

Celebrity World

Botswana's Native Magazine

March 2021 P12

A Queen In The Making

WINGZ

READY TO SOAR IN THE HIP-HOP WORLD

Natasha Proctor, the Public Face of Beauty Makeup

"I hid all my scars with "I'm fine."
Kate Ariel

The Reigning Mrs Botswana



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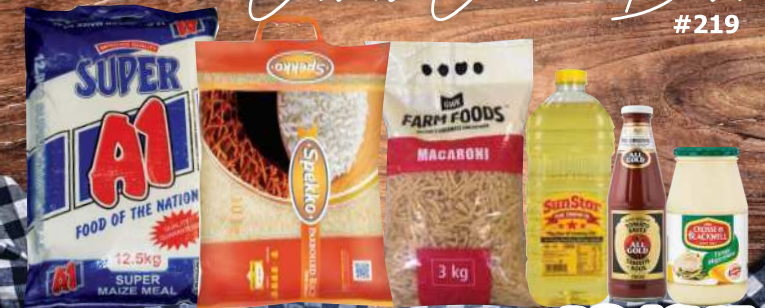


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@celeb_bw **Celebrity World**

Welcome to the March 2021 edition. **CW** magazine strives to create the utmost, innovative and reliable magazine. This is made easier by an extraordinary team of collective like-

minded, passionate game changers; we like to do something different. Something extraordinary, something that would stand out, that is authentic and we could take beyond the pages of a print magazine. Our team harnesses unique strengths and talents in themselves and others for positive change and we believe that we have the capacity to gain a stronger foothold in the entertainment industry. On the cover this time we have the gorgeous Mrs Botswana 2020/21 Tsaone Bakwena. Read about her and get inspired by her confidence and the kind of influence she possesses. You will love to find the beauty page, hot girl and boy page, interior décor, gardening, the health page and more!

Thank you from the bottom of our hearts for the support you have given us since the inception of our publication. You're a part of our team now and we look forward to walking the journey with you. We welcome your feedback and input. Enjoy reading this copy!!!



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A QUEEN IN THE MAKING

Violet Seneo Modise is a young motivated and independent model with aspirations of starting her own agency. The 21 year old commonly known by the name Ms HaZey says she grew up as a shy girl who hardly had friends since she and her family used to travel a lot. The travelling made her appreciate different cultures in the country.

In 2019 the Mahalapye Pilikwe native ventured into modelling as it was something she had always wanted. She researched about agencies and went on to strike a deal with one agency which a friend referred her to. She worked with the agency by doing photo-shoots and modelling for three months there. She would later on part ways with the agency and went on to another agency until she finally decided to run solo last year.

As a model, how is the career's financial stability?

Modelling in this country is really not something to solely rely on financially because of the time frame between the gigs as you can go a month or two without any shows.

Whom do you look up to?

I would say I have a few people I look up to because they inspire me to be happy in my own skin, to love and embrace who I am as an individual and a model, to showcase the true me and not try to be like someone else. These are people like Kaone Kario, Naomi Campbell and a local model who is a close friend of mine Douglas Keokgale.

What are your aspirations in this modelling field?

To be a well-known model locally and internationally, to show young girls and boys that to be a model you don't have to change who you are, to continue serving the community and hopefully one day achieve my childhood dream of becoming Miss World and walking down Victoria Secret Ramp.

As many have had so much effect due to Covid-19, would you say the modelling industry is badly hit and how?

Yes, the modelling industry was hugely affected by the pandemic as no gatherings of more than two people are allowed, which means there are no working platforms for models such as fashion shows. As it is, I would say the modelling industry is on a shutdown but at the same time it's a good time for models and managers to reflect on themselves and work on improving their weaknesses.

Personally how has it affected you?

I would say the pandemic has had a negative impact on me as my modelling career was about to grow but due to it, everything got cancelled which ruined the year plans and along with putting my career on hold.

Since we are in a new year, has it been any different for you?

It's a new year and so far there hasn't been any difference but hopefully as the year progresses it would be productive.

What are your future endeavours and aspirations?

I would say my future activities for the year 2021 will actually be on myself, my weaknesses, continuing with community service, trying out for any gigs that pop up and most importantly teach young children in the community how to be bold, beautiful and brave in their own skin.



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NATASHA PROCTOR,

the Public Face of Beauty Makeup

Met one of the local entrepreneurs, Natasha Proctor. She is a public influencer, model and the face of beauty and makeup. Natasha is a makeup artist based in Gaborone and has been in the business for over five years and has gained experience in all aspects of beauty makeup throughout those years. As a makeup artist, she has gained experience in editorial makeup, commercial makeup, and character makeup.

Natasha is a creative and focused artist who takes control of every job she works on with exceptional professionalism and can provide a look that will help to achieve exactly what the brand

or art director requires. Her deep knowledge about fashion and makeup makes her a very versatile beauty professional who can adapt her skills to every kind of photo-shoot. She describes her style as edgy and made to turn heads as it is effortlessly done on a regular basis. Natasha is proud of her work and wants women to feel beautiful inside and out.

Tell us more about yourself.

I'm Natasha Proctor, am 22 years old. I grew up in Francistown and was raised by my beautiful mom. I have a special bond with my grandmother and I just love being surrounded by loving people. I'm currently studying International Business at Limkokwing University.

How did you come to be

where you are, having a makeup business?

I just practiced my skills on my family and friends, and whenever they posted pictures I would get requests from several people. When this happened often I realized that I had to take my skill seriously and venture into the makeup world.

Who or what inspired you to venture into the makeup business?

I inspired myself, I kept practicing until I got it right, even in challenging situations I kept trying because I didn't believe in giving up. I love playing with makeup. Since high school, I'd get in trouble for applying basic makeup. I am a person who always works hard to get what they want, no matter how much

people try to discourage me and make it seem impossible, I always fight for what I want and I prefer learning from my own mistakes than from other people's mistakes. I'm very stubborn when it comes to convincing me otherwise, I will always go for what I want! So since day one, I never gave up on my passion for makeup, because I believed in myself and I knew it deep down, God blessed me with this talent.

Does the business do quite well or not?

Yes it does, but because of Covid-19 some clients don't call as much because it has affected our finances. But otherwise everything is going great especially because I have my products.

Apart from having a makeup business what else do you do?

I sell products online, I'm a social media influencer, I'm a plus size model and I'm a student, I try to juggle a lot of things.

What are the things that you are passionate about?

I'm passionate about beauty and cosmetology. I just love how we can work with the skin and makeup to create a beautiful masterpiece. It's therapeutic for me to enhance women's beauty and to make them feel more confident.

So what does your business aim to archive as time goes?

I'd like to have my own makeup school in the future and a makeup line like MAC, URBAN DECAY or FENTY BEAUTY.

What are the challenges you encounter in your line of work?

When my makeup products run out then I have to order online, meaning they can take weeks or months to get here. Covid-19 laws have also slowed down the shipping process for me so that's my one major problem in the makeup industry.

How do you usually resolve those challenges?

Praying and reading my Bible. My anxiety definitely goes down after doing this. You know how school gets students



stressed. Well, prayer helps a lot and also applying makeup or watching Tiktok videos.

Who is the most prominent person whom you did their make up?

All the people I've applied makeup on were prominent to me honestly but in terms of Instagram followers then Kagiso Sento. She's such a wonderful person to work with.

Who else do you desire to be your client?

Khanyi Mbau, I'd love to do her makeup EVERYDAY for the rest of my life. I love her so much.

How is the competition in your sector?

It is quite competitive but I have built my own clientele, so it doesn't really affect me that much because I haven't lost any clients, so far...

What makes you unique from the rest of the artists?

I use high profile quality products. I want to make sure that my clients experience the best makeup products that match their skin tones

perfectly without affecting or causing skin problems or allergic reactions and I don't change how a person looks, I just enhance their beauty.

Do you consider your work quite creative in the artistic sense?

Yes, I do because I just don't do glam makeup, I also like playing around with makeup and being creative. I also do creative themed face painting at times and try by all means to be unique, e.g Halloween and independence.

What inspiration do you have for fellow upcoming and aspiring artists?

Put God First and don't give up on your dream. You are YOU and that's your superpower, don't ever doubt your skills and be passionate in everything you do.

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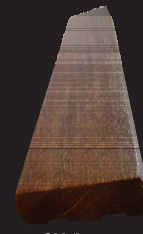


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artist had a chat with CW magazine and he said this;

So, who is Wingz, what is his background?

I, Wingz, am a 25 year old producer, mixing engineer, and rapper born and raised in Gaborone City. I am a Limkokwing University graduate, holding a Degree in Broadcasting and Journalism. I'm just a humble and dedicated person with a heart of gold. My goal in life is to move the world. By the time I reach my 50s, I want the whole world to view me as an influence for generations to come. I basically want to be the Michael Jordan or Muhammad Ali of Hip-Hop. I am currently part of a group called AMLY, and we are trying to change the music game forever.

Why the name Wingz what's the story behind it?

The name 'Wingz' was bestowed upon me by my closest and best friends after a series of many name changes. The name started off as a joke and I honestly didn't think it would stick, but as time went by the name took on a whole new meaning, which is the fact that I'm going to soar far and high in this industry that I have chosen.

When did you start being a musician?

In 2013 when I joined a Christian rap group called 'ISH FAM', however, when I started it was more of a hobby, even though after making every song I would think, "Yeah, this is it! I'm about to blow!" I started taking music seriously in 2017, when I started learning how to become a mixing engineer.

Is it something you grew up with or you were inspired by someone?

It is funny how I grew up surrounded by music, but I never paid attention to it till high school. I was inspired to get into music by my best friend from high school, Goleba Olebile. There were days when we were in the school bus on the way home, when we would take turns free-styling to different instrumentals, or when we would stay up all night watching rap battles on YouTube at each other's houses.

Have you managed to grab yourself a following that remains loyal to you?

Thanks to the help of my girlfriend and a few of my friends, I managed to get a following that has stayed loyal to my music. My fan base continues to grow because of those closest to me because they pretty

Wingz Ready To Soar In The Hip-Hop World

Wingz is a self-made artist who is highly influenced by old school music of whichever genre but as a singer he chose to work along Hip-Hop. Born in 1996 in Gaborone and formally named Karabo Meremetsi, Wingz grew up among the hip-hop loving people that he looked up to. From a young age he got inducted into the hip-hop culture by his family. He says his biggest inspiration however is the King of Rap, Eminem. From him he also found enlightenment over his calling, to be a

musician. He went on to become a hip-hop artist and songwriter. He started with producing instrumentals before moving into rapping.

The artist has had the opportunities to perform at places like Zest Restaurant where he performs almost every month. He has also had the opportunity to perform at a few open mic's at Chez Nicholas. He has recently released a new single on Sound cloud titled Supersayin Moshpit. The



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much listen to my music everywhere they go, exposing it to other people who also listen to it and spread it.

About your music, which genre do you work along?

I usually stick to Hip-Hop, more specifically Lofi, Trap and Rap.

Have you released any album yet?

I recently released a five track E.P titled 'Heartbreak Remedy', which can be found on all streaming platforms, and on my Soundcloud page, which is 'Wingz A.K.A Yourfavoritedaddywefj_t'

Which of your songs has been well received and given you the spotlight?

The song that has given me the spotlight the most is SuperSaiyan Moshpit, with two other artists, DIRECTEDBYKIZITO and Trvp Morph3as. When we made the song, I wasn't really sure how people were going to receive it, but it seems to be doing really well.

As an aspiring artist, how have things been for you?

This music thing is like a rollercoaster, so many ups and downs. There are days where I feel like I can do no wrong, then there are days where it feels like my music has hit a dead end. Overall, I would say that things have been really exciting, despite having disappointing days. Covid-19 has of course made things 100 times harder, but I used it as an opportunity to up the quality of my music and direct people to listen to it online.

How has your latest single been received by fans?

It has been well received by my fans. They keep telling me that they wish they could have more of my work.

So where do you hope to see yourself one day in this industry?

I hope to lead the music industry from the front, as I'm trying to be the dawn of African entertainment. When people think of musicians from Africa, I want my name to be the first one that comes up.

Whom do you want to collaborate with?

Not to seem overly ambitious, but I want to collaborate with Eminem, Drake and Masego. Locally however, I would like to collaborate with Veezo View, Mpho Sebina, Han C, Sasa Klaas, Scar and Zues.

What do you currently have for fans to anticipate?

I am currently working on an album titled L.I.T.M. (Legend in the Making) which should be a game changing album. This is the album that'll put me out there internationally.

What last words do you have for our readers?

No matter what anybody says, and no matter how hard things may seem, never give up on your dreams. If you have a dream, work tirelessly, day and night, till that dream becomes a reality.





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The Reigning Mrs Botswana

The Mrs Botswana beauty pageant is all about women empowerment issues and building healthy families. Featured in this issue, is Mrs Botswana 2020/2021 – Tsaone Bakwena. The gorgeous queen was born in Tonota. She is inspired and motivated by her purpose in life which is to make a difference and have a positive impact in the society with her God-given talents. Tsaone lives a purpose-driven life and her biggest pusher is ‘why on earth’. That is the main reason why she has always loved pageantry; and with over 10 years experience in the industry, she will be sharing all her experiences with the upcoming young girls and women to also find themselves and realize their dreams. Get to know more about the reigning queen here;

Who is Tsaone Bakwena?

I am a 30 year old woman who strives to change the world through little acts of kindness and living a life of purpose. From a very young age I have always been eager to learn, to strive and be the very best I can be. I dreamt of making an impact into the world and using my God

given talents that influence positivity. The upbringing that I had from a loving and caring family with a strong support structure, significantly molded me into this solid, strong and determined woman I am today. I grew up in a family of five; my parents and two younger siblings. Both my parents being teachers and growing up as the first born, I was instilled with a sense of discipline, responsibility and accountability from a young age, thus this grew in me over the years. Having had experienced both urban and rural lifestyle during my childhood has taught me the importance of balance in life. That is the reason why today I still strongly value Tswana cultural roots, botho, respect & humility which I embrace.

As a young girl, I grew up with a great passion for all things Arts especially the Beauty industry. Pageantry happened to be the one thing I loved so dearly, and that meant following pageantry news from a young age of six and celebrating all the queens who impact positively in the community and the world at large. I would dream of how great it must be to have a crown on one’s head, and wear it with such pride and total dignity. This still remains a dream I carry and hopeful that it will come true, because it will be a confession that all dreams are valid and can come true

for any young girl that dreams and works hard to achieving it.

Pageantry, Modelling, Acting

My pageantry journey started in 2009, when I excitedly joined Miss Botswana 2009. I made it through to Top 12 finalist, which served a great platform for personal growth and girl child empowerment. I gave another try at Miss Botswana in 2013 where I made it to Top 12 finalist again. My other interest is modelling which I passionately did for a couple of years, and I am proud to have had participated in Colour in the desert Fashion Show (2011), Gaborone Fashion Week (2012) and the Barclays Charity Fashion Show(2013). Besides pageantry and modelling, I enjoy performing arts, and I take pride in having had played Boi in the “Mpho and Mphonyana” local drama, produced by Botswood.

Besides pageantry and modelling, I find joy in cooking especially baking, road travelling, reading, keeping fit (zumba), and attending poetry sessions.

About Her Family

By God’s blessing I am happily married to my loving husband Mr. Thobo Bakwena from Mahalapye and we got into the holy matrimony in July 2019. Our family gains



strength from God's love through prayer; and we believe that the top guiding principles to happy and healthy homes are love, respect, unity, communication and understanding.

Being Mrs Botswana is an amazing feeling and I really feel honored to be the Queen. It has always been my dream to be a beauty queen because of the platform it awards women to do great things in the society that are impactful and everlasting. The crown also comes with a lot of responsibility and accountability; because now a lot of people look up to me, there is a certain way that you have to carry yourself. You always have to have the people at heart, to serve and to be real and genuine at all times. It really is a beautiful fulfilling experience and I am enjoying every bit of it.

What advice would you give a parent raising a girl child?

My advice to a parent raising a girl child, especially during these times where there are so many social ills (Gender Based Violence, rape, child molest etc.), is to equip them with information and to empower them with as much knowledge as possible so that they can stand for themselves, speak for themselves and fight for themselves. Knowledge and

education will give them independence, confidence, purpose and a sense of being, I believe this is what every girl child needs in this era to survive and stand against any violence or oppression. In addition, as parents we need to give our children, especially our girl children, the opportunity to be themselves, to follow their dreams & ambitions, and most importantly to support them in their different pursuits. May we always assure our girl children that their able, capable, smart, beautiful and strong.

What message do you want to convey to our readers about Gender Based Violence?

It is disheartening to witness these escalating covid-19 cases, and it gets worse day by day. My message is that we can only end GBV if all of us take the responsibility to curb it. According to research, most of these perpetrators are men, while women and children are the victims. As men, may we be reminded of our main role which is to provide and to protect our families and communities, not to hurt or harm in any way. As women, we tend to protect the perpetrators in fear of embarrassment. I encourage us women to speak up and report these incidents as it is the only way we can get help. Let

us speak up and break the silence. May we also empower ourselves as women to avoid being over dependent on men to provide for us and our families, being independent gives us the opportunity to stand on our own feet and support ourselves. To parents, may we teach our children from a young age that violence is wrong, let us encourage them to speak up for themselves. May we love the boy and girl child equally; give the boy child the same attention, love and care as we give our girl children. This will ensure that our boy children grow into men that know how to love and be loved, and not abuse.

What is your biggest achievement at the moment?

My biggest achievement has to do with my family, happiness and having had achieved the goals I have set. This means having a happy home and functional family, being content and at peace with self, and realizing my dream of being crowned and using the platform for a good cause.

Who are you currently working with; that you feel will help you reach your destinations?

God is my number one pillar of strength, hope and faith, and it was through my

Cover Story

belief in Him and letting His will be done that has helped me to get where I am. Faith has kept me, and made me believe that I can do it and that His timing is perfect. Then my loving Husband, who is my support system. His belief in my dream and support throughout the journey made all this possible. I won because we worked together as a team, planned together and strategized together. And the support from my family has always been solid, in everything I do I know that they got my back and that gives the energy and the strength to win at anything. With family's support everything is possible.

What is your biggest motivation about life, to any Motswana struggling to cope with the hardships of life, unemployment being one of the challenges?

We have the power to become anything and everything we want in life. We need to believe in ourselves, set short and long term goals, have a plan in place, and most importantly, work hard to achieve and succeed. It is important to have focus in life, know what you want in life, know what your purpose in life is, then keep your eyes fixed on the plan. On another note, consistency is key. Keep going at your pace until you get there. Nothing in life comes easy, succeeding comes with hard work, sacrifice, effort and focus. Keep on and keep going. Everything happens at the right time.

How important do you think it is to have a mentor?

A mentor inspires one to work hard and achieve a certain goal. Therefore it is very important to have that someone in life who guides and directs, and provides advice on different aspects of life; career, relationships, and life in general. If you are a young adult/professional I would advise having a mentor so as to help you achieve your goals and excel.

What is in the pipeline for you at the moment?

As the newly crowned Mrs. Botswana, my focus is on addressing social ills that my country is faced with, with special emphasis on Gender Based Violence and Child Protection. It is disheartening to see the rise in statistics of women and children who are abused. I intend to use this platform to put an end to this by raising awareness and spreading the message about Gender Based Violence & Child Protection. I am currently working on a

project where I am doing Primary school visits to raise awareness and educate children that violence in any form is wrong and unacceptable, and there are ways to solve disputes other than violence. I teach them about morality and acceptable ways of behaviour in the society, and that no matter the disagreements or problems, violence is not the answer. It is my wish that they learn while young and grow into a generation that is violent free.

I am also working with the department of Gender Affairs on addressing GBV, and we have been on a national tour to address different classes of people.

On another note, I am working on a program that focuses on empowering the girl child, it is an issue that is close to my heart, as my wish is to see more girls take up space and excel in different platforms. I am currently working on an initiative that will be offering mentorship and empowerment programs for children,

public speaking, etiquette, effective communication skills, and talent grooming as well as instilling acceptable moral, cultural and family values.

Is there anything important that you would like to share with us?

We need to be mindful of our health, safety and surroundings at all times. We need to follow all the precautions and advices given by Health professionals. We need to discipline ourselves and comply, abide by the curfew, sanitize, wear masks and social distance. This is all in place so to protect us and our families. It is our responsibility to play our part to prevent it.

Titles/Awards

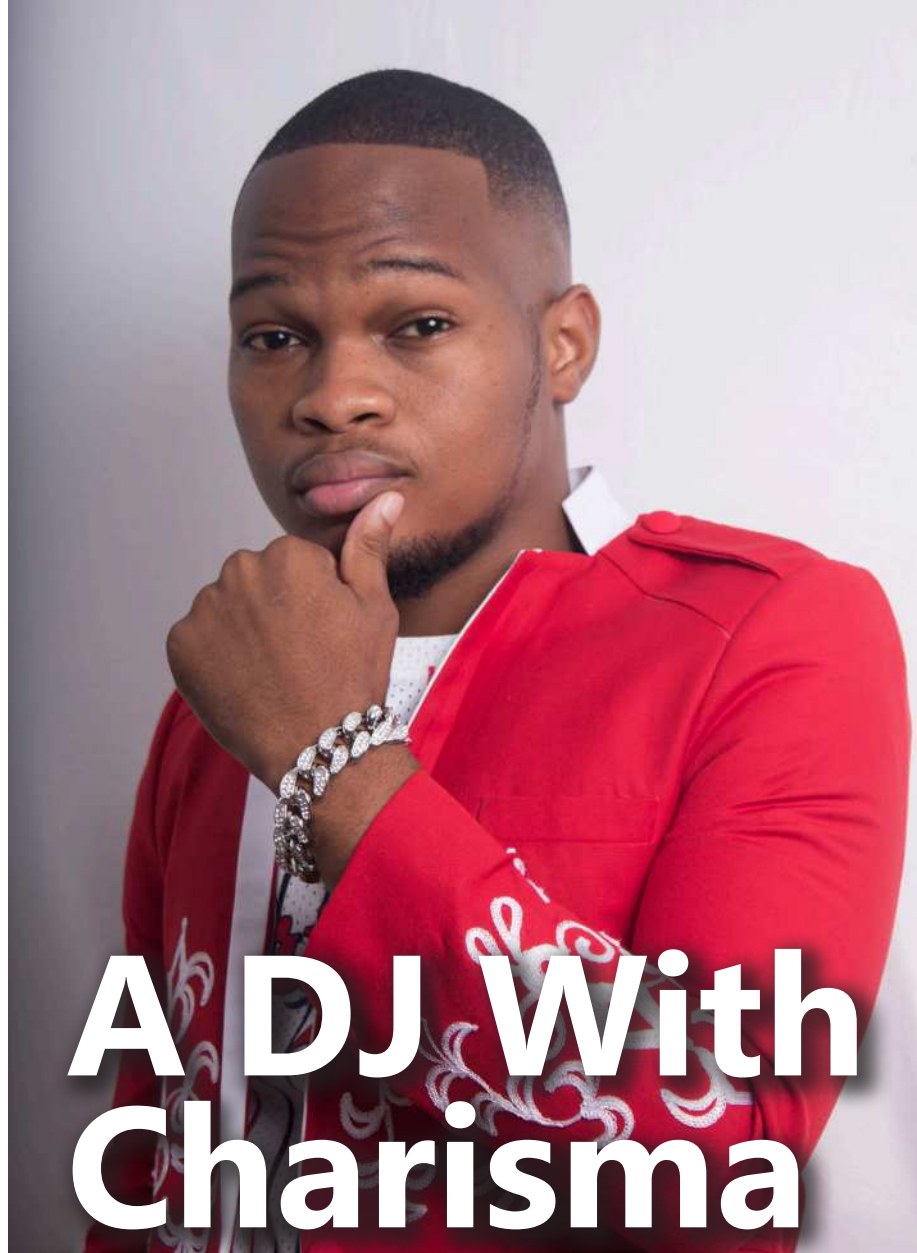
2009-Miss Botswana Top 12 finalist
2013-Miss Botswana Top 12 finalist
2020-Mrs. Botswana 2020
2020-Public Choice Award Winner
2020-Photogenic Award Winner



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A DJ With Charisma

He is officially named Mpho Otladising but one would know him by stage name Dj Kenn. Dj Kenn is a multi-genre DJ who started his music journey back in 2010. His interest in music started at home by watching his cousin play at kiddies' parties. He would later in 2008 go on to test the waters and pursue the art of mixing and started doing mixes with his laptop. His journey had begun and in 2010 he was introduced to Raymond Thabo Tebele, a member of Beat Freaks entertainment.

They hit it off immediately and decided to work together. Their merger was a turning point to his music career as he now started using industry CD players as the equipment was available for him. He is who he is today due to the nurturing and grooming he got from Beat Freaks. He later on left the crew to pursue his dreams at his own pace. The artist has had the honour of sharing a stage with heavyweights like Dr Malinga, Prince Kaybee, Vee Mamppezy, Charma Girl, Dj Kuchi among many others. He has also performed at many major events locally like Gaabo Motho Music

Festival in Moshupa, Desert Music Festival in Jwaneng and the Togetherness Music Festival just to mention a few.

How long have you been in the music industry?

I actually started learning how to DJ in 2010 but I would say I really went commercial around 2014. I am currently a resident DJ at Morula Restaurant for the Morula Friday's cocktail special and I also DJ on the Yarona FM's Mondays Ybrunch show at 11 am.

Have you always been into music or is it something you developed at some point?

I have always been into music growing as a kid I used to listen to Lil Wayne whom I was a huge fan of, he is one of the reasons I ventured into Hip-Hop.

Were you involved in any music activities at school?

Yes, I played a recorder and a guitar and took the Trinity exams from the UK.

Who inspired you into becoming a Dj?

When I started being a DJ, I was a house music DJ but I started liking hip-hop more through hearing other DJs play. So the

people I would say inspired me to become a hip-hop DJ locally are DJ Scratch and DJ Khenzo.

Apart from being a hip-hop DJ are there any other genres that you have experimented and also like singing?

Yes, I actually started as a house music DJ before I went on to doing hip-hop and I have not gone into singing yet but I am working on it, I want to throw in some lyrics on my upcoming album which am dropping sometime this year.

What else do you do apart from being a DJ?

I am an entrepreneur as well, I have two companies that I run.

Which DJs can you say you look up to and aspire to be like?

I would say DJ Khalid and Maphorisa, what I like about DJ Khalid is his production, it's always on point and Maphorisa's work ethic is just out of this world. His work is really amazing so these are the guys I admire.

How has shifting from doing gigs to making sales online affected you financially?

Well, there is no crowd since it's the crowd that helps one make money and back then one could do like more than three gigs in a night which was quite a lot of money.

What are your career aspirations?

Basically is to start having international bookings, and international airplay. People have this stereotype that being in a black society as a hip-hop DJ and hip-hop artist, you can't go international except in South Africa, so I want to change that mentality.

So who is an international artist you want to see yourself working with?

The artists I would like to work with are Nasty C and Roddy Ricch. You know, those are my favourite artists and both are young.

Have you ever worked with any international artists?

I have performed alongside many international artists and my upcoming album has international features.

What about local prominent artists, have you worked with any?

I have worked with artists like Melo, Ban-T and Surry Sosa among many others.

What are you currently cooking up for the fans?

My fans should expect a lot of new music, I should be dropping a song around April or May which will be taken from the album (Pieces) and there is a lot of content on social media.



Aries

(March 21 - April 19)

March will bring the spirit of personal transformation, which will be reflected in all areas of your life. All illusions that you have created during your lifetime will start to fall apart, and so your life's journey will seem much clearer to you. During this period, Aries will stand their ground firmly and won't let themselves get swept away.

Taurus

(April 20 - May 20)

Taureans don't have any problem because they are very diligent and motivated by earning money. Their sense of purpose and effort to be the best ensures them high salary. They like working in a calm environment and they prefer activities without excessive mental or physical movements. In relationships, Taureans appreciate loving care and they like to accept compliments.

Gemini

(May 21 - June 20)

People born under the sign of Gemini are very interested in learning new things, that's why they seem to have general knowledge even if most of it is superficial. You have a lot of energy and you are in a good condition, if you have been failing lately, now it will change. People born under the sign of Gemini are very interested in learning new things.

Cancer

(June 21 - July 22)

People born under this sign, are not

selfish and they always try hard to help their friends. They're not enthusiastic employees because they have inclination to comfort. They compensate this by their understanding and good memory. They don't like to give up their plans and that's why they try continually to make them real which can lead to unscrupulousness in their behaviour.

Leo

(July 23 - August 22)

The stars are in the right position. You will radiate optimism, which will be finally a nice change. You will feel as a new person and others will certainly notice it. You can look forward to the presence of a new fascinating person. If you are not in the mood for intimacy you don't have to blame yourself and despair. You can enjoy nice evening as a pair other ways too.

Virgo

(August 23 - September 22)

They can very quickly distinguish the right things from the wrong ones. They love money for itself. As for career, they're not fully independent employees and businessmen, but they carry out their duties conscientiously. They are good employees because they can notice mistakes which others can't see. They want to try everything and it's important for them to do things as practically as possible. Sometimes, they believe that nobody else can carry out a task better than them.

Libra

(September 23 - October 22)

If you have been alone for a long time, it might be hard to get used to relationships again. You were used to your peace and have some sort of system, but soon you will find out that it is worth it. Position of the stars tells that now is the right time for power sports and gaining muscles. Visit a gym. Libra is good for all employments where they can work with people. That's why the ideal profession for them should be related to art or business.

Scorpio

(October 23 - November 21)

They have extraordinary will which can develop in a positive, but also in a negative way. Most of the time, these people always

know what they want and they are very sure about their behaviour. They are able to decide quickly and self-confidently and besides, they are very persistent.

Sagittarius

(November 22 - December 21)

They enjoy delicious food, drinking, nature and they are good sportsmen. They are able to decide quickly and give exact instructions to other people. They're not afraid of danger, they are self-confident, ambitious and they have sense of physical performance. They achieve their goals with the help of their friends.

Capricorn

(December 22 - January 19)

Spend time with your grandparents. Help with their shopping, drive them where they want. Think about the moment they have been there for you and return the favour. It has been long since you read a book. Give it a chance. You will see that it will be fun. Capricorns are practical, reserved, meticulous, persistent and serious. They know very well that there is no success without hard work and effort.

Aquarius

(January 20 - February 18)

Thanks to their flexibility they make contact with new people and establish new friendships easily. These relations are later very important for them, but not more than their own individuality. In a marriage, they are faithful and reliable partners. Aquarians don't like to work hard, but they are successful because of their persistence and support of their friends.

Pisces

(February 19 - March 20)

Friendships are so important to them that they would lay down their lives for their friends. If they could they would solve all troubles and soothe pain of their friends. The problems of their friends become their own worries. In marriage, they are not easily satisfied and so they're not reliable. They are reliable and good employees if they are well understood and encouraged. They need calm employment full of securities. They love beautiful and interesting things, and are good at art professions.



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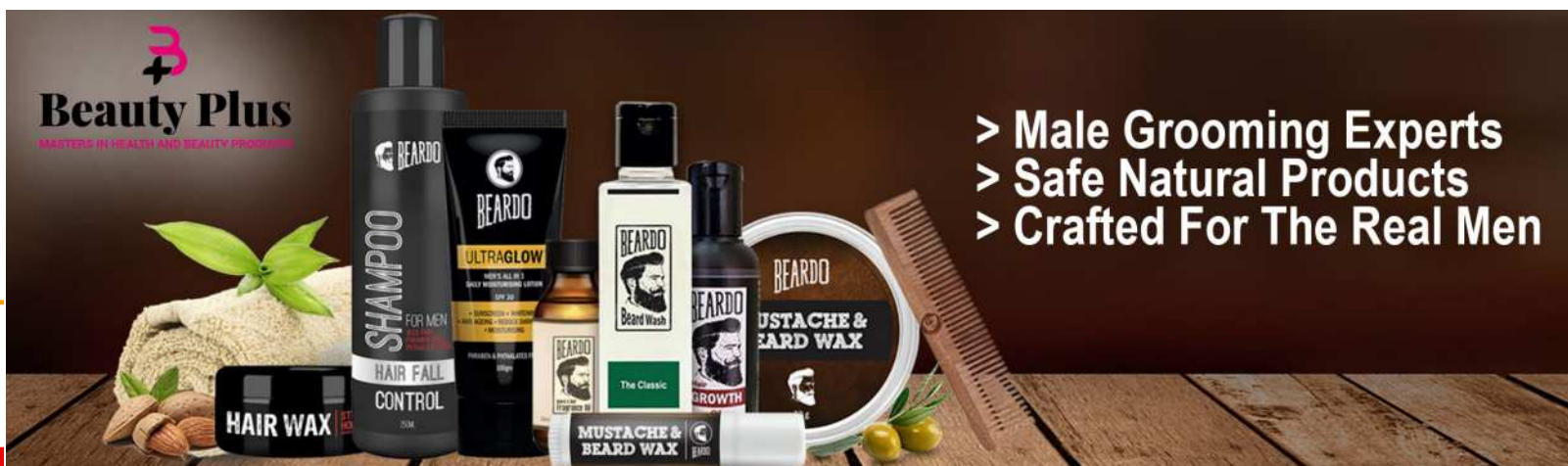
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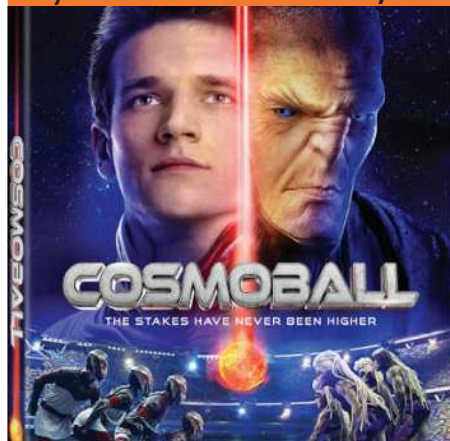


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ON THE BIG SCREEN

Cosmoball

Duration: 1 hr 55 mins

Release Date: Mar 23rd, 2021

Genre: Science Fiction, Adventure

Original Language: Russian

Cosmoball is a mesmerizing intergalactic game of future played between humans and aliens at the giant extraterrestrial ship hovering in the sky over Earth.



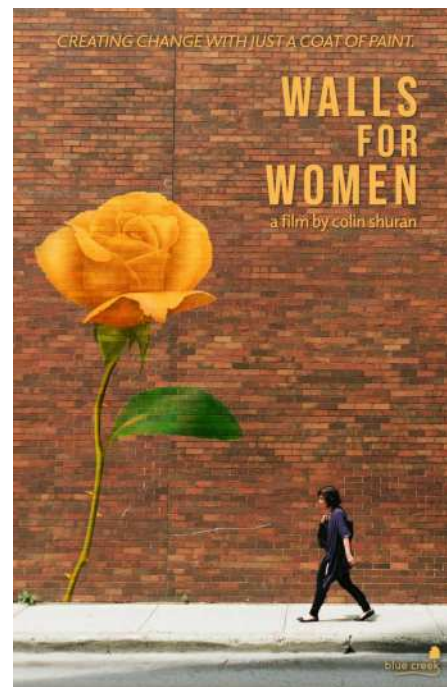
The SpongeBob Movie: Sponge on the Run (2021)

Release Date: March 4th, 2021

Duration: 1 hr 35mins

Genre: Comedy, Animation, Family, Adventure, and Fantasy

When his best friend Gary is suddenly snatched away, SpongeBob takes Patrick on a madcap mission far beyond Bikini Bottom to save their pink-shelled pal.



Walls For Women

Duration: 1 hr

Release Date: March 20, 2021

Genre: Documentary

Original Language: English

In the summer of 2020, a Tennessee public art program launched their month long mural initiative with one goal in mind: to transform walls in rural towns with just a coat of paint. The catch? These walls were for women.

What To Read

A DESOLATION CALLED PEACE

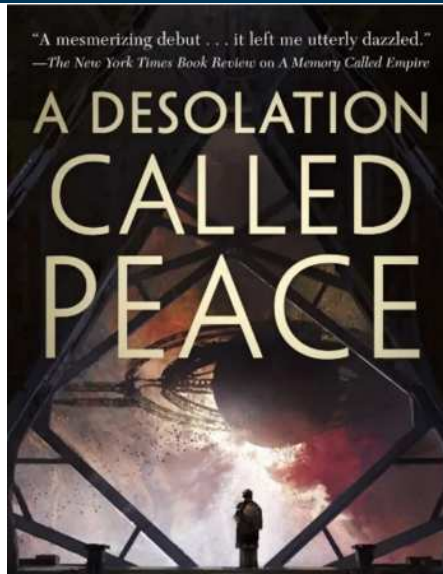
Author: ARKADY MARTINE

Expected Date: March 2, 2021

Genres: Science Fiction, Space opera, Military science fiction

Published by: Tor Books

A Desolation Called Peace is the spectacular space opera sequel to Arkady Martine's genre-reinventing Hugo and Nebula finalist debut, A Memory Called Empire. An alien armada lurks on the edges of Teixcalaanli space. No one can communicate with it, no one can destroy it, and Fleet Captain Nine Hibiscus is running out of options. In a desperate attempt at diplomacy with the mysterious invaders, the fleet captain has sent for a diplomatic envoy.



COVET

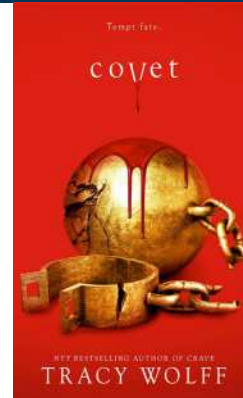
Author: TRACY WOLFF

Expected Date: March 2, 2021

Genre: Young adult fiction

Published by: Entangled Teen

The third book in the smash hit Crave series will not disappoint—full of shocking twists, high-stakes romance, and deep fantasy lore, it'll be a must-have for die-hard series fans and new readers alike.



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“I hid all my scars with “I’m fine.” Kate Ariel

Let me share with you something, there are wounds that would never show on your body that are deeper and more hurtful than anything that bleeds.

Depression doesn't discriminate. It knows no boundaries. Whether you are young, old, rich, poor, fat, thin, beautiful, ugly, popular, loved, and lonely- depression doesn't see a difference and it affects all kinds of people.

Depressed people are not always lonely people who walk all alone. They are also the beautiful lady smiling as she sobs inside. They are one of the handsome guys playing soccer. They are the single mother pushing a baby stroller down the street smiling at her baby, the dad playing catch with his son, the dancer spinning, the singer singing her great songs, the blogger writing. The point is, we can't always tell if someone is depressed or not just by looking at them because people are good at hiding their feelings. There are people out there, just getting through the day however they can to get to the next one even though they are tired of their life. No matter what everybody says to you, words and ideas can change the world, they have the ability to build.

Depression... it just eats you up slowly and slowly from the inside out. It's like a monster inside your head that takes over your mind. The most horrible thing is it will isolate you and make you feel so lonely, that everything that was said to me, I managed to turn into a bad thing. I was plainly my own worst enemy. I would come home and feel so drained from all of the voices in my head that I would just sleep to block it all out. I didn't want to wake up because living was useless and so unbearable, waking up every day doing the same thing over and over again. I felt so sick when it's night time because that's when the voices got even louder and so many. I would get so fuming because it seemed difficult to sleep, it's like insomnia and depression go hand in hand. The pain of wanting to sleep but you can't.

I knew this wasn't the life, I needed help, someone to talk to but asking for it just made me feel like a burden. I wanted to be free of meds, doctors and negative thoughts. I felt as if I'm losing myself and wouldn't ever be the same again, I started being scared of life wondering why am I even living, I lacked the motivation to do anything because I couldn't see a future for myself, not existing felt like a better

option. Anxiety caused me to believe everyone was faking their love for me, so tend to push people away.

'Cheer up' people will say that but that was the worst thing anyone would say to me. I would cry myself to sleep because I wanted everyone to know how I felt but I didn't dare to tell them because I felt they wouldn't understand but would be judgmental about what am going through. Ultimately, I just decided to isolate myself in my room because no contact with people meant nothing could go wrong, surely? But that's where the battlefield was at.

There was a moment where I relied on medication and I am grateful because it has really helped me. There are times where I felt like taking my own life. I sometimes wonder what hindered me to do it because I had all the resources to go just to commit suicide. The daunting thing about my whole recovery process is that the only person who can truly help me is me. I have learnt to change my thought processes and stop oppressing myself, it's a habit that's been hard to break but I know I've made some positive changes. 2013 was a rollercoaster ride and undeniably one with more lows than highs. I tell you I feel I have been to hell and back nonetheless would I change what I have been through?..... You are the only person who can turn your life around and choose what emotions you want your mind to play.

I feel if I hadn't been through this hell hole I wouldn't have learnt that the most important thing in life is to be happy. I have graduated from the university with an honours degree, achieved a lot of certificates in business and own my own business; I can now see a future. Given a chance to give one piece of advice to others who are struggling with this illness, it would be not to suffer in silence, talk to someone don't isolate yourself. There are a lot of people out there who have been through everything that you are experiencing now and have come out on the other side, there is light at the end of the tunnel. You shouldn't feel guilty for feeling the way you do because depression is an illness like any other, you can overcome it.

###Depression is a disease. It can be treated.



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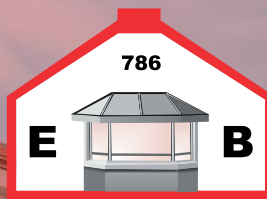
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Growing vegetables in containers is possible but there are some that grow easily and produce heavily in containers. Due to this we have added the best and most productive vegetables to grow in pots.

Beans

They are productive in pots and are easy to grow. You can grow them on a trellis near a wall and within weeks, you will get a green wall of beans running across the trellis. For growing beans you need a sunny place, and a pot that is minimum 12 inches deep and a strong trellis like structure for support. Since beans fix the nitrogen most of the vegetables that require more nitrogen are good to grow underneath them. If you're growing beans in a very large pot you can grow summer savory, kale, or celery with them.

Lettuce

Lettuce grows up quickly and you will have the opportunity to harvest them multiple times throughout the growing season. As lettuce is a cool season crop, its better you

plant the seeds in spring. But if you live in a warm climate, grow lettuce in winter.

Peppers and Chilies

Peppers and chilies are super productive and excellent for growing in containers. They look great in pots and need a sunny and warm place to thrive. If you keep the pot in a sunny spot and provide right soil and fertilize the plant time to time it will fruit heavily.

Tomatoes

Tomatoes are the most productive vegetables you can grow in pots. They need sufficient sun and the pot size depends on the type of tomatoes you are growing. You should also try cherry tomatoes for higher yield.

Spinach

Spinach is one of the best vegetables for containers. It grows well in partial shade and in any kind of space. Growing spinach in containers is easy as you can even grow it indoors on a windowsill. For growing spinach in pots, choose a pot that is at

least 6-8 inches deep. You don't need a very deep pot rather use a wide one.



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DESIGN IDEAS FOR BATHROOM MIRRORS AND LIGHTING

Some people use the shower, bath tub, sink, mirror and toilet as the main appliance to make the bathroom useful. These kinds of appliances give the useful design of interior housing ideas. Mirrors are essential to every bathroom as they help us in daily lives though we rarely ever appreciate their usefulness.

The existence of the bathroom is very helpful because more people use bathroom mirrors to build their self confidence in general, especially women. Bathroom design also needs the lights to perform the reflection of the body by the mirror. Some people use mirrors to make a great reflection into their bathroom. Lighting ideally needs to be dimmable to create different moods for ultimate relaxation in the bathroom. Different light levels are required depending on the time of day and use of the bathroom. Lighting can also help your bathroom look its best, as shown in the pictures here;



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How Marriage Changes Your Mindset about Money



Compromise Is Key

You and your spouse are going to have different views on how to spend and save money. Try to keep in mind that you were both raised in different households that likely had different spending habits and attitudes toward money. Changing your money mindset with marriage is all about finding a middle ground that makes you both comfortable.

Realize You Now Have Built-In Accountability

Once a couple is married, there is a sense of financial accountability and responsibility to their partner. It becomes even more difficult to rationalize those impulse buys, the over-the-top weekends away with friends, or P100-plus happy hours when your spending affects another person.

Whether you're a double or single income couple, have children or don't, being on the same page as your spouse with how you spend money is essential.

Educate Yourself

Be sure that you both have life insurance policies, especially if you have a large amount of outstanding debt like a mortgage, or long-term expected childcare costs. While dealing with legal issues like life insurance, wills, and retirement may seem boring, it's a big part of transitioning from a single mindset to a married one. Sit down and talk about your retirement goals, and if you're on track to get there.

It Won't Always Be 50/50

Just like in your marriage, nothing is ever going to be split exactly 50/50. There will

definitely be fluctuations in earnings, due to things like job loss, changing fields, having children, or just differences in earning power based on your chosen fields. One partner may decide to go back to school to increase earning power in the future, leaving the other to keep earning and support the family.

Remember you're On the Same Team

At the end of the day, it's absolutely essential to remember that you're on the same team. Being married is more than just an emotional partnership; it's a legal and financial partnership, as well. Whether or not you see things the same way when it comes to your marriage and finances, you're a team and it will only help you in the long run to act like one especially when it comes to your finances.

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DEALING WITH BACK PAINS

Back pains are problems many people suffer from even though they are given less regard. Constant strain on your back can cause painful muscle spasms.

When you have back pain, sleeping can be hard. It can be a vicious cycle because when you don't get enough sleep, your back pain may feel worse. A poor sleep position can also aggravate back pain.

Causes:

- Muscle strain - Repeated heavy lifting or a sudden awkward movement on your back can cause painful muscle spasms.
- Ruptured disks - Disks act as cushions between the bones in your spine. The soft material inside a disk can rupture and press on a nerve.
- Arthritis - Osteoarthritis can affect the lower back. In some cases, arthritis in the spine can lead to a narrowing of the space around the spinal cord, a condition called spinal stenosis.

Good Posture

Poor posture can make back pain worse, especially if you sit for long periods. Don't slump over your keyboard. Sit upright, with your shoulders relaxed and your body supported against the back of your chair. Try putting a pillow or a rolled towel between your lower back and your seat.

Physical Therapy

Physical therapists can teach you how to sit, stand, and move in a way that keeps your spine in proper alignment and alleviates strain on your back. They also can teach you specialized exercises that strengthen the core muscles that support your back.

Ways to Relieve Back Pain Sleep Better



HEALTH MINISTRY READY TO ROLL OUT COVID19 VACCIE AS SOON AS IT ARRIVES

Government will immediately roll out the COVID19 vaccine once it arrives in the country.

The Minister of Health and Wellness, Dr Edwin Dikoloti told parliament that a vaccine roll-out plan has been developed, and is in the process of execution.

Dikoloti said that government intends to start the roll out within a month from now, and to complete well before we reach the end of calendar year 2021.

Dikoloti further said government has identified

different platforms for the procurement of the vaccines. Payments approximating US\$10million have already been made, in order to secure the various vaccines. Among the said platforms adding that through the covax facility government has secured enough doses to cover its frontline workers or 20% of the population.

The Minister of Health and was responding to a question from Gaborone Central MP, who wanted an update on the COVID-19 Vaccination Rollout Plan; and what the initial target population people to be vaccinated. Yaronafmnewsfbpage



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CAULIFLOWER CARBONARA

Prep Time: 10 minutes
Cook Time: 40 minutes
Total Time: 50 minutes
Servings: 4

Ingredients

- 1 small head cauliflower, cut into florets
- 8 larger mushrooms, quartered
- 1 tablespoon olive oil
- Salt and pepper to taste
- 250grams fettuccine (or pasta of choice) (gluten free for gluten free)
- 150grms pancetta, diced bacon
- 1 clove garlic, chopped
- 2 eggs
- 1/2 cup parmigiana reggiano (parmesan), grated
- Plenty of fresh cracked black pepper
- Salt to taste
- 1 tablespoon parsley, chopped

Directions

- Toss the cauliflower and mushrooms in the oil, salt and pepper, place on a baking sheet in a single layer and roast in a preheated 400F/200C oven until they start to caramelize, about 20-30 minutes, mixing half way through.
- Start cooking the pasta as directed on the package.
- Cook the pancetta in a pan, pour off all but a tablespoon of the grease from the pan, add the garlic, cook for 30 second and turn off the heat.
- Mix the egg, cheese, pepper and salt and parsley in a bowl.
- Drain the cooked pasta reserving some of the water.
- Mix the pasta, egg mixture, cauliflower and mushrooms into the pan with the pancetta, adding reserved pasta water as needed.

Note: To speed things up, about 20 minutes into roasting the cauliflower and mushrooms, get your pot of water for the pasta on the stove and start bringing it to a boil.

Option: Replace the parmigiana reggiano with pecorino romano.



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ISKCON Gaborone

1 of 7 in Historic Sites in Botswana Religious Site -Tourist Spot



Dedicated to Sri Krishna, ISKCON Gaborone features a striking orange-and-maroon facade. Stop by to learn more about Hinduism or admire the building's architecture, with elaborate decorative elements inside and out. Plan your visit to ISKCON Gaborone and a wealth of other attractions, well-known and undiscovered.

ISKCON's 6,500 square foot, three-storey temple in Gaborone stands bright against the blue Botswanan sky, coloured in vibrant saffron, salmon pink, and white. Each of the three floors of the temple carry their own intricate design and beauty.

The first floor is equipped with living quarters for priests and visiting devotees. It also features a 1,300 square foot hall to be used for dining, with a fully-fitted kitchen and store room attached. Another 1,300 square foot hall on the second floor is used as a temple room, with a grand golden altar for Sri Krishna Balarama on one end and a stage and changing rooms for dramas and cultural programs on the other. Finally, on the third floor is another hall and a peaceful roof terrace, ideal for chanting and meditating.

The temple itself sits on over 17,000 square feet of land, with an intricately designed perimeter wall, a Tulasi garden and a pagoda for peaceful chanting. Despite the peaceful atmosphere, the temple is set in an ideal location in the heart of Gaborone, right next to the city's Central Business Development. source:net

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THE SECOND RICHEST MAN ALIVE, ELON MUSK



Elon Musk is a South African-born American entrepreneur and businessman who founded X.com in 1999 (which later became PayPal), SpaceX in 2002 and Tesla Motors in 2003. Musk became a multimillionaire in his late 20s when he sold his start-up company, Zip2, to a division of Compaq Computers. He went to headlines in May 2012, when SpaceX launched a rocket that would send the first commercial vehicle to the International Space Station. He bolstered his portfolio with the purchase of SolarCity in 2016, and cemented his standing as a leader of industry by taking on an advisory role in the early days of President Donald Trump's administration.

Musk was born on June 28, 1971, in Pretoria, South Africa. Musk's mother is a Canadian model and his father, Errol Musk, is a wealthy South African engineer. Musk spent his early childhood in South Africa. When he was only 10, Musk developed an interest in computers. He taught himself how to program, and when he was 12 he sold his first software: a game he created called Blaster.

Education

At age 17, in 1989 Musk moved to Canada to attend Queen's University and avoid mandatory service in the South African military. Musk obtained his Canadian citizenship that year, in part because he felt it would be easier to obtain American citizenship via that path. In 1992, Musk left Canada to study business and physics at the University of Pennsylvania. He graduated with an undergraduate degree in economics and stayed for a second

Bachelor's Degree in Physics. After leaving Penn, Musk headed to Stanford University in California to pursue a PhD in energy physics. However, his move was timed perfectly with the Internet boom, and he dropped out of Stanford after just two days to become a part of it, launching his first company, Zip2 Corporation in 1995. Musk became a U.S. citizen in 2002.

Companies

Zip2 Corporation

Musk launched his first company, Zip2 Corporation, in 1995 with his brother, Kimbal Musk. An online city guide, Zip2 was soon providing content for the new websites of both The New York Times and the Chicago Tribune. In 1999, a division of Compaq Computer Corporation bought Zip2 for \$307 million in cash and \$34 million in stock options.

PayPal

In 1999, Elon and Kimbal Musk used the money from their sale of Zip2 to found X.com, an online financial services company. An X.com acquisition the following year led to the creation of PayPal as it is known today. In October 2002, Musk earned his first billion when PayPal was acquired by eBay for \$1.5 billion in stock. Before the sale, Musk owned 11 percent of PayPal stock.

SpaceX

Musk founded his third company, Space Exploration Technologies Corporation, or SpaceX, in 2002 with the intention of building spacecraft for commercial space travel. By 2008, SpaceX was well established.

Tesla Motors

Musk is the co-founder, CEO and product architect at Tesla Motors, a company formed in 2003 that is dedicated to producing affordable, mass-market electric cars as well as battery products and solar roofs. In March 2008, Tesla unveiled the Roadster, a sports car capable of accelerating from 0 to 60 mph in 3.7 seconds, as well as traveling nearly 250 miles between charges of its lithium ion battery.

Net worth

Elon Musk has seen his net worth growing over the years. His net worth however sky rocked this past year. Although 2020 was a horrific year for businesses, tech companies have nevertheless thrived. Musk's companies are those that did experience so much profit and growth. His main source of net boost has been SpaceX and his Tesla Company. SpaceX, Musk's rocket company, is now valued at \$46 billion and Tesla's worth has surpassed many giant motor companies combined. Musk became the world's second richest person by the end of 2020 and officially took over from Jeff Bezos the founder of Amazon as the richest man in the world early January this year when Tesla's shares increased on the 8th but would unfortunately be surpassed once more by Bezos when Amazon's stock fell only slightly less than those of Tesla's stock putting him a bit higher than Musk. Musk currently has a net worth of \$183.8B.

The billionaire who is aged 49 has 7 children and is currently in a relationship with Canadian musician, Grimes with whom he has one child.



language whether it's a painting, sculpture, dance routine or your favourite song. It is able to say things that words sometimes can't. It's an international language that anyone from anywhere can understand and be inspired by," she added.

Rachael said she realized her art skills when she was in standard 1, and her teacher told her that she could draw and that stuck to her mind ever since. She defines her art as modern and very multidimensional, it is made to please the eye, adding that she taps into various forms of art from portraits, landscape, abstracts, non-objectives and figure paintings. It has truly changed her life because now she gets to express herself the way nobody else can and she is living her dream of being an artist.

According to Rachael, her art is inspired by challenges of art she faces every day. She's always looking for inspiration and finds it by forcing herself to work whether or not she's already inspired. The challenge of the work itself is what usually engages her. She has a pretty good work ethic and believes strongly in practice. So on the rare occasions when she's struck by some outside inspiration, she's ready for it, and able to execute her ideas.

Her first exhibition was at the Gaborone International Whiskey Tasting Festival, along with other artists, but she haven't yet exhibited in her own solo exhibition. With the business operating from her home studio in Francistown, Rachael has clients from all sorts of different groups of people. She started the business off on quite a good note, she has created many different artworks that people have loved and purchased than right now in this pandemic, things are a little bit hard but nothing that she can't handle. The ambitious Rachael sees herself owning an art shop and exhibiting in the biggest exhibitions in the country in the near future.

A Glimpse Into Art By Rachael

Her name is Rachael Tshole, she's a 23 year old contemporary multidimensional artist based in Francistown. Besides Art she's an Accounting Tech and plans on running a few small businesses.

Art plays an important role in Rachael's life as it's a part of all of us. She describes Art as a great way to calm yourself and decrease stress levels and if you make regular time in your schedule for creativity, you'll instantly start to see results in how you feel. "Art speaks its own



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Robert Maraj, father of rapper Nicki Minaj, killed in hit-and-run

Robert Maraj, the father of rapper Nicki Minaj, died recently after he was struck in a hit-and-run in Long Island. The incident remains under investigation but it was confirmed that Maraj, 64, was struck by a vehicle while walking in Mineola at around 6 p.m. The car fled the scene of the accident. Maraj was initially listed in critical condition at an area hospital, but he was pronounced dead the following day.



Kim, Kylie and Kendall Strip Down on Instagram, Ask the World to Decide Who's Hottest! Millions of Americans are trapped inside by the double whammy of a persistent plague and an icy blast of winter weather. In times like these, we need to be reminded that warm weather and better days will return one day. And thankfully, the ladies of the Kardashian-Jenner clan are doing their patriotic duty by conjuring images of sunny days and almost-non-existent bikinis.

Okay, so technically they're rocking bikinis to help shill for Kim's Skims shapewear line. But does the intent really matter? The important thing is that we have three of the five KarJenner sisters are in bikinis for a photoshoot.

Like a double rainbow, it's not a sight that we see very often, and it's important to take time to fully appreciate it when it occurs. Of course, it's a competitive world we live in, and some folks can't enjoy a thing of beauty without holding it up to other beautiful things for comparison. Maybe it's what people have always done, or maybe it's just that we live in the most brain-broken of times, and we've lost the ability to enjoy things for their own sake.

Kim Kardashian broke news of 'Kanye divorce to seven-year-old daughter North'



Kim Kardashian has reportedly told her daughter North West about the impending divorce from her father Kanye as she wanted her to "understand" what was going on.

The 40 year old Keeping Up With The Kardashians star reportedly filed for divorce from her rapper husband, 43, recently and North apparently knows what's going on. The reality star is thought to have made the decision to tell her eldest child alone so that she could understand what was happening between her parents.

Kim and Kanye have been living separate lives for months, with the rapper holed up in his \$14 million ranch in Wyoming while Kim continues to live with their kids in the \$40 million Calabasas mansion that they own.

Meanwhile, Kanye is hoping to build a compound outside Los Angeles so that he can be close to his children but away from the noise of LA.



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Cardio provokes the body to release endorphins. Endorphins are "feel good" hormones that are responsible for lowering stress levels, improving concentration and boosting mood.

Helps in Diabetes Management

During a cardio session, glucose is utilized by the muscles to secrete energy for the exercise, hence helping diabetic patients manage their condition by lowering those glucose levels.

Weight Loss

Cardiovascular exercises elicit the body to secrete hormones which decrease one's appetite and aid you in overcoming cravings. This consequently evokes the body to use the body fat to produce energy. Over time, this will lead to weight/fat loss giving you that trim, healthy body.

Helps Defuse Nicotine Cravings

For smokers who want to quit the cancer sticks, cardio exercises sparks changes in the brain that withdraw nicotine cravings, hence aiding you in reducing risk of developing cancer by invoking you to quit smoking.

Increases Basal Metabolic Rate

Cardio exercises typically boost blood circulation in the body, since the heart is pumping blood faster throughout the body. Faster blood circulation, subsequently causes distribution of oxygen and nutrients faster to the brain and other parts of the body. This enhances metabolism in the body.

Improves One's Recovery Ability

Individuals who hit the gym for vigorous intensity exercises need cardio to enhance their recovery ability. It aids in ridding the muscles of unwanted byproducts released during the workout.



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The Filmmaker Looking To Solve 'The Problem of Feeling Unwelcome' In Golf

Golf has traditionally suffered from a reputation of being a tough sport to access. There's the perception of it being expensive, while until recently, some famous clubs wouldn't even allow women to play. However, sick and tired of golf's "problem of feeling unwelcoming," Erik Anders Lang's Random Golf Club (RGC) is on a mission to change those perceptions that might surround the sport. He and co-founder Evan Roosevelt have organized a group in which golfers who are struggling to find playing partners in the game can connect with others in a similar position.

Although it began as something small, now, along with YouTube videos that wrack in thousands of views as well as interviewing some of the biggest names in sport, such as Tony Finau and Gareth Bale. On top of that, the RGC is "building an app which will allow golfers to meet each other and have the ability to take the online experience offline." Lang's own curiosity for the game only blossomed thanks to the persistence of his older brother, who eventually got his sibling on a golf course. On a trip to Australia in 2018, the first RGC round of golf became reality. Lang and his team had some time off in Melbourne and

after receiving numerous invites from fans keen to play a round of golf with them, they accepted.

The 11-person group played about 10 or 11 holes together, getting to know each other and sharing the common joys and pitfalls that golf can bring. Although Lang enjoyed the playing aspect of the day, his highlight came afterwards, when the group hung around and had drinks together, behaving as if they were reunited old friends, which just epitomizes the goal behind the Random Golf Club.

Lang has had many people approach him and say he's the reason they started playing golf. Having traveled the world, playing the sport at lots of locales with people from different backgrounds, Lang strongly believes that golf's solo nature can be a "mirror for yourself."

Having spent hours and hours of his life on the course discovering his own passion for the game, Lang has had time to think about what golf can mean for the person playing it.



Philippe Revaka Is No More

The Botswana Karate Association (BOKA) has lost a disciplined and dedicated athlete, Philippe Revaka. The 21-year-old national team karateka was part of the Kata team that won gold at the UFAK Championships in 2017 in Cameroon. He also won gold at the 2014 Africa Youth Games held in Gaborone and had several medals from international competitions.

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