

# Celebrity World

Botswana's Native Magazine

August 2020 P12

The  
Aspiring  
Star Lady  
Mackay

Exquisite  
Bakes  
By Chef  
Sefako

RHYME  
KILLA

Aims Higher

RELATIONSHIP  
QUESTIONS

That Will Help  
Strengthen  
Your Love  
Life

What

To Sow And  
Grow In  
August

The  
Number 1 BW DJ

La Timmy



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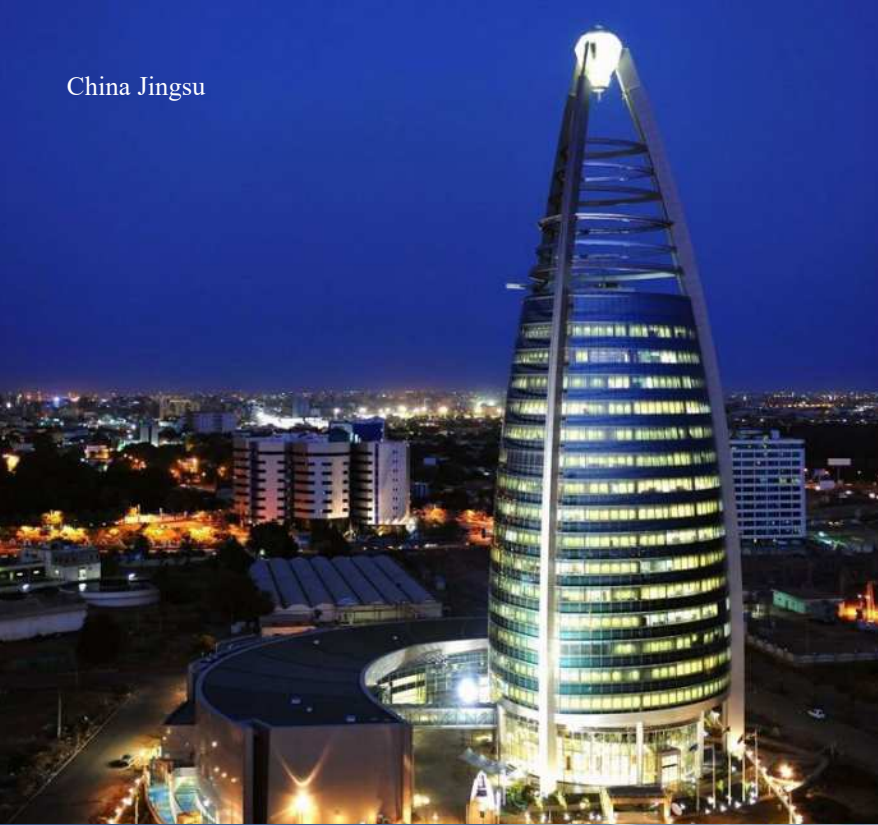
Intimate Interior  
Decoration Ideas For  
Your Dream Home

Xolo Hits New  
Waves With  
Slapstick

Skupu Bw  
Promotes  
His New Album

DJ Blaiz On Music  
Industry and Covid 19

China Jingsu



High Court Gaborone



Garden In Beijing



Exhibition Pavilion Of Saudi Arabia At Shanghai World Expo



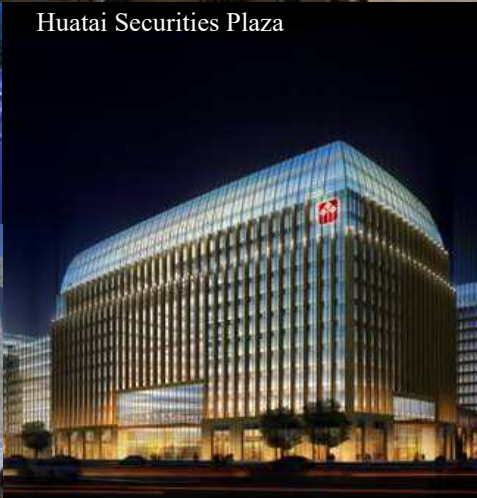
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 @celeb\_bw  **Celebrity World**

**W**elcome to issue number 39 of our magazine. This time we have featured an exceptionally talented and well accredited crowd puller - DJ Latimmy. There is a lot to ask yourself about him and our August issue, as compared to the previous issues, this time we have put a quite number of local artists. The idea is to make you love the magazine more.

Have a joyful reading of this issue under the tree, with the wind lifting the pages as we are in the month of August being the month of winds and dry air.

Give yourself a little treat with our fitness page as it will help you keep healthy in a better way. Another feature is on the recipe page you can still get a taste of the month of August with our delicious recipes. So grab a copy and have a splendid read. Enjoy!

You can share your thoughts about this issue. We can be found on:

Facebook: Celebrity World



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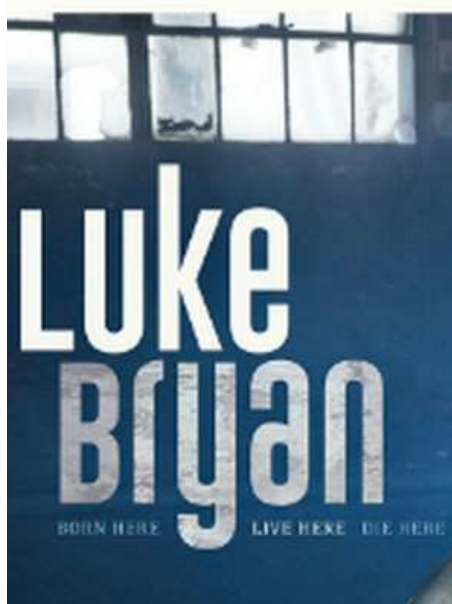
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**Greenland**

**Release date:** August 7, 2020  
**Directed:** Ric Roman Waugh  
**Produced by:** Gerard Butler, Basil Iwanyk, Sébastien Raybaud and Alan Siegel



**Album:** Born Here Live Here Die Here  
**Release Date:** August 7, 2020



**Wonder Woman 1984**

**Release date:** August 13, 2020  
**Directed:** Patty Jenkins  
**Produced by:** Gal Gadot, Patty Jenkins, Zack Snyder, Deborah Snyder, Charles Roven, Stephen Jones Luke Bryan



**Album:** A Celebration of Endings  
**Release Date:** August 14, 2020



**Star Daughter**

**Author:** Shveta Thakrar  
**Release date:** August 11, 2020  
**Genre:** Fantasy & Young Adult  
 This gorgeously imagined YA debut blends shades of Neil Gaiman's Stardust and a breathtaking landscape of Hindu mythology into a radiant contemporary fantasy. The daughter of a star and a mortal, Sheetal is used to keeping secrets. Pretending to be "normal." But when an accidental flare of her starfire puts her human father in the hospital, Sheetal needs a full star's help to heal him. A star like her mother, who returned to the sky long ago.



**They Wish They Were Us (The Player's Table #1)**

**Author:** Jessica Goodman  
**Release date:** August 4, 2020

**Genre:** Young Adult & Mystery  
 In Gold Coast, Long Island, everything from the expensive downtown shops to the manicured beaches, to the pressed uniforms of Jill Newman and her friends, looks perfect. But as Jill found out three years ago, nothing is as it seems. Freshman year Jill's best friend, the brilliant, dazzling Shaila Arnold, was killed by her boyfriend. After that dark night on the beach, Graham confessed, the case was closed, and Jill tried to move on.



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# The Aspiring Star Lady Mackay

**W**ith all the challenges she came across while pursuing her music career, she never gave up instead she stood firm and focused on building her legacy. Meet the fascinating twenty three year old promising artist - Wame Jullien Makhandlela with stage name "Star Lady Mackay".

She believes that her music plays an important role in the lives of people as it does not only entertain the audience but also heals and educates them at the same time. Star Lady Mackay specializes in different genres. She said "My voice fits in every genre that's why I do all genres". She also said this is a dynamic way to cater for different audience. Her first single "Ke nyorilwe" is a House Gospel song which was released in 2018. In 2019 she switched from house gospel to Mpaxanga through an album titled "Kgomo ya lefisa" in which she collaborated with Macloud in some of the songs. Wame released another album this year which is an Afro-pop titled "Ntwa ya gae". She said "Kgomo ya lefisa" album made her presence to be felt country-wide as it reached radio stations.

**T**he Bobonong native is currently writing her own music and manages herself. She has performed at different clubs, weddings and parties around the country. She is inspired by Charma Gal. "I am looking up for Charma Gal, she motivates me and her music journey is a living testimony because it gives me hope that one day I will reach that level," she said. Star Lady Mackay is also willing to collaborate with the likes of Rocking Stars, Motha and Charma Gal just to mention the few. Her vision is to establish a record studio which will help other upcoming artists.

She expressed gratitude to her fans for playing a role in grooming her, adding that their support and guidance built her into a strong woman she is today. She applauds local musicians who are already doing well to help the upcoming artists. "Groom us, mentor and guide us to help grow the music industry in Botswana.

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# Rhyme Killa Aims Higher

**B**okang Leslie Motswadi aka "Rhyme Killa" is a hip hop motswako artist who records songs at Decibel studios. He dropped Ha Gole Monate single ft Flexyville in July. Rhyme Killa also trains people to play live instruments. He intends to speak for the unspeakable in the industry, make money, grow his brand and be recognized internationally by putting Botswana on the map.

The Lobatse born and raised musician is currently working on his album titled Be Strong Fear Not, which he plans to drop this year around festive. He is also working on its music video and merchandise. Being in the industry for a long time made him realise that he shouldn't only depend on music for a living, but to also invest into other businesses since the market in the entertainment industry is currently down.

To him, it is hard to cope with the Covid 19 outbreak as he no longer earns an income. Currently he sells clothes and music through social platforms for survival. Rhyme Killa appreciates the effort made by the government to save the country from the pandemic. He believes this is the right time to perfect his craft and look for other alternatives to make a living.

He recently performed on active TV shows like Morethetho wa serubi, and BW online party. Rhyme Killa said the impact he has on other artists is huge and he aims to do more collaborations to invite them to his music shootings and shows.

His last words; I would like to encourage Batswana to support local brands, not only in music but in other businesses as well. Again if we believe in God's plan, this corona saga will pass and we shall get back to our normal life.



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# Skupu Bw Promotes His New Album

**A**fro kwasa musician "Molebeledi Lesego" also known by stage name Skupu BW is currently promoting his 5th album titled "Toga ke phantsha". The album which has six tracks was released in May 2020. The talented young man said he is inspired by Rhumba legend Franco.

Skupu Bw worked with the likes of Eric Ramco, Eskimos, Franco and others. He intends to help more upcoming artists from different genres and he is willing to tag them along at his shows. "There is talent in Botswana; I have been doing music for a long time so I know there is a lot of talent in young ones. Helping them tap into their talents is one of the greatest gifts I can offer them right now," he said.

With the strong band he has, Skupu Bw trusts that they can go somewhere as a team. He added that, "Being transparent is also important for upcoming artists to understand the big picture. That is, I should not just ask them to do something, but to be exemplary to them because a great leader should lead by example. After all, they will feel motivated to do a better job".

Passion and love drove Skupu Bw to keep on doing music. He told CW magazine in an interview that his music journey started in the late 1990s when he was as a dancer for Kwaito Weapons, a group that was later re-named as Mmantshwabisi.

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**Facebook page:** Skupubw



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# Sibanda Is No More



**S**ecurity Systems defensive midfielder Mnginisi Sibanda is no more. The 29 year old passed on after a short illness. He played for FC Satmos, BDF XI and Orapa United before joining Security Systems.

MAY HIS SOUL REST IN PEACE!

Pics: FB



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# Get to Know Dj La Timmy



**H**e is widely recognized as one of the most energetic, disciplined performer of all elements. He is an exceptionally talented and well accredited crowd puller, who passionately engages his audience and gives them value for their money at both indoor and outdoor shows. Timothy Sabuta, affectionately known by his stage name Dj LaTimmy is an African Botswana record producer, DJ and entrepreneur. He owns a record studio called "BeatMechaniX Studios".

The seasoned entertainer and crowd puller started his music career in 2003 as a Dj in Francistown (Botswana's second city). He then relocated to Gaborone city and established his now famous brand "Dj LaTimmy". In 2005 and 2009 he rose to prominence as a tour DJ for some of Botswana's biggest network companies. During that period, Dj LaTimmy established his career that garnered him a countrywide respect and following. The Nanzala Vuke hit maker released his solo debut album entitled "Motho" in 2008 and its self-titled single received an overwhelming airplay in all the local radio stations topping their charts. Following the success of his first album, Timmy released his second

studio album entitled "Nfana wa Kasane" which contained the hit 'Refilwe" in 2010. Nanzala Vuke Single was released in 2013 and it scooped Best Video & Best Single Award.

Along with other artists and DJ's, LaTimmy played a major role in the merging of elements of House Music and modern day music genres (kwaito, jazz, hip hop and Rhyme and Blues). By constantly appearing in Botswana televisions' most music shows, recognizing the amount of talent Dj LaTimmy has, Major (Recognized) local Corporate Institutions have outsourced his services as both outdoor and indoor Dj. As an MC, LaTimmy has been known to interact with all age cohorts as well as delivers well memorable, electrifying services that leave consumers happy with the product. He has performed at the following major events amongst others; Mascom Wheels or Cash and Mascom Cash Explosion 2011-2012, Mascom Horse Race 2011, Consumer Fair and Phikwe Marathon in 2011. St.Louis Summer Splash in 2011. Puma Energy Activations in 2011 and Orange Trade Fair in 2008-2010. The Botswana Television (Btv) engaged Dj LaTimmy in July 2013 as a resident Dj for the popular TV program- Flava Dome.

With so much passion and dedication, love and confidence LaTimmy's career has progressed with the ability to have room for improvement. Besides his music career, he is also involved in helping the community by doing charity

works. Elaborating further, he mentioned that he is in partnership with Mosadi TOTA Organization and they have been donating food hampers and clothes to the needy. Commenting on his experience of performing alongside Casper Nyovest at the Royal Bafokeng last year, Timmy described it as an overwhelming experience and he is forever grateful for that platform. Being unique and different makes one out stand hence why the use of his native language in his songs.

**D**j LaTimmy stressed that education is important even in their field because it helps them to acquire new skills and knowledge for their development in life. When talking about the entertainment industry in Botswana, Timmy mentioned that it has grown more to the extent of other artists getting to empower and uplift internationals than locals. Elaborating his point further, Dj LaTimmy said the arts "The arts are only visual and have a meaning to customers only when there is an international act on the lineup. This means the acts get more payment and more promotion locally while local acts are put to promote themselves timeliness".

**W**h e n  
advising  
upcoming  
Djs, La  
Timmy have  
emphasized  
that years of

practicing and self-investment is key. They should have passion and love for their dreams. For musicians, the only way they can remain afloat is by using social media platforms like Facebook and WhatsApp to reach out to their fans and stay relevant, but slowly getting back up with the sight of technology. Personal motto: "Kone nkoko o zwe mu vusi" Do what you have to do to achieve and avoid out obstacles.

**Contact Details**

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**Email:** Info@djlatimmy.com



# Face Mask Hurting Your Ears?

## Try These Low-Key Brilliant Hairstyle Tricks

**W**earing a face mask is the very least you can do to help limit the spread of COVID-19 when venturing outside. Which means you also know that wearing your mask all day long can cause some uncomfortable rubbing/pulling on the backs of your ears.

### Head Wrap Mask Style

If your ears are absolutely over the friction and rubbing skip the elastic altogether for a day and try masking with something softer.

### Accented Mask Hairstyles

You can still look incredibly cute while wearing a mask, so wear it, no excuses. With just a few barrettes and bobby pins.

### Twisted and Clipped Mask Hairstyle

The key to making this style is a few soft layers pulled out around the face. Just two-strand twist the sides of your hair back, hook a cute barrette through the ears of your mask, then slide and snap the barrette over the twist to keep it in place. Repeat on the other side, and boom—cute hair, happy ears.

### Bandanna Mask Hairstyle

You know that bandanna you initially used as a face mask before investing in a legit one? Yeah, go get it. Then wrap it around the back of your neck, slip the ends through the ear holes of your mask, and tie the bandanna up and around your head or around a ponytail for a genius hairstyle combo that'll keep the friction off the back of your ears.

### Easy Face Mask Hairstyle

These hairstyles really, truly don't have to be difficult—just scoop your hair into a low bun, ponytail, braid, whatever, and then use a bunch of glitzed-up barrettes and pins to keep the masks elastic pulled back and away from your ears. Don't have fancy accessories? Grab two mini claw clips to hold the loops in place

### Ponytail Face Mask Hairstyle

You can still take a cue from this ponytail hairstyle by looping your mask under or through the first bubble of the braid to keep it in place and off your ears.



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**Aries**

Don't be afraid to follow an unconventional path this month as you shed your old skin for a new one. You are the trailblazer of the zodiac and sometimes the first to experience things before any other sign does. First thing to get rid of fear and the opinions of those around you, and keep going victory is yours.

**Taurus**

You will find yourself quickly realizing that you are outgrowing some network and connections that you have known for a very long time, possibly even 10 years strong. This may be quite distressing for you, particularly because you are a very loyal sign, but unfortunately as it seems a cycle is ending abruptly for you this month.

**Gemini**

Your words can block your blessings this month Gemini, so be guarded on what and who you spoke to this, and who you

allow to speak on to you. Be open to making healthy, beneficial networks and partnerships that allow you to be yourself and aid your growth and stability this month.

**Cancer**

Get out of your head this month, you have so many opportunities that need you to be open minded and alert and hands free. Keep yourself out of entanglements and getting stuck with people or structures that don't suit your long term goals, as your time will be wasted.

**Leo**

Happy birthday Leo! So many new people, places and opportunities to explore, in love, money, and renewed mindsets. July was pretty rough for you emotionally but it delivered some heavy lessons that you not forget just because everything is suddenly going well again. Make sure the new doesn't make you throw out the old that actually benefits you.

**Virgo**

Your mind is on your money and your money is on your mind this and this not always bring happiness and support from those around you. Some decisions you have to make quietly on your own and not be afraid to take a leap of faith and try new ways of doing things without involving the crew. Focus and ignore the negative vibes

**Libra**

What is your method to your madness? Do you have a plan and is it well planned out because you will be given the platform to showcase your talent this month. Libra take this opportunity and shine, because you deserve it. Your money and career is looking good, love not so much so focus on what works.

**Scorpio**

Have you truly accepted who you are Scorpio, because if you aren't being yourself authentically you can't expect your life to reflect the prosperity, abundance and peace you want. Find your niche, your personal power and surround yourself with those that keep you accountability, this month is powerful for regeneration.

**Sagittarius**

You are transforming this month, so growing pains will be triggering you all month all Sagittarius. You are being asked to allow what is dead and gone to stay there and trust that where you are going you will be provided for. Stick to the course, be humble and open to new methods you will be blessed with. You will see your rewards by the end of August.

**Capricorn**

You will be looking for a new way to get things done this month, which may include working for new people to work with. Your communication skills will be placed up for review, particularly when you don't get what you want so be mindful, and look for ways to be more positive and optimistic. Spread and show love.

**Aquarius**

Aquarius, this month you may come to realize the war isn't over in fact it has just began, and some old disputes may come up for you to deal with before you see some rewards come your way. Offer and deal in peace and positive, instead of shutting down and ignoring what is going on, because it will keep you in limbo.

**Pisces**

You have to believe in your process, in what you bring to the table as a human being in every department in life if you want to see your dreams come to life. You can achieve whatever you want to achieve this month but first you need to get in your own way. Work on the subconscious baggage that will come up this month.



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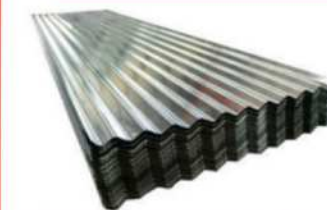
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# Relationship Questions That Will Help Strengthen Your Love Life

**I**t is Time to reflect about your relationship, think about how you should work with your partner to keep the spark lit. Shared here is a list of Relationship Questions That Will Make Your Love Life Better. You should bear in Mind that the questions are only for your own reflection:

When was the last time you said "I love you" to your partner?  
Have you ever changed anything for your partner?  
How much do you think you understand your partner?  
Do you trust each other?  
Have you not let your partner do something just because you feel jealous or angry?  
How do you feel when others find your partner attractive?  
Do you feel jealous if your partner hangs out with a friend of the opposite sex?  
How serious are you both taking this relationship?  
Do you bring up arguments very often and why?

Do you make sacrifices for your relationship?  
Have you ever apologized for what you've done wrong to your partner?  
Do you forgive your partner's mistakes easily?  
Do you throw temper easily for small mistakes of your partners?  
Do you respect each other's beliefs?  
When was the last time you had an in-depth conversation with your partner?  
Are you keeping any secrets that you're afraid of letting your partner know?  
Do you think your partner's friends and family like you?  
Do you feel that your partner accepts the way you are?  
Have you seen each other at your best and worst?  
Have you ever thought about cheating on your partner? Why?  
Have you ever thought about breaking up with your partner and why?  
Will you lie for the sake of your partner's happiness and how do you define the line?  
Are you in a relationship only because you enjoy the excitement or the feeling to be loved and cared about?

Does this partner make you forget the painful feeling of your previous relationships?  
Is it really necessary to know everything from your partner's previous relationships?  
Do you believe in staying with this partner for a very long time or even forever?  
How do you feel when your partner has to leave you for some time because of work or studying?  
Will you say sorry to your partner even though it's not your fault?  
Have you thought about marrying your partner? (If you two have already married, do you remember why you had that thought of marrying your partner?)  
Are you willing to compromise your happiness for a successful relationship?  
When it comes to future, do you and your partner have the same relationship goal?  
Are there more joyful moments than sad ones being together?  
What makes you happier in a relationship, sharing or sacrificing?  
If you could choose your partner again, would you choose the same person?  
What Else Do You Want to Improve About Yourself?

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### Kids Clothing guidelines

From the cutest clothes to baby essentials, you'll find it all at every kids clothing shop in Botswana. Look for kids' apparel ranging from newborns to toddlers and beyond, toys, and tools for helping mom and dad out.

For girls, dress her in the prettiest pinks and purples from baby sets to body suits. Bundle her up in warm coats and jackets when the weather gets cold, and go for dresses and skirts for the summer. Don't forget the adorable accessories like baby booties and socks, along with blankets and hats. For boys, keep him cozy in the cuddly coveralls and rompers featuring friendly cartoons characters. Give him preppy style with sweaters and t-shirts. For special occasions, look for baby boy's suits and tuxes for your dapper little guy.

### Baby Clothes Sizes

Finding proper clothing sizes for children is a challenge every parent faces. This is because there is no universal children's clothing size guide that manufacturers and retailers are required to follow, meaning you can't rely on uniformity in sizing across brands. For busy parents trying to continually outfit ever-growing kids, this can lead to confusion and frustration.

Most babies' clothes are sized by age in months, and then further defined by weight and height. It is important to take weight and height into consideration because the by-month sizing varies. For example, a certain shop's 0-3 month clothing is for infants of 8-12 kg and 21-24 inches, but another brand 0-3 month sizing specifies 7-12 kg and 18-23 inches. It is therefore advisable to always check size by age to achieve the best fit when purchasing clothes for your babies.

### Toddler Clothing Sizes

The 'T' in sizes 2T-6T stands for "Toddler" and the number before it is an approximation of age. So, the average-sized two-year-old should fit into a 2T. However, this size overlaps with 24 months. The important thing to know here is that the T sizes are a slimmer fit than the infant by-month sizes like 24 months. To complicate things further, you may also see sizes without the 'T.' For instance, a 3 and a 3T are not the same size. The 'T' sizes tend to be several inches shorter, while also allowing more room for a diaper. Toddler clothes can be notoriously hard to correctly size, as brand fits vary greatly



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# DJ Blaiz On Music Industry and Covid 19



**G**eofrey Kemothoppe did not wait to finish his Cambridge in 2009 to pursue his dream career like other students do. He started being a DJ whilst at high school and a lot of people have seen him grow from being a DJ to a music producer.

The Gaborone resident DJ mentioned in an interview that although the music industry has been hit by the covid 19 pandemic that has not stopped him from working hard. He dropped a single titled "Loc'k D In" during the first lockdown on the 2nd of May, and he has learnt to embrace and use technology as it is the only way to reach his supporters.

Like any other person, DJ Blaiz was never prepared for the pandemic and the fact that all his business dealings depends on the music industry he had to learn to adjust. He created online content for social media and offers mobile studio services to attend customers at the comfort of their homes.

"I influence people differently, but all in good ways. Music is my only source of income. Being in a country where the creative industry is not regarded as much of a job is a challenge itself, I have therefore managed to inspire few of my peers and showed people that if you believe in something you should work hard on it and everything else will fall into place," he said.

He continued, "My family has always been supportive. I would like to tell the readers to believe in themselves and put more effort in their dreams. They should also adhere to Covid 19 regulations as together we can beat it".

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# What Is Acute Sinusitis

Acute sinusitis is a sinus infection which usually goes away on its own without treatment. There are various treatments that may help to ease symptoms. Antibiotic medicines are only sometimes needed. Complications are uncommon but include persistent (chronic) sinusitis and the infection spreading to nearby structures.



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# Strip Steak

with Lemon Mashed Potatoes

Cooking Time: 30 mins Serves: 4

## Ingredients

- 1 1/2 Yukon gold potatoes, peeled and cut into 2-inch chunks
- Kosher salt and freshly ground black pepper
- 1 c. fresh or frozen peas
- 2 tsp. lemon zest plus 2 tablespoons juice
- 3 tbsp. olive oil, divided
- 2 (3/4-inch-thick) strip steaks
- 2 small shallots, thinly sliced
- 1/2 c. dry white wine
- 1 1/2 tbsp. unsalted butter

## Directions

1. Preheat oven to 425°C. Place potatoes in a large pot; cover with cold salted water. Bring to a boil, reduce heat, and simmer until tender, 15 to 18 minutes, adding peas during the last 3 minutes of cooking. Drain and return vegetables to the pot. Add lemon zest and juice and 2 tablespoons oil; mash. Season with salt and pepper.
2. Meanwhile, heat remaining tablespoon oil in a large skillet over medium-high heat. Season steak with salt and pepper. Cook to desired degree of doneness, 3 to 5 minutes per side for medium-rare. Transfer steak to cutting board and let rest 5 minutes before slicing; reserve skillet.
3. Reduce heat to medium. Add shallots to reserved skillet; cook, stirring occasionally, until tender, 2 to 4 minutes. Add wine and 1/4 cup water. Cook, scraping up any browned bits with a wooden spoon, until liquid is reduced by half, 4 to 6 minutes; remove from heat. Add butter and swirl pan to melt; stir in juices from cutting board. Season with salt and pepper. Serve steak topped with sauce and potatoes alongside.



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**A man is in court. The Judge says, "On the 3rd August you are accused of killing your wife by beating her to death with a hammer, how do you plead?"**

"Guilty," said the man in the dock. At this point a man at the back of the court stood up and shouted "You dirty rat!" The Judge asked the man to sit down and to refrain from making any noise. The Judge continued "..... and that also on the 17th September you are accused of killing your son by beating him to death with a hammer, how do you plead?" "Guilty," said the man in the dock. Again the same man at the back stood up and shouted even louder, "You dirty rotten stinking rat!" At this point the Judge called the man to the bench and said, "I have already asked you to be quiet, if you continue with these outbursts, I will have to charge you with contempt of court. I can understand your feelings, but what relationship you have to this man?" He replied "He is my next door neighbor". The Judge replied, "I can understand your feelings then, but you must refrain from any comments". The man replied "NO, your Honor, you don't understand. Twice I have asked if I could borrow a hammer, and BOTH TIMES he said he didn't have one!"

**A man visits a wise man and meets his three daughters...**

He's staying for the night and each of the girls come to him in turn to offer their hospitality. The first one tells him her name is June because she was born in June. She

is well practiced in fortune telling and gives him advice on the future. The second one tells him her name is August because she was born in August. She practices medicine and gives him a complete physiotherapy. The third one tells him her name is Maple because she was born in the neighboring town. She tells him of a great treasure buried beneath the family stables. After digging for an entire night, he returns empty-handed to the house covered in dirt and animal excrement. He complains to the wise man about Maple's deception. The wise man replies "oh you must have met April. April fools."

**April and June were dating**

The couple had been together for many years and as far as one could tell from the outside, they were very happy together. But June had always felt as though there was something between them, something holding them back, something that April was keeping a secret.

As time went by, June got the impression that April was drifting away, and becoming colder. With every day, it felt as though the gap between them grew wider and wider. June had a suspicion as to what the cause might be a little hussy by the name of May, who lived on the way from April's home to June's. June had seen the way May always made eyes at April when they walked past. She always looked smug as though she knew something June didn't.

One day, the paranoia became simply too

much for June. With nowhere else to turn, June enlisted the help of August, a private investigator, to track April's movements, and find out if there really were some grounds to June's fears.

August, a diligent detective, set about the task immediately, watching April night and day. No single action, no matter how trivial, escaped August's notice. Each detail was carefully recorded in a journal.

One day, about a week later, there was a knock at June's door. Nervous to the point of shaking, June opened the door to find August journal in hand, and with a solemn expression.

"I have bad news, June..."  
 "What? What is it?" June panicked, grabbing August by the collar. "Tell me!"  
 "I... don't know how to say this, June... I'm sorry. Read the last entry..."

With a grimace, August handed June the notebook, already open to the most recent page. June's eyes scanned down the rows of neat notes, to the very last ones, listed as occurring just 20 minutes prior.

**After years of saving up, a Soviet man finally has enough to buy a car....**

He goes to the appropriate ministry and informs them that he would like to purchase a vehicle.

"There are currently shortages, it will be three years before your car is available," the minister informs the man. "We will have it sent to your house when it's ready."

"Three years," he responds. "What month?"

"August," says the minister.

"August? What day in August?" Asks the man.

"The 2nd of August," says the minister.

"Morning or Afternoon?" Asks the man.

"Why do you need to know?" Asks the minister, getting exasperated

"The plumber is coming in the morning," the man responds.

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# Exquisite Bakes By Chef Sefako

**B**aking has been portrayed as a traditionally feminine activity, so naturally it has evolved into being labeled as a thing that men do not have place in the kitchen. Meet kealeboga Sefako, commonly known as Chef Sefako. He is a gentleman from Mochudi who has surpassed the stereotype around culinary field and made an amazing business for himself that has proven to blossom. What made him start his own business is the reason that he hasn't seen any man who does cakes like him so he found a gap and used the chance to create his unique business.

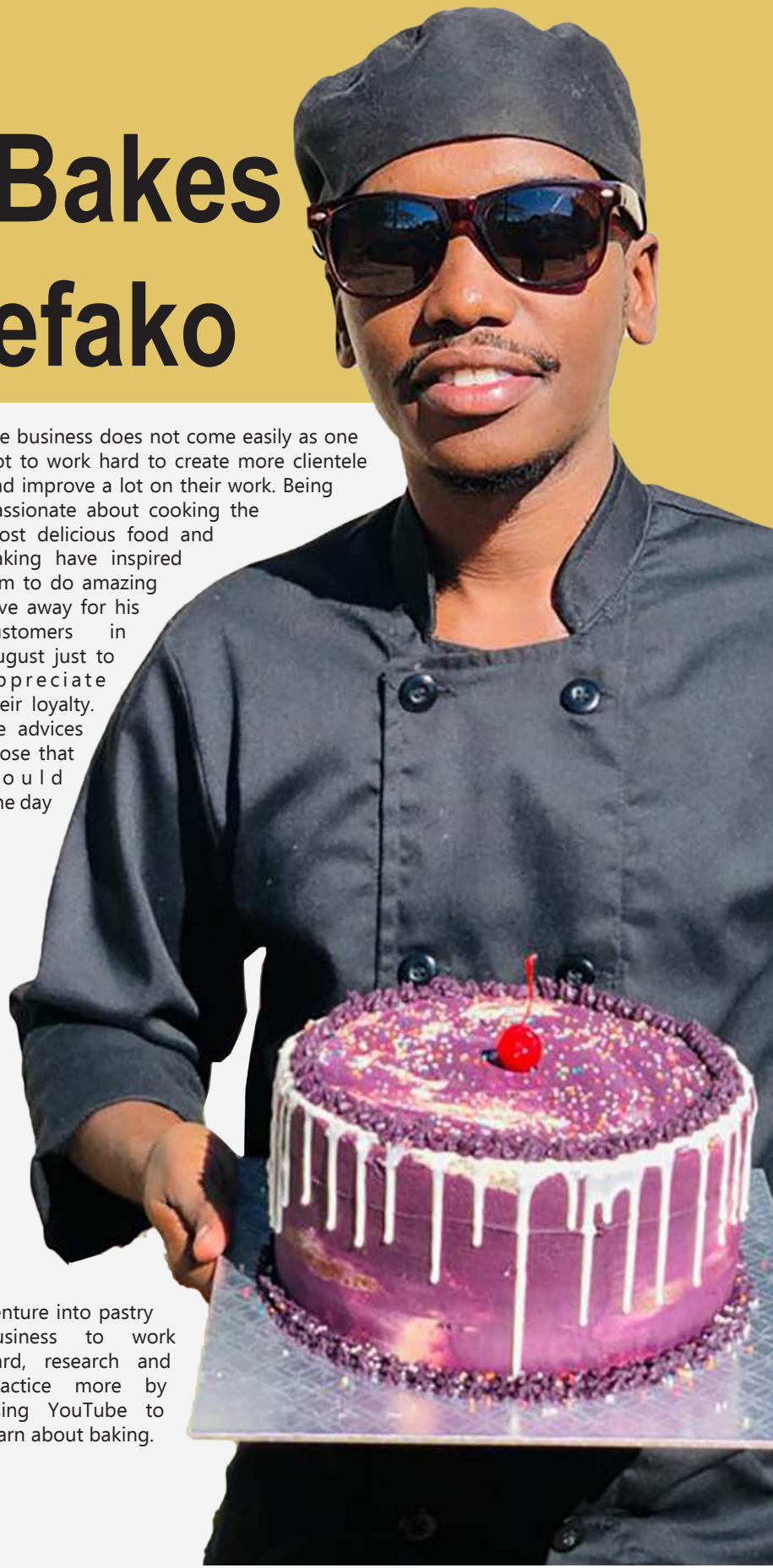
Before starting his business in September 2019 Chef Sefako was working in one of the busiest and popular casual dining restaurant in Gaborone as a sous chef/ kitchen supervisor. He later sacrificed the income he was getting to become his own boss. As all in one chef, he does not only make cakes but does catering also. He mentioned that the most challenging thing about his business is the fact that most of the stuffs that he uses are made outside Botswana. So if they get finished locally it means the business stops, more especially that we are faced by the Covid 19.

Chef Sefako detailed in the interview that he has grown so much to the extent that he can be fully booked and sometimes refers clients to other pastry chefs. In business everyone has a way of selling themselves to customers and for him one thing that makes him stand out is that most of the time when he advertises his products he ensures the pictures of the products sells him well.

Operating his business under the name Rradicake, Sefako pointed out that there is life in cake making because it has more profit. But

the business does not come easily as one got to work hard to create more clientele and improve a lot on their work. Being passionate about cooking the most delicious food and baking have inspired him to do amazing give away for his customers in August just to appreciate their loyalty. He advices those that would one day

venture into pastry business to work hard, research and practice more by using YouTube to learn about baking.



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# A MINUTE WITH MINGO

A versatile local celebrity Mingo Touch recently dropped hit songs featuring the well known artist Vee Mampeez. CW magazine had a chat with him and this is what he had to say;

## What is the motive behind your latest single 'UNCONQUERABLE' with Vee Mampeez?

These days when I do songs they are based on true stories, if you listen the song, you'll get the message.

## How did people respond to your new song?

People are responding well to the track, they love it and I appreciate that a lot.

## How has the coronavirus outbreak impacted your line of work?

I would be lying because this Corona thing affected everyone, for us artists it's even difficult to promote a song since there are no shows hosted. It's hard though some of us are pushing as we pray and hope this ends soon to get our lives back to normal. I use this time to promote my brand.

## You are one of the most famous artists in the country, but recently your critics labelled you as an upcoming artist, how did you take that?

One thing people need to understand is that Facebook is a different world; there is Facebook and real world. On Facebook they will say bad or good things about me but when we meet it's a different story, they want to chat and even take pictures with me.

## How did you manage to calm your angry fans after that issue between you and A.T.I?

We come far with A.T.I, I would say now we are fine. We are like a rare couple that doesn't run into few bumps on the road. Whatever those relationship problems might be, you'll have a much better chance of getting past them and learn how to work through the complex issues of everyday life. We managed to talk about our differences man to man.

## You have been releasing hit songs lately during the Corona Virus Pandemic; it did not stop you, what advice would you give those who want to follow your footsteps?

I would like to advise my fellow artists, both renowned and upcoming ones to work hard on their crafts, so that they come out with something that will pull more fans to their shows.



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# Common Questions About Coronavirus

## How dangerous is COVID-19?

**A**lthough for most people COVID-19 causes only mild illness, it can make some people very ill. More rarely, the disease can be fatal. Older people and those with pre-existing medical conditions (such as high blood pressure, heart problems or diabetes) appear to be more vulnerable.

### Which are the first symptoms of coronavirus disease?

The virus can cause a range of symptoms, ranging from mild illness to pneumonia. Symptoms of the disease are fever, cough, sore throat and headaches. In severe cases difficulty in breathing and deaths can occur.

### Does drinking lots of water help flush out COVID-19?

There is no evidence that drinking lots of water flushes out the new corona virus or the stomach acid kills the virus. However, for good health in general people should have adequate water every day for good health and to prevent dehydration.

### Can coronavirus disease spread through sewage?

There is no evidence that the COVID-19 virus has been transmitted via sewerage systems with or without wastewater treatment.

What can I do on a daily basis to stay

**26** Celebrity World Magazine

### healthy during the COVID-19 pandemic?

Keep to your regular routines as much as possible and maintain a daily schedule for yourself including sleeping, meals and activities. Stay socially connected. Speak to loved ones and people you trust every day or as much as possible, using the telephone, video-calls or messaging, through writing letters, etc. Use this time to share your feelings and to do common hobbies together. Be physically active every day. Reduce long periods of sitting and set up a daily routine that includes at least 30 minutes of exercise. Make sure to do activities that are safe and appropriate for your level of physical fitness as indicated by your health-care worker. You can use household chores as a way to keep physically active.

### Are the elderly more vulnerable to the coronavirus disease?

The COVID-19 pandemic is impacting the global population in drastic ways. In many countries, older people are facing the most threats and challenges at this time.

Although all age groups are at risk of contracting COVID-19, older people face significant risk of developing severe illness if they contract the disease due to physiological changes that come with ageing and potential underlying health conditions.

What can be done to help the elderly

### during the coronavirus disease pandemic?

Support for older people, their families and their caregivers is an essential part of the countries' comprehensive response to the pandemic. During times of isolation and quarantine, older people need safe access to nutritious food, basic supplies, money, medicine to support their physical health, and social care.

Dissemination of accurate information is critical to ensuring that older people have clear messages and resources on how to stay physically and mentally healthy during the pandemic and what to do if they should fall ill.

### How can I protect myself and others when using disinfectants?

Disinfectant solutions should always be prepared in well-ventilated areas. Wash your hands after using any disinfectant, including surface wipes. Keep lids tightly closed when not in use. Spills and accidents are more likely to happen when containers are open. Do not allow children to use disinfectant wipes. Keep cleaning fluids and disinfectants out of the reach of children and pets.

Throw away disposable items like gloves and masks if they are used during cleaning.

Info: Net

# What To Sow In August



**A**ugust is the time to start planning ahead if you want colourful blooms or you want to enjoy your garden or plenty of produce in your garden.

## Here's what to plant in August:

Try growing these fruits this month:

- Plant strawberries in an area where you haven't grown them for a while or so. Planting now will allow them to grow well.

## In the greenhouse

- Sow lettuce in modules to plant out later in August.
- Sow parsley in seed trays for growing under glass throughout the month of August.
- Winter-hardy spring onions such as 'White Lisbon' should be direct sown now for crops next spring.
- Radishes are very quick to crop - continue to make more direct sowings this month.
- Make sowings of spring cabbage - they're a great crop to have next April



- when not much else is ready to eat.
- here's still time to make direct sowings of fast-maturing carrots.
- Make a last sowing of endive outdoors for use as salad leaves.
- Direct sow spinach 'Perpetual' now for autumn and winter cropping.

## Plant outdoors

- Plant out summer/autumn cauliflowers early in the month for an autumn harvest.
- Plant out winter cabbages early in the month.

- Plant out kale for winter and spring cropping.

## Flowers to sow and grow

Here are the flowers to sow and grow this August:

- Winter-flowering pansies can be sown now.
- Sow viola seeds to provide fresh colour in the spring.
- Sow hardy annual seeds like cornflowers now to provide earlier flowers next year.



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# Account Executive

**T**he job role of an Account Executive is to be responsible for looking at the company's client as well as keeping the company's client relationships at a high standard. The role of an account executive includes being familiar with the totality of the company's service and knowing all the products as well as having the ability to make a sale without any problems.

## Marketing and advertising Industries

In the marketing and advertising industries, account executives are typically responsible for client servicing and client acquisition. The account executive serves as the direct link between the advertising agency and the existing client, managing day-to-day affairs and ensuring customer

satisfaction. The account executive is also tasked with bringing more clients into the agency to increase revenue.

## IT Organizations

An account executive is a senior management role, responsible for executing large contracts. Control of the profit and loss is one of the main activities, together with customer alignment on a senior level. Usually an account executive has one or more account managers in his/her staff, to cover the various towers a large contract is mainly built of.

## Duties and Responsibilities

- Track all activities occurring for every account
- Preparing regular client reports and attending client meetings
- Analyzing marketing trends and predictions and researching market conditions to develop sales goals and

- marketing strategies
- Developing plans to target new customer
- Responsible for existing account management and clients communications and conflict resolution
- Retaining existing customers
- Negotiating and closing contracts
- Evaluating the financial aspects of business development

## Required skills

- Motivational and Excellent communication skills
- Taking on task independently
- Working well in a team
- Having the ability to prioritize tasks as well as multitasking
- Have a good understanding of Business processes
- Being organized

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# Xolo Hits New Waves With Slapstick

**X**olo Black is one of the dedicated and passionate Botswana comedians. He does comedy style called slapstick done by his inspirations Mr Bean and Charlie Chaplin. He uploaded few videos of slapstick and more people showed some love and encouraged him to focus and do more of it.

At present, he is working on his new project of comedy music and will be dropping his album next year. It is titled Lefatshe. He said after the corona virus outbreak he has learnt that life is too short and one will never get any chance to upgrade or get what you want unless you man-up on your own and chase your dreams.

Xolo Black is promoting companies with his brand through his comedy videos on social media of which he gets paid for. He stated that posting more videos is paying him off because more followers are coming through and thus gives him courage to continue and bring his incredible ideas to his craft. His goal is to teach the community that there is life in comedy.

Xolo Black delivers videos with messages for people to understand and learn from them while laughing at the same time. He acknowledges God for giving him this talent and everyone who has been supporting him. He said, "Life is not easy in the comedy industry, I therefore encourage other comedians to do collaborations to sharpen their skills."

Since he started comedy in 2018, there is a lot of improvement in his videos, e.g quality and messages he delivers. "Challenges are there, but I never give up easily because I believe that one day I will make it," he added.

**Email:** morokamanagement@gmail.com  
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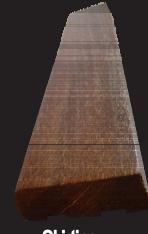


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# Fitness Challenge

**30**

1 Plank (1minute)  
15 Crab Walks

**31**

25 Sit-ups  
Hip Bridges (30 seconds)

**1**

Go Mini Golfing

**2**

Plank (20 seconds)  
5 Crab Walks

**3**

10 Sit-ups  
Hip Bridges (8 seconds)

**4**

Plank (20 seconds)  
5 Crab Walks

**5**

CARDIO DAY (2 MIN) SKIP, JOG IN PLACE, OR HULA HOOP

**6**

Plank (20 seconds)  
5 Crab Walks

**7**

10 Sit-ups  
Hip Bridges (8 seconds)

**8**

**REST DAY**

**9**

Plank (30 seconds)  
8 Crab Walks

**10**

12 Sit-ups  
Hip Bridges (10 seconds)

**11**

Plank (30 seconds)  
8 Crab Walks

**12**

CARDIO DAY (3 MIN) SKIP, JOG IN PLACE, OR HULA HOOP

**13**

Plank (30 seconds)  
8 Crab Walks

**14**

12 Sit-ups  
Hip Bridges (10 seconds)

**15**

**PLAY MUSIC**

**16**

Plank (40 seconds)  
10 Crab Walk

**17**

15 Sit-ups  
Hip Bridges (15 seconds)

**18**

Plank (40 seconds)  
10 Crab Walks

**19**

CARDIO DAY (4 MIN) SKIP, JOG IN PLACE, OR HULA HOOP

**20**

Plank (40 seconds)  
10 Crab Walks

**21**

15 Sit-ups  
Hip Bridges (15 seconds)

**22**

TAKE A VIRTUAL TOUR OF A MUSEUM

**23**

Plank (50 seconds)  
12 Crab Walks

**24**

20 Sit-ups  
Hip Bridges (20 seconds)

**25**

Plank (50 seconds)  
12 Crab Walks

**26**

CARDIO DAY (5 MIN) SKIP, JOG IN PLACE, OR HULA HOOP

**27**

Plank (50 seconds)  
12 Crab Walks

**28**

20 Sit-ups  
Hip Bridges (20 seconds)

**29**

**REST DAY**



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# The determined JLow Hurrikane



**M**usic is something that keeps on evolving with time and it always refreshes mind and soul. Featured here is Jennifer Tsheole, an upcoming artist who is determined to take her passion for music to greater heights. She is an RnB and house artist with the stage name JLow Hurrikane.

As a self-employed individual, JLow Hurrikane believes that music plays a vital role in her life as it is her source of income. It is the reason she took it seriously and began her music journey last year. This came after she was motivated by one of the artist that she worked closely with called Slow Wizzy. Jennifer has five singles so far, however she just released one of them called "Sthandwa Same" because her intention is to make an album that will be played on all media platforms. JLow stated that she writes her own lyrics which are mostly based in love.

She cited that working hard can open doors for artists, although it is wise not to concentrate in music only because one will never know what tomorrow holds for them. The whole world is currently affected by the pandemic and that means the entertainment industry is stuck as there are no gigs. It has crippled those who have been relaying on shows and events financially.

When addressing the challenges faced by local artists, she stated that most of radio stations do not play their music; rather they play music from abroad. As such most of Batswana are not familiarized with local artists and it means less support to them. She emphasized aspiring artists to be patient in order to win what they want in the music industry.

Facebook: JLOWHURRIKANEARTIST  
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started. His first medal was bronze, which he won from African Junior triple jump in 2011, zones 6 in Zambia with 2 silver medals, southern senior 2 silver medals, and Botswana games with 4 gold medals. World junior qualifier, Commonwealth games qualifier. Through all this, Mosheleketi stated that his mother, who is also her inspiration, motivated him to be strong and focus ahead. "Without her I don't think I would have become who I am today," says Mosheleketi.

Not only is he an athlete, he is also a business man with a clothing line called LURO which simply stands for Leader Under Rough Obstacles. Ernest said that the reason behind his brand name portrays the struggles he went through in life. He went through a lot even though he was the best in the country. Sometimes there were rejections when the association asked for a plane ticket on his behalf when he got opportunities to study jumps for free in other countries like America. This was indeed a challenge.

While others are devastated about how the Corona Virus has affected them, it helped him to recover from the injury he had. He said he will make use of this period to get stronger before the Olympic season starts. However, he is still worried that if this pandemic continues it will restrict him from furthering his dreams.



# Sports Changed My Life – Ernest

There is a saying which says "hustle until you no longer have to introduce yourself". Encounter the passionate local athlete who comes from humble beginnings to great heights. Goabaone Ernest Mosheleketi is a long and triple jump champion who worked hard to get where he is now. As a young boy growing up in a small village, he had a tough childhood.

His breakthrough came when his mother changed schools for him as he got to learn some little stuff that he never knew were there. Ernest stated that at first he never took sports serious and had no idea that one day it could change his life to a better one. So everything he did in sports was just for fun. It happened that one of the teachers saw a potential in him while he

was playing soccer at school and asked him to come for practice the following day. He went to the practice and was chosen to be amongst the school soccer team to participate as a goal keeper at another school. Mosheleketi continued with his journey of playing soccer until the same coach suggested that he try athletics and put him on the jumps side, little did he know that he will win at the get go! He qualified for the next round until he reached nationals and got selected to represent Botswana at the COSASSA games. It was the time he saw his light at the end of a tunnel and took the sport serious till date.

Because of his dedication and hard work, his light continued to shine bright. He has scooped a lot of medals from the time he

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