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Halloween Ends Genre: Horror

Release Date: October 14, 2022 **Director:** David Gordon Green Starring: Kyle Richards, Jamie Lee Curtis and Will Patton

Four years after her last encounter with masked killer Michael Myers, Laurie Strode is living with her granddaughter and trying to finish her memoir. Myers hasn't been seen since, and Laurie finally decides to liberate herself from rage and fear and embrace life. However, when a voung man stands accused of murdering a boy that he was babysitting, it ignites a cascade of violence and terror that forces Laurie to confront the evil she can't control.



Amsterdam

Genre: Comedy

Release Date: October 7, 2022 **Director:** David O. Russell

Starring: Margot Robbie, Chris Rock, and Christian Bale

Set in the '30s, it follows three friends who witness a murder, become suspects themselves, and uncover one of the most outrageous plots in American history.



Black Adam

modern world.

Genre: Action, Sci-fi and Fantasy Release Date: October 21, 2022 **Director:** Jaume Collet-Serra Starring: Sarah Shahi, Viola Davis and Dwayne Johnson Nearly 5,000 years after he was bestowed with the almighty powers of the Egyptian gods and imprisoned just as quickly, Black Adam (Johnson) is freed from his earthly tomb, ready to unleash his unique form of justice on the



Prey for the Devil Genre: Horror

Release Date: October 28, 2022

Director: Daniel Stamm

Starring: Colin Salmon. Jacqueline Byers and Virginia

Madsen

Jacqueline Byers ("Roadies," "Salvation") stars as Sister Ann, who devoutly believes that performing exorcisms is her calling, despite the fact that historically only priests - not sisters - are allowed to perform them. When one professor senses her special gift, allowing her to be the first nun to study and master the ritual, her own soul will be in danger as the demonic forces she battles reveal a mysterious connection to her traumatic past.—Lionsgate

What To Read

The Passenger

Author: Cormac Mccarthy

Genre: Fiction

Publication date: October 25, 2022 His dive light illuminates the sunken jet, nine bodies still buckled in their seats, hair floating, eyes devoid of speculation. Missing from the crash site are the pilot's flight bag, the plane's black box, and the tenth passenger. But how? A collateral witness to machinations that can only bring him harm, Western is shadowed in body and spirit—by men with badges; by the ghost of his father, inventor of the bomb that melted glass and flesh in Hiroshima; and by his sister, the love and ruin of his soul....



It Starts With Us

Author: Colleen Hoover

Genre: Romance

Publication date:

October 18, 2022 With her divorce settled, Lily has settled into a good co-parenting routine with Ryle. When Lily bumps into Atlas, she is excited to go on a date with her first love. Now Lily must navigate her jealous ex-husband while embracing her second chance at love.



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To this day how many songs have you released?

Approximately I have released close to 50 songs from my album that everybody knows, did an EP with my big brother (BIGRAWW) and I got too many features with other BW artists as a way of promoting UNITY.

Which one are you most famous by?

KE KGATHETSE mp3 from my album. The song also has a remix and music video. Performed it a couple of times on our national TV.

How is your career as of current in music?

My career so far is so good and I'm aspiring to become the artist I said I want to be when I started. Thank you God Always.

Being an upcoming artist, what are you doing to penetrate the music industry?

Hard work and determination to me means it all. Having faith in your own abilities and believing in yourself is nothing you can't accomplish.

What challenges have you gone through so far?

Being an independent artist with no start up capital and management is the worst because you are treated like a fool and you are treated like nothing.

How do you work by tackling them?

So far I have few individuals who believe in me and helping me achieve my goals (Individuals like Daniel Kenosi, Charma Gal, Berry Heart, Ron James to mention few) and also shout out all the fans out there you guys is my MVP'S.

What can you say as an artist you stand proud having achieved?

I have been to TV, Radio ,Big stages with the big dawgs, I have collaborated with the likes of Kast,Leggacy DG ,Yung Amazing(From Khiring Khorong,I wear the most expensive Suits than no other did, had a lot of views on Overview podcast and the famous smash or pass by Latty) .THE LIST GOES ON.

As for your ambitions, what is you biggest ambition as an artist?

My ambition is to become an international and professional musician.

What projects are you at the moment working on?

The second album is dropping soon this time around we take it to channel O.

Any last words?

Everything is possible, don't you lose hope because Somebody said you can't do it...Wake up and go get it...Tell them that the only Teacher made it out the struggle and now I shine like the sun up.





A Gospel Artist Not Bound By The Rules

> It is a known fact that when you a gospel artist there are ways you are expected to do things, or do your music. There places you are limited to perform and here in Botswana those rules seem to be strictly adhered to by the gospel artist. Well that has been the case until new kid on the block and hit maker arrived to the industry. The 24 year old gospel singer, Ezra Neethings as he is commonly known aside from being called the Danko artist, the hit song we all know him by came into the game but to be a little different than the others. The star has defied the rules by oddly performing in clubs, shows with no gospel artist and all through that he has experienced nothing but love from everyone and has surely impacted many.

> According to him in the latest interview we had with him the gospel industry need to allow artists to be their creative selves while still spreading the word of God and spreading positivity as well. The afro gospel singer also has faith that he has yet to be a part player in rebranding or developing the industry and is yet to experience so much as an artist.

Tell me more about your background generally.

My name is Ezra Neethings, but formally I am called Esere Diloro and I was born on the 30th of August in 1998 from a Town named Selebe Phikwe.

When was your love for music discovered?

The love for music came when I started singing in church and that was around 2015. That's when I started feeling comfortable enough behind the mic and growing up I do not remember thinking if I was capable of singing, I was just a love developed from singing in church.

As a musician what inspired you to choose the gospel genre?

I love the gospel genre because it is true to me and since I developed that love in Church.

And speaking of the genre, what type of gospel do you make?

I actually can write any type of genre and types of gospel because it is broad, but when I started I started off with soft rock. I then shifted to the genre I do now which is Afro Gospel that has afro beats. The genre originates from Nigeria

Any particular reason behind that?

I chose that because it kind of resonates with a lot of people is common to a lot of countries in the African continent.

So as a recording artist how many songs and albums if there is any have you released?

I started my music in 2019 when I moved to South Africa and since then I have managed to release one album and the went on to release a since and I still have an EP on the way to be released soon which is called "The Neethings"

You became quite popular amongst Batswana through the hit, Danko, so what's the story behind that song?

Well there is not much of a story behind the song Danko which of course was released early this year, it is only that the word "danko" is a very commonly used word and I decided to make a song around the word just like that. I did have to use a sound or melody that kind of resonates with everyone.

How did it came by gaining so much popularity and love even among non-church goers?

Well as I said the song's melody kind of resonates with everyone, everywhere even in clubs and being recognised by everybody that's when you know that you have made good music as an artist which amazing which why afro beats is for me one of most comfortable zones I found in my music career.

So you stayed in SA for some time, was it for you to grow yourself musically?

Well my stay in South Africa was to go there to do music and ministry. As for now however I am really invested mostly into music and it's not that I have abandoned ministry, my music still serves as a way of ministering because there is positivity in it.

What is it you learnt on your stay in SA?

What I learnt in South Africa well there actually not much I can I learnt there apart from having had the opportunity for real exposure I my music as an artist and into many things and having a better view of how things are looking at how more developed a country like South Africa is.

Now coming back to our local music especially gospel, what can you say about i+7

Well the gospel music industry in Botswana has so many rules, I think there just so many rules governing the genre here and when



you are a gospel artist you shouldn't have rules. You need to break out of the system and be able to explore greater heights, which is what I did with Danko. That when you know you will be stuck forever if you cannot break the rules in your creativity as an artist

Does it have the potential or it has a long way to go?

There is a lot of potential here and a lot that can be done but the thing is they are still tied to rules. We need to not be chained to anything in order to break free and do the best of our art as musicians.

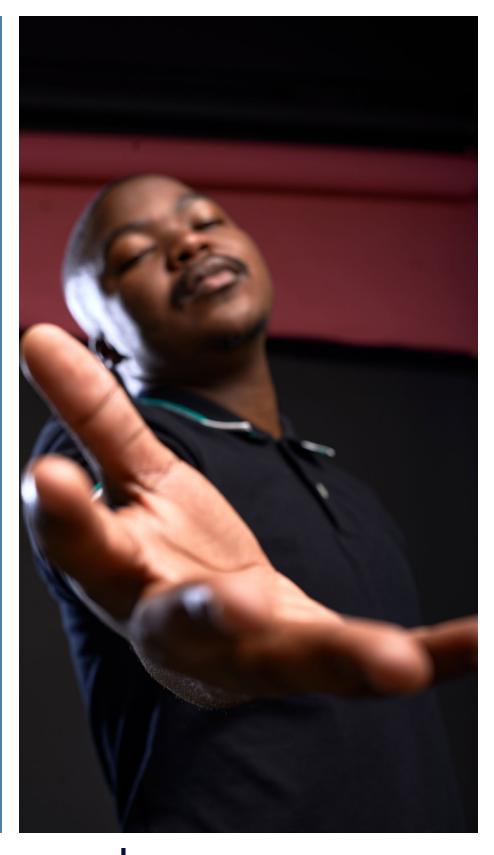
What exactly is it that can be done to make the industry as big as just like it is in countries like South Africa?

Basically break the rules, as you know I can perform to clubs and the likes. Also gospel music is a very broad genre, its sometimes singing positivity not only always "God is," "father I pray" sticking by such rules, but once we decided to free from these kind of rules that is when the gospel genre will grow, which is what I try to do even with the song Danko.

What are you as an artist trying to do that is different in order to make the gospel industry better than it was yesterday or today?

I break the rules, the same way I perform in bars and not doing thing as is the norm in the gospel industry.

One notable thing about you is that unlike other gospel artists, you actually do perform in what could be considered bizarre places for gospel artists to perform, let's talk about that. When I perform my music in different places I do so the way people are willing to accept it the way I give it out. Right now the song Danko has been able to reach 7.7 million streams, which quite huge especially for a gospel song. I do not think there has been any other local gospel song that has had such a huge success and this is only just a foundation not something I would consider the peak of what I can achieve, so do expect great things.





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Gc In Pictures























The Reign of Queen Elizabeth II

lizabeth II was Queen of the United Kingdom and other Commonwealth realms from 6 February 1952 until her death on September this year. She was queen regnant of 32 sovereign states during her lifetime and 15 at the time of her death. Born Elizabeth Alexandra Mary in 21 April 1926 Queen Elizabeth reigned as the queen of Britain for 70 years. She reigned as the longest of any British monarch and the longest recorded of any female head of state in history.

Elizabeth was born in Mayfair, London, as the first child of the Duke and Duchess of York, later King George VI and Queen Elizabeth. Her father acceded to the throne in 1936 upon the abdication of his brother, King Edward VIII, making Elizabeth the heir presumptive. She was educated privately at home and began to undertake public duties during the Second World War, serving in the Auxiliary Territorial Service. In November 1947, she married Philip Mountbatten, a former prince of Greece and Denmark, and their marriage lasted 73 years until his death in April 2021. They had four children: Charles, Anne, Andrew, and Edward.

When her father died in February 1952, Elizabeth—then 25 years old—became queen of seven independent Commonwealth countries: the United Kingdom, Canada, Australia, New Zealand, South Africa, Pakistan, and Ceylon (known today as Sri Lanka), as well as Head of the Commonwealth. Elizabeth reigned as a constitutional monarch through major



political changes such as the Troubles in Northern Ireland, devolution in the United Kingdom, the decolonisation of Africa, and the United Kingdom's accession to the European Communities and withdrawal from the European Union. The number of her realms varied over time as territories gained independence and some realms became republics. Her many historic visits and meetings include state visits to China in 1986, Russia in 1994, and the Republic of Ireland in 2011, and meetings with five popes.

Significant events include Elizabeth's coronation in 1953 and the celebrations of her Silver, Golden, Diamond, and Platinum

jubilees in 1977, 2002, 2012, and 2022, respectively. Elizabeth was the longestlived British monarch and the secondlongest reigning sovereign in world history, behind only Louis XIV of France. She faced occasional republican sentiment and media criticism of her family, particularly after the breakdowns of her children's marriages, her annus horribilis in 1992, and the death of her former daughter-in-law Diana, Princess of Wales, in 1997. However, support for the monarchy in the United Kingdom remained consistently high, as did her personal popularity. Elizabeth died aged 96 at Balmoral Castle, Aberdeenshire in 2022, months after her Platinum Jubilee, and was succeeded by her eldest son, Charles III.

Cream Tea Scones

Preparation time: 7 mins Bake time: 14 - 15 mins

Ingredients

3 cups (360g)

1 tablespoon baking powder

1 teaspoon salt

1/4 to 1/3 cup (50g to 67g) granulated sugar, to taste

1 teaspoon

1 1/3 to 1 1/2 cups (301g to 340g) heavy cream or whipping cream

Additional heavy cream, for brushing on scones

Coarse sparkling sugar, for topping

Instructions

- Preheat the oven to 425°F. Line a baking sheet with parchment paper.
- 2. Whisk together the flour, baking powder, salt, and sugar.
- 3. Combine the vanilla with 1 1/3 cups cream. Drizzle the liquid mixture over the dry ingredients, tossing and stirring gently all the while. Add enough cream to make a cohesive dough, using up to 3 additional tablespoons if necessary. There shouldn't be any dry flour in the bottom of the bowl, but the dough shouldn't be particularly sticky, either.
- Lightly flour a clean work surface. Divide the dough in half, and gently pat each half into a 5 1/2" circle about 3/4" thick.
- Brush each circle with heavy cream, and sprinkle with coarse white sparkling sugar.
- Place the two circles of dough on the baking sheet, and cut each into 6 wedges. Pull the wedges apart a bit, leaving them in a circular pattern with about 1" space between each wedge.
- For best rising, place the pan of scones into the freezer for 15 minutes, while you preheat your oven to 425°F.
- Bake the chilled scones for 14 to 15 minutes, until they're starting to brown, and they're baked all the way through, without any wet dough in the center.
- Remove the scones from the oven. Serve warm, split and spread with a bit of sweet butter and jam or preserves.









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Croatia, the Country worth Visiting This October

Croatia, officially the Republic of Croatia is a country at the crossroads of Central and Southeast Europe. It shares a coastline along the Adriatic Sea. It borders Slovenia to the northwest, Hungary to the northeast, Serbia to the east, Bosnia and Herzegovina and Montenegro to the southeast, and shares a maritime border with Italy to the west and southwest. Croatia's capital and largest city, Zagreb, forms one of the country's primary subdivisions, with twenty counties. The country spans an area of 56,594 square kilometers, hosting a population of nearly 3.9 million.

The Croats arrived in the late 6th century. By the 9th century, they had organized the territory into two duchies. Croatia was first internationally recognized as independent on 7 June 879 during the reign of Duke Branimir. Tomislav became the first king by 925, elevating Croatia to the status of a kingdom. During the succession crisis after the Trpimirović dynasty ended, Croatia entered a personal union with Hungary in 1102. In 1527, faced with Ottoman conquest, the Croatian Parliament elected Ferdinand I of Austria to the Croatian throne. In October 1918, the State of Slovenes,

Croats and Serbs, independent from Austria-Hungary, was proclaimed in Zagreb, and in December 1918, merged into the Kingdom of Yugoslavia. Following the Axis invasion of Yugoslavia in April 1941, most of Croatia was incorporated into a Nazi-installed puppet state, the Independent State of Croatia. A resistance movement led to the creation of the Socialist Republic of Croatia, which after the war became a founding member and constituent of the Socialist Federal Republic of Yugoslavia. On 25 June 1991, Croatia declared independence, and the War of Independence was successfully fought over the subsequent four years.

Croatia is classified by the World Bank as a high-income economy and ranks highly on the Human Development Index. Service, industrial sectors, and agriculture dominate the economy, respectively. Tourism is a significant source of revenue for the country, which is ranked among the 20 most popular tourist destinations. The state controls a part of the economy, with substantial government expenditure. The European Union is Croatia's most important trading partner. Croatia provides social security, universal health care, and tuition-free primary and secondary

education while supporting culture through public institutions and corporate investments in media and publishing.

Tourism

Dubrovnik is one of Croatia's most popular tourist destinations.

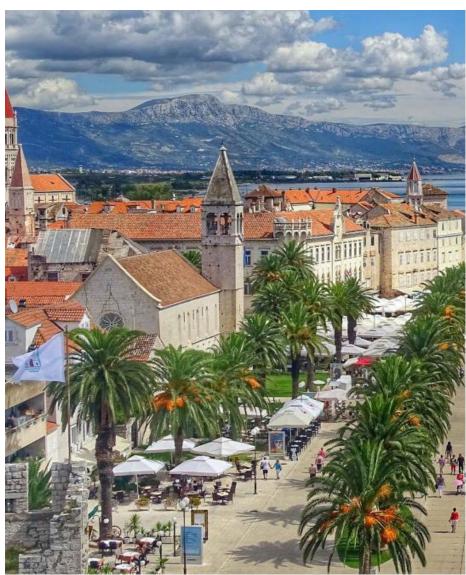
Zlatni Rat beach on the Island of Brač is one of the foremost spots of tourism in Croatia. Tourism dominates the Croatian service sector and accounts for up to 20% of GDP. Tourism income for 2019 was estimated to be €10.5 billion. Its positive effects are felt throughout the economy, increasing retail business, and increasing seasonal employment. The industry is counted as an export business because foreign visitor spending significantly reduces the country's trade imbalance. The tourist industry has rapidly grown, recording a fourfold rise in tourist numbers since independence, attracting more than 11 million visitors each year. Germany, Slovenia, Austria, Italy, Poland and Croatia itself provide the most visitors. Tourist stays averaged 4.7 days in 2019.

Much of the tourist industry is concentrated along the coast. Opatija was the first holiday resort. It first became popular in the middle

of the 19th century. By the 1890s, it had become one of the largest European health resorts. Resorts sprang up along the coast and islands, offering services catering to mass tourism and various niche markets. The most significant are nautical tourism, supported by marinas with more than 16 thousand berths, cultural tourism relying on the appeal of medieval coastal cities and cultural events taking place during the summer. Inland areas offer agrotourism, mountain resorts, and spas. Zagreb is a significant destination, rivalling major coastal cities and resorts. Croatia has unpolluted marine areas with nature reserves and 116 Blue Flag beaches. Croatia ranks as the 23rd most popular tourist destination in the world. About 15% of these visitors, or over one million per year, participate in naturism, for which Croatia is famous. It was the first European country to develop commercial naturist resorts.

Languages

Map of the Shtokavian, Chakavian and Kajkavian dialects in Croatia by municipality Croatian is the official language of Croatia and became the 24th official language of the European Union upon its accession in 2013. Minority languages are in official use in local government units where more than a third of the population consists of national minorities or where local enabling legislation applies. Those languages are Czech, Hungarian, Italian, Serbian, and Slovak. The following minority languages are also recognised: Albanian, Bosnian, Bulgarian, German, Hebrew, Macedonian, Montenegrin, Polish, Romanian, Istro-Romanian, Romani, Russian, Rusyn, Slovene, Turkish, and Ukrainian.





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orn in Oodi some years ago, Godwin Koboyankwe is a Motswana man who owns a brand called Achivas Wear. According to him, the brand was given such a name because they wanted it to be associated with people who want to achieve or have archived what they want in life, they also wanted a name which is easy to pronounce.

The business has a small factory operating in Oodi and it has authorized dealers that are selling their merchandise, such as Urban soul outlets (Riverwalk, Sarona City and Airport Junction) and DA CODE stores (Sarona city, Game city and The Fields Mall).

The main objective of Achivas Wear is to support young talent in various fields and so far they have sponsored school teams with sports kits and blankets. They have also involved the youth by using them to model in their merchandise and marketing campaigns throughout the country. Achivas Wear hosts its annual football tournament in Kgatleng region involving BFA affiliated teams and also for social teams in the region. Their creative designs are done by their founder so that makes them unique from other businesses because the founder does what he wants and like. According to them, when they feel they want something from outside, they call young creative designers to come on board and come up with a combined masterpiece of work or craft.

The Achivas Wear is inspired by wellestablished clothing brands like Urban Soul, Butan wear, Bathu and BK Proctor. The owner of Bathu, Theo Baloyi will always be their influencer as he started from zero to hero and now has about 33 shops in less than 3 years of operation, not forgetting the two gentlemen; Tebogo Aron Shineshine and Molefi Nkwete the Archivas Wear look onto them as they also inspire them and feel lucky to work with them.

With this business, the Archivas Wear manager said he has learnt a lot and has archived a lot in life. "Success in a business is not easy as we think you should go through a process and for a businessman to be successful is when you can take a leave for 12 months and the company still operates smoothly," he said.

Achivas wear sells t- shirts, sweaters, caps, bucket hats and jackets, they are on plans to introduce more merchandise as time goes on. They started with t-shirts and introduced more as time goes looking at the market because they wanted to study the market before they can have many designs. So far, t-shirts are the most selling in the market.

Something that they have learnt is that they should always be up to date with the trend. Their aim is to lead the fashion industry in Botswana in five years to come. They are planning to open their first shop in two years with only local clothing brand but will choose looking at the quality and creative designs. Trends come and go but they will always work hard to make sure their clients do not go away.

In business it is not easy for other competitors to come together and help each other but at Achivas they try by all means to collaborate with other clothing brands and businesses. They have been working with an upcoming local brand Idemand in their projects. Urban Soul and DACODE supported them by opening their doors for their brand and it was not easy but finally they managed.

The most important thing that influences their pricing is quality of their merchandise, printing, packaging and labelling. They also research about the price in the market and set prices that are conducive to the market.







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Brave Heart Presents: The Life Changing Concert With Joyous Celebration

On the 29 of October, Brave Heart will host Joyous Celebration as they will be performing in collaboration with some very talented local artists at this year's Life Changing Concert.

The event which will be taking place in Gaborone at the University of Botswana's indoor sports arena is expected to host about 6000 people and according to the organizers of the show the selling out of tickets is at around 50% towards that. The local talent selected this year to perform alongside Joyous Celebration are Tshenolo Mosimane, Kay Mokaleng and Motheo Rabasha. Coming from Joyous Celebration is the 'Oska Ncheba wa Nnyatsa' hitmaker Sefako Mamabolo and Mbali Lekhuleni among others as well.

Brave heart believes as they indicated that this concert comes about and it is not just some show but a life changing and impactful event that touches people's lives in many different ways spiritually. Prior to event, the team is expected to also do some charity work and give out to the community and help those in need. This has been the way they did it before and they are to continue that tradition and spirit of giving in at this year's concert. They even did so through the choosing the local acts whom they believe will have their careers impacted by sharing the stage with such a group as that of the manner that is Joyous Celebration. This was also to help artists after the music industry was impacted by the Covid-19.

When speaking to the media regarding the show, the Joyous Celebration star, Sefako said that they understood Brave Heart's mission and vision and they also came to bond with them and Botswana having had this show previously. He elaborated his excitement to also have had to share the stage with the local artists who will be performing there given that Joyous always looks to find new talent for the famed choir. Although they cannot always give all the many talents a chance to audition for the choir as there are just so many with interest, it is platforms like this that help them also get to scout new talent. The hit maker said that he as well was discovered through similar platforms to manage to be singing for the choir for 5 years

When they went on to address issues of security to the event, the organizers of the event said that they were in works tirelessly to engage good security. One thing they also got as complaint was people having to wait in line and this time they would make sure that does not again. On the very night the city is also expecting another great show, the Kgosi ya Mosadi show and for that matter they are to be only a few yards apart. Having two big massively anticipated shows at a close proximity as that of these two could cause so many issues most notably being traffic but in order to curb that, the show makers stated that they are well aware of that and were in works to find a way around that. They went on to state that they are

planning to have those coming to the show use a different road and entrance. They said they plan to have those coming to the Life Changing concert use the Sir Keitumile Masire Hospital's entrance.

The concert's tickets are currently available for sale at the prices of 400 for the golden ticket, 350 for the silver and 300 for bronze ticket. The tickets are available at Webtickets and Spar stores throughout the country.





Gilbert Promotions Partners with Pilikwe United











Pilikwe United was founded with the aim of uprooting talent and empowering connections between all social football lovers mostly in the Tswapong region. As football remains so close or go hand in hand with entertainments, both the football and the entertainment promoters, Gilbert Promotions, found it fit to partner towards this year's People Festival in Palapye on the Independence Day.





Bedroom Styles To Inspire You















Scorpio

(October 23 - November 21)
Professional atmosphere will be hectic and challenging for this month. Influence of the friends will make love life highly stimulating. Finances will be excellent due to the multiple opportunities available. Health can be maintained with sufficient rest.

Sagittarius

(November 22 - December 21)
Planet Mercury will make
Sagittarius sun sign highly
attractive and social life will
be wonderful. Do not risk your
money on speculations. Career
environment will be very much
demanding and successful.
No problems are likely in your
physical well-being.

Capricorn

(December 22 - January 19)

You should maintain your poise while dealing with professional problems. Family environment will be full of life. Money making has to be combined with pleasure. Health prospects are not very bright and require

enough attention.

Aquarius (January 20 - February 18)

Neptune will be impacting finances of Aquarius star sign and spirituality plays a significant role in your earnings. Family will be instrumental in getting singles their love partners. Career will be subject to major changes. Health can be maintained with enough

Pisces

(February 19 - March 20)

rest and relaxation.

Pisces will be surprised to see that both their finances and career development progressing at phenomenal speed. Both physical and emotional health will be superb. Life with your love mate will be highly enjoyable and there is scope for pregnancy.

Aries

(March 21 - April 19)

Nothing much is expected on career front. Aries should restrain their aggression in matters of love. Health will be superb. Financially this is an excellent month and if you are keen on taking risks, you can make money in speculations.

Taurus

(April 20 - May 20)

Many changes in career can be expected by Taurus zodiac sign. Mercury will help you to grow financially. Turmoil in relationship with your spouse requires diplomatic handling. Spiritual healing techniques will be of great help in maintaining health.

<u>G</u>emini

(May 21 - June 20)

Career prospects for Gemini star sign promises to be good due to positive planetary aspects. Income from career will be the main source of financial stability. Lunar eclipse and planet Mercury will impact your love relationships greatly. Health can be maintained by conserving energy.

Cance

(June 21 - July 22)

The Solar eclipse will impact your career and the organization where you are employed. More effort is required for financial progress during the Mercury retrograde. Love relationships will be turbulent and health will be challenging.

Leo

(July 23 - August 22)

Uranus will create some disturbances in your love relationships. Financial prosperity will be highly encouraging. Health will be marvelous and can be improved by delegating unimportant jobs to others.

Virgo

(August 23 - September 22) Planet Uranus will have a deep impact on the professional life of Virgo star sign. Finances will have the assistance of your spouse. Love relationships will be highly passionate. Health can be enhanced by good diet.

Libra

(September 23 - October 22)
Your financial health will be excellent till the end of this month. You will have the backing of your partner for your finances. Family environment will be subject to some disturbances. Career growth will be affected by the lunar eclipse. Health requires the support of spirituality to remain stable.

Why Did The Chicken Cross The Road? Plato: For the greater good. Karl Marx: It was a historical inevitability.

Machiavelli: So that its subjects will view it with admiration, as a chicken which has the daring and courage to boldly cross the road, but also with fear, for whom among them has the strength to contend with such a paragon of avian virtue? In such a manner is the princely chicken's dominion maintained.

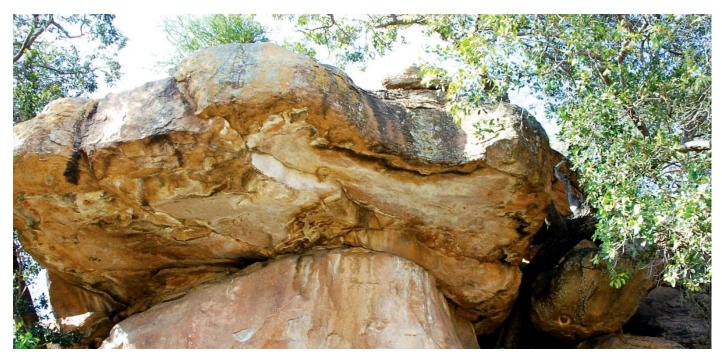
Hippocrates: Because of an excess of light pink gooey stuff in its pancreas. Jacques Derrida: Any number of contending discourses may be discovered within the act of the chicken crossing the road, and each interpretation is equally valid as the authorial intent can never be discerned, because structuralism is DEAD, DAMMIT, DEAD!

Thomas de Torquemada: Give me ten minutes with the chicken and I'll find out. Timothy Leary: Because that's the only kind of trip the Establishment would let it take.

Douglas Adams: Forty-two.
Skinner: Because the external influences which had pervaded its sensorium from birth had caused it to develop in such a fashion that it would tend to cross roads, even while believing these actions to be of its own free will.

Carl Jung: The confluence of events in the cultural gestalt necessitated that individual chickens' cross roads at this historical juncture, and therefore synchronicitously brought such occurrences into being.

Albert Einstein: Whether the chicken crossed the road or the road crossed the chicken depends upon your frame of reference.



Manyana Rock Paintings

Manyana is one of the few rock art sites that make us think beyond Tsodilo Hills in terms of rock art. It is one of the most accessible sites in Botswana. The significant thing about Manyana is that rock paintings are very rare in the southeast of Botswana.

Manyana Rock Paintings is situated 35km on the west of Gaborone, in the outskirts of Manyana Village. The paintings were declared a national monument and are well preserved. The rock art depicts various animals like the rhino, antelope and gemsbok amongst others.

Possibly the most visited rock painting site in the Gaborone area, the paintings are spread over five separate areas of rock cliff face. Images include giraffe, antelope, human figures and geometric designs, all of which date from between 1100 and 1700AD. They were in all likelihood made by Khoe (click-speaking) herders. The site is fenced, and you can only gain entry through the custodian. At the south end of the village stands Livingstone's Tree, under which the great explorer is said to have preached. This old, massive fig tree – now fenced off, rests on its branches that now touch the ground.



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Home Remedies to Get Rid of Acne Overnight

1. Garlic

Garlic has antiseptic properties that can fight off bacteria invading your skin. In addition to that, it also contains natural components like sulfur known to quickly heal acne. To use it as an acne home remedy, slice a garlic clove into two. You can then rub the garlic and its juice directly to your pimples. Leave it for five minutes before washing with lukewarm water. Repeat as desired or when the skin shows no signs of sensitivity.

2. Cucumber

Cucumber has long been known as a natural remedy to soothe skin. It is also a rich source of different nutrients that can help in acne healing and prevention. These include Vitamins A, C, and E. When used regularly, cucumber can prevent the development of oily skin and eventually, acne breakouts.

Option # 1: Apply grated or sliced cucumber to the affected area and let it sit for 20 minutes before washing.

Option # 2: Cut the cucumber into pieces. Let them soak in a bowl of clean water for at least one hour. During this process, the nutrients from the cucumber including chlorophyll will slowly transfer to the water. Strain the solution and use the water either as a drink or as a facial wash.

Option # 3: To make a facial mask, mix grated cucumber with one cup of oatmeal. You can then combine this mixture with some amount of plain yogurt to give a smoother consistency. Apply the mask for about 30 minutes before rinsing with lukewarm water.

3. Toothpaste

Toothpaste basically works like your ordinary facial mask. If applied directly to the affected

area, the toothpaste will help in drying up the pimples and absorbing excess oil. This is a very effective acne home remedy for people suffering from mild forms of acne like whiteheads or blackheads. However, toothpastes made from gel or those containing whitening properties should be avoided at all cost. These products contain hydrogen peroxide and other chemicals that can harm sensitive skin.

Before applying toothpaste on your skin, apply an ice pack to the affected area just to soothe your pores. You can then apply small amounts of toothpaste to the pimples and let it stay for at least 30 minutes before rinsing.

4. Honey

To use honey as an acne home remedy, dip a cotton swab in the honey and then apply it to the affected area. Leave it for at least 30 minutes before rinsing.

5. Lemon Juice

Lemon contains Vitamin C and has acidic properties to fight off acne-causing bacteria. But in using it as an acne home remedy, it's best to use natural fresh lemon juice. Those that are commercially sold in bottles often contain preservatives that may bring more harm to the skin than good.

There are two ways to use lemon juice as an overnight acne home remedy:

Option # 1: Dip a clean cotton swab in lemon juice. Apply it to the affected area and let it stay overnight. Wash it with lukewarm water the following morning.

Option # 2: Mix one tablespoon of lemon juice with one teaspoon of cinnamon powder to create a mask. Apply it to the

affected area and leave it overnight. Wash it with lukewarm water the following morning. Note: This may not be recommended for people with sensitive skin.

6. Apple Cider Vinegar

Believe it or not, apple cider vinegar can also help tone down your breakouts. It works as a natural astringent that can make your skin feel smoother and your zits less inflamed and obvious. ACV can absorb excess oil to make sure that it doesn't end up clogging your pores. It can restore your skin's pH level, too. This ensures healing and prevents further damage. Apple cider vinegar is best used for spot treating acne. Simply dab a few drops of diluted ACV on your pimples overnight and you'll be able to see a huge difference the morning after. Aside from pimples, this remedy works great on age spots and acne scars as well.

7. Green Tea

Green tea isn't just well-known for its health benefits; it's also famous for its ability to fight acne. With a potent antimicrobial property, this tea can help heal your acne in no time. It even has antioxidant compounds to slow down premature skin aging and free radical damage. To use green tea as an acne remedy, simply lay a cooled bag on the affected area. You can also use a cooled cup of green tea as your face wash.

B. Mint

One of the most common causes of acne is clogged pores. This is where mint can help you. It contains a great amount of salicylic acid which is the same active ingredient you can find in most skin care products for acne. The acid helps loosen dead skin cells to make them easier to shed.



Through an event that is set to be an annual cultural and creative, entrepreneurship as well as sports development program, PNRB spearhead by Ms Shamil Agosi the Phikwe region will continue to see some efforts to its revival.

Shamil is an ECG consultant and social entrepreneur who has and still constantly generates development solutions to community problems. She has always had a passion for community development and empowerment and bares great leadership skills as well she does some continental recognitions. When she shared a bit more about this project, the Tsholofelo Carnival, she said that she was passionate about development particularly for young people and the development of Africa as a whole.

PNRB is a new mine and they are the ones who are now taking over amongst others the Selebe-Phikwe mine which is partly why they chose to hold the Carnival in that Region. As a mine their vision is to be impactful in the economy and be part players standing at the forefront of economic development. The mine then saw it fit for Ms Shamil to spear head this project as an individual qualified to carry it through.

This then birthed Tsholofelo Carnival, as an aim of bringing hope (tsholofelo) among the Phikwe people after they had their economy all shuttered around when the copper mine was closed. Shamil went on to state that having actually had to go to Selebe-Phikwe for the first time last year, she did see just the need there was for them to give out a helping hand in empowering the community once again.

The event was set for the Independence week starting from the 27 and going all up to the 1st of October. Amongst the programs to take place will be a creative arts day for those that are talented to showcase their talents. There is also going to be a day for entrepreneurs' workshop or entrepreneur's development workshop to empower the local businesses, there is also a SMMEs development program as well the following day. On the 30th for this first carnival was a Carnival festival with a line-up made up of mostly local artists but there was a little bit of international mix by the hit makers, Senior Oat and Sdala & Page from South Africa. On the last day there was a football tournament too and the winning team walked away with the Tsholofelo Carnival Cup.

As she concluded, Shamil also indicated that in order to still show the need for empowered around the SPEDU area, they worked mostly with service providers along that area with regards to transport, chartering and the like. She went on state the desire was to impact from this event at least over 150 people around that area.



G-LAW HITS NEW WAVES

e introduced the exceptional skill of mixing motswako genre with other genres like dikhwaere, pop and rap which was well received the public. His music has been making waves all over the local radio stations and televisions countrywide. He believes that music plays a major role in people's lives as it does

not only entertain but educates and heals at the same time.

You may know him from Tswak Vellas Music Crew. Meet the fascinating Ramotswa native, Lawrence Gofamodimo Sebogwe affectionately known by his stage name G-Law. The seasoned entertainer started music back on 2017 at BMP Studio where he released his first album titled 'Ke tshwenngwa ke monna' produced by Bullet Ketshabile. On 2018 another single song emerged titled 'Seja monna'. He also worked with South - African producer T-bouz on his EP which consists songs like 'masego, the girl next door and Sizo buya sihlangane'. Early this year he managed to

release a full album called 'Moya' with Wuziebeatz Records. He is currently working in another album which he plans to drop this year around festive season.

He recently made appearances on the Botswana Television stages to perform his songs, he has also performed at Black Basement, local festivals, weddings and parties around the country. His song writing process is based in day -to- day lifestyle activities and what going on around the world. He further stated that he is inspired by Eskimos and he is willing to work with them in near future.

When advising other artist G-Law emphasized consistency is the key. He urged them to never give up but work hard to achieve their dreams. He trusts that good music is made through love and passion. He further insisted promoters to give chance to the all artists as this will give them exposure and confidence to pursue their journey in music. He said 'we should stop labelling artist as upcoming artist. Everyone should be given equal access when it comes to performing in vital festivals and shows." He applauds local musicians who are mentoring others and helping them to grow. 'The spirit of cooperation and unity is what the music industry needs, if we help others the music industry in Botswana will definitely grow. Apart from music G-Law is a father, a husband a member of Botswana Police Band under Special Support Group (S.S.G). On his last words he expressed gratitude his fans for their support. Moreover he would like to acknowledge those who had groomed him, the likes of Kalahari, Ashley Gops, Samar, Toothboy, (Tswak Vellas crew) his beautiful wife, his family, friends and colleagues. He said the support and guidance built him to be who she is today.

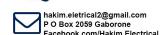
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STEPS TO HELP KIDS RESOLVE CONFLICTS

ids have become less adept at solving their problems and conflicts. They are quick to involve adults and call other kids names. That is why it is very crucial for parents to teach their kids on ways they can resolve conflicts as this helps them to thrive in relationships and life.

Calm Down

Give everyone a chance to take a breather from each other. Ask them each what they need to do to calm down. Like walking away and taking a break for a few minutes, counting to 10, or writing down some feelings. In any case, nothing coherent will come from trying to lead a discussion with upset, emotionally fragile kids. So, ask them to figure out the best way to calm down before attempting to solve the problem.

State & Understand the Problem

Once calm has prevailed, talk to each child

and help them state their problem. Stress the importance of being honest and admitting their role in the conflict. Encourage them to use "I" statements to express their feelings. For example, "I felt left out and hurt because he wouldn't let me play the card game, so I threw his towel to annoy him."

Apologize Well

A good apology will communicate three things: regret, responsibility, and remedy. Apologizing for a mistake might seem difficult, but it will help you repair and improve your relationships with others. Encourage each child or only one, depending on the circumstances to come up with a good apology. Writing it down before they say it can be a good start, and that letter can be given to the child with whom they are in conflict. Or, with a younger child, take some notes that they can then use as they apologize.

Promote Solution Finding

Empower children to brainstorm solutions to their conflict. It is so tempting as an all-knowing adult to generate solutions, but something the kids think up and agree upon on their own will more likely work. Encourage each child to listen carefully and to accurately paraphrase each other. Encourage them to speak honestly and kindly to each other.

Follow Up

Follow up with the children to see how they are getting along and if the solution they came up with is working. But if the talk together/work it out strategy is not working for this pair, it is best to find someone else to hang out with. Even if the kids appear to need a prolonged break from one another, they will still be required to speak in a kind and respectful way when they are interacting.



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What you need to know Before Getting Your Relationship to the Next Level

All couples are not the same, well that is true but all of them have to go through certain phases before taking it to the next level. CW magazine shares with you those phases.

The chase:

In this phase, one of them plays hard to get to see how serious the other one is about this relation.

The friend zone:

She will treat you as a friend and will try to avoid getting into commitment. But you cannot give up, hang in there.

The confusion:

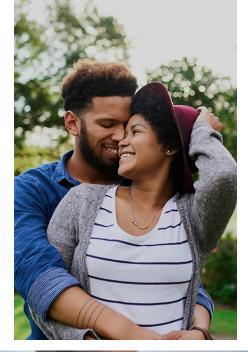
All of your common friends treat you as a couple, but you guys have never even talked about it

The confrontation

After a period of time and lots of teases, she might ask you about your feelings about her. That is a very vital situation in any relationship. One wrong move and you might be forever friend zoned or lose the friendship.

The acceptation:

Now, both of you know how you feel about each other, you guys will come to a mutual decision, whether if you guys are ready to get into the relationship or not. If yes, then you have reached the next level in your relationship.

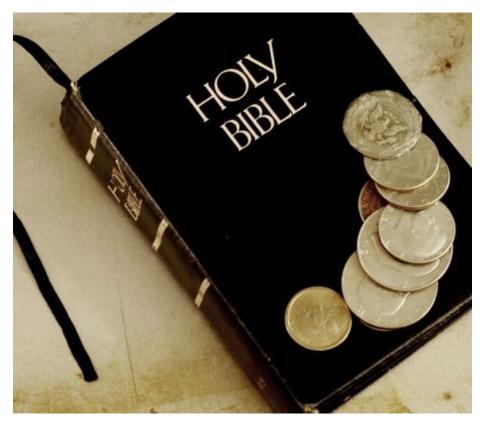




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What Does The Bible Say About Money?

The Bible is full of advices, but what does it say about how we should handle our money? Take a deeper look at the following points:

Money Is a Major Temptation

Even though money is a good gift from God, the Bible teaches that it can also be a serious temptation. Why? Because it promises to deliver everything we desire. Want comfort? Security? Fun? Fulfillment? Power? Sex? Money seems like the universal key that unlocks all the doors to happiness. But this is a lie.

The Bible constantly unmasks the false promises of money. Money promises security, but it can't protect you against God's judgment. Money promises lasting happiness, but it can disappear overnight and you can't take it with you when you die, anyway.24 Money promises freedom and ease, but it brings anxiety and worry: the more you have, the more you have to lose.

Money Is a Noble Gift

Money is what you earn by working, and money is what you use to obtain provisions. Money is how you sustain your own life and the lives of those for whom you're responsible. In other words, money is a good gift from God because it is both a reward for the work he himself commands us to do and a means of sustaining the life he has given to us. As a result, the Bible often portrays wealth as the result of hard work, honesty, and wisdom. Just take a look at this sampling from the book of Proverbs: "Lazy hands make for poverty, but diligent hands bring wealth."13 "Dishonest money dwindles away, but whoever gathers money little by little makes it grow."14"The lazy do not roast any game, but the diligent feed on the riches of the hunt."1

So, as you can see, material prosperity is not singularly fated in Scripture. Nowhere in the Bible does it say that a person cannot be wealthy and still love God. Actually, a number of godly individuals in the Bible were rich, including Abraham, Job, Solomon, and Joseph of Arimathea.

Money Is a Dreadful Master

In fact, money can provoke such all-consuming desire in us that Jesus describes it as a would-be master of our lives: "No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money." It seems a bit extreme, doesn't it? Can money really rule us? And who said anything about serving money, what does that even mean?

Well, consider what Jesus says just a few verses earlier: "Where your treasure is, there your heart will be also."32 This concept is key: Money can control us by ruling over our hearts and dominating our desires. We invest in what we love and we love what we invest in. The more you strive to own money, the more money will own you.

The Apostle Paul makes a similar point when he writes, "Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry."33Idolatry is the worship of false gods. How, then, does covetousness equal idolatry? Because it involves directing the total devotion intended to be given only to God toward something that isn't God. When you covet money or possessions, you can't be satisfied without them. You're effectively saying that God himself isn't as satisfying as the thing you want—and obtaining that thing is more important than obeying or pursing God.

This is how money can rule us. But money, with its empty promises, is a terrible master. If we seek satisfaction in money, we will never find it. And when it comes to saving, giving and debt, it's no different. The world says one thing, but the Bible points to a better way—ways that glorifies God and actually helps us live fuller, more joyful lives (Galatians 6:8)!Hey, we get it. It's tough trying to resist the world's ways when it comes to money. We've all experienced temptation in that area and have buckled at some point. That's why keeping God's desire for our finances front of mind is so important.

God says: Pay yourself by saving. Then enjoy the fruits of your labor.



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What is Low Blood

ow blood also known as Hypotension. It is when your blood pressure is lower than expected. This means the heart and other parts of the body do not get enough blood.

Normal blood pressure is mostly

between 90/60 mmHg and 120/ 80 mmHg (millimeters of mercury).

Symptoms of Low Blood

The most common symptoms includes;

- Dizziness
- Fainting
- Rapid and shallow breathing
- Agitation or unusual change in behavior
- Unsteadiness

Causes of Low Blood

Blood loss; Losing a lot of blood by any means may reduce blood volume which may cause drop in blood pressure.

Anaphylaxis; is a severe allergic reaction. It can cause the immune system to release floods of chemicals which can affect your body to go in shock hence decrease in blood pressure.

Dehydration; when the body does not have enough water, it automatically leads to sudden decrease in blood volume.

Lack of nutrients; lower levels of vitamins like vitamins B -12, folate and iron can keep the body from producing enough red blood cells, which leads to sudden reduction in blood pressure.

Pregnancy; Low blood is very common in

the first 24 weeks of pregnancy. Changes during pregnancy causes blood vessels to expand which makes the blood pressure to drops.

Prevention

Here are the few guidelines which may help to prevent low blood;

Manage your diet; eat small, low carbs meals.

Exercise regularly; get involved in activities that can help with blood circulation. However be vigilant, do not overdue exercising because some workouts activities may be the cause of low blood.

Drink water; water helps to prevent dehydration. Drinking water on a regular basis may help to boost your blood count.



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About two years ago, we learnt that Botswana imports approximately 3000 tons of fish per annum while the local fish farm production is roughly 100 tons. Looking at this, the Ministry of Agriculture acted on it by introducing forums to promote fish farming Botswana. The good thing about fish farming is that, it can be successful even in areas where there are no major water sources such as rivers or dams. Any person who does fish farming will surely make profit from it because it is profitable.

How to start fish farming

1.Select a good area of land

Minimum land required is about 50 acres or more. For a local working agriculturist, even a 5-acre farm is feasible.

2.Construct a pond

The cost to build a pond depends on its size and it varies based on a variety of factors. Some factors affecting price are size, depth and whether there are fish.

3. Select the type of fish you would like to farm

Tilapia is the easiest fish to farm. Tastes great and is one of the easiest fish to raise. Tilapia tolerate a wide variety of water conditions, including low oxygen levels and high concentrations of ammonia, and are resistant to diseases and parasites.

4.Feed the fish

Fishmeal is a natural and well-balanced source of high-quality protein. As ingredients in aquaculture feed, fishmeal and fish oil supply essential amino acids and fatty acids reflected in the normal diet of fish.

5.Fish harvesting

Usually it takes about six months to harvest fish because they will be big enough. After five months you may catch a few big fish each week to eat with your family. When most of the fish are big enough it is time to harvest all of them and start marketing to make profit.

Fish Farming









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Landscaping Ideas To Choose From



Any activity that transforms the features of a certain area of land that is taken care of, is referred to a landscape. This activity can also be explained as the art and craft of growing plants with the aim of creating a beauty within the landscape. We see many people in Botswana having a piece of landscape in their yards which is very evergreen and attractive. Shared here is a collection of pictures of different landscape ideas that will inspire you:







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LIST OF BOTSWANA ONLINE SHOPPING COMPANIES

o you wish to buy items online while you are here in Botswana? Are you looking for the right companies to help you with the process? We found five companies, take a look in the below list:

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Tips To Maintain Healthy Weight As Spring Heads Our Way

t is on again, yet another delightful season as we welcome the warmth and comforting spring with love after months of chilly and cold winter. However every season comes with its challenges when it comes to body weight maintenance. Keep fit and healthy this season by practising tips below;

Stay hydrated

Drinking water frequently, each day is crucial for many reasons. Water helps to regulate body temperature, it also keeps joints lubricated. Water supports healthy digestion and also helps circulate blood. During this warm season, water will definitely helps regulate body temperature so it is a must to stay hydrated. Researchers state that one should drink at- least 6 to 8 cups of water everyday which is equivalent to 2 litres.

Walking and jogging

This is by far the easiest way of maintaining

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your body weight. Through walking and jogging one can lose few calories hence avoiding to gain weight. You can simple take few steps either indoors around the yard or outdoors in the neighbourhood.

Maintain balanced diet

Be mindful of your carb and sugar intake. Avoid eating too much refined carbs such as white bread, white pasta and fruit juices. Limiting them may help you maintain your healthy weight for the entire spring and beyond.

Get enough sleep

Do not deprive yourself a good and enough sleep. Sleep deprivation appears to be major risk factor for weight gain in adults. Studies shows that inadequate sleep leads to higher level of ghrelin a hunger hormone which increases appetite, sleeping for at-least 8 hours is optimal for good body weight control and good health.















Contance Fails To Make It To The Table Tennis Championships

onstance Kuswani, a table tennis player managed to qualified for the Africa Senior C h a m p i o n s h i p s where held in Algeria this past month. However the Table Tennis Association had no funds to see her off to competitions, she went on to raise funds but still failed due to flight schedule clashing with her given dates of competing.

When the player could not be sponsored by association, she then took it upon herself to raise funds for her trip to the competitions and on the 27th of August she went on to host a fund raising campaign at Molapo Showcase who were also one of her sponsors with the support of Lala and Penene Ponono as well. She had the campaign under the theme "Constance Kuswani for Algeria" and called unto companies to come on board for support by donations.

The event place from 10 AM and there were table tennis exhibitions and the player was there playing as well Amongst the sponsors was Berry Heart Creations who were

sponsoring the player with merchandise and the Printers Brothers and Stationary had offered printing services as sponsorship. As for Molapo Showcase, their sponsorship was venue to host the player's fundraising campaign provide entertainment. Kuswani managed to raise P10 000 during the fundraising but needed P20 000 for her trip that was set to be on the 1th of September as the games commenced on the 3rd of September. She still continued to seek the funds to amount to that target price and was lucky to manage to reach the target to get to Algeria.

Unfortunately, there yet another problem presented itself and it was finding a flight that would get her to Algeria ahead of her scheduled game. The planes to get her there were in conflict with her playoff times, meaning she could not make time. The sportswoman went on to announce her failure and shared how regrettable it was to have not made it to the competitions. She stated that was to giveaway the money she made to get to the competitions unto the community for charity purposes.







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