money that will help you get there. The reason

most of us do not move forward in financial matters is not that we do not have enough money; it is the fact that we do not manage money well. This money management system is practically fail-proof. Try it, give it an honest go and thank me later.

Along with a strategy, decide how you will manage your bank accounts. I am all for thinking about money and everything else in a marriage as "ours". Thus I am an advocate of joint bank accounts, with separate and equal amounts of play and perhaps giving money. It nurtures thinking and operating as a unit, while also allowing each person to have discretionary funds and a degree of autonomous decision making.

Also discuss how you will handle lending or giving to friends and family of origin. As a rule of thumb, treat any money that you lend as a gift and do not lend more than you are willing to lose. If using this money management system, keeping gifts and loans to each person's play money and giving money will keep your family's funds out of it all and save you a whole lot of headaches.

Simple Accessories that make bathrooms better

If you do not have the funds or the time to overhaul your bathroom with a big makeover – never fear. There are countless ways to update your bathroom or shower room without spending a fortune.



Update your towels

Pop your freshly laundered towels on display to make a feature in the bathroom; narrow shelves fitted in the corner lend themselves perfectly. A small basket positioned nearby is perfect for flannels, which look best when rolled up. An orchid will thrive in the bathroom and adds a pretty touch of colour to a neutral space.



Storage baskets

Smarten your bathroom with a monochrome look for a personalized touch. Have a go at stencilling onto plain storage baskets to bring a chic look to your bathroom space, or grab some shop-bought patterned ones. Place the baskets under the sink or near the bath, so that loo rolls and bath towels are always within easy reach.



Candles

The window ledge is the ideal place to display pretty accessories in your bathroom. A few silver and glass tea light holders and candles look stylish when grouped together and when lit can create the perfect ambience for a relaxing bath. If you have a bright or strong colored bathroom, choose accessories in a neutral shade to keep the look balanced



Colored accessories

When picking toiletries for the bathroom, think about the color of the packaging. A lime green shower gel just will not do in a soft blue bathroom. Your toiletry products are every bit as important as other accessories in the room. A great tip is to buy luxury products and then decant inexpensive products into them, or go for glass bottles that you can fill with bubble bath.



Small Kitchen Design Ideas



Small kitchen with accessible storage

Carefully locate storage according to use. Saucepans and utensils should be near the cooker and crockery, and glassware adjacent to the dishwasher.

Your kitchen doesn't have to be massive to be beautiful. Small kitchens just need some clever design ideas to make them practical and stylish.

Keep your kitchen scheme simple

Nothing makes a room seem larger like simple white walls, so why not take it further with sleek, contemporary details that open up the space.



Traditional black and white kitchen

A simple monochrome scheme in this kitchen gives this compact U-shaped area a crisp and clean look. Keep materials simple using a maximum of three finishes in a small kitchen, which allows you to zone areas create features and let other sections blend into the background. Small kitchen with neutral cabinets, range cooker and stainless-steel appliances.

Classic kitchen with island

Not every kitchen will have room, but if your heart is set on having an island or peninsula, consider a slimline design. The central workstation shown here may be small, but it provides extra storage space and a useful worktop for food preparation.



Shaker-style kitchen integrated breakfast bar

As part of an open-plan space, this L-shaped work surface is a great example of how you can still incorporate a breakfast bar into a compact area. Cream-painted wall units offer extra storage and make a pleasant contrast to oak-panelled, Shaker-style base cabinets.



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Colour Your Living Room

Yellow and grey living room ideas

Totally chic and ultra-modern, grey is fast becoming the color of the decade to decorate with right now especially in your living room. Why? Because it makes the perfect contemporary neutral.

When teamed together, yellow and grey are a match made in heaven as the pair work in harmony. Calming grey tones down the strength of yellow and in return the uplifting, sunny shade gives grey a personality and strength it wouldn't have on its own. Grey and yellow living room color schemes can be worked to many tastes and styles.



Yellow and grey living room with mustard sofa

Create some contemporary cool by keeping the backdrop simple with pale grey walls and let the furniture do the talking. A modular, mustard yellow sofa instantly livens up the scheme which is then enhanced with an array of interesting and strong shapes



Yellow and grey living room with geometric prints.

Team cool grey and geometrics with primrose yellow for a vintage look with a modern twist. Keep the scheme contemporary cool with a backdrop of grey walls and furniture, then add warmth with hints of yellow in geometric prints and accessories. Wood cube tables and copper details complement the retro vibe.



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Top 10 Vegetables to Grow Over Winter

Don't let your vegetable plot stand empty and neglected over winter. There are plenty of winter vegetables to grow throughout the coldest months. Winter vegetable growing allows you to extend the season and many vegetables that can be grown in winter will produce earlier crops than spring plantings.

Vegetables to grow outdoors in winter

Most winter vegetable plants are fully hard and will cope well with cold winter weather, but if hard frosts threaten then you can always throw some fleece across them to provide some extra protection.



Onions and Shallots

Autumn planting onion sets are easy to grow and will virtually look after themselves over winter. Onions have a long growing season and won't be ready for harvesting until next summer.



Perpetual Spinach

Perpetual spinach makes an excellent 'cut and come again' crop that will produce huge yields of tasty leaves. Early autumn sowings will keep you supplied with tender young leaves throughout winter and with regular harvesting it will continue to crop well into summer.



Garlic

Growing garlic couldn't be easier and there are lots of varieties to choose from for autumn planting. Like onions, they have a long growing season and won't be ready to harvest until next summer, but it is well worth the wait.



Carrots

For an exceptionally early crop of carrots in spring try growing Adelaide. This fast-maturing variety can be sown as early as November in the greenhouse and as late as July outdoors.





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Tricks for Perfectly Clean Windows

The keys to successful window cleaning are having the right supplies.

- A squeegee, scrubber, combination tool, if you have hard to reach windows, you may want to make sure you get an extension pole
- A rectangular bucket - this will fit your window cleaning tool better than a round bucket
- Microfiber cloths.
- Good liquid dish soap
- Razor blade scraper (if you have tree sap, bugs or other hard to remove gunk)
- old bath towels (optional- to protect window sills inside)

How To Clean Your Windows

1. Choose a time of day when the sun is not shining directly on the windows. The heat from the sun can cause the cleaning fluid to dry, which will result in streaks or water spots.
2. Place a few drops of dish liquid into



your bucket and fill it about 1/2 way with warm water.

3. Dip the scrubber in a solution of 1 teaspoon dishwashing liquid to two gallons of water. Squeeze excess water from the scrubber.
4. Scrub the glass by applying the scrubber to the glass in an S pattern – try and get into all of the corners and cover every square inch of the glass.
5. Next, you'll use the squeegee and starting at the top, pull it from one side to the other steadily across the window.
6. Use a microfiber cloth to wipe the frame and corners clean. Wipe off any streaks using a clean area of the microfiber cloth. Change clothes when you can't find any fresh, clean areas.
7. If you have any tree sap, dead bugs or other hard to remove bits on your window, use a razor blade scraper to remove them (be sure the glass is wet when scraping with the razor)

HOW TO CLEAN BURNT POTS & SCORCHED PANS



What You Need

Materials

- 1 cup of vinegar
- 2 tablespoons of baking soda
- 1 cup of water (give or take depending on the size of your pan)
- A burnt stainless steel pan that was left empty and unattended on a heated hot plate.
- A scourer, because I can't find any way to avoid it entirely

Instructions

1. Fill the bottom of the pan with a layer of water.

2. Add the vinegar.
3. Bring the pan to the boil. It should be looking a bit cleaner already.
4. Remove the pan from the heat and add the baking soda. Expect fizz!
5. Empty the pan and scour as normal; if necessary add an extra bit of dry baking soda.
6. If there are any super stubborn marks that don't come off with scouring, make a paste of baking soda and a couple of drops of water. Leave the paste on the marks for a while and return to clean as normal.

CREATIVE WAYS TO SPRUCE UP A BORING FLOWER POT

Make your flowers and plants even more beautiful by decorating your boring flower pots! Decorative flower pots brighten up balconies, windowsill, and make the perfect personalised gift. Here are 5 inspiring ways to decorate your ordinary flower pots to make them more eye-catching.



Cover the Flower Pots with Fabric

Use a few strips of outdoor fabric, turn a basic, inexpensive planter into a colourful statement piece for your deck this summer. You will need an outdoor fabric in a variety of colors, plastic planter, pinking shears use waterproof glue to put a line of it from the rim, add more different stripes then fill your pots with seasonal flowers to add color to your deck or patio or you can use only one coloured fabric.



Cover Pots with Lace

Here you will need Lace, Glue, Scissors, Terra Cotta Pots and Plants. Brush glue all over your pot. Adhere lace and then brush an extra layer of glue over the top to seal. Allow your new pots to dry completely before you use them.

Affix Twigs

If you want a more natural look to match with your plant you can use some twigs to cover your pot. Go and look for some twigs in a good width to give you some nice slices. Cut the twigs with an appropriate tool making round pieces in different sizes but same width. Glue the twigs in the pot plant using wood glue.



Wrap in Rope

Paint the pots white or any color so that any gaps with the rope didn't show the terra cotta color. Once your pot is dry, start wrapping clothesline/rope around your pot and secure with hot glue as you go. Keep wrapping until you get over the lip.

Glue on Bark

Collect bark that's been shed from trees, break bark into 3- to 4-inch pieces, creating jagged edges. Using floral shears, cut bark into thin strips for the raised rim of the pot. Apply hot glue generously to the bark, and press the bark onto the pot, starting with the area just below the raised rim; hold in place about 10 seconds. Continue adding bark, slightly overlapping the pieces. Glue the smaller strips to the raised rim, including the top edge and just inside the rim.



Deep Mayer



Deep Mayer aims at being an innovator in deep house music blasts. The young Motswana man started his DJ career in the mining town of Selebi-Phikwe in 2011. This was few years after he completed secondary education at Pekenene Junior Sec School but his love for house music started in 2001. He was inspired by the South African Label called "Soul Candi". Deep Mayer became an Assistant Producer at Hall of Fame Studios and Director at Reign Films in 2003 in Mahalapye. He started producing his own music in 2013.

FULL NAMES: Thato Kamiwa
DJ NAME: Deep Mayer
PLACE OF BIRTH: Mahalapye
DATE OF BIRTH: 11/04/1990
OCCUPATION: Marge Consulting
PERSONAL SKILLS: DeeJay, Producer, Freelance Model and Song writer
AREAS OF EXPERTISE: Recording
GENRE: Classic, Soundtracks, Soul and Jazz, Deep House and Dub

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All You Need To Know About Gaotsenwe Ngwako

I am Gaotsenwe Ngwako, a Mmirwa young man from Maunatlala. I did my primary education in Maunatlala Primary School, then my secondary education at Maunatla CJSS and Moeng College. I did BA Media, Communications and Culture at Nelson Mandela Metropolitan University in Port Elizabeth South Africa.

I was born in April 6, a year I prefer to keep to myself and a few people. Gaotsenwe Ngwako is a Broadcasting Officer who presents all sports news. Presenting sports was easy for me to get into as I was a sport producer and reporter before. It has always been my aim when I was at tertiary but I decided to start from the bottom to gather information and confidence before I could get into the public eye. I started presenting in 2013, six years into my career after starting with Botswana Television in 2007.

Currently, I am a data producer at a new digital migration called Data Broadcasting which is TV in text and still pictures. My work entails, not only liaising with sources of information but also liaising with internal stakeholders at BTV like camera section operations,

engineering, brainstorming sport story ideas, script writing and editing, voiceovers, picture editing, and research, presenting and supervising/mentoring young and upcoming broadcasting officers.

Gaotsenwe Ngwako is a down to earth somebody. I am shy and reserved but the moment you get to know me, you will find that I am just a local ordinary guy from the village who easily adapts. You take me to China I will fit, take me to moraka (cattle post) or to town I fit, but I will still stay Gaotsenwe Ngwako.

In future I would like to work at more advanced televisions like Super sport, Sky sports or BBC sports. I have a lot to offer whether as a reporter, producer and presenter because I have worked with passionate people like Cabino Kokole and Phemelo Tsopito with whom I think we make a good team.

The toughest time in my career is dealing or working with producers who either don't understand the sport or those who are not passionate about sports. Another challenge is when sources give me wrong information or not giving information at all.



Shania Twain

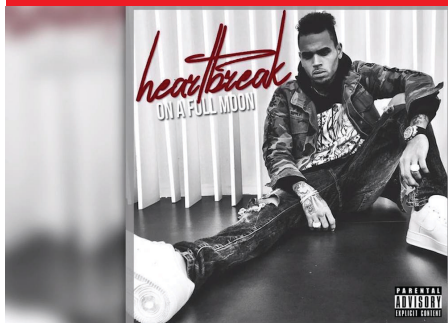
Shania Twain is a Canadian singer and songwriter born in Eileen Regina Edwards, August 28, 1965. She has sold over 85 million records, making her the best-selling female artist in the history of country music and one of the best-selling music artists of all time

"Now" is the upcoming album by Shania Twain, scheduled for release on September 29, 2017

Hurts

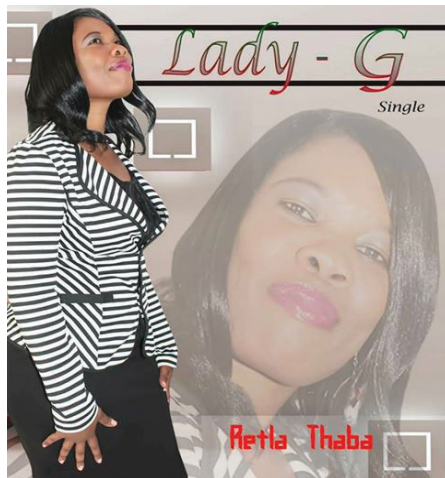
'Desire' Hurts are an English synth-pop duo formed in 2009, consisting of synthesist Adam Anderson and singer Theo Hutchcraft. Anderson (born 14 May 1984 in Manchester) and Hutchcraft (born 30 August 1986 in Richmond) Their first two albums, Happiness and Exile, both reached the top ten in the United Kingdom, Germany, Austria, Switzerland, Poland and Finland.

In May 2017, Hurts announced that their fourth studio album, "Desire", is set to be released on 29 September 2017.



Chris Brown

Heartbreak on a "Full Moon" is the upcoming eighth studio album by American singer Chris Brown. The album which is expected to be released in October 31, 2017 by RCA records is a double album with 40 tracks.



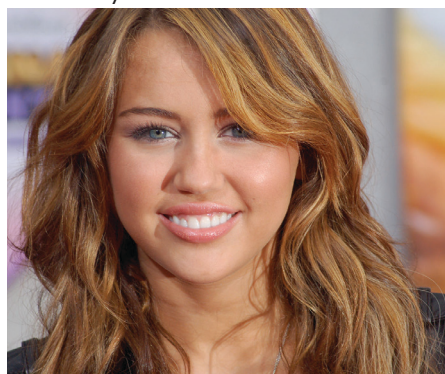
Lady G

Relatively new in the music industry, Lady G from Botswana recently released a smashing single titled "Retla Thaba". Produced by the talented Kitso, this is a break of breath of fresh air in gospel since it is original not just another remake of an old-hint. The album release date yet to be confirmed.



Kelechukwu "Kele" Okereke

He is a British musician born 13 October 1981, also known by the mononym Kele, and as the lead singer and rhythm guitarist of the Indie rock band bloc party. Bloc party returned in 2016 with an album called "Hymns". Now, the band's front man Okereke has announced plans for his own solo full-length. He is set to release his third album Fatherland in October 2017.



Miley Cyrus

A 24 year old American singer, songwriter, and actress Miley Cyrus revealed the release date of her sixth brand new cover album. The album titled "Younger Now" is to be released in September 29, 2017.



Kwaito Star

Monametsi Bajwa Thupane famously known as "Mdizo", born in 02/02/89 at Lobatse, Botswana. He started his career in 2008 when he released his first album called "Vaelakazi" which created a good foundation and huge experience for his career. In 2015 he dropped a single called "About you" which played in radio stations with well received market. In 2016 he released two singles "Praise and Utlwa". He is now working on his second album titled "still believe" the album is inspired by life situations and challenges faced by humans. It is to be released on the 24th of August 2017.



Whitney Rose

Is an American musician who has released four studio albums through Cameron house records and six shooter records. Her self-titled debut album "Whitney Rose" was released in 2012 and "Heartbreaker of the Year" in 2015. Another album, the EP "South Texas Suite" was released in 2016 and "Rule 62" is to be released in October 2017.



Audrey Hepburn

Regarded as one of the most beautiful women of all time, Audrey Hepburn made audiences fall in love with her time after time again in films such as "Breakfast at Tiffany's," "Sabrina," and "My Fair Lady." But no one knows that beauty is more than skin deep than the leading lady herself: "For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone." Audrey was a British actress, model, dancer and humanitarian. Recognized as a film and fashion icon, Hepburn was active during Hollywood's Golden Age. She was born on May 4, 1929, Ixelles, Belgium and she died in January 20, 1993.



Katharine Hepburn

Meet the woman who wore trousers before they were even fashionable. Fiercely independent Katharine Hepburn remains as one of Hollywood's brightest stars. You'll recognize her work in classics such as "Morning Glory," "Little Women," and "The African Queen" instead of her scandalized personal life in the headlines. We love her words here: "Never complain. Never explain." She was Born on May 12, Hartford, Connecticut, United States 1907 and died on Died: June 29, 2003.



Miriam Makeba

South African singer and human rights campaigner, Makeba was the first vocalist to put African music onto the international map in the 1960s. Makeba is well known throughout the world known as 'Mama Africa' and the 'Empress of African Song'. She was born in Johannesburg on the 4th of March 1932 and died on the 9th of November 2008.



Esha Gupta

Esha Gupta (born 28 November 1985) is an Indian film actress, model, and the winner of the Miss India International title of 2007. She has established a career in Bollywood films.

Gupta entered the Femina Miss India contest in 2007, where she placed third and won the Miss India International title, and later represented India at Miss International pageant. She soon received offers for film roles, and made her acting debut in the 2012 moderately successful crime thriller Jannat 2, that fetched her nomination for the Filmfare Award for Best Female Debut. Gupta received praise for her portrayal in the political drama Chakravayuh (2012), but her performance in the comedy film Humshakals (2014) met with negative reviews. She had her biggest commercial successes with starring roles in the horror film Raaz 3D (2012) and the suspense thriller Rustom (2016).



Donald Botshelo

Donald Botshelo affectionately known as Don B was Botswana's very own disco king. He first made his mark in the late '90s when he released his first album, he became a household name as he continued to release successful disco projects after working with the successful South African disco giants, Splash. He was a powerhouse in Botswana disco music despite the fact that he was visually impaired. He is best remembered for his album, Banyana ba Serowe.



Lionel Brockman Richie Jr.

(born June 20, 1949) is an American singer, songwriter, actor and record producer. Beginning in 1968, he was a member of the funk and soul band the Commodores and then launched a hugely successful solo career in 1982. He also co-wrote the 1985 charity single "We Are the World" with Michael Jackson, which sold over 20 million copies. Richie has sold over 100 million records worldwide, making him one of the world's best-selling artists of all time. He is also a five-time Grammy Award winner. In 2016, Richie received the Songwriters Hall of Fame's highest honor, the Johnny Mercer Award.



Remembering Left Eye

Lisa "Left-Eye" Lopes TLC co-founder was born May 27, 1971 and died in April 25, 2002.

The hip-hop and R&B lost a great soul too soon. Rapper, singer, dancer and songwriter, Lisa "Left Eye" Lopes lost her life in a fatal car accident in Roma, Honduras at the age of 30.

Lopes was working on a documentary of her "spiritual journey" and headed to herbal healing village, The Usha Herbal Resource Institute when she lost control of her rented Mitsubishi and Lopes died on the scene.

Lopes was best known as being the outspoken, feisty rapper in R&B group, TLC. (The "crazy" one from the "crazy, sexy, cool" trio.) The multi-platinum group was behind such Hot 100 No. 1 hits as "No Scrubs," "Waterfalls" and "Unpretty."



Stevland Hardaway Morris

(born Stevland Hardaway Judkins; May 13, 1950), known by his stage name Stevie Wonder, is an American musician, singer, songwriter, record producer, and multi-instrumentalist. A child prodigy, he is considered to be one of the most critically and commercially successful musical performers of the late 20th century. Wonder signed with Motown's Tamla label at the age of 11, and he continued performing and recording for Motown into the 2010s. He has been blind since shortly after birth.



Whitney Elizabeth Houston

(August 9, 1963 – February 11, 2012) was an American singer, actress, producer, and model. In 2009, Guinness World Records cited her as the most awarded female act of all-time. Houston is one of pop music's best-selling music artists of all-time. She released seven studio albums and two soundtrack albums, all of which have diamond, multi-platinum, platinum, or gold certification.

Houston is the only artist to chart seven consecutive No. 1 Billboard Hot 100 songs. She is the second artist behind Elton John and the only woman to have two number-one Billboard 200 Album awards (formerly "Top Pop Albums") on the Billboard magazine year-end charts.

Her second studio album, *Whitney* (1987), became the first album by a woman to debut at number one on the Billboard 200 albums chart. Houston's first acting role was as the star of the feature film *The Bodyguard* (1992). She continued to star in movies and contribute to their soundtracks, including the films *Waiting to Exhale* (1995) and *The Preacher's Wife* (1996).

On February 11, 2012, Houston was found dead in her guest room at the Beverly Hilton, in Beverly Hills, California.



Keziah Jones

Keziah Jones (born Olufemi Sanyaolu on 10 January 1968) is a Nigerian singer-songwriter and guitarist. He describes his musical style as "Blufunk", which is a fusion between raw blues elements and hard, edgy funk rhythms. Also his Nigerian roots in Yoruba music and soul music can be considered a major influence on his sound.

He is known for his distinctive style of guitar playing, including his percussive right-hand technique which is similar to a bass guitarist's slapping technique.



Angela Nyirenda

Angela Nyirenda is a female Zambian singer. She is best known for singing traditional songs from her home village which earned her the title "The Eastern Princess".

Angela Beauty and style of music got her recognition in Zambia and she had blessed a lot of people with her traditional rhythm. She is a great performer and she possesses a good stage presence. She expresses her inner self with passion through her songs.

Her music also always talks about issues affecting ordinary women in Zambia and their daily activities, this makes her unique.

Angela Nyirenda started music professionally under the guidance of pioneers of "Makawene" the Sakala brothers. Her musical career took a different shape when she hit songs such as "Malo abwino", "Nupenpako" and many others which became an anthem for the Zambian nation at the year of release. She has been referred to as the queen of Makawene song by her Zambian fans. Source:



SELF-CRAFT HEALTH AND WELLNESS

Celebrity world magazine caught up with the masterminds behind Self-Craft Health and Wellness Company, Mrs Moitshepi Malebye and Ms Izwani Matsapa on their health and wellness business.

Tell us the idea behind Self-Craft Health and Wellness?

Self-Craft Health and Wellness was formed to create and promote healthy lifestyles in Botswana and Africa. A lifestyle that is great yet is so unfortunately missed by so many people due to busy lives. Our main aim is to change the viewpoint on health and wellness and influence ownership on one's health.

When did it start?

It was formed in 2015 and started operating in 2016.

How many people are employed with Self-Craft Health and Wellness ?

It has employed 6 people.

What exactly does it do?

Self-Craft Health and Wellness offers tailor made wellness packages suitable for small companies, groups of 20 people and above, organizations, schools and the community. Packages such as Health

screenings and free health talks.

Why did you choose the Health & Wellness Sector?

We have worked in a wellness company for over 5 years before, so it has ignited our passion.

What motivates you?

Passion, we are driven mostly by the love we have for Health and wellness, changing lives and making impact in the community.

How is the business doing since its inception?

The response from Botswana is amazing and encouraging. Self-Craft Health and Wellness is a self-funded company so there are challenges at times; we are still trying to penetrate the market.

What are your future plans for the business?

Self-Craft Health and Wellness aims to be the lead partner and educator of choice by all the individuals, organizations in Botswana and the whole of Africa with regards to health and wellness promotion and education. We plan on opening wellness centers where people will be able to access all our services in

one place.

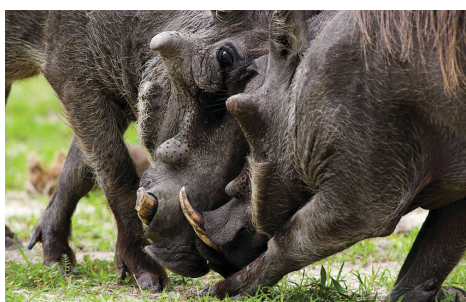
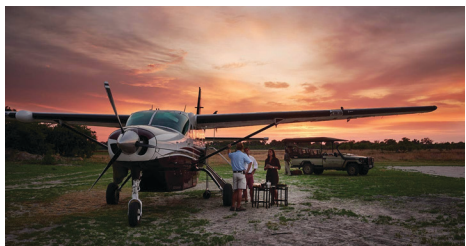
How are you different from your competitors?

- We do not cure; we prevent and educate people on attaining healthy lifestyles.
- We don't believe in closing a sale after getting a purchase order, we offer after sale services e.g. reporting and free health talks based on our findings.
- Our prices are very reasonable, making it easier for everyone to afford our services.

Who inspires you?

We are inspired by people who strive to make change in their lives and the lives of those around them.

Moremi Game Reserve



This National Park has garnered a number of important distinctions. In 2008, it was voted the 'best game reserve in Africa' by the prestigious African Travel and Tourism Association at South Africa's premier tourism fair, Indaba.

It is the first reserve in Africa that was established by local residents. Concerned about the rapid depletion of wildlife in their ancestral lands – due to uncontrolled hunting and cattle encroachment – the Batawana people of Ngamiland, under the leadership of the deceased Chief Moremi III's wife, Mrs. Moremi, took the bold initiative to proclaim Moremi a game reserve in 1963.

Moremi Game Reserve is in northern Botswana, in the Okavango Delta, which becomes a lush animal habitat during seasonal floods. Dugout canoes are used to navigate past birdlife, hippos and crocodiles on waterways like the Xakanaxa Lagoon. Many tourists choose to visit the park by self-drive. On land, wildlife includes lions, leopards and rhinos. Moremi is a very popular destination for the self-drive camper, Safari camps are common, with several dotted around large Chief's Island and the forested Mopane Tongue Peninsula.

The reserve offers some of the most stunning scenery in the country and boasts an equally impressive ecosystem. Campervan but the park also has a number of great campsites. It is often combined with the Chobe National Park to the northeast. Moremi Reserve accommodation is offered in luxury safari lodges in Botswana. Activities in Moremi Reserve include game drives, bush walking safaris and birdwatching.



Account Executive

The job role of an Account Executive is to be responsible of looking at the company's client as well as keeping the company's-client relationships at a high standard. With an Account Executive, they are not based in one industry; they work in variety of industries. From advertising and marketing to technology and fashion. The role of an account executive includes being familiar with the totality of the company's service and knowing all the products as well as having the ability to make a sale without any problems.

Marketing and advertising Industries

In the marketing and advertising industries, account executives are typically responsible for client servicing and client acquisition. The account executive serves as the direct link between the advertising agency and the existing client, managing day-to-day affairs and ensuring customer satisfaction. The account executive is also tasked with bringing more clients into the agency to increase revenue. The

account executive will typically have 1-2 assistants and reports to the respective account supervisor/manager and/or to the client service director/account director. This depends on the country and on the account s/he is working for.

IT Organizations

In IT organizations, an account executive is a senior management role, responsible for executing large contracts. Control of the profit and loss is one of the main activities, together with customer alignment on a senior level. Usually an account executive has one or more account managers in his/her staff, to cover the various towers a large contract is mainly built of.

Duties and Responsibilities

Account executives have many different duties and responsibilities that they have to fulfill, such as day to day liaising via a contact method which can include email and telephone calls. This job role

includes many different responsibilities such as:

- Responsible for existing account management and clients communications and conflict resolution
- Discovering client's business needs and proposing appropriate solutions
- Track and coordinate all activities occurring for each account
- Preparing regular client reports and attending client meetings
- Analyzing marketing trends and predictions and researching market conditions to develop sales goals and marketing strategies
- Developing plans to target new customers
- Developing company's account strategies, marketing strategies and promotional communication channels to introduce and promote the products and services to potential markets
- Retaining existing customers
- Negotiating and closing contracts, maintain excellent client relationships, and continually build opportunity pipeline
- Evaluating the financial aspects of business development

Required skills

The skills that are required consist of the followings:

- Motivational and Excellent communication skills
- Having the ability to prioritize tasks as well as multitasking
- Have a good understanding of Business processes
- Being organized
- Taking on task independently
- Working well in a team

Salary

Salary of account executives vary depending on each company and the experience the employee has.



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CASH AND CARRY



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How to Start a Candle Making Business from Home

Candles are no longer what they used to be. In the good old days, candles were used only as tools for illumination. Today, with the advent of electricity, candles are not considered as essentials anymore. But despite that, candles are still popular and people still buy candles; especially in countries that still experience power failure or places with absence of electricity. Candle making is one of the home based businesses you can start with little or no capital investment.

1. Decide on the type of candle you would be making

To start a candle making business from home, first decide what type of candle you intend to make and sell. As mentioned above, you can make candles for emergency, decorative or therapy purposes.

2. Do your feasibility study

A lot of research needs to be carried out with respect to your home based candle business niche idea. You need to determine if there is an existing market that you can reach out to.

3. Learn as much as you can about the process of making candles

Yes. Since you will be starting this business on a small scale, you need to make sure you are on the right track and you know what you are doing. Knowledge is very important because it can be a huge determinant between your cost of production and your profits.

4. Set up your work area

Clear a space in your home, whether in your garage or even your own craft room, where you can create your candles. Candle making is a messy craft and your space must be easy to clean and handle.

5. Register your business

You will need to legitimize your business. Everyone knows that before you can start your candle making business from home, you need to get the appropriate permits and licenses from both your state and local government.

6. Simplify your marketing plan

There is nothing wrong with ambition. Ambition will drive you to business success but being overly ambitious will be detrimental to your business. Start small. You have just begun your candle making business from home.

7. Create your brand

The first step in branding your candle making business is to make a name for yourself. What would you like your business or your candles to be called? Think up creative business names for your business. After that, you should design your logo and print out business cards.

8. Learn other business skills like accounting, financing, marketing and sales. Your candle making skills won't go very far if you don't know how to budget your finances and sell your

products.

As the producer of these candles, you are the one who know exactly what your candles are and what they can do.

9. Find reliable vendors of candle and craft supplies

To start your candle making business from home, you need to establish relationships with your local suppliers. Not only will they be able to give you good deals and good payment options for the supplies you buy from them, you will also be able to promote your candles in their shops.

List of Candle Making Equipment and Kit

- Rubber plugs
- Soy pillar wax
- 'Mini' refill kit for rainbow candles
- Stainless steel scoop
- Thermometer
- Votive candle wick pin
- Automated candle making machine
- Gel filling system
- Wax dispensing machine
- Gravity candle pouring system
- Wax transfer system
- Round glass tumblers
- Gum leaf aromatherapy essential oils
- Candle fragrance oil
- Soy container wax
- Dye/color for candle
- Palm wax patterned effect



Mogogi Gabonamong

born on the 10th of September 1982.



Virgo
(August 23-September 22)
Virgo September 2017 Horoscope predicts that the planetary strength during the month of September 2017 moves to the Southern sector of the horoscope. Hence the emphasis will be on family concerns and emotional stability. Career will be in the background for the Virgins, but cannot be ignored.

Libra
(September 23-October 22)
Libra September 2017 Horoscope forecasts that spirituality will be a prime factor this month because of the presence of Sun in your house. Connecting with the Supreme Power will make you emotionally stable and powerful. This stability will be of great help in confronting the various problems that are staring at you.

Scorpio
(October 23-November 21)
Scorpio September 2017 Horoscope foretells that most of the planets are in the Northern sector of the horoscope and the House of Career is dominant. You should focus on your professional objectives and allow family and psychological issues to rest for a while. Your professional success will add to the happiness of the family in September 2017.

Sagittarius
(November 22-December 21)
Sagittarius September 2017 Horoscope forecasts that there are more planets in the Northern half of the horoscope than in the Southern half (mid heaven sign). The House of Career is robust while planets are not beneficial for the family. Psychological concerns are also in the back seat for the Sagittarians in September 2017.

Capricorn
(December 22-January 19)
Capricorn September 2017 Horoscope predicts that the House of Career is very dominant this month. It is natural that your emphasis should be on professional growth. Domestic concerns will be in the background for the Capricorn zodiac sign. Your professional success will cheer up the family environment in September 2017.

Aquarius
(January 20 to February 18)
Aquarius September 2017 Horoscope forecasts that the planetary power is concentrated on the Northern sector of the horoscope (nadir sign) and the House of Career will become dominant. Professional matters will become

prominent while family and emotional issues get the due they deserve in September 2017.

Pisces
(February 19 to March 20)
Pisces September 2017 Horoscope predicts that most of the planets will be in the Northern sector towards the nadir sign. Planet Jupiter is also helpful for your career growth. Hence professional matters will prevail over family and emotional matters. Pisces, you cannot ignore domestic issues altogether and you may have to do the needful from time to time in September 2017.

Aries
(March 21-April 19)
Aries September Horoscope 2017 foretells that most of the planets will move to the Northern half of the horoscope towards the nadir sign. Hence this is a transitional month when your priorities from domestic concerns will change over to professional goals. Aries, you can use your emotional strength to accomplish your objectives in September 2017. Health will be superb.

Taurus
(April 20-May 20)
Taurus September 2017 Horoscope predicts that most of the planets are in the Southern half of the horoscope this month towards the mid heaven sign. The House of Family is very powerful for the Taureans in September 2017. At the same time the House of Career is regressive

Gemini
(May 21-June 20)
Gemini September 2017 Horoscope foretells that planetary strength is situated in the Southern half of the horoscope this month and Career House is not dominant. You can spend your energies on improving your emotional quotient which in turn will help your professional prospects in the future.

Cancer
(June 21-July 22)
Cancer September 2017 Horoscope predicts that the southern sector of the chart is more powerful than the Northern sector in September 2017. The House of Family is more dominant for the Cancerians. Domestic concerns will be on your agenda and you will have the support of family members in your ventures.

Leo
(July 23-August 22)
Leo September 2017 Horoscope foretells that more than 70 percent of the planets are in the lower half of the horoscope and the House of Family becomes very powerful after the 11th. Hence it is natural that you are looking for harmony and peace in the family environment.



A woman was at home when she hears someone knocking on her door.

She goes to the door and opens it and sees a man standing there. That man asks her, "Do you have a vagina?" She slams the door, disgusted. The next morning she hears a knock at the door and it is the same man and he asks the same question, "Do you have a vagina?" She slams the door in his face again.

Later that night when her husband gets home she tells him what has happened for the last two days. The husband thinks for a second and tells the wife in a loving and concerned voice, "Honey, I'll take tomorrow off and stay home just in case this guy shows up again." The next morning they hear a knock and both run for the door. The husband says to the wife in a whisper, "Honey, I'm going to hide behind the door and listen and if it is the same guy I want you to answer yes to the question because I want to see where the bastard is going with it."

She nods yes to her husband and opens the door. Sure enough the same fellow is standing there and asks the same question; "Do you have vagina?" "Yes, actually I have one," she answers. So the man replies... "Good! Would you mind telling your husband to leave my wife's alone and start using yours?"

A man is cleaning out his house and finds a pile of old New York Post papers.

He decides he doesn't have any use for

them, and goes to the local recycling center to dispose them.

He sees the first recycling bin, marked "Glass". The man says, "No, this won't do. I need a different bin."

He sees the second recycling bin, marked "Plastic". The man says, "No, this won't do. I need a different bin." He sees the third recycling bin, marked "Paper". The man says, "No, this won't do. I need a different bin."

He sees the fourth recycling bin, marked "r/Jokes". The man says, "Oh, finally. Somewhere I can recycle all my old Posts."

A shrinking man rushes to the doctor's office.

The shrinking man skips ahead of everyone waiting and pleases "Doctor! Doctor! I need help, I'm shrinking!" Then the doctor replies, "Well then you'll just have to be a little patient."

(LONG) A young guy from Nebraska moves to Florida... and goes to a big "everything under one roof" department store looking for a job.

The Manager says, "Do you have any sales experience?" The kid says, "Yeah. I was a salesman back in Omaha." Well, the boss liked the kid and gave him the job. "You start tomorrow." I'll come down after we close and see how you did."

His first day on the job was rough, but

he got through it. After the store was locked up, the boss came down. "How many customers bought something from you today?"

The kid says, "One". The boss says, "Just one? Our sales people average 20 to 30 customers a day. How much was the sale for?"

The kid says, "\$101,237.65 ". The boss says, "\$101,237.65? What the heck did you sell?" The kid says, "First, I sold him a small fish hook. Then I sold him a medium fishhook. Then I sold him a larger fishhook. Then I sold him a new fishing rod. Then I asked him where he was going fishing and he said down the coast, so I told him he was going to need a boat, so we went down to the boat department and I sold him a twin engine Boston Whaler. Then he said he didn't think his Honda Civic would pull it, so I took him down to the automotive department and sold him that 4x4 Expedition."

The boss said, "A guy came in here to buy a fish hook and you sold him a BOAT and a TRUCK?" The kid said, "No, the guy came in here to buy Tampons for his wife, and I said, 'Dude, your weekend's shot, you should go fishing.'"

Wife calls her husband and says,

"Darling, the car is broken, it won't start."
 "What?! It's in perfect order, what's wrong with it?"
 "It's water in the carburetor, love."
 "Oh no, where are you right now?"
 "Um, in the little lake behind the house..."

Just had the following conversation in court.

Judge: State your name.
 Me: Not Guilty
 Judge: What?
 Me: I had it legally changed.
 Judge: You're Not Guilty?
 Me: Thanks, I'm outta here.

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Polony Curry Bunny Chow



Prep time: 10 minutes
Cooking time: 10 minutes

Serves: 4

- 1 teaspoon (5ml) vegetable oil, for frying
- 2 onions, chopped
- 1 chilli, finely chopped (optional)
- 15ml ground curry powder
- 410g tin chopped tomatoes
- 250ml beef stock
- 500g enterprise garlic polony, cut into 2cm cubes
- 150g green beans, cut into 2cm lengths
- handful coriander, chopped
- 1 loaf of alban Superior White Unsliced bread

1. Heat the oil on high and sauté the onions and chilli for 5 minutes. Stir in the curry powder and then the tomatoes.
2. Add the stock, enterprise garlic polony and green beans and simmer for 5 minutes. Season to taste. Mix in the coriander.
3. Lay the loaf of alban superior white unsliced bread flat and slice the top off horizontally. Hollow the loaf out, leaving a 2cm layer. Fill the breads with the curry and serve

Drinking Chocolate

INGREDIENTS:

- 1 cup non fat milk
- 1 cup International Delight Coffee Creamer (any flavor)
- 2 cups semi-sweet or milk chocolate chips
- Whipped cream, for garnish

DIRECTIONS:

1. Add milk, creamer, and chocolate chips to a medium saucepan. Heat over medium-low heat, whisking often, until melted and smooth. Make sure to stir in the corners of the pan; the chocolate will melt and gather in the edges.

• Serve hot with whipped cream.

Tip: Add peppermint or orange extract to taste for a fun holiday flavor or add the drinking chocolate to coffee to make a mocha. Or, for an adult drink, add a shot of peppermint schnapps, amaretto, or Bailey's. If you can't find the coffee creamer, you can substitute whole milk.



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CAPOEIRA



Capoeira is a uniquely Brazilian martial art dating back to the 16th century with a growth in popularity in recent years partly due to exposure in film and television. Movements are graceful; almost dance-like combinations of kicks, throws, acrobatics, and ground movements that enhance awareness, flexibility and strength. Visit Jack's Gym and experience variety of class descriptions.

STEP

Step is a cardio class offered at Jack's Gym. It is the energizing workout that makes you feel liberated and alive. Using a height-adjustable step and simple movements on, over and around the step you get huge motivation from sing-along music and approachable instructors. Cardio blocks push fat burning systems into high gear followed by muscle conditioning tracks that shape and tone your body.



ZUMBA STEP

Zumba step is perfect for those who are looking to feel the burn, baby! Looking to strengthen and tone your legs and glutes! Step right up.

Benefits

Zumba Step increases cardio and calorie burning, while adding moves that define and sculpt your core and legs.





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What Is Coronary Artery Disease?

Coronary artery disease develops when the major blood vessels that supply your heart with blood, oxygen and nutrients (coronary arteries) become damaged or diseased. Cholesterol-containing deposits (plaque) in your arteries and inflammation are usually to blame for coronary artery disease.

Symptoms of Coronary Artery Disease

The most common symptom is angina, or chest pain. Angina can be described as a: Heaviness, Pressure, Aching, Burning, Numbness, Fullness, Squeezing, Painful feeling, it can be mistaken for indigestion or heartburn.

Angina is usually felt in the chest, but may also be felt in the: left shoulder, arms, neck, back and jaw

Other symptoms that can occur with coronary artery disease include:

Shortness of breath, Palpitations (irregular heartbeats, skipped beats, or a "flip-flop" feeling in your chest), a faster heartbeat, Weakness or dizziness, Nausea, Sweating

How Is Coronary Artery Disease Treated?

It can involve:

Lifestyle changes: If you smoke, quit. Avoid processed foods and adopt a low-trans-fat, low-salt, and low-sugar diet. Keep your blood sugar in control. If you have diabetes, exercise regularly (but talk to your doctor before you starting an exercise program).

Medications: If lifestyle changes are not enough, medications may be needed. The drugs you will take depend on your situation. If you have been diagnosed with coronary artery disease, you will probably be on aspirin and a statin, if not other things.



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Appendicitis

Appendicitis is an inflammation of the appendix, a 3 1/2-inch-long tube of tissue that extends from the large intestine. The appendix may have some role in gut immunity, but nothing is definite. One thing we do know: We can live without it, without apparent consequences.

Appendicitis is a medical emergency that almost always requires prompt surgery to remove the appendix. Left untreated, an inflamed appendix will eventually burst, or perforate, spilling infectious materials into the abdominal cavity.

What Causes Appendicitis?

Appendicitis occurs when the appendix becomes blocked, often by stool, a foreign body, or cancer. Blockage may also occur from infection, since the appendix can swell in response to any infection in the body.

What Are the Symptoms of Appendicitis?

- Dull pain near the navel or the upper abdomen that becomes sharp as it moves to the lower right abdomen. This is usually the first sign.
- Loss of appetite

- Nausea and/or vomiting soon after abdominal pain begins
- Abdominal swelling
- Fever of 99-102 degrees Fahrenheit
- Inability to pass gas

How Is Appendicitis Diagnosed?

The following tests are usually used to help make the diagnosis:

- Abdominal exam to detect inflammation
- Urine test to rule out a urinary tract infection
- Rectal exam
- Blood test to see if your body is fighting infection
- CT scans and/or ultrasound

How Is Appendicitis Treated?

Surgery to remove the appendix, which is called an appendectomy, is the standard treatment for almost all cases of appendicitis. Generally, if appendicitis is suspected, doctors tend to err on the side of safety and quickly remove the appendix to avoid its rupture.



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Know the Smart TV's



Samsung UN55JS9000 55-inch Ultra-HD Smart TV

WHY IT'S A TOP PICK: Octa-core processor allows for very fast Smart TV performance.

Samsung's UN55JS9000 55 inch television combines Samsung's fastest processor in the JS series with a strong set of Smart TV features.

The UN55JS9000 runs Samsung's Tizen operating system Smart TV software, which is well organized and very easy to use. The Tizen system, which is currently only available in higher-end Samsung televisions, makes use of the Smart Hub menu, which allows you to organize your favorite apps and programs easier than other Smart TV systems. Samsung has implemented social networking updates into its Smart TV functionality too. You'll receive a touchpad remote control that's easy to use with this model.



Sony KDL55W800C 55-inch Smart Television

WHY IT'S A TOP PICK: Android users will appreciate this model's familiar Smart TV features.

The Sony KDL55W800C is a full HD resolution 55-inch smart TV, so it lags a bit behind the 4K resolution units on the market.

Its smart TV functionality comes by way of Google's Android TV interface, which is a significant improvement over Sony's previous in-house smart TV interface. Those who are already extensive Google/Android/Chromebook users will appreciate the Android smart TV functionality. That all in mind, the KDL55W800C also boasts smart TV voice control, which greatly speeds things up.

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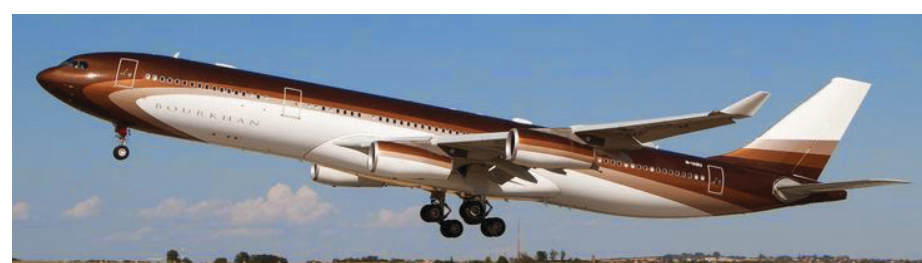
LUXURY PLANES

Boeing 747-8 VIP

This "VIP" model of the Boeing 747-8 is called the "Dream liner" and features an exclusive design with all of the latest technology. Some of the features include vaulted ceilings, video displays on the walls, and spiral staircases. The normal 747-8 Intercontinental can seat 467 passengers, although this pimped out version seats quite a few less because of the extravagant additions.

To meet this demand, Airbus and Boeing have begun selling "VIP" versions of their airliners under the Airbus Corporate Jet and Boeing Business Jet brands. While most of these planes are based on smaller Airbus A320 series or Boeing 737 models, one recent VIP conversion took luxury to a new level.

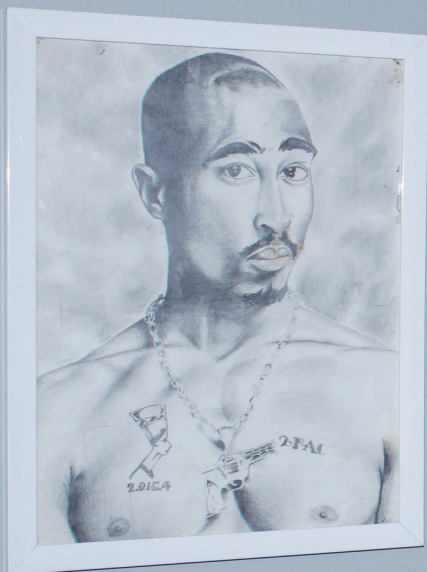
The Boeing 747-8 VIP is the longest and second-largest airliner ever built. Powered by a team of four General Electric GEnx engines, the plane can fly 8,000 nautical miles nonstop.



Airbus A340-300 Custom

This customized Airbus A340-300 is the largest plane in Russia. The plane itself cost \$238 million, but after luxury remodeling it's estimated to be worth between \$350 and \$500 million, taking the interior decoration and implemented technology into consideration.

It has long-range, four-engine, wide-body commercial passenger jet airliner developed and produced by the European aerospace company Airbus. The A340 was assembled in Toulouse, France. It seats up to 375 passengers in the standard variants and 440 in the stretched -600 series. Depending on the model, it has a range of 6,700 to 9,000 nautical miles (12,400 to 16,700 km; 7,700 to 10,400 mi). The A340 was manufactured in four fuselage lengths.



Born gifted with art

- WEDU MAKOBA



With his capturing fine art works, Wedu Makoba showed up at Celebrity World Magazine premises to be featured in the next issue of the magazine as a way of promoting himself.

The Serowe native shared his lifestyle of dealing with pencils, colour paints and frame works. He said that he did not go to school to study art, it is his talent. Mr Wedu is not just dealing with drawing on boards; he has combined fine arts with tattoo making, event hosting and clothing label which operate under the name Body Bag Ink. Although time always remains a barrier in business, Mr Wedu is able to balance time between his businesses as they are both arts.

According to the artist, he gets the support from his family members, and this strengthens his passion in arts every day. His brother bought him a tattoo

machine while his parents funded his clothing line. Dealing with business is not an easy thing for Wedu because his business fluctuates due to clients who never want to pay him. Trying to overcome this challenge, Wedu has decided to book at least two clients in a day like those coming to do tattoos.

He uses tools such as; water colors, pencils, combination of pens, fine liner, and crayons to do his work. He wants to see himself having an art studio that has choreography, conceptual drawings, power house of art which will groom upcoming talents.

"I would like to tell budding artists not to give up in life, parents like to pressurize children on education but sometimes they have to look at the abilities that their kids have," he added.

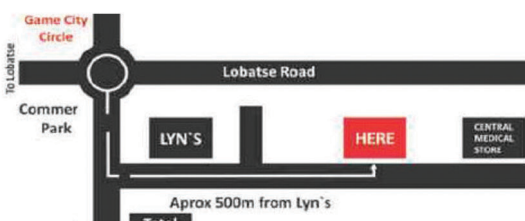
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Snake Awareness, First Aid for Snakebite & Venomous Snake Handling

09 September 2017
Mokolodi, Gaborone Botswana

MORNING SESSION
Includes Scorpion Awareness, Spider Awareness, Snake Awareness, Identification, First Aid for Scorpion sting, Spider bite and Snakebite, Antivenom and Medical Treatment of Snakebite.

AFTERNOON SESSION
Handling of Venomous Snakes using safe and tested protocols.

This course is FGASA-approved and registered with the HPCSA for CPD points.

FGASA HPCSA

Please e-mail Ashley, admin@asi.org.co.za for details
www.AFRICANSNAKEBITEINSTITUTE.com

SNAKE AWARENESS AND VENOMOUS SNAKE HANDLING
When: Saturday 09 September @ 09:00 Hrs
Where: Mokolodi
Created by: African Snakebite Institute



STREET PULPIT MOVEMENT INVITES YOU

Unleashing Inner Greatness

YOUTH CAMP

29 SEPT - 02 OCT

3-NIGHTS FLORWING BORDER POST The Farm BNB & Breakfast

Seminars
Bonfire
Music Show
Poetry Night
Sporting Events
Morning Devotions

REGISTER TODAY
FEE: P750

Limited space

STREET PULPIT CAMP
Time: 29th Sep- 02nd Oct 2017 at 09:00
Venue: The FARM BNB, Maboana Tlok-weng border post
•Registration fee: P50 •Camp fee: P750

Event Details
Street pulpit is a movement that works with the youth in building spiritual lives, talent exploration as well as leadership development.

For further information contact:
72714931/ 71320177/ 77576073



FARMERS WELLNESS AND FUN DAY

40 early bird tickets @P80

02 SEPTEMBER
TIME: 0700HRS

VENUE: BNYC GROUNDS

Adults P100
Kids P40

EVENTS
AEROBICS, SOCCER TOURNAMENT, EGG RACE, TUG OF WAR, KOI, KIDS GAMES, CULTURAL GAMES

FARMERS WELLNESS & FUN DAY
Time: Saturday 02 September @ 06:00 am till 07:00 pm



Kgosi Sechele I Museum

Molepolole

DITHUBARUBA CULTURAL FESTIVAL 2017
When: Sat Sep 02, 2017 at 09:00 am
Where: Gammakgosi, Ntshonyane Extension 1, Ntsweng- Molepolole.



BOTSWANA MINIMUM WAGE DEBATE

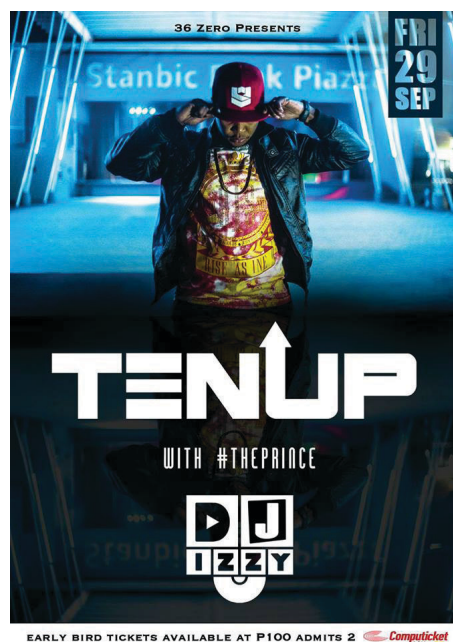
"Your Wage, Your Integrity"

SEPTEMBER 2017 Round 1 #BMWD17

Brought By: MERIT BOTSWANA
Powered By: KONOPPO & PARTNER, ERAN, KOS

BOTSWANA MINIMUM WAGE DEBATE
Why do countries like Botswana have a minimum wage? It is for reasons of fairness and justice. As those at the bottom of the wage structure usually have no unions and no economic power to negotiate a living wage with their employers the only institution that can protect them from an exploitative wage is the state. 51 years on; where is the minimum labour?

Date: Wed Sep 27 2017 at 05:00 pm
Venue: Konopo & Partner Labour Law Consultancy, Plot 24256, Phase 4, Gaborone, Botswana



36 ZERO PRESENTS

Stanbic Bank Piazza

FRI 29 SEP

TENUP

WITH #THEPRINCE

DJ IZZY

EARLY BIRD TICKETS AVAILABLE AT P100 ADMITS 2 Computicket

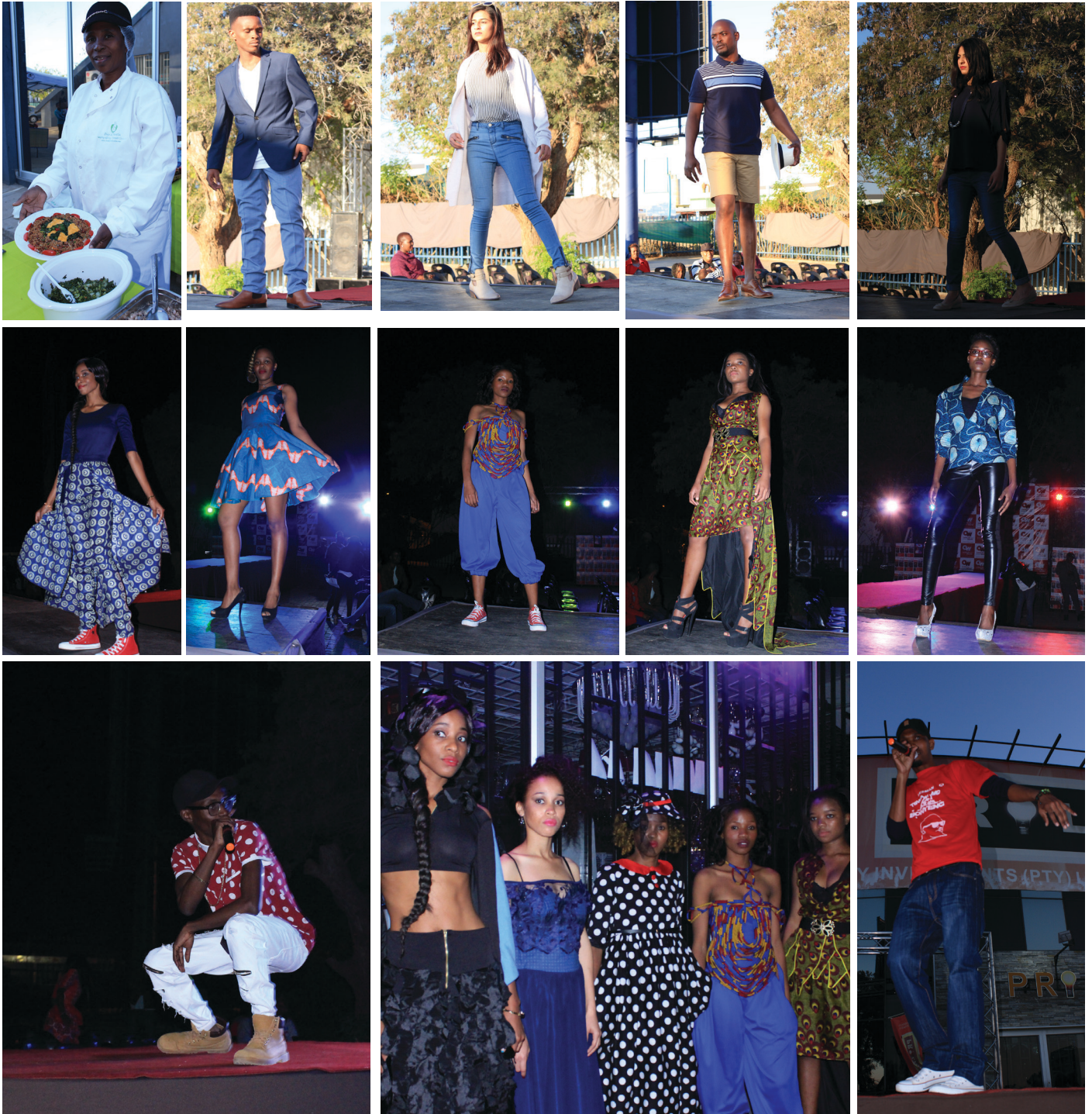
TENUP MUSIC CONCERT
Date: Fri Sep 29 2017 at 02:00 pm
Venue: Stanbic Bank Piazza, P O Box 1553, Gaborone, Botswana

Event Details: An event aimed at celebrating 10 of Botswana's hottest artists and 10 DJs on the eve of our Independence Day. Early bird tickets available at ALL Computicket outlets. They are going for P100 admits 2.

CW Fashion Show

Rebranding the Arts

Celebrity World Magazine hosted its first ever magazine launch and fashion show on July 29, 2017, under the theme: Re-Branding The Arts. CW is a local magazine that intends to present Batswana as a whole by sharing with the world what transpires in our societies and thus featuring in fashion, health, events, lifestyle, food, news, sports, business and many more. Below are some of the pictures that were captured during the event:



1.Dijo le Kotla Catering Chef 2.H-Ecos 3.Afzila 4.Moliti 5.Alina 6.Pamela 7.Bontle 8.Bertha 9. Marang 10.Khumo 11.Jt SpecialBoy 12.Models at the Fashion Show 13.LesMan



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TYRES MAG WHEEL

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G/WEST BRANCH HAIL SELASSAIE ROAD INFRONT OF DCEC & BHC CALL: 76256789 73589950



WHEEL ALIGNMENT PROFESSIONALLY DONE



Mogogi 'Gino' Gabonamong the absolute legend

Township Rollers legend Mogogi 'Gino' Gabonamong has recently packed his boots and bid goodbye to football. Celebrity World Magazine had a one on one conversation with him to explore more about his lifetime journey in football.

Tell us about yourself?

I was born on the 10th of September 1982 in Mmutlane, but I grew up in Mahalapye. My family background is no different from most of Batswana kids; it was a poor one but filled with love. I started playing football at the age of 7, where I used to torment teams as I was a striker. I had everything needed; pace, skill and hunger. My primary football days got people noticing my talent. I have always been passionate with the game and I lived it day and night. I didn't let the hype get to me however, I was determined to work hard on my dream from as early as age 11.

I have played for Black Peril, Mogoditshane Fighters, FC Satmos, Mochudi Centre Chiefs, AIA Caledonia (Trinidad and Tobago), Cape Town Santos (South Africa), SuperSport United, Bloemfontein Celtic (South Africa), and Township Rollers.

What have you achieved during your time in football?

Having two decades in football was definitely a blessed career. Making my national team debut at 16 years remains one of my greatest achievements. I believe to this day I am the only Motswana player who represented Botswana and Zebras at under 17, 20 & 23 all at the same time. I have won league cham-

pions with Mogoditshane fighters and Township Rollers. I had a great 10 years in South Africa as well.

How much can you value football in Botswana?

There is a big change where we are now as compared to when I started. Money is given out into the game and we have better stadiums. But a lot of work still needs to be done. We need to wake up and learn that football is money. Our players are not that determined though, something which I would like to see them improve for the hunger of the game.

What kind of support did you get from Batswana?

The fans have always been incredibly supportive. Fans deserve commitment from players because they spend their hard earned cash supporting us at the games and their support has pushed me to play better for them.

Who did you work with, that you feel did the best in moulding you?

I wish I could mention all of them; Great coaches, administrators, kit managers, team drivers, e.t.c. David Bright and Gavin Hunt were some of the best coaches I have worked with who played a huge role in my career. The late Samson was a great mentor.

Except being a football player, what else did you do?

I have always carried my other passions off the pitch. I never believed in being known as just a footballer and worked hard throughout my career to cater for my other passion. That is why I was able to get involved in my projects straight af-

ter hanging up my boots.

How did you balance your time between family and football?

My family is my number one priority, and I never compromised on that. I worked hard for them but I never let football dictate me. My spare time was always spent with my wife and two kids. Even before I met her, my off time meant resting and focusing on myself.

What challenges have you faced during your life career in football?

I faced a lot of challenges but I had a big heart, football can be cruel but it takes a strong heart to succeed. I didn't make the cut at few trials that I went to, not because I didn't give my all but at times football politics were involved. But I always soldiered on because I believed in myself. I always picked myself up and didn't share much with people. My wife is the only person I started sharing my football ups and downs with when we met. She has been an incredible rock throughout my career.

How do you think your retirement will affect the previous teams that you played for?

I retired from football in May 2017, and I don't think it will affect them at all. I had long told them of my intentions to do so when the season ends.

Where are we going to see you after the retirement?

I can't say much right now but I will get involved in the game. I owe it to the young generations to give back my time and experience I gained from the game.



IAAF's unfair treatment not good enough to let "him" down

The Botswana high flying 400m sprinter Isaac Makwala managed to prove himself as the veteran of the moment. Given all rights without disturbance, he never disappoints, and he made it. The good justice he did wasn't just for himself but was also for this country.

Mr Makwala managed to outsmart other competitors by winning the 2017 IAAF Diamond League 400m after an impressive 43.95 win in Zurich, Switzerland. Makwala won the gold medal he missed at the IAAF weeks back in London. The veteran's face after the race tells all that the 'beast' was indeed up for what his. Instead of being let down by the believed to be sabotage scam of being sick at London, it somehow motivated him.



Olympic silver medalist Jack Bobridge arrested for drug dealing

Jack Bobridge, who was forced into retirement last year because of the effects of rheumatoid arthritis, was arrested after police raided his home in the western Australian capital. Australian cyclist Jack Bobridge, who won silver medals in the team pursuit at the last two Olympics, was arrested on charges of dealing in ecstasy.

In a highly successful career, Bobridge rode in four versions of the Giro d'Italia and won the Australian road race national title for the second time in Ballarat in January 2016. On the track, he competed in three Olympics, won three world championship gold medals, four Commonwealth Games titles and still holds the world record for the 4km individual pursuit with the time he set in Sydney in 2011.



Semenya wins gold in Zurich Diamond League, pockets R1.3m

Caster Semenya claimed another global title when she won the world 800 metres gold and after surging clear to record one minute 55.16 seconds.

Semenya, 26 is the 2016 Olympic and 2009 world champion. She is poised to gain two more gold after Russian doper Mariya Savinova-Farnosova was stripped of her 2012 Olympic and 2011 world titles.



All eyes on Benni

The new Cape Town City head Coach Benni McCarthy has been doing good from all his past league encounters, making him the man. As all teams are well equipped and ready to race to the top spot, Benni seems to be much ready for almost every team on his way.

The City head coach says he intends to hold the top spot until the end of the season. Basically Benni says he want to win the league, 'but' this is every coach's will and plan. All eyes look to McCarthy's philosophy of winning the league since he had his coaching tactics overseas. Benni was mentored by the super manager Jose Mourinho, who is currently the Manchester United manager.

Griezmann banned for two matches

Atletico Madrid forward Antoine Griezmann has been banned for two matches after being sent off for insulting the referee during his side's 2-2 draw with Girona.

The France international Griezmann protested after being booked for diving by Juan Martinez Munuera. Atletico have 10 working days to appeal against the ban, Spanish football federation RFEF said in a statement. The RFEF also confirmed a one-game ban against Real Madrid defender Sergio Ramos for being sent off in his side's 3-0 win at Deportivo La Coruna.



PST

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