

Celebrity World

Botswana's Native Magazine

March 2020 P12

WOMAN

With Power
Lesedi Malindah

Celebrity
Mom To Be - Berry Heart

Boitumelo
Finds Life
In Jewellery

The Big
RELATIONSHIP
Tip All Ladies Need To Know

Consumed
By The
Love Of God
Shinkie Mochawacha and
Boitshepo Tlhabiwe

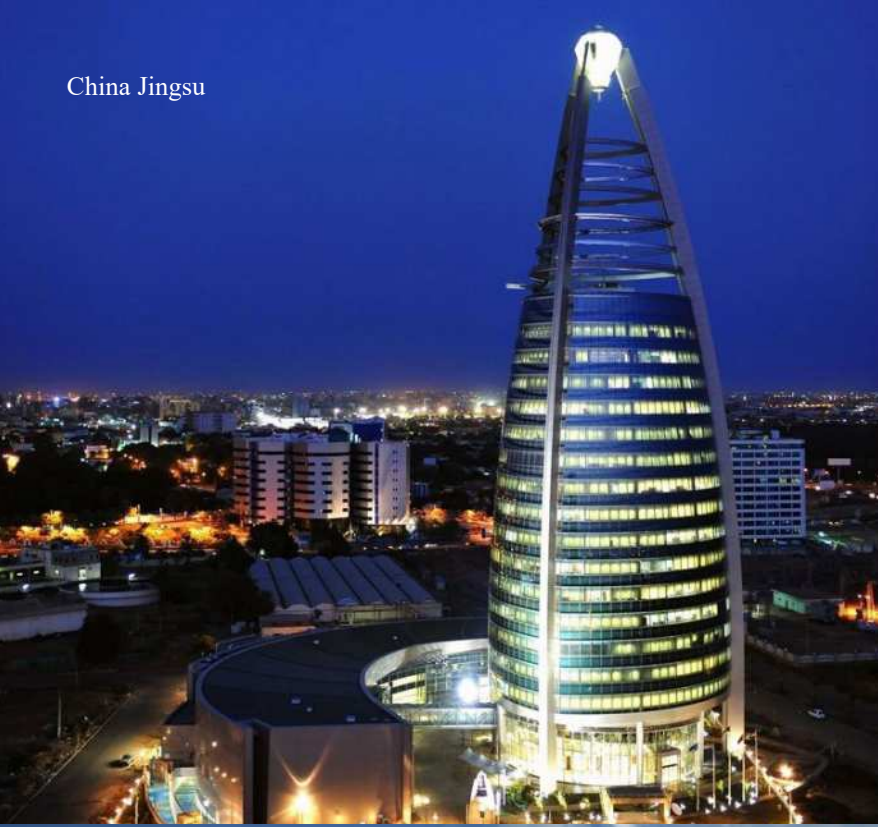
**GENDER DOES
NOT MATTER
IN ART**
Itumeleng Moswetla

**Authentic
& Passionate**
Masi Sithde



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China Jingsu



High Court Gaborone



Garden In Beijing



Exhibition Pavilion Of Saudi Arabia At Shanghai World Expo



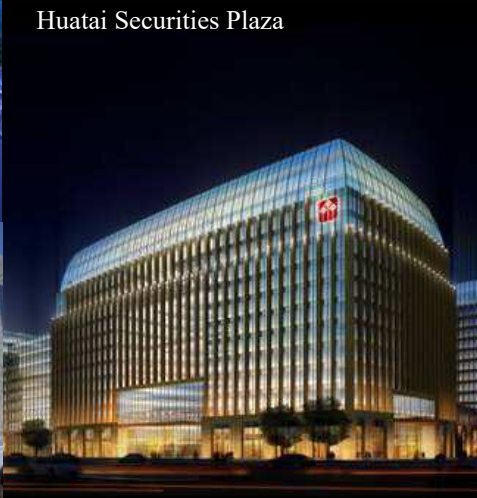
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 @celeb_bw  **Celebrity World**



Welcome to the beautiful month of March, a month of women empowerment. Someone once said when you bless a woman you have blessed an entire nation. On our cover is the gorgeous Masi Sithole, an inspirational business woman, motivational speaker and fashion icon. She is popular on Facebook and her page speaks millions with her exquisite sense of fashion and beauty. Read her story and get to know more about her. We graced you with many other articles about women, and a beautiful poem that will give you shivers. Enjoy the read with Celebrity World.

Remember to like our Facebook Page, Celebrity World and give us feedback as to what your opinions are, who you would like to have featured on our Magazine and many more.

Contents March 2020



- 6** Consumed By The Love Of God
- 10** Cover Story
- 12** Woman With Power
- 14** Horoscopes
- 15** Fashion
- 18** The Big Relationship Tip All Ladies Need To Know
- 19** Celebrity Mom To Be - Berry Heart
- 23** Interior Design Styles
- 24** Boitumelo Finds Life In Jewelry Business
- 27** Tips for Healthy Children
- 29** Barclays named Absa Bank Botswana Limited
- 30** Gender Does Not Matter In The Art Industry
- 34** Seakanyeng Outshines At New Football Club



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CW List

FILM, TV, BOOKS & CULTURE

What To Watch



The Way Back

Release date: March 6, 2020

Directed by: Gavin O'Connor

Produced by: Gavin O'Connor, Jennifer Todd

What To Listen to



Mandy Moore

Album: Silver Landings

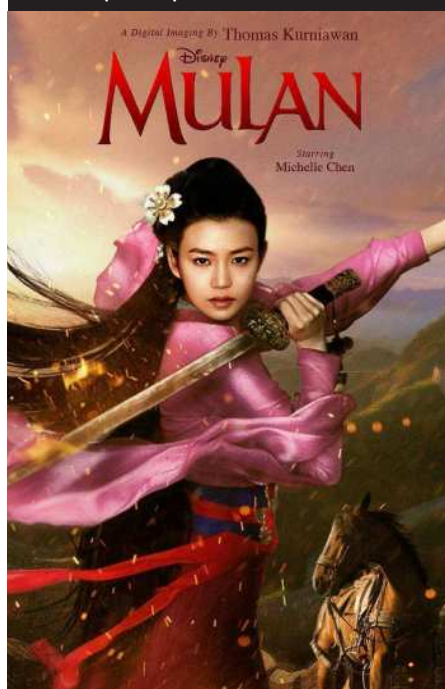
Release Date: 6 March 2020



Gordon Lightfoot

Album: SOLO

Release Date: 20 March 2020



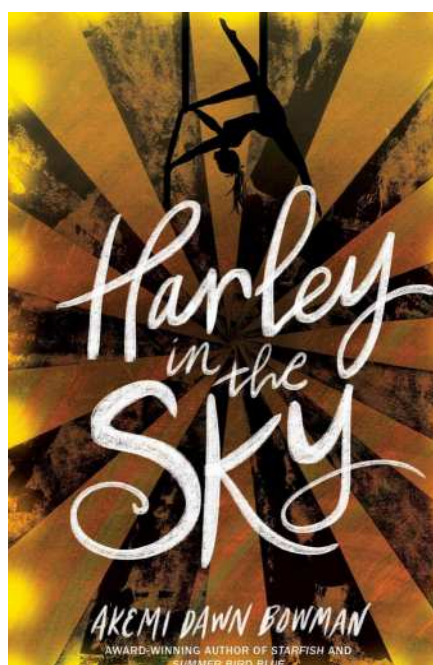
Mulan

Release date: March 25, 2020

Directed by: Niki Caro

Produced by: Jake Weiner, Chris Bender, Jason Reed, Tendo Nagenda

What To Read

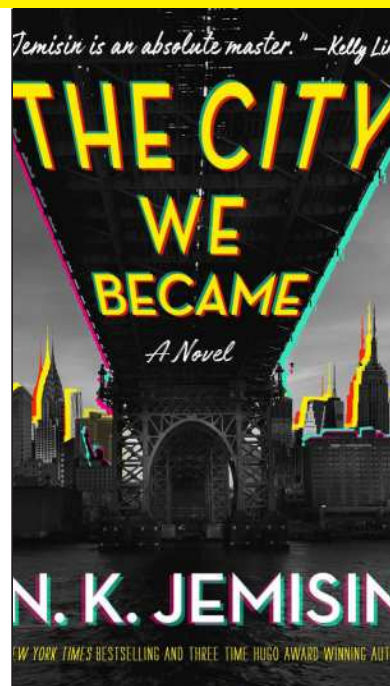


Harley in the Sky

Author: Akemi Dawn Bowman

Release date: 10th March 2020

Genre: contemporary
Harley Milano has dreamt of being a trapeze artist for as long as she can remember. With parents who run a famous circus in Las Vegas, she spends almost every night in the big top watching their lead aerialist perform, wishing with all her soul that she could be up there herself one day.



The City We Became

Author: N.K. Jemisin
Release date: March 24th 2020

Genre: fantasy
Five New Yorkers must come together in order to defend their city in the first book of a stunning new series by Hugo award-winning and NYT bestselling author N. K. Jemisin. Every city has a soul. Some are as ancient as myths, and others are as new and destructive as children. New York City? She's got five.

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Consumed By The Love Of God

Encounter the powerful and talented worshipers who consider gospel music not just a choice; rather it is part of them. Shinkie Keithokile also known as Shinkie Mochawacha and Boitshepo Tlhabiwe are cousins who found refuge in God and believe that their existence is proof that indeed God is alive.

Boitshepo joined 'We Must Praise' choir in 2015 and the choir recorded two songs the same year. She was recently featured in a single called 'Ke Lakatsa Kgotso', which was released in January this year under Vubo Music Record Label. In December 2016 the choir released an album titled 'Give Thanks' in which she was a lead singer in a song called "Pula Tsa Medupi".

This was the best song in the album, as it was incredibly relevant that year. After releasing the album, the same month after a long struggle of drought and shortage of water in Botswana; Gaborone Dam was filled and overflowed. Surprisingly, it had never been filled in that way for 17 years, and indeed a prayer for rain was answered! Another song she sang with the choir was recorded in 2017, with their album titled "Africa Unite". The song which was released this year in January is titled "Jesus Locate Me".

On the other hand, Shinkie kick started his beautiful journey in 2005 as a backing vocalist for Kagiso Morebodi, Molly and Tebbie Sethomo 'The Queen of Gospel'. He later joined 'Jam in Christ Choir' with the likes of Joel Keitumele and Tshepo Lesole. At the same time, he was a backing vocalist for gospel artists like Annah Bontsibokae and Suggie Fisher. As a vessel that is dedicated to be used, Shinkie continued to serve God with his talent. He did a demo album of a compilation of songs which comprised the likes of Tebbie Sethomo, Kagiso Morebodi and other artists who once featured him in their albums. He was also featured in Mingo's hit single called 'Holokile', Exodus hit single 'Taxi Man' and in DJ T4ng's gospel house album. In 2017 he officially joined 'We Must Praise' and they recorded an album titled 'Africa Unite', with a hit song called 'Moya waka' led by him. The song which became popular even before its release is still trending in Botswana, Lesotho and South Africa. Shinkie is also a lead singer in a song called 'Ke Morena Jeso', which is also in 'Africa Unite' and is yet to be released on Episode 2. They have a launch on May 02, 2020 at Maitisong and they are



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still busy working on the project.

They duo consider themselves as weapons of spiritual warfare, more even that every time they get on stage, God simply blows his breath on them. They compare themselves to a flute which cannot give melodious sound without air blown to it. One good thing about Shinkie and Boitshepo is that they are both focused. They are getting a lot of testimonies from people being healed and restored by their music.

One of the main challenges they are facing right now is lack of support from local companies and churches. When talking about their growth in music, they expressed that there is huge difference from where they come from as they are learning new things every day. Their music has done a huge impact in peoples' lives and they have started to believe in them as artists.

When concluding their chat with CW magazine, they emphasized that people should know that God gave everyone talent to glorify him, as long as they are still alive they should use it and they should not rush or be discouraged by anyone. Just like the story of Hanna and Abraham in the bible, they did not give up until they got the child they have always wanted, so until you see results not coming, do not give up.

Their Motto:

Boitshepo: God is the limit no limitation can stop you, God is her way, focus on him and nothing else

Shinkie: All things are possible



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Magloo, Disco Mother Of All Time



She is a mother, a wife and an entrepreneur with a registered company called Amfestos Services (Pty) LTD which supplies a wide variety of goods. She believes she can be a mentor in both music and business; she is also into gender based violence activities.

Magloo mentioned that ever since she met her current manager Gosego "Slym" Gaobowe, things have changed positively; she shot a video for "Foromane" and go for trips in places like Ghanzi and Namibia. She intends on taking her music to another level and seriously as she realised she has all it takes to be a musician.

The attendance during her shows is promising; she believes the album will give her the exposure she needs. Magloo also added that most of her dancers are young people so this helps distract them from getting involved in doing bad choices like : engaging in substance abuse, crime and bullying. Her wish is to see Disco music emerging in the country, being widely known thus attracting more followers to the genre.

Gloria Lorato Thakadu, started being popular after releasing her first Disco album called "Foromane" which was produced by Cabido. This past December 2019, she released a traditional dance single, "Monnatia" which was distributed in different countries like Botswana, Nigeria, Zimbabwe, Zambia and Namibia. She started off as a dancer until she became a musician but her interest lied with Disco. The Kumakwane born queen always loved music but her career got officially established after meeting Lebasho.

"Working with Lebasho helped me to build my brand and everything is right on track. My songs are all about emotions and things that happen around me."

Magloo, as she is popularly known in the industry is a hard worker. She said after realising that a lot of Batswana enjoy Kwasakwa and kwaito genres, she planned to come up with something unique to attract more fans.

"I want to show Batswana that Disco is a genre that everyone can enjoy as I have seen and learnt a lot from people with an experience in the industry like the late Dan Tshanda, Lebasho and others." She said.



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A Minute With DJ Thibos

"Being a DJ is not just about playing songs, it also involves your emotional attachment with the audience, like understanding them and other things," says DJ Thibos. Meet the determined Alfred Thabo Rabatoko, one of our local DJ's from Lotlhakane East who has worked hard to be where he is by just making use of his talent.

Who were your early influencers?

I was influenced by a man called Tleke back home in Lotlhakane East. He was also a DJ even though he is no longer doing it because of age.

When did you start your career as a DJ?

In 2011, I play in weddings, bars and shows. I am also a resident DJ at Cool Pub 4 at Lotlhakane East.

What were some of your goals when starting out as a DJ and how have they changed over time?

To own top systems, to see myself owning shows from which am making out money, and to release songs as a DJ. However I have managed many of them, I have a show called "Re Ba Bona Fa Fun Filled Festival" which started in 2013, a show which made me grow and gave me more publicity. It is done every year at Lotlhakane East; it is an open show with is free entrance. I also managed to drop a house single in 2015, it is called "Matters Of The Heart" in which I featured Garozz.

Anything else you are doing besides being a Dj?

I am a photographer, videographer and IT technician.

How do you manage your time for both careers?

It is all about making a living. To tell the truth, I do not have time to rest but I manage to balance my time in between with the help of other DJs I have hired. I am someone who does a lot of exercises, so I can't say I experience too much fatigue.

What are currently your main challenges as a DJ?

Getting paid less money for the job by customers.

What's interesting about your career compared to producing your own music?

Well, I would say the passion, patience and determination I have towards this work make it interesting. I have fun and enjoy it most of the time.

How and for what reasons has your set-up evolved over the years and what are currently some of the most important pieces of gear for you?

From 2011 until now I have upgraded my equipment. I use top brands which I love and I moved from using a laptop to Norma decks NDX 500. Right now I am using Pioneer CDJ 350, my table set is totally amazing even my amps are very powerful because I use Euro power 2500, 1500.

What are your success secrets?

Save as much as you can, for me I have managed to do lot of things through my discipline when it comes to money. I deny myself to have ample time for fun, all that I acquire through my gigs; I save and invest it somewhere.

Facebook Page: Dj Thibos for hire

Bookings: 77858618/72841256



Authentic & Passionate B laqQueen

She regards herself as a.k.a BlaqQueen is a Lioness (Queen of the jungle). She was born in the late 80's in Moroka Village. Masi Sithole is currently pursuing her Masters of Curriculum and Instruction in University Of Botswana. She is a TV personality and a humanitarian; regards herself as a brand that is in existence to help elevate other women with a great sense of style and a body that clothes just love. From a young age she loved arts, being a ballroom dancer, public speaking, and a debater, which she believes are the qualities that shaped her passion for the TV. She grew up with the love for fabric and how it boosts a woman's body and confidence, so she decided to follow her love and to even break fashion boundaries. The sense of self is proved by her fashion sense.

How is it being on Property for you?

I love every minute with my team. There are my second families, each day we collaborate and come up with ways of how to improve the show. The Director of the show Mr Michael Mpeo is such a phenomenal person, who is also patient, he taught me the power of having an open mind when it comes to TV presenting, and that in order for me to make it during shoots I should always avoid taking every critique personally.

It is through Property4U that I had to appreciate that buying or building property is a long term investment since possibilities are endless thereafter. I had to learn about key considerations to follow when one wants to invest in property which is priceless.

Your greatest achievements so far?

I'm at a point in my life where I have come to realise that my blessings are not about me anymore. That actually God is using me as a tributary. He gives to me, so he can give through me, whether is a material thing or things that money can buy like hope, laughter, love, or somebody looking at me and start feeling better. Always being a rainbow in someone's cloud is my greatest achievement thus far.

Your advice to people, who wish to be in the entertainment industry,

In the industry there is a tone that you come in with, and just like respect, you earn it and no amount of money can buy that. Key to that "Remain authentic and Responsible so you can last"

You are a role model even before you ask for the title. Do certain things in your own space, always check your audience; don't trust too much because the amount of sabotage and backstabbing in the industry is so insane.

There is so much that comes with the industry that withers away reasons why it was meant to be good in the first place. Fame is like an elastic band, you need to know how far you can stretch, and

once you feel you are about to snap, then you need to take a break. Don't go to an event if you don't want people talking about your hair/ shoes/ outfit etc. Stretch yourself as much as you can, you're your own CEO.

Moving forward?

Part of the reason why I'm so persistent and ambitious is because of my family background, which comes out as my point of reference all day. I dream big man, and I'm not going to rest until I get. If it is not done don't sleep. I'm currently building Masi Sithole productions and it involves a lot of things but for durability purposes I have to take my time, speed doesn't matter, forward is forward.

How did you reach more followers?

The first rule to hustling is "demand and supply", you give people some of the good stuff, and make them want more, that's exactly what I did. Again growing up in a male dominated family shaped my life tremendously, I experienced love, I lived love, I felt love and so I know love and I always give love to my followers. Just that someone you don't know took time to comment on your post should mean something. Therefore I always appreciate my followers by giving them time and going through their messages. By the way it takes their hard earned data bundles to support me so why not appreciate them.

My secret ingredient to a peaceful life

I'm trying very hard not to be too much in people's faces because honestly speaking I'm no SOCIALITE. I'm a reserved spiritual individual who enjoys my space always. Also you will hardly see me with my age mates or people younger than me. I enjoy the company of elders as I learn a lot from them. Lastly I'm a "fag hag" I love the company of gay people, they are just beautiful.

As a public figure do I ever feel the Pressure?

Yes I feel the pressure of the attention. But I have understood my calling that as a public figure I belong to the people. So I always epitomize class, patience and hard work and whenever I'm given anything to do I kill it. I have worked with brands like Total and I did my best all times. And it was lovely!

How do you deal with negativity?

I'm not one of those people who worry about the next person's worry, I'm worried about mine. People will always talk and remember "You are your own thoughts" if you don't think about certain things they don't affect you. I build walls, and build them high so I can guard my heart.

As public figures we must understand that we are relieve to anyone off their reality, we are soundboards to anyone who



"Consistency is key when building a brand. My photographer and make up artist have been with me since the inception of Masi Sithole and we have a long way to go together"

wants to feel perfect, so once u accept that, negative comments about you won't move you.

Again I had to understand that God planned out everything that is due to me, human beings are just a distraction, and they will distract u so much that you forget your purpose and that's slow suicide.

Key: "When you start concentrating on fulfilling yourself everything else doesn't matter. The gratification is within you."

What Advice do you have for young

ones?

First Education is the foundation, so it's important for them to go to school. Making it a point they don't pass through education, but allow education to pass through them so they can develop themselves because personal development is key.

Again they should use social media wisely because it is a powerful tool, instead of misusing it, and feeding the world with their two dollar opinions, why not use it to market their talents. .

WOMAN WITH POWER

This is the woman who has her Confidence in God her Creator.
 This is the woman who let God lead her life.
 This is the woman who knows she is the Light of the world and she knows that a town built on a hill can not be hidden.
 This is the woman who knows she has to nurture her gift and serve the world with it, to Glorify God.
 This is the woman who chose to be humble and fear God.
 This is the woman who knows that she knows nothing and is ok with it but rather allows Jesus Christ to fill her up with Wisdom and understanding.
 This is the woman who knows she is Loved by the Best, GOD.

This is the woman who knows she is not perfect and is willing to continuously grow in knowledge and understanding to be a better version of herself.
 This is the woman who knows her actions affect her and other people. So is willing to choose to do good to have a positive impact on others.
 This is the woman who is ready to be humiliated for doing good and is ok with it.

This is the woman who would go to work and bring salary home with no complaints while her husband is still looking for a job after retrenchment or being chased from work or when business is down
 This is the woman who shed a tear when she sees someone hurting or in agony
 This is the woman who recognizes other people's sufferings and chooses to care

This is the woman who is willing to let go off alcohol because it helps destroy herself and those around her. Yes, many fears come to her mind but she gives them no Power over her" fear of boring people when you are not drinking, fear of having a boring life, and yet she does it anyway "She remembers that she lived without alcohol before and she enjoyed life more then and had peace.

This is the woman who knows that holding a grudge will bring her down instead of taking her up.
 This is the woman who is willing to take the right path eventhough it feels scary to follow, many questions coming and yet be willing to follow where she is led by God
 This is the woman who will submit to her husband no matter how much he hurt her because she understands that it's not her husband who says she should submit to him but rather its God who commands her to submit to her husband so she knows if she dares not submit then she is disobeying

God. And instead she trusts God to solve everything for her
 This is the woman who is willing to be obedient to Lord Jesus



Christ by choosing to Love even those who hurt her to show that indeed she is a child of God.

These are some of the lessons that this One Wise Woman with Power "Mum" taught Me and they are dear to Me.

1. Wise Woman does not repay evil for evil instead she allows God to pay deal with her enemies .
2. She said to me, one way punishment you can give your enemy us to love them more is like you are piling a heap of hot coal unto them.
3. She said when you talk to someone and their wrath is high, keep calm and talk with care that will poor water unto them and cool them down.
4. When you love someone and you see that they keep pulling back, especially those you can not avoid because they are close to you, just Love them and keep loving them eventually they will warm up to you.
5. She says, "talk to God in whatever worries you face and trust Him completely, He will solve them for You, do not go out and start telling the world about your issues that will open door for evil to come and destroy your life."
6. Finally she said to Me, "Beware of what you apply to your face my child, if it makes you yellow, when your natural colour is brown, leave it because its destroying your skin do not be deceived by the complexion for the end will be permanent destruction to your skin" and that has Preserved my skin up to now.

What kind of Woman are You?
 Remember you can always choose to grow and learn to Be a Woman with Power?
 I hope this helped you to realize where you are leaking your Power. CHOOSE

TO CHANGE Choose to brighten your day with a Smile!!

CHOOSE TO BE A WOMAN WITH POWER
 Written by Lesedi Malindah (Success Life Coach)

Winged Eyeliner with Angled Eyeliner Brush

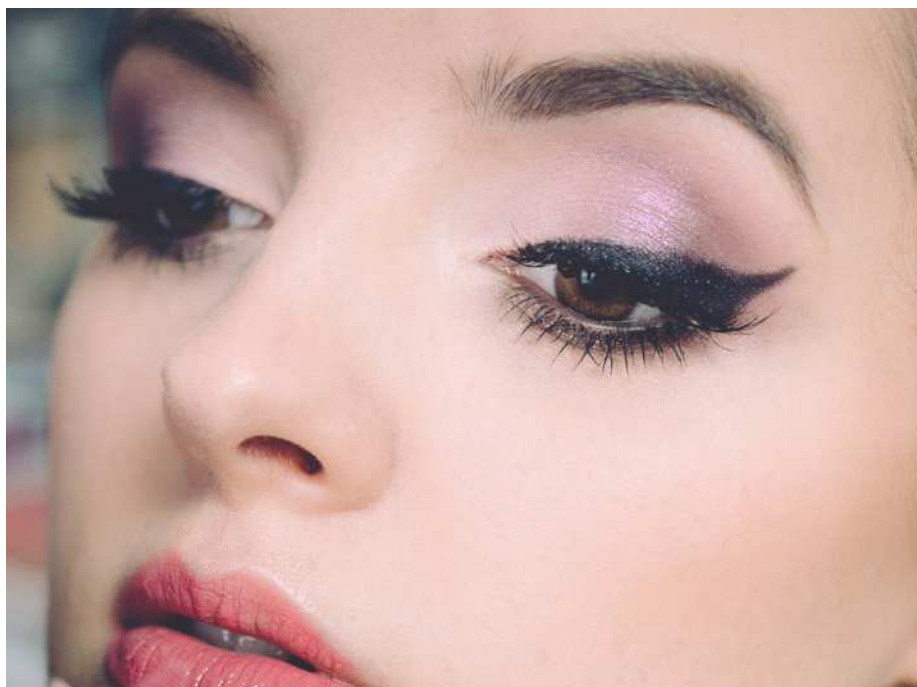
This one has been specially designed to help you with your winged eyeliner woes. Honestly speaking, it does not get any easier than this. You can also wet the brush slightly for a super neat result.

Free Hand Guide

Yes, it needs some practice and a steady hand, but with a little patience and proper method, it is absolutely achievable to apply perfect and neat winged eye-liner.

Winged Eyeliner with Tape

Apart from regularly fixing your torn paraphernalia, your scotch tape or good old cellophane is also capable of helping you to draw perfect winged eyeliners



How to Create Perfect Winged Eyeliner

Perfect Winged Eyeliner with Spoon

Head to your kitchen and pick up a spoon to give you the perfect winged eyeliner you always desired. The straight edge of the handle and the curve of the spoon is a perfect tool to guide for neat and precise wings.



A Perfect Winged Eyeliner with Business Card

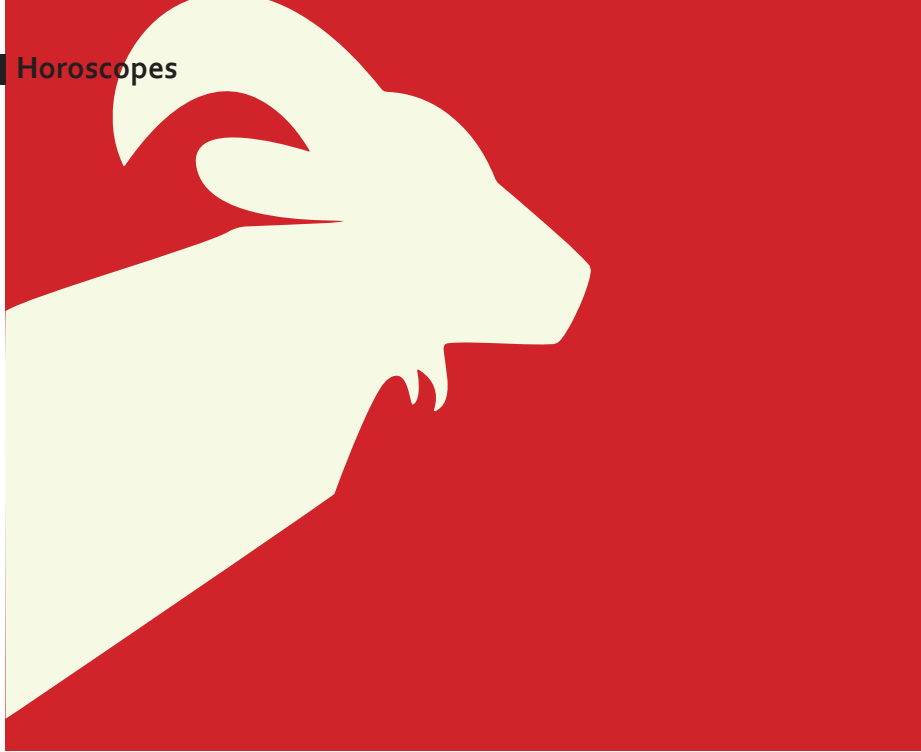
Your solution to expertly draw winged eyeliners is probably sitting in your purse. Just fish out a business card you no longer have any use of, and make your personal winged eyeliner stencil.

Creating Winged Eyeliner with Swipe Card

Use your credit or debit card for helping you draw your winged eyeliner, instead of paying to buy expensive stencils and tools for achieving neat wings with your eyeliners.



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help you to grow and all you have to do is sit and watch. You may get a partner in a family reunion. It is important to present yourself as a person worthy of love.

Scorpio
(October 23 - November 21)

It is important for you to maintain your emotional stability. There will be fantastic harmony in marital life after the 5th. Love will be highly romantic and passionate.

Sagittarius
(November 22 - December 21)

You must divert your focus from family affairs towards your marital life. You may find love in your career environment. There is no encouragement from your social contacts.

Capricorn
(December 22 - January 19)

You will be involved in conflicts with family members and friends. A pleasure trip will enhance your feelings for your partner. Singles will have many love opportunities during the second half of the month.

Aquarius
(January 20 - February 18)

Singles are aided by Venus in forming love relationships. You may suddenly fall in love with somebody you like. There will be gradual improvement in your health condition.

Pisces
(February 19 - March 20)

Love can be found in social gatherings. You should be free to express your feelings if you want love relationships. Family finances are good and tend to increase further this month.

Aries
(March 21 - April 19)

The month promises excellent personal growth combined with sound health and a lot of confidence. Single persons will have many opportunities to form love relationships during the first week of March 2020.

Taurus
(April 20 - May 20)

You tend to be reckless and tend to rush things. It is important to be practical in your approach. You have the freedom to do things as per your wish. Singles may find their love mates while traveling.

Gemini
(May 21 - June 20)

There will be both agreements and arguments with your spouse. There will be turmoil in the workplace and your job description may change. Foreign trips will yield handsome gains.

Cancer
(June 21 - July 22)

You should control your aggression for the marital life to prosper. Right exercise and healthy food will boost your immunity.

Leo
(July 23 - August 22)

Finances will improve by helping others to flourish. Put others before self this month. You may find love in your working environment.

Virgo
(August 23 - September 22)

Singles will be able to form love relationships with their aggression and strength. Avoid luxurious spending. Your business travel will be beneficial. For others, travel will be a futile exercise.

Libra
(September 23 - October 22)

Other people are in the forefront to

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of
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fashion world
The Smart Way to Dress for Less



The Big Relationship Tip All Ladies Need To Know

Many ladies try hard but just can't make relationships work, while others have no idea when the relationship starts to go bad. But in reality, almost all ladies know what is needed to be done to fix a relationship all the time.

If you really want your relationship to work out, just keep one piece of advice in mind by trusting your instincts. It's as simple as that. At times, the relationship may fail because your man is a bad guy. But again, the relationship stagnates because you both have started to take it for granted.

If you're looking for relationship advice for as a woman, just keep the following few tips in mind as they will help you experience better relationships and have a better love life;

Play with him. Playfulness is one thing that holds a happy relationship together more than anything else. Just because you have past your childhood does not mean you should act all grown up all the time.

Men are easily influenced by other men around them in their everyday life. If his friends and other guys in the room think you are a dream catch, he will fall more in love and stay more in love with you and avoid straying away from you.

Listen to his point of view before arguing back or cutting across him, because that is the easiest way to prevent tempers from rising in a relationship.

You can't change someone who does not want to be changed. Help your man to understand you better and help him learn by example. But if he does not want to change for you, perhaps he does not respect you or care enough for you; it means you need someone else who can love you for who you are.

Don't constantly remind him of his past failures, because men are very sensitive when it comes to past mistakes. He will clam up like a shell if you use his past failures to get him to accept defeat or listen to you.

Don't blame yourself. You are never entirely at fault if the relationship starts



to suffer. Do not blame yourself if you are experiencing a bad relationship. Accept responsibility, but do not blame yourself unless it really is your fault.

No guy likes a drama queen, especially if she goes looking for ways to complicate the relationship.

The silent treatment. Ignoring your boyfriend when he hurts you may seem like the best way to teach him a lesson. But truth be told, the silent treatment will not make him stop hurting you, it is only making him a better liar.

Every guy loves a girl who is a lady on the street and a hooker in bed.

Love is full of layers. Take time to fall in love and experience the relationship

one step at a time. Rushing too soon or moving in together too soon can make him think twice about his commitment to you even before he is really fallen in love.

Insecurity woes. Do not let your insecurities get the better of you. Sex appeal is all in your mind and how you project yourself.

Praise him for his achievements, even if it is small. He will try harder all the time just to win your praise.

Do not try too hard to please your man if your gestures are not reciprocated. He'd just take you for granted. Instead, make him realize just how lucky he is to have you. Most guys just take things for granted instead of realizing how lucky they are.



Celebrity Mom To Be - Berry Heart



Time is running out for our local celebrity and mom to be, Ms Keotshepile Motseonageng aka Berry Heart. As you can see by just looking at her adorable tummy that her biological time is about to start the countdown. CW magazine had a chit-chat with her about her pregnancy journey and this is what she had to say:

1. You are about to enter a new phase in life called motherhood, which comes with its own challenges, kindly share with us your pregnancy journey.

My pregnancy journey has been an indescribable experience so far; it has its own beautiful amazing and challenging episodes that only I, can feel. I think that there is no generic experience with pregnancy that can be shared by individual woman. Yes there are common symptoms that have been discussed out there by those who have experienced pregnancy before, however, I feel it depends on each individual woman's human biology system, mental and spiritual being and support system that goes with being pregnant.

2. Is this your first pregnancy?

Yes it is.

3. Why did you wait to be this age to have a baby?

I did not wait to be my current age to have a baby. I believe that creation is from God and as such, having a baby is a blessing from God. It's a creation of life. So, it's not up to any human being to choose when and not when to have a baby. It's an act of God in line with his grace upon us. Only He knows the script of our lives.

4. How much are you prepared to be a mother?

As a woman, I am naturally born a mother. So I am prepared to be a mother at birth. I have been a mother all my life. I have mothered other people's children. Now this will be the time to mother my own child. That is how prepared I have always and shall forever be.

Makeup: Nora Cosmetics

Navy blue dress: Berry Heart Creations

Pink Dress: 5th Dec Creations



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Parenting

5. What's the most important thing you hope to teach your child?

Humility. It's the most important virtue of humanity.

6. What advice would you like to give other expecting mothers and aspiring mothers out there?

To enjoy and experience their womanhood because it's a unique gift of nature to be a woman. We are procreators of humanity. So, let's embrace being mothers fully.

7. Since the beginning of your pregnancy, how much support have you received from your baby daddy?

Even before the pregnancy, I have had all the support that a woman and a pregnant woman could wish for from a partner. He is part of our pregnancy journey. His support is as if he would share carrying the pregnancy for me. It's just amazing that he can be there almost 24/7 despite his hectic schedule.

8. What advice would you like to give other men out there regarding pregnancy?

Be there with and for your women during the pregnancy. Pregnancy is a spiritual and emotional experience that must fully be shared by partners. It's the creation of a life of a human being, so both of you must be present everyday of your pregnancy. Men, do not ever think your woman is pregnant alone. She is pregnant with you. Brad Pitt says; "We are pregnant".

9. Give advice to young women who fall pregnant and end up do abortions.

I am not the kind of woman who judges the choices of another woman because women go through a hell lot to be making decisions that they make about almost anything in life, unless that woman comes to me for advice personally.



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Seekers Column

I am a 25 year old Motswana woman, now staying in Namibia. I am looking for a mature loving and caring man. I am short in height, not fat but with average body. I love being indoors and watching television, the right person can kindly reply on this page. Thank you.

Hi there! I am a 28-year-old woman looking for a man aged 45-58. He must be single and never married. I am a beautiful fun loving person, ready to settle down and have family.

I am looking for a sugar mummy, whether married or not you are welcome. I am just a sweet loving handsome man desperately looking for a smart sugar mummy in Gaborone.

I have two kids who I love so much and my two nieces who I dare them so much. I live with these four kids. I am therefore looking for a man who is ready to settle down and help me raise these kids. I like going out with friends sometimes, I am a loving and caring person. I am a short lady with a thick body, but a beautiful one. In a relationship I want someone who loves, respects other partner and who loves children. Kindly reply here with your number or email addresses.

I am looking for a handsome coloured man who is ready to settle down. He must be working in a bank. He must be a responsible man who can look after his family. The said man must be aged 40-45. Please reply here with your picture and

email address.

I am seeking for a Christian partner to marry. I am a 22 year old man and I have been looking for a perfect lifetime partner to marry in Botswana. I hope this time I will find one. My partner must be a Motswana woman aged 22, whether working or not, she is still welcome. Reply on the next issue with your email or number.

I have always been wondering what the meaning of love is. I therefore want to experience it with a single lady from any part of Botswana. I am a 43 year old man from Maitengwe looking for a single lady to love. The ideal lady should be staying in Gaborone. She must be aged 25 to 30.


















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A bus full of Nuns falls of a cliff and they all die.

They arrive at the gates of heaven and meet St. Peter. St. Peter says to them "Sisters, welcome to Heaven. In a moment I will let you all through the pearly gates, but before I may do that; I must ask each of you a single question. Please form a single-file line." And they do so.

St. Peter turns to the first Nun in the line and asks her "Sister, have you ever touched a penis?"

The Sister Responds "Well... there was this one time... that I kinda sorta... touched one with the tip of my pinky finger..." St. Peter says "Alright Sister, now dip the tip of your pinky finger in the Holy Water, and you may be admitted." and she did so.

St. Peter now turns to the second nun and says "Sister, have you ever touched a penis?" "Well.... There was this one time... that I held one for a moment..."

"Alright Sister, now just wash your hands in the Holy Water, and you may be admitted" and she does so. Now at this, there is a noise, a jostling in the line. It seems that one nun is trying to cut in front of another! St. Peter sees this and asks the Nun "Sister Susan, what is this? There is no rush!"

Sister Susan responds "Well if I'm going to have to gargle this stuff, I'd rather do it before Sister Mary sticks her ass in it!"

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INTERIOR DESIGN STYLES



1.From steel and stone to bricks and brass- industrial interior style is all about raw, exposed materials. Introduce metal fixtures or stripped back floorboards for a subtle but effective nod to the industrial trend. Statement lights are often a feature of industrial interiors and are particularly important for softening an otherwise cold space. Let your colour palette be guided by the raw materials used for a truly authentic industrial look.

2.Eclectic Interiors- borrow ideas from a range of different periods, styles and trends. Break the rules, have a little fun and inject your personality into your decorating, that's what the eclectic style is all about. Still, it is important to maintain a sense of balance within your decorating. The very best eclectic interiors are a cohesive blend of old, new, colour, texture and pattern.



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Boitumelo Finds Life In Jewellery Business

To Itumeleng Mosweta art is a form of communication, the best way of self-expression based on her thoughts, observations and everything she have experienced in life. Its meaning is shaped by the materials, techniques, and forms she uses when creating her paintings, which is why she considers it therapeutic. She has been doing art for 2 years and a month, but started doing it full-time for 7 months. She mentioned that it took her whole life to develop her style because it's shaped around what her life experiences.

What inspired you to do what you are doing now?

My mother is my biggest motivator, a Woman that has made me the strong, confident and passion driven young lady I am today without a father figure in the house. She's the one that capitalized my business when I started it with nothing and supported my decision to follow and fulfil what I'm passionate about.

What can you say are your unique traits in your art?

Unique traits in my art lie in the way I create it and the thought that goes into creating it. I have my own thinking and imagination, I observe things from a different point and nobody could ever have the same perspective.

Men are dominant in the art industry; do you ever feel belittled because you are a woman in the industry?

Of course I do sometimes but throughout my art careers, the criticism and all I've just allowed my art to speak for me. I'm not to be the point of focus here, my art is. That's why gender shouldn't matter in the art industry. My art and the message I have to share with the world is what will make way for me. My job here is to create. We are all artist smashing goals in our own lanes.

How do you see the balance between giving the customers what they want and treating them to something new?

The thing with running a creative business is that your target market will not always have control over what you provide them with. I can give them what they want but I'm not afraid to do what I'm comfortable with and make them realise how valuable what I create is despite what they sought to be the norm.

How would you describe your own development in your artistry?

It's been a bumpy ride but the road to getting what you deserve will never be

a comfortable one. I know that the challenges i face are only there to create a stronger version of myself. Practice makes perfect and that's why I never stop creating. I definitely was not as good as I am 2 years Ago when I started but because I looked ahead and knew that I'd get better with time, all it will take is for me to be patient with myself and my capabilities.

How do you seek out opportunities?

I knock on closed doors, when I don't get an Answer i check if their locked, open and realise there was nothing stopping me from getting the things I know I deserve. I know that opportunities won't come to me hence I'm not afraid to reach out to them and get them myself. They're so many people out there willing to support; I just need to make them aware of my existence.

How do you ensure that you deliver products to people well in time without failure?

Setting up a schedule works perfect. Having things in order always gets the job done. I set goals and ensure that I don't disappoint my clients.

They keep me going and that's why I prioritize and provide them with the best services. A happy client always comes back and that's what every business needs.



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about a centimeter high and 10/12 cm in circumference. Fill up your tray with these and bake for about an hour and a half. Remove them from the oven and let them cool.

Berry Sauce

Boil frozen berries in a sauce pan with one cup of water added to them and one cup of castor sugar. Boil the berries till the water has simmered down. Throw them in your blender and smooth it up in your blender. To ensure a very smooth consistency, you can pass your mixture through a sieve. Then put it in a squeeze bottle to later use to dress your pavlova.

Building The Pavlova

Start by splashing berry sauce on your plate to garnish it, and then place your meringue on the plate. Take your halved berries and toss in your berry sauce before you start building your pavlova. Place your berries on top of the meringue carefully building a small heap. Then drizzle your berry sauce on top and sprinkle a few fresh berries on the top... Bon Appétit.

Ingredients

- + 4 large eggs
- +115g castor sugar
- +115g icing sugar
- +1Tsp rosewater (optional)
- +1strawberry
- +5 blueberries
- +5 orange berries
- +1packet frozen berries
- +1can granadilla puree (optional)

Preparation time: 30 mins

Cooking time: 1hr 15 mins - 1hr 45 mins

NB: Rosewater is an essence that adds a rose flavour to any food or dessert and can be found mostly at Indian retail supermarkets. Granadilla puree could be used as a garnish or topping sauce.



Berry Affordable Desserts

With Chef Linford

It's a very delicate dessert to make and requires your utmost patience, mainly because of the meringue.

* Meringue is a type of dessert made from whipped egg whites and sugar. The meringue is prepared by mixing your eggs, castor sugar and icing sugar with the given quantities in a bowl, you then get your whisk and start whipping your mixture for about 5 minutes. Continue whipping until your mixture reaches a mouldy and spiky consistency. To be fully

sure that your mixture is ready; you can flip your bowl upside down. If the mixture is ready it will hold and not spill out, but if it starts sliding off then it needs more whipping.

Heat your oven to 110 degrees Celsius, and then line a baking tray with a nonstick mat. Pour your mixture into a piping bag then start piping out medium sized circles with the meringue mixture. Make sure your meringues are completely filled up with little to no air hole. It should be



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PERSEVERANCE BRINGS SUCCESS- DOPS BAIPIDI

His inspiration for music was influenced by his love for arts. Ontiretse Thabo Baipidi well known as Dops Baipidi happens to be jack of all trades. Apart from music the Mmathethe born is a director, an actor, script writer, life skill facilitator, master of ceremonies and also the Founder of Ikakanyeng Theatre Group.

He has been in music industry for almost seven years now. In his music journey he has released more than 5 albums among them is his first album "Rankoromane" released in 2013. "Zaka" was released on 2014 followed by "Baloi bame" which was released on 2018. He has collaborated with the likes of Kalahari in a single called "Tsamaya oe go robala", he worked with Mahempe and Thono Nkwata on an album named "Re mono hela". This year he has released yet another single called "Thandie" in which he is collaborating Jimmy Jimaro. Dops believes that collaboration in music industry is a vital procedure that helps one to learn from other musicians.

To improve his love for the arts he went to study Bachelor of Arts at Wits University at Johannesburg. He noticed growth in his music after he returned from school in terms of packaging, promotion, as well as marketing. Adding on challenges he has faced on music career Dops says that he is one person who doesn't allow challenges to define him. He believes that every man is an architect of his own fortune and perseverance brings success. He said musicians should learn to be patient and work hard whether challenges are there or not.

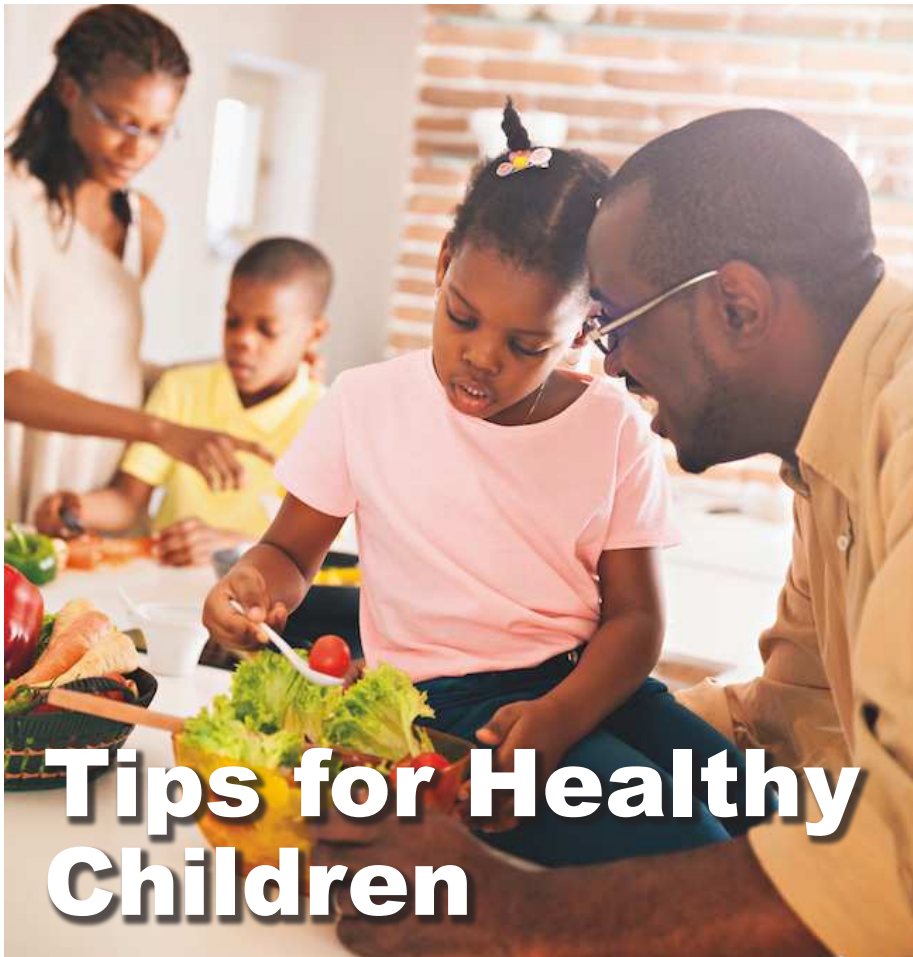
His concern about music industry in Botswana is that upcoming artist are denied exposure to be seen by the public. Popular shows are being attended by most prominent artists time and again which leave the upcoming artists in the dark side. He advises musicians to learn to promote each other, "Two heads are better than one." When asked what he would offer if he had resources Dops said, "If had money, I would offer capability trainings to the upcoming artists and also build proper infrastructures to make music world easier for them."

Contact details
App:73694966|75322052
Facebook: Dops Baipidi
Email: madopana@yahoo.co.uk



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Tips for Healthy Children

- Start their day with a healthy breakfast. It refuels their bodies and provides energy for the day.
- Let kids help plan and prepare 1 meal each week.
- Take time eating, and chew slowly. It takes few minutes for the brain to tell the body that you are full.
- Give your kids fresh fruits and vegetables each day.
- Give them more whole grains each day. Examples include oats, brown rice, and whole-wheat pasta.
- Give kids plenty of fluids to drink every day. Choose water, low-fat or non-fat milk and low-calorie beverages.
- Serve them a variety of foods in small portions.

Being more active (for children)

Move more. Try to get 30 minutes of physical activity each day. Take a short walk with your kids before or after meals.

Make fun playtime with your kids.

Include activities, such as biking, when you go on vacation with your kids.

Limit TV, computer and video game time to less than 2 hours per day. Encourage physical activity for your kids instead.

Raising children isn't always easy. You have a lot to do in a little time, but the stakes are high. Today many children are overweight; a healthy, active lifestyle can help maintain weight in children. It can also prevent health issues such as asthma, diabetes and others.

It is therefore important to create healthy habits early. These will help you make smart choices for your children. Since children imitate their parents, it is important to set a good example. The tips below can help your kids to be healthy:
Eating better (for children)



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Things to Do in Your Garden in March



Get your spring garden in shape with these garden tips:

Plant Trees and Shrubs in March

Early spring, when the weather is cool and moist, it is a great time to add trees and shrubs to your landscape. Dig a hole slightly wider than the root ball of your plant. Then set the plant into the soil at the same height it was growing in its nursery pot. Water thoroughly and mulch.

Tip: Find out how large a tree or shrub will grow before you add it to your landscape. You don't want to plant something that will eventually tower over your home.

Check Irrigation

Water is a precious resource. That's why, if you have an irrigation system, it's important to check it now. Look for broken

heads or inefficient spray patterns that can waste water. Also, adjust your timer so you are not watering your garden during the rainy season.

Tip: Most lawns and gardens require an inch of moisture a week. If you are unsure of how much water you are providing, set a coffee-can in the garden and measure what it catches.

Clear Flower Beds

Rake leaves and mulch away from garden beds to allow the foliage of spring-flowering bulbs and perennials to poke through. During the winter, leaves can pack down, forming an impenetrable barrier to new growth. Plus when you pull back the mulch, the soil will warm faster because it's exposed to the sun.

Tip: Use a plastic leaf rake when you remove mulch. Metal garden rakes with sharp tongs can rip tender foliage from emerging plants.

Spray and Prune Fruit Trees

There's still plenty of time to prune apples and other fruit trees. Remove dead, diseased or crossed branches before the trees break dormancy. Also, eliminate vertical branches to allow sunlight to penetrate the interior of the tree. Fruit is only produced on horizontal branches so don't worry about minimizing your harvest.

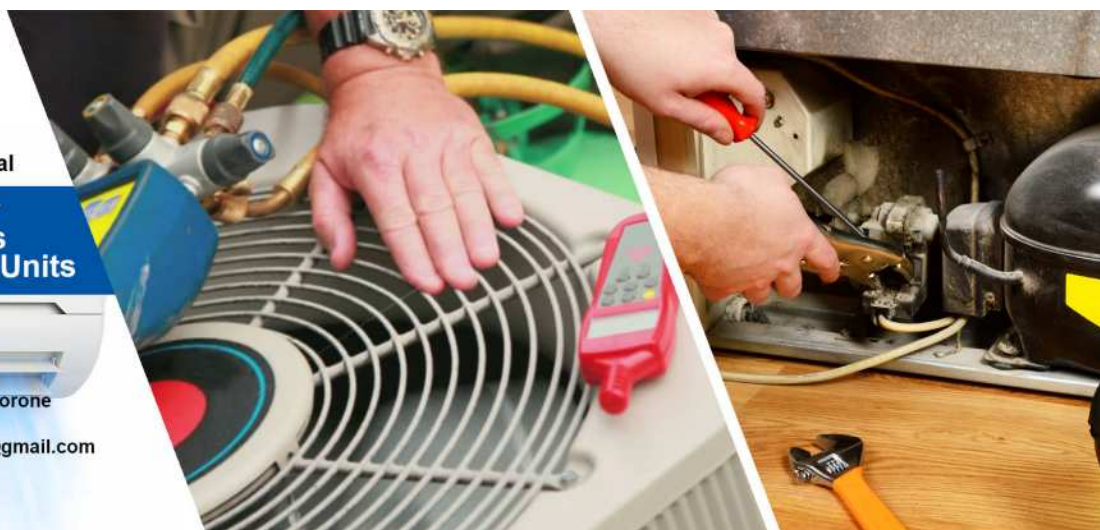
Tip: Spray your trees before they leaf out with a dormant oil spray. It's an effective method of reducing insect pests organically. Follow label directions when you apply dormant oil spray.

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Barclays Named Absa Bank Botswana Limited



Barclays Bank Botswana officially became ABSA Bank Limited on Monday 10th February 2020. The Gaborone City CBD was painted red as you can see the pictures here;



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GENDER DOES NOT MATTER IN THE ART INDUSTRY

According to Itumeleng Moswetla, art is a form of communication, the best way of self-expression based on her thoughts, observations and everything she has experienced in life. Its meaning is shaped by the materials, techniques, and forms she uses when creating her paintings, which is why she considers it therapeutic. She has been doing art for 2 years and a month, but started doing it full-time for 7 months. She mentioned that it took her whole life to develop her style because it's shaped around what her life experiences.

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Setting up a schedule works perfect. Having things in order always gets the job done. I set goals and ensure that I don't disappoint my clients. They keep me going and that's why I prioritize and provide them with the best services. A happy client always comes back and that's what every business needs.



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Exercises for a Bodyweight Workout You Can Do Anywhere

Lunge jump

Ready to impress some friends? Stand with feet together and lunge forward with right foot. Jump straight up, propelling arms forward while keeping elbows bent. While in the air, switch legs and land in a lunge with the opposite leg forward. Repeat and continue switching legs. Try to do 10!

Squat

Stand with feet parallel or turned out 15 degrees — whatever is most comfortable. Slowly start to crouch by bending hips and knees until thighs are at least parallel to the floor. Make sure your heels do not rise off the floor. Press through your heels to return to a standing position.

Single-leg dead-lift

Start in a standing position with feet together. Lift right leg slightly. Lower arms and torso while raising the right leg behind you. Keep left knee slightly bent and reach arms as close to the floor as possible. Raise torso while lowering right leg. Switch legs.

Calf raise

From a standing position, slowly rise up on your toes, keeping knees straight and heels off the floor. Hold briefly, and then come back down and repeat. Try standing

on something elevated (like a step) to achieve a wider range of motion.

Donkey kick

It's time to embrace that wild side. Start in a push-up position with your legs together. Tighten core and kick both legs into the air with knees bent, reaching feet back toward glutes. Try to land gently when returning to the starting position.

Handstand push-up

Fair warning: This move is for the pros. Get set in a handstand position against a wall. Bend your elbows at a 90-degree angle, doing an upside-down push-up so your head moves toward the floor and your

legs remain against the wall. First-timer? Grab a friend to spot you — safety first!

Superman

Want some superpowers? Lie face down with arms and legs extended. Keeping the torso as still as possible, simultaneously raise your arms and legs to form a small curve in your body.

Bicycle

Lie face up with knees bent and hands behind your head. Bring knees in toward chest. Bring right elbow toward left knee as right leg straightens. Continue alternating sides like you're pedaling a bike. Just keep the helmet in the closet.



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Mr Ideal Botswana 2019-2020

People normally think of beauty pageants as a type of competition for women, but Mister Ideal Botswana is one of the annual occasions that differ with people's views towards Pageantry; the event features male contestants around the country; which encourages charitable spirit, intelligence, confidence, and the good looks.

In the event, men have to go for competitions like any other Pageantry for each edition. The latest Mister Ideal Botswana male beauty event was held on the 9th of November in Gaborone 2019; "Thami Bongani Mathaba" who hails from Tonota took the title for Mister Gaborone. The name was change from Mister Gaborone to Mister Ideal Botswana in 2019 after they got a franchise from Mister Africa International to operate under the new name.

The winner Mr Mathaba, is also doing this to now become an inspirational role model for young men all around the world. Thami Bongani Mathaba, holds a degree in Mobile Computing from Botho University. He said things started in 2017 where he became 1st Prince and decided to continue with pageantry.

Thami is currently working with Kesego Basha of Centre for Youth of Hope Organization (CEYOHO) and Cancer Association Botswana as a spoke person; to raise awareness on male breast cancer. He said he chose raising awareness on breast cancer amongst men because people, more especially men believe that breast cancer only affects women.

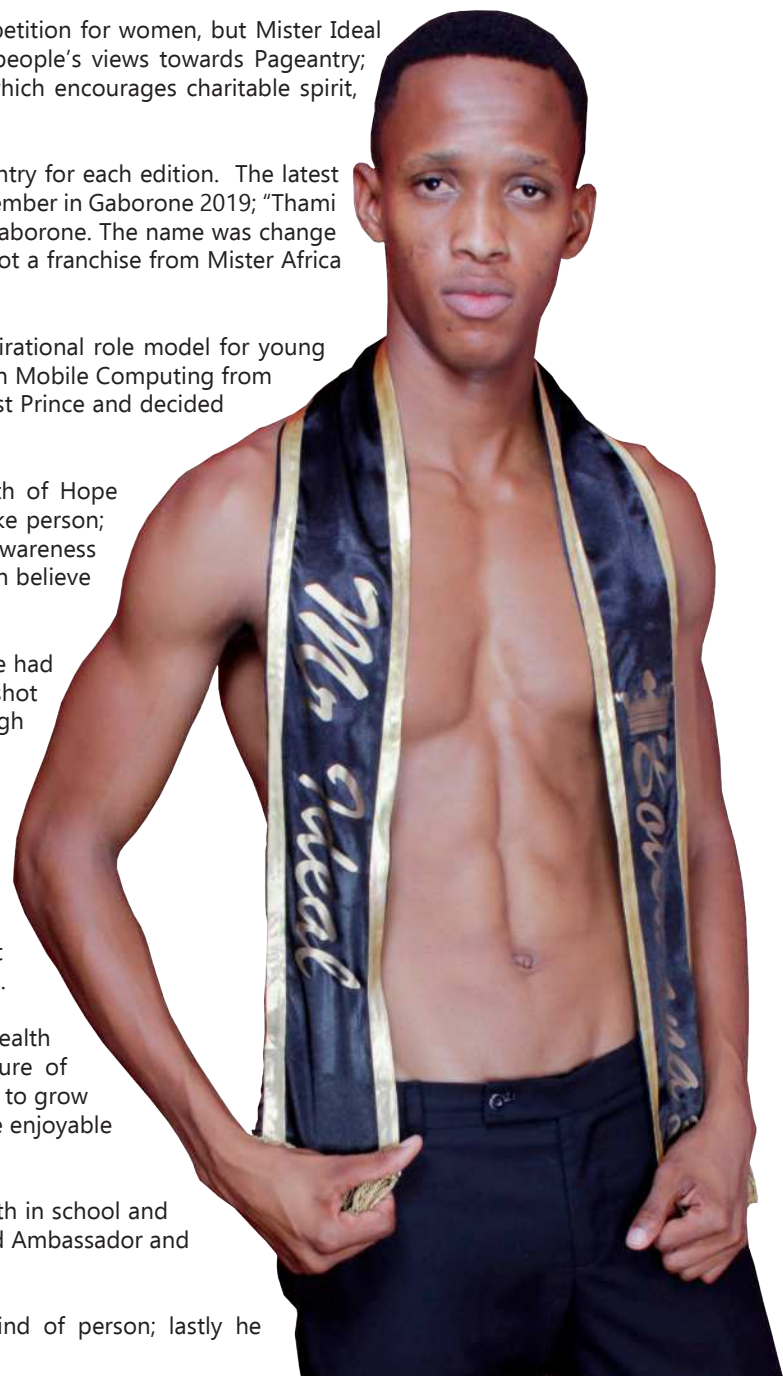
Before Thami gets into the world of pageantry, he mentioned that he had been doing research about the industry. He decided to give it a shot though as it was always there in his mind while growing up even though he came across criticism from people having about Male Pageantry.

His manager, the Founder and Creative Director for Mister Gaborone Oratile Phofhedi added that it is very difficult to get sponsorship and recruit more people especially in male pageantry because people are sceptical about the thing and slow to adapt to it. He added that they are doing all their best to bring the community and everyone around to have more knowledge about it. But all in all he mentioned that Thami is a hardworking person, Intelligent, Smart and believes in him.

According to the founder Phofhedi the event also promotes health awareness and many young ones showcase their talent and culture of Batswana. He mentioned that every year the love and interests seem to grow gradually in both the audience and participants, which to bring more enjoyable entertainment aspect of the competitions.

Thami added that he is grateful that his parents were supportive both in school and his journey with pageantry, he believes that he is going to be a Brand Ambassador and Advocate for many organizations in changing the lives of Batswana.

He regards himself as a Romantic, loving and adrenalin junky kind of person; lastly he encourages people to believe in themselves.



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So far, this season Kabelo has 8 goals and 14 amazing assists in 17 games and this has helped Lija Athletic FC in a BVO Maltese 1st Division Premier League. He also said it is an honour for him to have been given an opportunity to show off his talent as a Motswana to other countries and for being a great asset to the club.

When asked if he would consider going back to his previous club in Botswana looking at his performance and benefits in line with the contract at the new club he replied, "Just like any other player, I want to play in the highest level and I am working very hard to get there and I believe one day I will achieve my dream."

He stated that everything is well with him that side. The treatment he receives from his coach and team members is impressive. Apparently they already named him "The King" and he loves the name. Kabelo described their captain as a great leader with nothing to doubt about him. He added that they are currently negotiating another contract with his club and he believes this will help him improve his skills for better and more goals whenever he is in the field.

Seakanyeng Outshines At New Football Club

Botswana International footballer, Kabelo Seakanyeng who played as a midfielder for Chippa United in South Africa, was named the best player of the month in November 2019 while he was still under his current club, First Division Side Lija Athletic Football Club in Europe.

He said at first he did not know anything about Maltese football. He only played four games in the last season while he was at Chippa United from June 2018 to January 2019. He then stayed almost six months without a team to play for, until he got more game time which makes him to enjoy football even more.

The gifted young man said ever since he got there, his performance as a middle fielder has improved immensely and his coach is very impressed.



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