

# Celebrity World

Botswana's Native Magazine

March 2023 P12

How to Teach Your Kids Empathy

Meet The Face Behind Decade Artworks

Ways to Improve Your Finance

Remembering AKA

Ernest The Dream Chaser

# Greatness In Small Packages



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Welcome to issue number 70 of Celebrity World Magazine. This issue has plenty of fantasy served up. There is a lot to ask yourself about our March 2023 issue, as compared to the previous issues. This time we have featured a young and pretty girl Kimberly Dudu Matheakgomo. The idea of having her on the cover is probably enough to make you happy and love the magazine more.

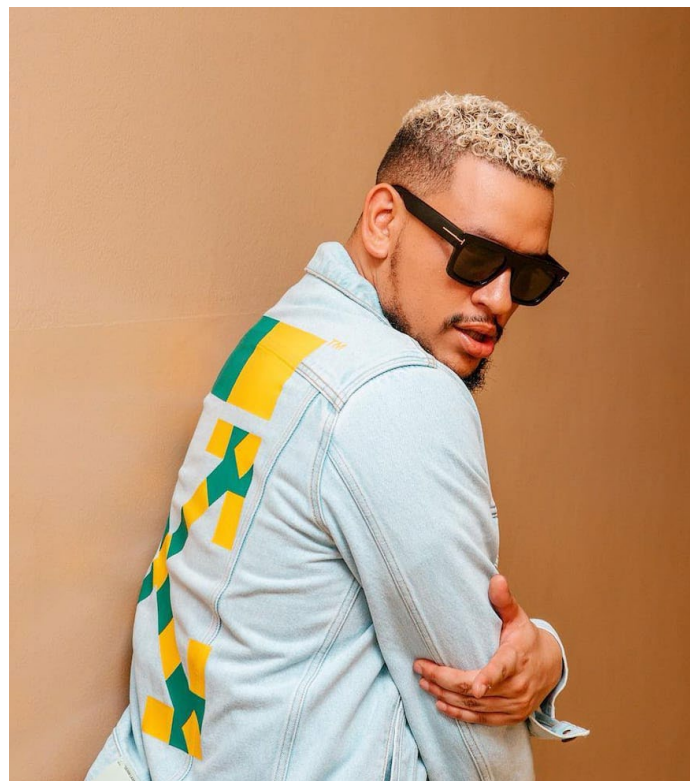
Give yourself a little treat with our lovely magazine. We have a feature on fitness that will help you keep healthy in a better

way. Another feature is on the recipes page you can still get a taste of the month of March with our delicious recipe. So grab a copy in and have a splendid read. Enjoy!

Check out this issue on our website at [www.celebrityworld.co.bw](http://www.celebrityworld.co.bw). Thank you for being part of Celebrity World Magazine and follow our facebook page called Celebrity World and on twitter @celeb\_bw.

Cheers to the month of March!

# Contents March 2023



**6** Meet The Face Behind Decade Artworks

**11** Ernest The Dream Chaser

**12** Remembering AKA

**14** Replicating Bent Metal Coat Hooks Design

**15** Ways Sex Is Different when it's with Someone You Love

**21** Horoscopes

**24** The City in Turkey - Alanya

**28** Ways to Improve Your Finance

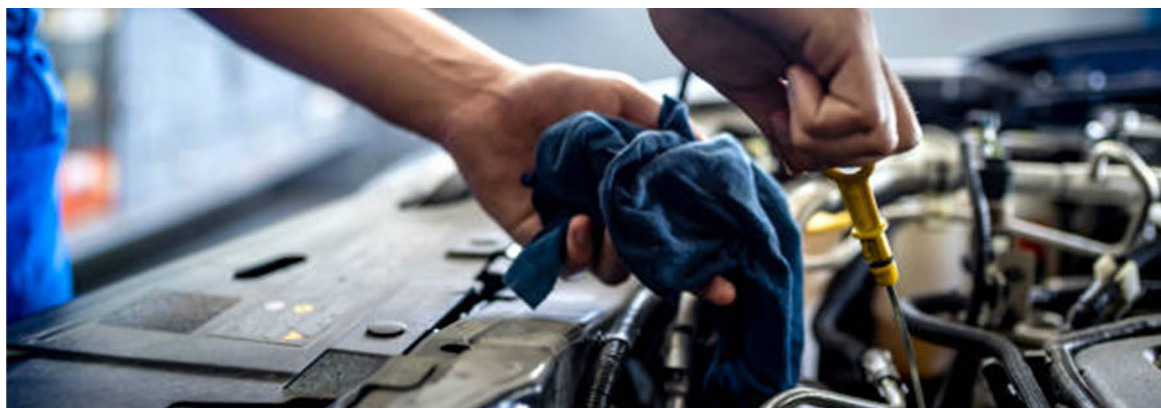
**31** Eye-catching Flower Garden Designs

**32** Shopping Guide

**34** Sports/ Transit



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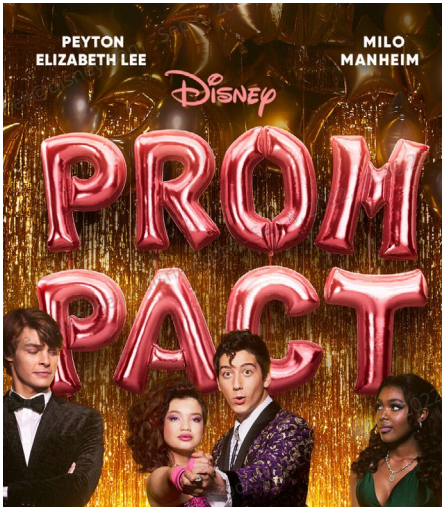


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# Celebrity World *List*

## FILM, TV, BOOKS & MUSIC

Stay inside or head outdoors, we've got plenty to keep you entertained



### Prom Pact

**Genre:** Comedy, Romance

**Release Date:** 31 March 2023

**Director:** Anya Adams

**Starring:** Milo Manheim Wendy McLendon-Covey And Chelah Horsdal

Follows the main character, a feminist who doesn't believe in the idea of falling in love, especially in heteronormative love, but then she falls and there is undeniable chemistry.



### Palm Trees and Power Lines

**Genre:** Drama

**Release Date:** 03 March 2023

**Director:** Jamie Dack

**Starring:** Emily Jackson, Lily McInerney and Gretchen Mol

A disconnected teenage girl enters a relationship with a man twice her age. She sees him as the solution to all her problem but his intentions are not what they seem.



### The Magic Flute

**Genre:** Adventure

**Release Date:** 10 March 2023

**Director:** Florian Sigl

**Starring:** Iwan Rheon, F. Murray Abraham and Jeanne Goursaud

17 year old Tim Walker as he travels from London to Austrian Alps to attend the legendary Mozart boarding school. There, he discovers a centuries-old forgotten passageway into the fantastic world of Mozart's "The Magic Flute."

## What To Read

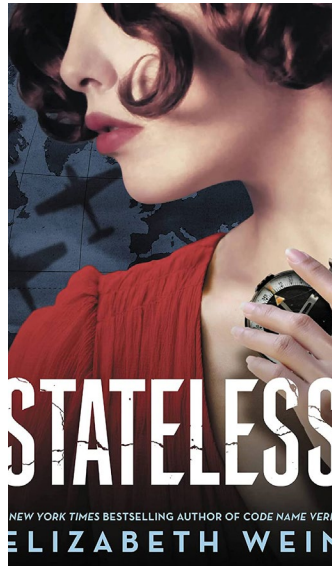
### Stateless

**Author:** Elizabeth E. Wein

**Genre:** Historical Fiction

**Expected on:** March 14, 2023

In 1937, Stella North is thrilled to be competing as the only female pilot in Europe's first air race for young adults. Between Spain's civil war and the Nazis gaining power, the world is looking for something uplifting to follow. But the competition quickly turns cutthroat when a competitor is killed and each of the pilots has their own dangerous past to hide.



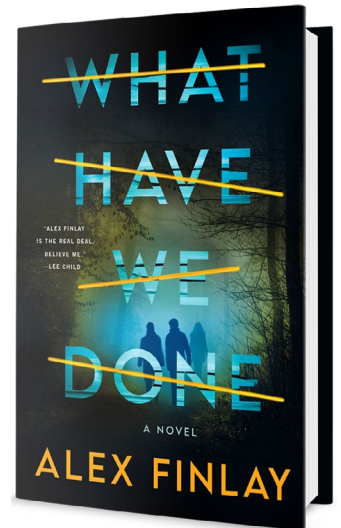
### What Have We Done

**Author:** Alex Finlay

**Genre:** Mystery & Thriller

**Expected on:** 7 March 2023

Twenty-five years ago, five teenagers formed an unbreakable bond while living at Savior House, an abusive group home for wayward teens. Although they didn't keep in contact, they've all gone on to lead successful lives. When members of the group begin dying, they are forced into a reunion no one of them wanted to find the killer.



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# Meet The Face Behind Decade Artworks

His official names are Kefentse Keboitse, he is 30 years of age, born and raised in Serowe but currently lives in Molepolole. Throughout his journey as an artist, a name "Jakamotako" emerged which is simply an expression which defines him best as he relies on his creatives to earn a living.

**Tell us about your art business and the journey behind it.**

My drawings serves best as gifts, over the past 7 years my drawings have brought about joy and happiness in many homes and many relationships, as clients kept on engaging my services in order to gift their loved ones. Within the period I also produced some drawings that were shipped to Maun region, also as gifts.

**When did you start doing art, and what materials do you use to do your work?**

My Journey in Art draws back to my junior

and senior school days, I always loved this ability to produce and think of ideas that can be identified as art. Several years later in 2016, I decided to try and sell art after seeing some of the artists doing it on social media space, and that's how the journey of Jakamotako began.

The material that I mostly use is Faber Castel Coloured pencils, because they give a very great and intense results when carefully working with them.

**How is the business doing since you started it?**

Well, currently the business is kind of slow because the year has just began and most of my potential clients are engaged with other demands of life, which is normal since I have experienced this over the years in this art production and selling business.

**How do you approach your customers,**

**selling strategies u use?**

Most of the time I use social media space to advertise my business, and I always make sure to avail different options with different costs to my clients which makes it target a larger group of people.

**Is artwork your everyday work or there is something else you are doing for a living?**

Yes, Art is the backbone of my life, which is reflected in my name "Jakamotako". That is, for me to eat I have to seat down and produce art and for me to dress up, I have to seat down and produce art.

**How many artworks have you sold so far?**

I have by far produced and distributed over 450 drawings across the country, having to have distributed to prominent figures like Obakeng Mmipi, and former Miss Botswana 2006 Malebogo Marumoagae. Few were shipped outside the country through my

local clients.

**Who are your clients?**

Since I have mentioned that I target a larger group through providing options for my clients, you will find that those who are not able to afford an A3 sized usually opt for an A4 Sized. So my clients ranges from ordinary individuals who are willing to make their loved ones happy, to prominent individuals who display interest and are captivated by my execution skills.

**Share your achievements about your business since its inception e.g any award you have received?**

Well, my art business have not yet scored any visible award yet, maybe it could be because I'm still in the process of registering and establishing it well, but however for now, I would speak of the great growth in the circle of reaching people and also how my production skill has intensified over the last seven years.

**What do you call this type of art you are doing?**

In Art, it is drawing under fine art. But I'm more of a portraiture than just a general artist because I specialize in the production and distribution of portrait art.

**Are you doing art as a passion or just because you wanted to do it for money or for a living?**

Producing art is my passion, and being able to make money out of it is just like an icing on a cake and it makes everything quite easy for me, because now I'm able to get proper materials for my creative skill, and automatically my skill will grow and also presentation of my works will also show improvements. This presentations, I speak of things like packaging, framing and delivery.

**What is your business name and where is it located?**

My business is currently going by the name "Decade Artworks" the nicest thing about it is that my production skill is always with me everywhere I go, and now since I'm in Molepolole, Decade Artworks operates in Molepolole.

**What are your last words to other young artists hoping to make it in the art industry?**

My last words: I encourage other artists to recognize and appreciate their talents, then practice more to invite growth, because we are living in a very competitive world where unemployment is the topic of the day, so your gift of talent can be the only thing that can assist you through your day to day lifestyle, and that gift has to be producing something worthy.



# Greatness In Small Packages

They say dynamite comes packed up in small packets and indeed it does. It is in this case a young beautiful lady from a small village in Botswana named Molapowabojang called Kimberly Dudu Matheakgomo. The young 10 year old has become an international superstar and done us proud in many occasions. Last year she was able to come home from Thailand with the crown as Miss Junior Idol World against all the other international participants. This year once again she came back having been awarded the Inspiration Youth Award, first of its kind among that international pageantry and being awarded only to her yet again amongst other international participants from different countries globally.

At about the age of 5 the youngster took to pursuing modelling and could not have guessed she would be where she is today. She got into it after she saw her own sister who is also runway superstar and was inspired by that. She says that her sister Katlego still to this day continues to be an inspiration to her.

When asked how she has managed to become so successful in a modelling career the way she has and that at a young age, she responded, "The key is to just get out there and start working on my dream, often times a lot of people are held back by fear even though they don't have anything much to lose from pursuing their dreams. I wake up to go after what I want, and I'm always willing to pay the sacrifice for that." With such a mentality she indeed deserves to be where she is in her career.





Now that she is successful with many young and old looking up to her, the superstar says she wants her success to be an inspiration to others out there. She said it would be good to also see just what it means to believe in something and strive to achieve it. Being an example she wants people to get inspired by her in making sure they achieve their goals. Being a young woman she also wants other women to be themselves and manifest their true identities. Young women and girls don't have to change who they are to fit in this world, they are unique in their own ways and that is the beauty of life. She went on to state that locally young women in our country were in the right track with that.

Although one might have a successful and even promising future in whatever path they may choose, there are usually still some limitations or hindrances. The case is the same as well for our young model. Even though she is having the time of her life now, there has been and continues to be one big limitation, lack of funds. She says that regardless of how good and motivated she may be, with a lack of funds it's not always easy to get things done and achieve her goals. Such limitations exist because we are a developing country and there is a less regard for pageantry. Modelling is not regarded as a career one may and can pursue but rather just a hobby or a side hustle. Kimberly says that she believes until pageantry is given the seriousness it deserves and regarded as a professional career it will continue to have limitations and unable to grow as an industry. She continued to demand that pageantry must be given the dignity it deserves as it is a gift and talent she has inherited and it means to pursue exploring and it hurts to have to pursue it with so much limitations and with it given no regard.

She may be a model superstar, but Kimberly's fame and spot in the limelight is not only limited to that. She is also a professional dancer and the co-founder of KatKim dancing academy. As much as she has seen growth in her modelling career, she has had quite the success too as a professional dancer too and she continues to master that art as well. Due to her devotion to it, KatKim has seen growth because of how they do things and she stands quite amazed by it.

"I'm currently working on my Beauty with a Purpose Project, I've competed and won, earned some accolades but now I want to serve the community and lend a helping hand. I'm a firm believer in that if you're in a position to help you should help, I've seen people come together to support me and sponsor my dream, it's time for me to return the favour," stated the young star when she was asked what else she was working on besides her modelling career. She said that





was her way of showing a social responsibility as a successful model.

Besides striving to be a successful model and professional dancer or fulfilling her social responsibilities. The young model who loves dancing says that every time she does dance she feels incredible, at peace and content. She gets to loosen up and just enjoy what she has been gifted with, being able to move gracefully with the beat. She also is quite fond of swimming and going to the gym during her relaxation routines. One thing she says people are also not aware of is she also loves helping others, tutoring her mates with their school work. The kind hearted young lady says that she enjoys helping others and seeing them prosper and be happy in all.

Now addressing how she was able to juggle between all that she does and her schoolwork, young Kimberly says she does make time for her school work and devote to it with everything she can. She says that as much as her modelling and dance career were to her, her academics were just equally important. She says she believes that education is a key part of her life and success and was not about to take any chances with it as it has made her who she is, a smart young lady who can speak and write English fluently. She says that she aspires to be a doctor and a motivational speaker because she loves helping people and inspiring them which is why education is important.





do wonders in designing.

**What has been your greatest achievement to date?**

My achievement so far is I have worked on some different and most dominating local brands like Re Mono Hela and Groundbreakers.

**What strategies do you use to keep the business going?**

Strategies that I use is how I do my pricing, and also marketing and advertising on social media platform especially Facebook and WhatsApp.

**What is the most difficult part about your business?**

The most difficult part about this business is shortage of printing materials and shortage of t-shirts in the industry.

**What makes you to wake up every day to go to your business?**

I wake up every single day for my business because I want to see my business going places, also for me to put food on the table, it's a way of leaving it's something that I love.

**Where do you see your business in future?**

In future I want to see myself owning different factories based in Printing and Graphics that's my day and night dream.

**If you could choose any job anywhere,**

# Ernest The Dream Chaser

Ernest Shaolin Rantsho, a 28 year old gentleman from a small village called Pilikwe and he is Tswapong breed born and raised in Selibe Phikwe. Besides being a business man, Ernest is also a sports martial artist holding black belt first Dan Degree in Karate, playing for Pro Fitness Karate Club.

**Tell us about your business.**

Shanest Printing and Supply it's a business which does; graphic designing, t-shirts printing, car branding, and indoor office decorations.

**What was the motive behind your business?**

My business started back in 2019 mid-August before Covid, unfortunately it didn't do well so it was closed for almost 3years, and it's a fully registered business. As we speak, my business is doing much better though it's on slow move but I believe it will penetrate the market as time goes on.

**Why did you choose this type of business?**

I chose printing because I like graphics, I like to draw. I was inspired by my uncle Modise Rantsho, he is the best when it comes to arts,



and also I worked as a graphic designer at a company by the name Mark n Saves at BBS so I got motivated to have my own business.

**Who sponsored you to start this kind of business?**

Nobody did, I just did it by myself because I believe in the pressing of hard work.

**How different are you from your competitors?**

The only difference I have from other competitors is how I do my pricing when dealing with customers. I charge less, then I

**where would it be?**

It would be sound engineering and Dj controller. I also love music because it keeps me going. I want to have my own studio and I want to have a music production company. Believe me I will have my dream fulfilled one day.

**If you have three words to describe yourself what would it be?**

Hard working individual, business minded and am a very humble gentleman.



# Remembering AKA

AKA, was a South African rapper, born and raised in Cape Town, Forbes gained recognition after releasing his single "Victory Lap" from his debut studio album, *Altar Ego*. The death of Kiernan Jarryd Forbes left family members and friends emotional and traumatized after the heart breaking announcement and when the footage of his shooting surfaced on how he was killed on social media. The send-off of AKA was done privately although some of his fans managed to attend the memorial service which was held on the 17th of February 2023.

## Cause of his death

On the 10th of February 2023, AKA was scheduled to perform at Yugo nightclub in Durban as part of his birthday celebrations. At around 10 P.M. that night, Forbes and his friends were standing outside a restaurant in South Africa when a hooded gunman ran up to them and shot Forbes in the head, while his accomplice who was standing by Forbes's car released more shots which killed his friend. The two gunmen then fled the scene on foot. Forbes his friend were pronounced dead at the scene.



# Don Design Deletes Facebook Account Amidst Accusations Of Giving Signal To Aka's Shooters

South Africa's creative designer, Disc Jockey and Singer Don Design has deleted his Facebook account after being accused of knowing the plan to have his close friend Kerlian Forbes known as AKA to be assassinated.

According to the videos that have gone viral on social media, Don Design is seen making eye contacts with the shooters who were standing straight at him, before giving a signal that they should start advancing to have the rapper killed.

It is believed that Don Design Who looked at the shooter who was on the other side of the road signaled and he started moving slowly by passing a car that was near the artist.

He then gave a stretch signal before moving quickly to join the group as shooters pulled the trigger to end the life of a popular South African hip hop artist.

Don Design is the only friend to AKA who was seen closing his ears immediately gun shots were fired.

What many South Africans are surprised of is that, the first shooter who was in the white hoodie was looking at Don Design and immediately he stretched, the shooter advanced and the rest is history. Don Design has however deleted his Facebook account remaining with his Instagram account after accusations.

It is not clear if he deleted his Facebook account following multiple tagging or it is out of respect for his close friend AKA. Don Design is seen taking a selfie with AKA minutes before his assassination. Source : FB



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# Ways Sex Is Different when it's with Someone You Love

## **They know the stuff you don't like, too**

Unlike a casual hookup, someone you love will not waste time fumbling around with a technique that's worked on other people but does nothing for you. They've tried it, you loved them enough to say you hated it, and they won't try it again.

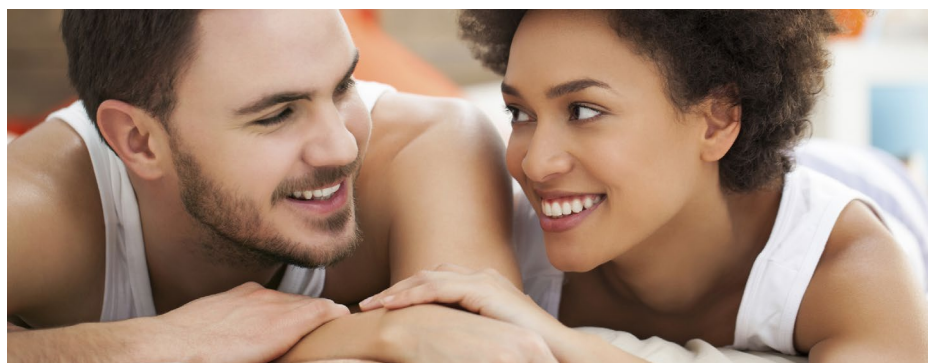
## **They manage to keep it surprising**

Even though you've been doing it for a while, it's not predictable. They're always coming up with new ways to make you feel good and discovering little parts to touch that you didn't know would feel so incredible.

## **You actually find yourself caring more about their pleasure than your own**

Getting them off gets you off.

But they won't be offended if you'd rather just go to sleep immediately after coming



## **No awkward cuddling afterwards just because you feel like you should.**

If you want to roll over and sleep, fine.

If you want to watch TV, that's all good.

They're even cool with getting you a cup of tea. And that may be the sexiest thing of all.

They know what you like

When you've had sex more than a few times, they tend to develop a real sense of the very specific things that get you off. They'll kiss your neck with exactly the right pressure, grab your bum, and do all the other things you always used to wish people would do without having to be directed to do so. It's great.

# Busi Mhlongo



Born on October 28, 1947 and died on June 15, 2010, Victoria Busisiwe Mhlongo, was a singer, dancer and composer originally from Inanda in Natal, South Africa.

Mhlongo drew on various South African styles such as Mbaqanga, Maskanda, Marabi and traditional Zulu, fused with contemporary elements from jazz, funk, rock, gospel, rap, opera, reggae and West African music. Her lyrics carry poignant messages and she had a care-free way of performance that included performing bare-foot.

In the 1960s, she adopted the artistic name Vickie; only later did she become known by Busi Mhlongo. She was an initiated sangoma, which heavily influenced her music.

In the 1970s, Mhlongo relocated to London, later recording with other South African artists who were living in exile, such as Dudu Pukwana and Julian Bahula. By the 1980s, she performed internationally, performing with other well-renowned artists such as Salif Keita.

By the early 1990s, she began releasing her own individual works, with her first album, *Barbentu*, being released in 1993. A year later, she joined Hugh Masekela's homecoming tour.

In 1995, Mhlongo joined Hugh Masekela in the Africa '95 festival in London. In 1998, she released her second album, *Urban Zulu*, which became a hit in various markets around the world and reportedly spent months in the Billboard World Music charts. She went on to release several more albums, *Freedom* (2003), and *Amakholwa* before her death from breast cancer in June 2010. Although physical-self isn't around, her energetic style of performance remains and can be seen through choreographer Somizi Mhlongo. Her music is a symbolism of the struggle for justice in South Africa. Her vocal range is incredible for she was able to go from a soft note to a booming roar. Due to her powerful activism against apartheid through music, Mhlongo was exiled therefore working and living in the Netherlands, North America and the UK. Busi sold half-a-dozen



solo albums. Later during her career she became known as "Mam'Busi". During her youth, she joined the musical *King Kong* in Durban and was encouraged to play the drums. Her creativity launched her decision to create her band, *Twasa*. Her style of performance was inspired by Dorothy Masuka and Miriam Makeba, but mostly Princess Magogo.

Mhlongo was raised in a musically inclined family in the mountain village of Ohlange. She married drummer Early

Mabuza, and they later had a daughter. Due to Mhlongo's exile, she was unable to raise her daughter or attend the funeral of her husband, whose cause of death was murder

#### Albums

*Babhemu* 1993  
*Urban Zulu* 1999  
*Indiza - Voyages Through New Sounds* 2000  
*Freedom* 2003  
 Awards and nominations  
 Mhlongo was nominated for a Grammy and won three South African Music Awards





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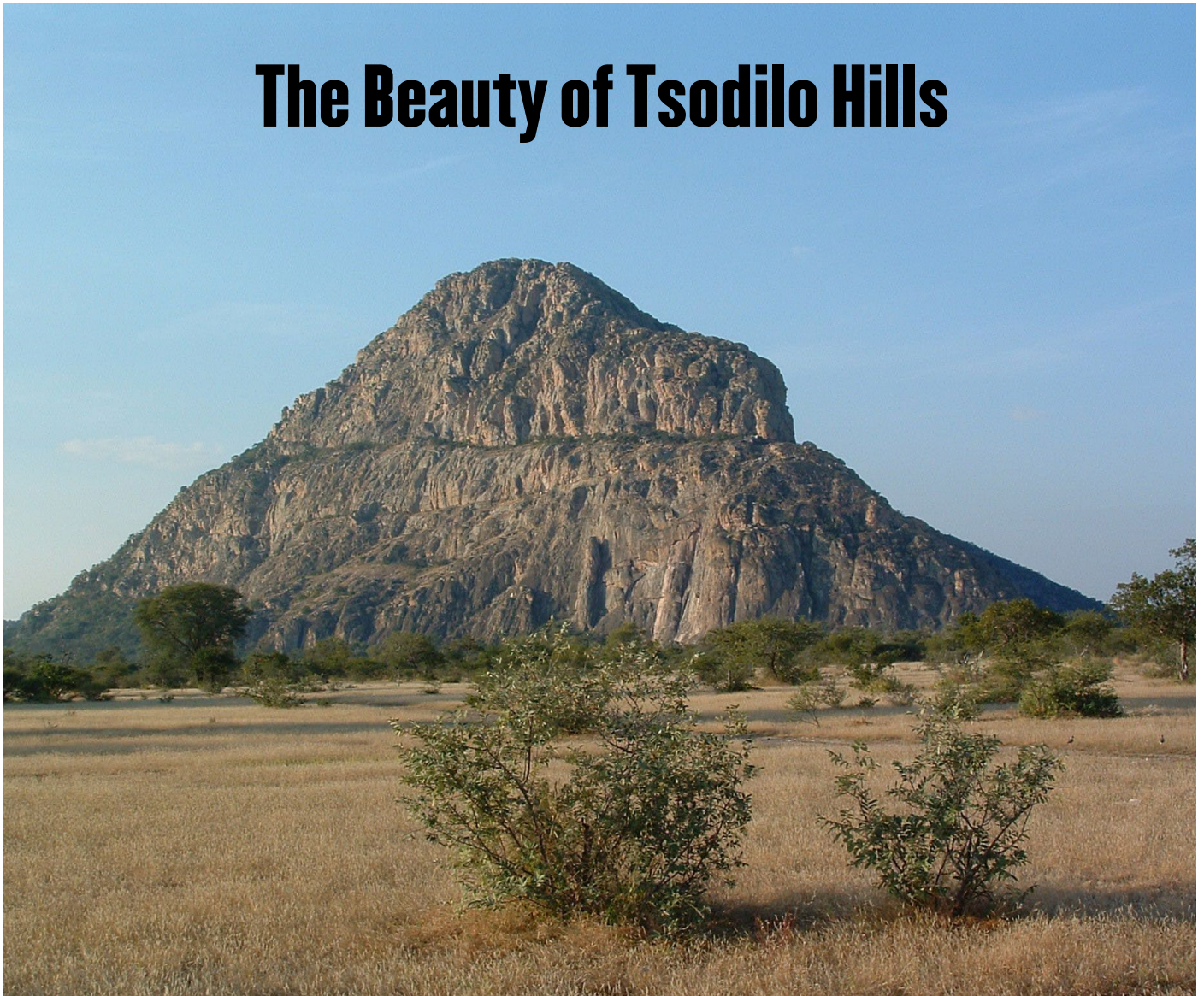
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# The Beauty of Tsodilo Hills



**R**ising abruptly, and dramatically, from the Kalahari scrub bush the rock face turning a copper colour in the dying sun the magnetic power of Tsodilo Hills both captivates and mystifies. There is an undeniable spiritualism about the Hills that immediately strikes the visitor.

Tsodilo is located in north-western Botswana. It gained its World Heritage Site listing in 2001 because of its unique religious and spiritual significance to local peoples, as well as its unique record of human settlement over many millennia. It contains over 4,500 rock paintings in an area of approximately 10 km<sup>2</sup> within the Kalahari Desert.

These hills are of great cultural and spiritual significance to the San peoples of the Kalahari. They believe the hills are a resting place for the spirits of the deceased and that these spirits will cause misfortune and bad luck if anyone hunts or causes death near the hills. The San people believe these hills to be the site of first Creation. Factually, the San people painted more than 4500 rock paintings against the magnificent stone faces of the Tsodilo Hills, making it one of the most historically significant art sites in the world. The San did most of the paintings, although there are few by Bantu-speakers whose style differs from that of the San. The exact age of the paintings is not known although some are thought to be more than 20,000 years

old. The hills contain 500 individual sites representing thousands of years of human habitation.

The hills are referred to by human attributes - male, female, child and the male's first wife. The second tallest hill is referred to as the female. The San people believe that the caves and caverns of this hill, the "Female" hill, are the resting places of the deceased and various gods who rule the world from here. The people of Hambukushu believe that their god, Nyambe, originally lowered their tribe and livestock to earth on the female hill. Their supporting evidence is hoof-prints clearly etched into a rock, high on the hill. (The word Tsodilo is derived from

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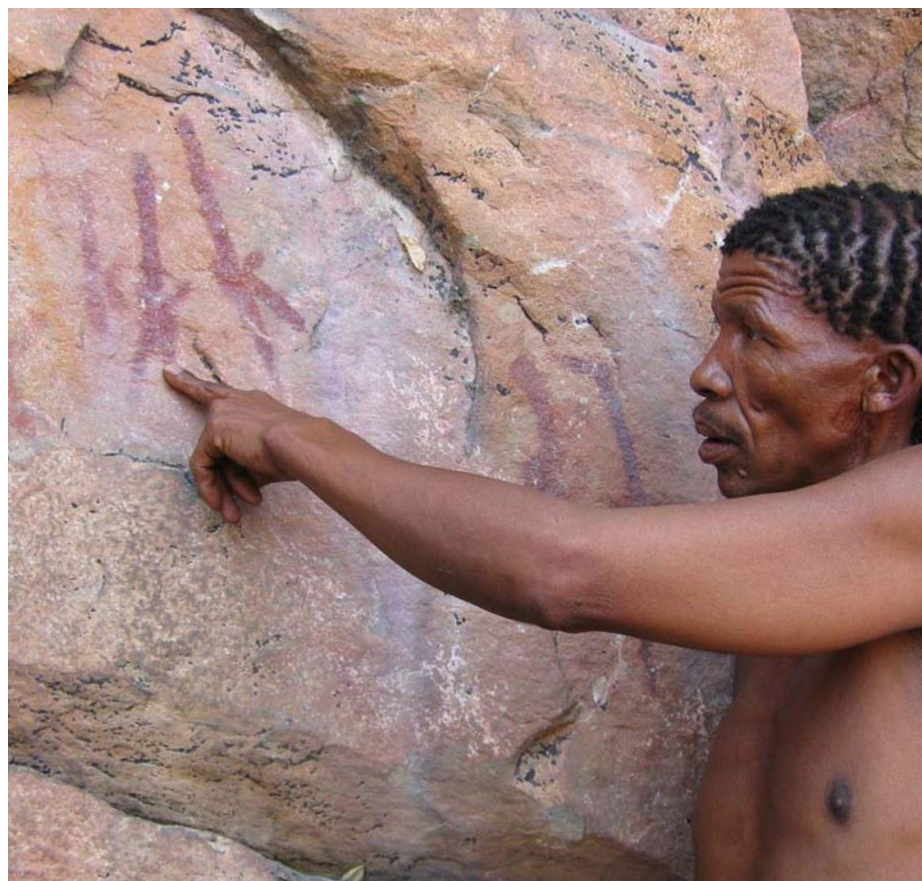
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the Hambukushu word 'sorile' which means sheer.) In the northwest part of the female hill, some distance up from ground level is an old mine that has filled with water. This water is considered to be holy water and confers good luck on those that wash their faces with it. The most sacred place is near the top of the "Male" hill, the biggest rock, where it is said that the First Spirit knelt and prayed after creating the world. The San believe that you may still see the impression of the First Spirits' knees in the rock. The smallest hill is the 'child'. The fourth hill was the male hill's first wife, whom he left for a younger woman, and who now prowls in the background.

There are numerous rock art paintings in the Tsodilo Hills. Most of the San rock paintings are found on the "Female" hill, the most famous being the "Whale" painting, "Two Rhinos" and the "Lion" on the Eastern face of the "Father". Some of the paintings have been dated to be as early as 24,000 years before present. There are numerous paintings, but relatively few on the outlying hills. There are so many paintings in obscure places that it is very unlikely they have all been discovered or documented.



Located in north-west Botswana near the Namibian Border in Okavango Sub-District, the Tsodilo Hills are a small area of massive quartzite rock formations that rise from ancient sand dunes to the east and a dry fossil lake bed to the west in the Kalahari Desert. The Hills have provided shelter and other resources to people for over 100,000 years.

The archaeological record of the site gives a chronological account of human activities and environmental changes over at least 100,000 years, although not continuously. Often large and imposing rock paintings exist in the shelters and caves, and although not accurately dated appear to span from the Stone Age right through to the 19th century. In addition, within the site sediments, there is considerable information pertaining to the paleo-environment. This combination provides an insight into early ways of human life, and how people interacted with their environment both through time and space. The local communities revere Tsodilo as a place of worship and as a home for ancestral spirits. Its water holes and hills are revered as a sacred cultural landscape, by the Hambukushu and San communities.



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# Interior Design Trends To Inspire You In 2023





### Aquarius

**(January 20 - February 18)**

People born under this sign, are mostly open-minded. They also have extraordinary intellectual capabilities. They succumb often to depressions without any reason and then they become hesitant and due to bad decision they can lose good opportunities. In a marriage, they are faithful and reliable partners. Aquarians don't like to work hard, but they are successful because of their persistence and support of their friends.

### Pisces

**(February 19 - March 20)**

People born under this sign are loved by their parents. They have high ambitions and well developed sense of justice. As they have very good fantasy they live mostly in their dream world. They can't control their feelings. These people are usually misunderstood and unappreciated. The problems of their friends become their own worries. In marriage, they are not easily satisfied and so they're not reliable.

### Aries

**(March 21 - April 19)**

You will look very friendly and sympathetic in this month and you will have time to think about everything. You will have no problem while adjusting to surroundings, because you will be elastic and adaptable. Support from the people around you will be very enjoyable. When stressed, you will use sarcasm as a defense mechanism.

### Taurus

**(April 20 - May 20)**

You will be successful in establishing new relationships. You will find a true friend or even a soul-mate. You are a materialistic person who try to find serviceability in everything.

However, you're a very sensitive person. People born in this month usually get married very unexpectedly. Most of the time they need to rely on their close friends and to have stable family background.

### Gemini

**(May 21 - June 20)**

You definitely shouldn't overlook problems with your backs, rather go see a neurologist or therapist. It is good to step aside or admit defeat. Gemini are very interested in learning new things, that's why they seem to have general knowledge even if most of it is superficial. They suffer a lot from loneliness. They are very tolerant.

### Cancer

**(June 21 - July 22)**

Cancer people are reserved, moody and have responsive character. You can't count on their fidelity because they care and sometimes become affectionate with people who are sympathetic to them. They feel very good in their family circle. They're not enthusiastic employees because they have inclination to comfort.

### Leo

**(July 23 - August 22)**

They love money because it gives them freedom and independence. They are successful in their lives. Their good, but also bad qualities influence their behaviour in relationships. They are often creators of plans which are great, but sometimes unrealizable. They long for good social position which relates to their love for fortune.

### Virgo

**(August 23 - September 22)**

You radiate positive energy that is why today should be the right one to dating. Unnecessary confrontations would get you into problems. Avoid complex situation whether at work or at home as well as your love-life. Be more social, you may get to make new friends or even meet your soul mate. In relationships, they show a lot of interest in other people and they try to discover all their secrets, but they do it just from curiosity.

### Libra

**(September 23 - October 22)**

You shouldn't start any complicated thing in the evening. Honesty and sense of responsibility are typical to people born under Libra. They're not able to resist troubles so they need partner who will stand by them. Libra is good for all employments where they can work with people. Librans are ambitious and little bit egoistic people who can easily feel offended.

### Scorpio

**(October 23 - November 21)**

You are tuned on the same mood with your colleagues and that is why team work will be very productive. Scorpios are very empathetic and understanding. In a career, they are usually scientists, doctors, writers or artists. They are can become very insensitive sometimes. Most of the time, these people always know what they want and they are very sure about their behaviour.

### Sagittarius

**(November 22 - December 21)**

Visit some workshop. If you are afraid of being alone take a good friend with you. Your colleague is maybe cheeky, but don't let her upset you, so that there is no uncomfortable atmosphere at the workplace. People born under this sign enjoy delicious food, drinking, nature and they are good sportsmen. They are able to decide quickly and give exact instructions to other people. They're not afraid of danger, they are self-confident, ambitious and they have sense of physical performance.

### Capricorn

**(December 22 - January 19)**

Capricorns are practical, reserved, meticulous, persistent and serious. They know very well that there is no success without hard work and effort. They don't know generosity because they judge everything from their own point of view. As for career, they think that success and power are related only to diligence and so they are always earned by right. Disappointment of marriage and a lot of hostile disagreements are reasons of later bitterness.

### Short Jokes To Make You Laugh

Why do we tell actors to "break a leg?"

-Because every play has a cast.

Helvetica and Times New Roman walk into a bar  
-"Get out of here!" shouts the bartender. "We don't serve your type."

Yesterday I saw a guy spill all his Scrabble letters on the road.

-I asked him, "What's the word on the street?"

How many times can you subtract 10 from 100?

-Once. The next time you would be subtracting 10 from 90.

Knock! Knock!

-Q: Who's there?

A: Control Freak.

Q: Con...

A: Okay, now you say, "Control Freak who?"

A woman in labour suddenly shouted, "Shouldn't! Wouldn't! Couldn't! Didn't! Can't!"

-"Don't worry," said the doctor. "Those are just contractions."

A bear walks into a bar and says, "Give me a whiskey... and a cola."

-"Why the big pause?" asks the bartender. The bear shrugged. "I'm not sure. I was born with them."

Did you hear about the actor who fell through the floorboards?

-He was just going through a stage.

A man tells his doctor, "Doc, help me. I'm addicted to Twitter!"

-The doctor replies, "Sorry, I don't follow you..."

What's the difference between a cat and a comma?

-A cat has claws at the end of paws; A comma is a pause at the end of a clause.

What did the 0 say to the 8?

-Nice belt!

I waited all night to see where the sun would rise...

...And then it dawned on me.



# Mistakes to Avoid When Applying to Private School

There is a wide range of schools to apply to, and it's hard for the first-time applicant to know how to manage the process. To ensure a smoother process, try to start early, leave time to visit the schools, and look for the school that fits your child best. Here are common difficulties to avoid when applying to private school:

## Only applying to one school

Parents often become in love with the vision of their children at a very prestigious boarding or day school, and there is no doubt that the top boarding schools have amazing resources and faculties. When looking at schools, consider more than just how the school is ranked, or where many of its graduates attend college. Instead, look at the entire experience for your child. Consider how well she is likely to fit into the school, and what her quality of life are likely to be at school.

## Coaching Your Child for the Interview

It's beneficial for a child to practice speaking about herself in a poised way, and it helps if the child has researched the school she is applying to and knows something about it and why she might want to attend that school. Your child shouldn't be scripted and asked to memorize pat responses just to impress the interviewer. That includes coaching the child to say things that aren't really true about her interests or motivations. This type of over-coaching can be detected in the interview, and it will hurt her chances. Finding the right fit is important, and if you're not being genuine, it's going to be hard for the school, and for your child, to know if this is where she needs to be.

## Waiting for the Last Minute

Don't wait to get started with the process, as many schools have deadlines. If you miss these, you might jeopardize your chances of getting in at all, as the top private schools have limited spaces available for incoming

students. While some schools offer rolling admission, not all do.

## Having Someone Else Write the Parent's Statement

Most schools require both older students and parents to write statements. The schools want to know more about your child and you know your child best. Leave time to think and write about your child in a candid, vivid way. Your honesty enhances your chances of finding the right school for your child.

## Not Comparing Financial Aid Packages

If you are applying for financial aid, be sure to compare the financial aid packages at the different schools to which your child is admitted. Often, you can convince a school to match another school's financial aid package or at least get an offer increased slightly. By comparing financial aid packages, you can often manage to attend the school you like best for the best price.

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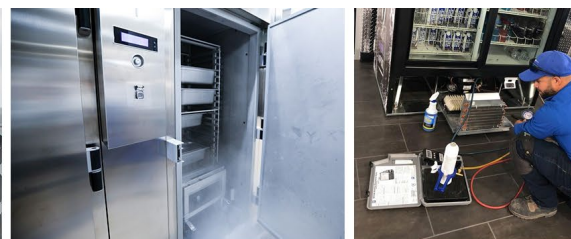
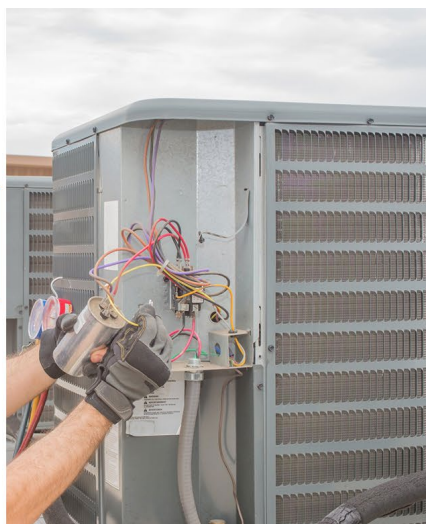
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## Exclusive Home Remedies to Get Rid of Acne

### Garlic

Garlic has antiseptic properties that can fight off bacteria invading your skin. In addition to that, it also contains natural components like sulfur known to quickly heal acne. To use it as an acne home remedy, slice a garlic clove into two. You can then rub the garlic and its juice directly to your pimples. Leave it for five minutes before washing with lukewarm water. Repeat as desired or when the skin shows no signs of sensitivity.

### Cucumber

Cucumber has long been known as a natural remedy to soothe skin. It is also a rich source of different nutrients that can help in acne healing and prevention. These include Vitamins A, C, and E. When used regularly, cucumber can prevent the development of

oily skin and eventually, acne breakouts.

Apply grated or sliced cucumber to the affected area and let it sit for 20 minutes before washing. Cut the cucumber into pieces. Let them soak in a bowl of clean water for at least one hour. During this process, the nutrients from the cucumber including chlorophyll will slowly transfer to the water. Strain the solution and use the water either as a drink or facial wash. To make a facial mask, mix grated cucumber with one cup of oatmeal. You can then combine this mixture with some amount of plain yogurt to give a smoother consistency. Apply the mask for about 30 minutes before rinsing with lukewarm water.

### Toothpaste

Toothpaste basically works like your ordinary

facial mask. If applied directly to the affected area, the toothpaste will help in drying up the pimples and absorbing excess oil. This is a very effective acne home remedy for people suffering from mild forms of acne like whiteheads or blackheads. However, toothpastes made from gel or those containing whitening properties should be avoided at all cost. These products contain hydrogen peroxide and other chemicals that can harm sensitive skin.

Before applying toothpaste on your skin, apply an ice pack to the affected area just to soothe your pores. You can then apply small amounts of toothpaste to the pimples and let it stay for at least 30 minutes before rinsing.



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# The City in Turkey - Alanya



Alanya is a beach resort city and a district of Antalya Province on the southern coast of Turkey, in the country's Mediterranean Region, 133 kilometres (83 mi) east of the city of Antalya. As of Turkey's 2010 census, the city had a population of 98,627, while the district that includes the city and its built-up region had an area of 1,598.51 km<sup>2</sup> and 248,286 inhabitants.

Alanya's greatest political importance came in the Middle Ages, with the Seljuk Sultanate of Rûm under the rule of Alaeddin Kayqubad I, from whom the city derives its name. His building campaign resulted in many of the city's landmarks, such as the Kızıl Kule (Red Tower), Tersane (Shipyard), and Alanya Castle.

The Mediterranean climate, natural attractions, and historic heritage make Alanya a popular destination for tourism, and responsible for nine percent of Turkey's tourism sector and thirty percent of foreign purchases of real estate in Turkey. Tourism has risen since 1958 to become the dominant industry in the city, resulting in a corresponding increase in city population. Warm-weather sporting events and cultural festivals take place annually in Alanya. In 2014 Mayor Adem Murat Yücel, of the Nationalist Movement Party unseated Hasan Sipahioğlu, of the Justice and Development Party, who had previously led the city since

1999. Adem Murat Yücel continues his duty as the Mayor of Alanya Municipality.

The city has changed hands many times over the centuries, and its name has reflected this. Alanya was known in Latin as Coracesium or in Greek as Korakesion from the Luwian Korakassa meaning "point/protruding city". The Roman Catholic Church still recognizes the Latin name as a titular see in its hierarchy. Under the Byzantine Empire it became known as Kalonoros or Kalon Oros, meaning "beautiful/fine mountain" in Greek. The Seljuks renamed the city Alaiye, a derivative of the Sultan Alaeddin Kayqubad I's name. In the 13th and 14th centuries, Italian traders called the city Candelore or Cardello. In his 1935 visit, Mustafa Kemal Atatürk finalized the name in the new alphabet as Alanya, changing the 'i' and 'e' in Alaiye, reportedly because of a misspelled telegram in 1933. Located on the Gulf of Antalya on the Anatolian coastal plain of Pamphylia, the town is situated between the Taurus Mountains to the north and the Mediterranean Sea, and is part of the Turkish Riviera, occupying roughly 70 kilometres (43 mi) of coastline.

From west to east, the Alanya district is bordered by the Manavgat district along the coast, the mountainous Gündoğmuş inland, Hadim and Taşkent in the Province of Konya, Sarıveliler in the Province of Karaman, and

the coastal Gazipaşa district. Manavgat is home to the ancient cities of Side and Selge. East of the city, the Dim River flows from the mountains in Konya on a south-west route into the Mediterranean.

Alanya has a typical hot-summer Mediterranean climate, or a humid subtropical climate. Located at the Mediterranean Basin, the subtropical high pressure zone ensures that most rain comes during the winter, leaving the summers long, hot, and dry, prompting the Alanya board of Tourism to use the slogan "where the sun smiles". Storm cells sometimes bring with them fair weather waterspouts when close to the shore. The presence of the Taurus Mountain in close proximity to the sea causes fog, in turn creating visible rainbows many mornings. The height of the mountains creates an interesting effect as snow can often be seen on them even on hot days. Alanya's culture is a subculture of the larger Culture of Turkey. The city's seaside position is central to many annual festivals. These include the Tourism and Arts Festival, which marks the opening of the tourism season from at the end of May or beginning of June. At the opposite end of the season, the Alanya International Culture and Art Festival is held in the last week of May, and is a notable Turkish festival. Other regular festivals include the Alanya Jazz Days, which has been held since 2002 in September or October at





the Kızıl Kule, which is otherwise home to the municipal ethnographic museum. The Jazz Festival hosts Turkish and international jazz musicians in a series of five free concerts.

Alanya is home to a woman's basketball team, Alanya Belediye, which started in the first division but was relegated after the 2002 season. The city hosts a Süper Lig soccer team, Alanyaspor. The club was founded in 1948, and play home games at Milli Egemenlik Stadium. It played in the Second League between 1988-1997 and 2014-2016. The club finally promoted to top level in 2015-16 season. In 2007, the city began constructing a new soccer facility with the intention of hosting winter competitions between major teams. The public Alanya Municipality Sports Facility is located adjacent to Milli Egemenlik Stadium, which is one of thirteen facilities.



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# How to Teach Your Kids Empathy

## Educate Children about Failures of the Imagination

When people are confident, calm, and comfortable, they don't remember how it is to face challenges. They forget how desperate they can feel when exposed to pain, sleeplessness, hunger, and thirst. They also underestimate the potential of emotional states, such as fear. Therefore, when talking to your children about their painful feelings, you can offer cases of other people who have faced the same suffering. This will help the child feel that you acknowledge their feelings.

## Help Children Develop a Moral Sense

Children are popular for being spontaneously sympathetic and helpful. They can have less likelihood of being sympathetic if they are materially rewarded for doing so. Children also have a likelihood of developing a sense of right and wrong when their parents or guardians utilize discipline, this focuses on moral consequences.

## Teach Your Children How to Express Other People's Emotions

Undergoing the motions of creating facial expressions

can make you feel the related emotion. People undergo emotion changes. Hence, it is possible to improve the sympathy of your kids by teaching them to imitate the facial expressions of individuals they want to empathize.

## Help Improve Their Skills of Face Reading

It is hard to be empathetic if reading faces is a problem. Some children, especially preschoolers usually misinterpret facial expressions. Therefore, you can show them pictures of people revealing various emotions, including disgust, surprise,

anger, happiness, fear, and sadness, and teach them what they mean. This will help solve the social problems they face due to the inability to read faces.

## Teach Kids Compassion to Foster Cognitive Empathy

Role-playing and literature can offer kids with insights into other perspectives and minds. But you will need to teach them feelings of personal distress and how to avoid being overwhelmed by affective sympathy.



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# DIY Dipped Mugs



- Supplies
- white ceramic mugs
- Nail polish
- Wooden skewers
- Warm water
- bucket
- Nail polish remover

Cotton balls or cotton pad

1. The first step to dipping the mugs is filling a bucket 2 – 3 full with warm water.
2. Add more or less depending on how high on your mug you would like the colour to reach.
3. Make a mark inside your bucket to

indicate the water level so you can fill it to the same spot each time if you are making multiple mugs.

4. Add your nail polish. Pour it onto the surface of the water, adding more or less depending on if you would like more or less white to show through your pattern.
5. Use a skewer to swirl the nail polish across the surface of the water.
6. Dip your mug into the nail polish water.
7. Go down and up to achieve the dipped look.
8. Move the mug to a protected surface to dry completely.



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# Ways to Improve Your Finance

## Check up on your financial wellness

You know the importance of wellness as it applies to your physical and mental well-being. But did you know that it can also apply to your finances? Financial wellness can be as granular as checking your credit score or ensuring that your expenses don't exceed your take-home pay. It can also involve more big-picture thinking, like planning for the unknown with a well-stocked emergency fund and/or insurance coverage.

## Finalize Spring Break travel plans

Financial wellness isn't just about saving. It's also about knowing that you're doing the right things for your future so that you don't feel guilty about spending today, too. One way many people enjoying spending money today is on travel.

## Gear up for home buying season

While home buying season varies, in general it starts during the month of March, when prospective homebuyers begin chomping at the bit to score the home of their dreams. It's a good idea to prepare by figuring out how much house you can afford and saving for a down payment, and if the idea of working a down payment into your budget feels daunting, a financial advisor can help you work on your financial priorities, while also showing you how homeownership fits into an overall financial plan.

## Plan for a job change

The job hunting trend remains strong, with a lot of workers quitting their jobs at the end of every year. If you're mulling the idea of a career change, there are a number of financial steps. First, you'll want to make sure you have adequate savings in your emergency fund, enough life insurance and a plan in case a disability prevents you from working. You'll also want to think about your retirement savings and the impact that leaving your job might have on those funds.



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# Health Benefits of Papaya Leaf



Papaya leaf extract is made by crushing the tender and young leaves of the Carica papaya plant. This concentrated extract is topically applied to treat skin allergies, wounds, scars, blemishes, hair fall, dandruff, and fungal or bacterial infections. This thick and bitter extract is diluted with water to make a milder juice, which you can consume. Papaya leaf juice is one of the best detox drinks you can ask for.

The leaves have high levels of phytochemicals like saponins, tannins, alkaloids, and flavonoids, especially  $\beta$ -carotene, that work together to cleanse your blood improve its circulation treat GI tract disorders protect your liver and kidneys from inflammation manage hypertension, diabetes, and several cardiovascular diseases. The following is a list of benefits if papaya leaf:

- Papaya leaves have the effect of helping to improve intestinal problems
- Papaya leaves have the effect of inhibiting bacteria, enhancing immunity
- Papaya leaves are helpful in supporting the liver
- Papaya leaves help protect heart health
- Papaya leaves are effective against dengue fever
- Papaya leaves help reduce blood sugar
- Papaya leaves are effective in relieving menstrual cramps
- Papaya leaves promote hair growth
- Drink papaya leaf juice for healthier skin
- Papaya leaves are effective in reducing the risk of cancer



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# Planting Rice

Planting is easy, just scatter a packet of rice seed onto the soil, cover lightly and allow it to germinate in place. The seedlings will sprout within a week of sowing. The plants will develop leaves through the summer for 50-85 days after sowing, depending on the variety you grow.

Rice feeds more than half of the world's inhabitants. No other crop feeds so many people, supports so many farmers, or is as crucial to our global environment.

The best month to plant rice is

March – Early August in most countries. Rice plants grow to a height of three to four feet over an average of 120 days after planting. During this time, farmers irrigate the rice fields using the method that best fits that field or farm.

Rice will grow best in full sun and in a waterlogged environment similar to a flooded field. You can grow your rice in gallon buckets, a raised bed like a garden box, or you can create long troughs in the soil in your garden bed that can be filled with water.

Spacing of 22.5 x 22.5 cm2

between hills and rows is most suitable for obtaining optimum grain yields in the rice crop. There are two methods of planting rice: direct seeding and transplanting. Direct seeding is either by broadcast, hill or dibble, or by drill method. The hill and the drill methods are alternative options in row planting.

When choosing the suitable planting method, consider; the locality, type of soil, rice ecosystem, and availability of inputs and labor, should be considered. Choosing when to plant is crucial to establishing

the crop in the field.

One would wonder what really makes rice grow faster, the fact; nitrogen Excess. Nitrogen application in sufficient amount helps rice grow faster and provide us with high-quality grains. However, many farmers apply a larger amount than the one that rice needs. There are around four methods of cultivating rice, broadcasting, drilling, transplanting and Japanese method. Rice can be grown all year round and annually it is possible to grow at most three crops in a year.



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# Eye-catching Flower Garden Designs

## Flower Garden Ring

This flower garden looks every bit the centerpiece that it is! With a large, eye-catching plant in the middle, the bed of flowers looks ready to be adored by your visitors and friends.

## Knot Flower Garden

The sad part in this is that knot gardens need a large enough plot of land and a dedicated gardener. But a miniature version at your lawn wouldn't hurt, you know.

## Flower Garden on an Antique Truck

Nothing screams antiquated more than putting an old rusty truck right in the middle of your flower garden and making it the centerpiece. The neat retro appeal of this aesthetic will surely take anyone several generations old to a quiet trip down memory lane.

## Cinder Block Flower Garden

Cinder blocks make great planters for your flower garden because their gray look balances out the vibrant colours of the flowers.

## Flower Garden Bed around the House

The bright colours of the flower garden wrap your house in a light atmosphere that keeps everyone feeling poppy and happy. Plus, they look great by default, so you wouldn't easily mess this up.

## Hanging Flower Garden

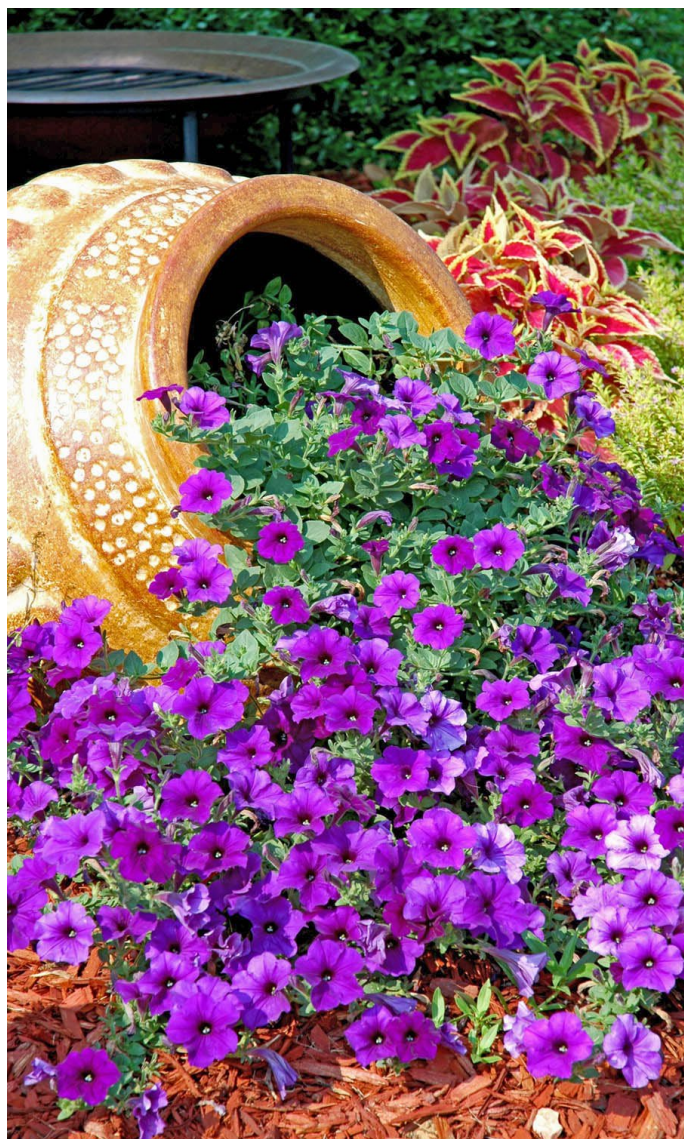
The planters are covertly hidden by the healthy inflorescences, giving an illusion that these flowers grow out of the brick wall itself.

## Flower Garden along the Window

Having planters attached to your window renders your outside view look a ton better. When seen from inside, the flowers make for great lower borders to the picture. Looking at it from outside, your house gets adorned with gorgeous colors that liven up your brick walls.

## Recycled Rubber Tires Flower Garden

If you have some scrap tires lying around, turning them into a flower garden will not only make your lawn look good, it will help lessen the trash problems related to them.



## Advices to Online Shoppers for Good Shopping Experience



Physical presence of the Vendors The customers must assess whether the merchant enjoys good business status in the society. There are few online merchants who may disappear after collecting personal and credit card information. There are many good online retailers but do not have physical presence on the streets. It is essential to check that there are proper contact details including postal address and phone number so that the customers are able to can get in touch if any queries arise.

### Finding out the hidden cost

Hidden cost, shipping charges and additional charges can push up the price of online purchase. Postage and packing costs VAT and customs duties for goods from overseas can add greatly to the final cost of the product. Sometimes, the final price of the product purchased through online may be expensive than the product available in the local physical store. The customer should analyze and find out the hidden cost before purchasing goods through the web.

### Know your Vendor

The customer before buying the goods must collect information about the vendor through third parties and friends. It is better to get advice and recommendations about good sites from third parties. The online shopper must collect ample information about the company and its background to avoid getting cheated.

### Use only Secured Transactions

It is good to deal with the online merchants who use secured online transaction system involving credit cards. It

is better to verify whether the merchant site is trustworthy to reveal personal and financial information before submitting credit card details. Credit card details should not be given in an e-mail as it is not a secured means of transmitting information and can be copied easily to others.

### Know the Shopping Process

The shopper should get accustomed with merchants' purchasing processes. The methodology of online shopping process may differ from merchant to merchant. It is better to know the online purchasing process before purchasing a product or a service.

### Be aware of law

E-commerce contracts and cyber laws, laws with regard to consumer protection vary from country to country. The customer must be aware of the laws when purchasing goods from international websites. The buyers should be familiar with all such laws.

### Read the Terms and Conditions first

The buyer should go through the terms and conditions of the contract and after sale service available to the online shopper.

### Avoid too much offers

If the online advertisement or junk e-mail offer sounds too good to be true or offers heavy discounts or cash rewards, it is better not to make online purchase as it may involve some kind of fraud.

### Check Security Certificates

Before committing purchase, it is better to check the quality and/or security certificates if relevant.

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# Workouts For Your Legs And Butt

## **Calf Carver**

### **Works calves, abs**

Raise right knee to hip level, toes pointed, hands behind head. Contract abs as you can off floor, balancing on ball of foot. Hold for 3 seconds, then lower heel for 1 rep. do 15 reps. Switch legs: repeat.

## **Ass Kicker**

### **Works butt, hips, hamstrings**

Start on all fours, knees under hips, hands slightly in front of shoulders. Lift and extend right leg as high as you can, toes

pointed. Keeping leg straight, cross right leg over left leg and tap toes to floor, then swing right, leg up as high as you can and across to right, again tapping toes, for 1 rep. Do 15 reps. Switch legs: repeat.

## **Rear Reshaper**

### **Work butt, thighs**

Start on all fours, knees under hips, hands slightly in front of shoulders. Lift right knee to side at hip level: trace 12 large circles clockwise, then 12 the other way. Switch legs: repeat.

## **Butt Lifter**

### **Work butt, hamstrings**

Lie face up, knees bent, feet flat. Extend right leg toward ceiling, toes pointed. Squeeze glutes and lift hips to form left knee to shoulders. Raise hips higher, then lower to floor for 1 rep. do 15 reps, switch legs: repeat.

## **Twisting Toner**

Works butt, thighs, abs, oblique's Step right leg into a lunge, arms out to sides, rotating upper body

to right until arms align with right thigh. Rotate to center, stepping right leg back to meet left. Repeat on opposite side for 1 rep. do 12 reps.

## **Leaping Firmer**

### **Works butt, legs**

Stand with feet together, hands clasped in front of chest. Step left leg into a forward lunge. Push off floor immediately, jumping as high as you can. Land in a swing with right leg forward for 1 rep. Do 15 reps as quickly as possible.

# Joel Mogorosi Resigns

The Gaborone United assistant coach, Joel Mogorosi has recently slapped the club with a resignation letter. Although the club management were said to have no idea on what might have triggered his move, there were speculations which suggested that his resignation resulted from technical politics. The Club wished 'Juluka' all the best in his future endeavors.

Onkabetse Nkobolo Writes:

It's ok to have a disability. I thank God that I am still breathing, that my life was spared on that fateful morning. Today I can fit in the shoes of people with disabilities, I am one of all people with disabilities. I have accepted the direction my life journey has taken. I am now focusing on what is possible rather than what I lost, \*DISABILITY IS NOT INABILITY \*  
It is now time for me to open a new chapter, a chapter that I never imagined I would open. Life!!! It is an exciting chapter, exciting because I have so much to learn and so many friends to make. I am joining hands with all those who speak for us people with disabilities in Botswana. I am joining hands with all who want to see people with disabilities included in sport.



## 2023 Land Rover Range Rover Auto



Venturing off-road is certainly an option for Range Rover owners; all-wheel drive is standard and the air suspension can be raised to provide extra ground clearance although we know that few will actually dare to subject this rolling art piece to such indignity. The Range Rover is more expensive as compared to its rivals such as Cadillac Escalade, the Jeep Grand Wagoneer and the Mercedes-Benz GLS-class.

The Range Rover has a trio of powertrains, starting with a turbocharged inline-six with a 48-volt hybrid system dubbed P400 that develops 395 horsepower. During our initial test drive, it proved to be silky-smooth and provided adequate pep to tug the large Range Rover around. A 523-hp twin-turbo

4.4-liter V-8 engine Land Rover calls it P530, is even perkier and cranks up the Range Rover's towing capacity to 8200 pounds.

The Range Rover's ride is suitably plush and, with its adjustable air suspension set to Comfort mode, it virtually floats down the road. Turning the dial to Dynamic mode firms things up some, but the big Rover still aims for a comfort-first mission.

The most fuel-efficient Range Rover will likely be the plug-in hybrid P440e. The entry-level P360 and mid-range P400 are both rated for 18 mpg city and 26 mpg highway while the V-8--powered P530 has earned 16 mpg city and 21 mpg highway estimates.

This new generation model offers a plush



interior decked out with rich leathers and woods, but buyers who want a more sustainable cabin can now opt for a new leather-free option, which subs-in wool or other textiles. The interior can be arranged to seat four, five, or seven depending on configuration and wheelbase. The third row, even in long-wheelbase trims, may not fit tall adults as the headroom there is somewhat limited, but shorter riders and kids will find it nearly as comfortable as the second row. An optional motorized divider for the cargo area helps keep things from moving around too much during travel, and the Range Rover's split rear lift gate can be used as convenient and comfortable seating for outdoor events.

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