

Celebrity World

Botswana's Native Magazine

November 2020 P12

Skin Care Regime

With Skin Free Soaps

DELAYNA SCOTT

Breathes Life Into Botswana's Fashion

Feel The Love Of Music With Fifi B

DIY

Santa Beard For Children

No More Situationships

THE ONLY MUSIC

CHEF In BW



Blackkid Clothing Goes International

Photography Is My Tree Of Life

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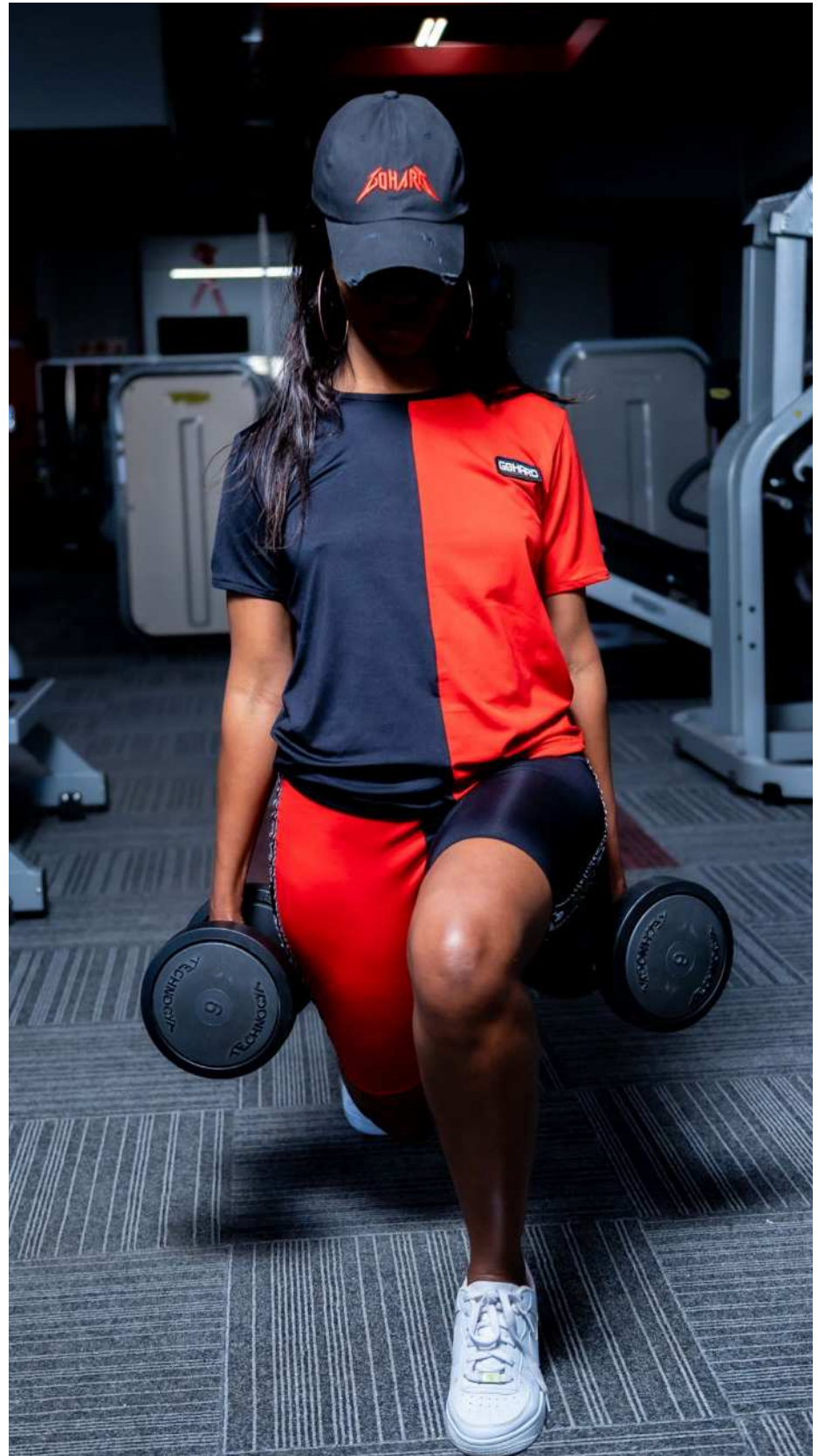
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WITH LOVE FROM THE CW TEAM

So often we are discouraged from pursuing our dreams and soldering on in life. 2020 has been trialing and quite frankly tiring .Issue 42's mandate is to conjure hope and more hope. We are officially on the 42nd issue and we are thrilled to present you with a whole fresh Celebrity world that is filled with captivating content of all the best local talent, trendsetters and ardent role-models .You are reminded again that we are striving to be an effusive

and refreshing communication platform that wants to raise awareness but also information covering a wide spectrum of select topical youthful and wellness, event, art. We hope that this issue shows you all that there is hope for the arts, entertainment and lifestyle community in Botswana. We thank you all for your continued support and ask that you all continue to prop us up. In the spirit of supporting local turn to the Fashion page (10) and the Beauty page (20) and #Supportlocal1.

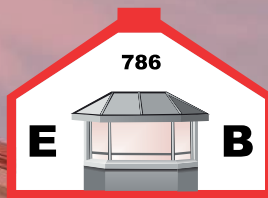


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Delayna Scott

Breathes Life Into Botswana's Fashion



Delayna Scott has long told the story her love for fashion, now the Guyana born designer has launched a swimsuit range along. Recently her apparel has been making waves across Botswana. Celebrity world recently spoke to her, via social media of course, to get to know her better — as well to know what she's been planning for the future.

What sparked your interest in fashion?

My love for clothing. Growing up my mom was a seamstress and my cousin and I used to take pieces of cloth and make clothing for our Barbie dolls using a needle and thread. My ten year modelling career also sparked interest because I loved getting dressed up for the runway.

What made you take fashion more seriously and make a career out of it?

Well I've always been a creative but back in the day parents supporting an Arts

degree was quite difficult to convince. So I studied Pharmacy Technician only after that degree then I was able to study fashion and follow my passion. At the time the fashion industry in Botswana was in the infant stages, so I definitely saw the need to make a career out of what I love. Fashion grants me the serenity to be myself and voice personality.

Are you self-taught or did you study fashion design?

I studied a degree in fashion and apparel design at Limkokwing University of Creative Technology.

How has your work evolved since you began your own label?

My work has definitely evolved by bridging traditional craftsmanship with modern designs and brand Delayna Scott has increased to wider audience over the years.

Have your pieces become more appealing to people as a result?

Oh yes of course. I've perfected my craft

and people want to look different and express themselves more through in their clothing, so owning designer pieces sets them apart from the mass produce that's in the shops. Most times when my collections are released they are limited edition.

Are there any types of clothing that you avoid wearing?

Lol, I basically wear anything that fits, I have a small frame so practically anything works for me.

Does your approach differ when designing menswear compared to women's' wear?

We don't do custom design for men but do sell merchandise for men that being t-shirts, caps and bucket hats. Delayna Scott was created for the women who love their bodies and want the world to know how good they feel through their bold fashion choices.

How is your work received internationally?

My work is received well. Besides social media comments, likes and inboxes from international consumers. I've had first-hand experiences with showcasing at international fashion weeks that being New York fashion week, Malawi fashion week, and displaying my pieces in Cannes France at the fashion exhibition at the Cannes film festival. Two popular French artistes selected my designs that was worn on the red carpet at the Cannes film festival.

How do influences from outside of Botswana find their way into your work?

Well with Social media, influence will definitely find their way. We see on a daily what's going on in the fashion industries worldwide and sometimes we gather ideas and create magic.

What are you fascinated by at the moment and how does it feed into your work?

Accessories, I just randomly buy accessories if it's unique to me and most times I would use them for styling when shooting my collections, accessories completes an outfit.

What is the biggest lesson that you have learned since you started your company?

That you have to be kind to everyone in every circumstance no matter what, and not only kindness is important, but the genuine nature of your kindness. Fashion and life in general are similar in that mean people don't get very far. If no one wants to be around you, then no one will want to buy from you.

What would you like to achieve before the end of the year?

An online store .Definitely!

Are you superstitious or do you have any rules you live by?

Rules yes: if you don't go after what you want you will never have it.

What's your motto?

I actually have two; forget the rules if you like it wear it!
If you believe, you can achieve.



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Feel The Love Of Music With Fifi B

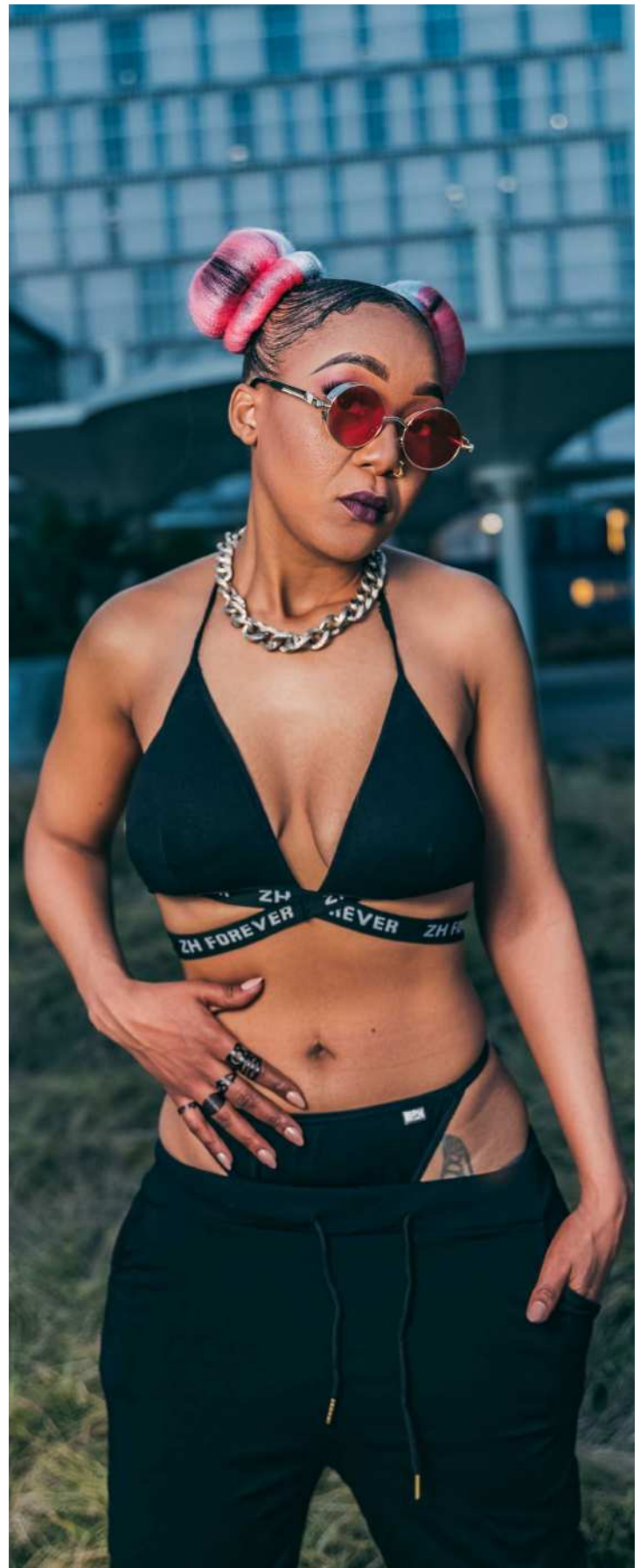
Music has always been part of her life from early church days sound to many musical cultures. And for her she was not inspired by anyone rather the music itself, the different sounds vibes, the feeling she got when hitting the right note. Get to know Rebaone Malala AKA FIFI B Botswana's musician who uses her style of rhythm to tease and appease music lovers all over the world whose passion for music started 2017. She is an Afro RNB artist and according to FIFI B the genre is a fusion of afro beats, funk, and house music. Her afro style of music is sophisticated sexy, provocative & stylish; fusion of African, European Urban & dancehall.

Her first ever recording was with world class ace music producer and label owner "Baze tu beats" (Nigeria). Together they worked on a Davido cover "IF" which received massive turn out online. She then worked with Daddy Blaiz (BW) & Topher (BW) on a song titled "Go down". First performance was at Diamond city Tour an event that also featured Burna Boy & start boy Wizkid. She later signed to Gifted Hands records (Nigeria) 2018 & worked on 5 tracks Ep that was produced by Baze Tu Beats & Tribal Tiido (BW). Still on the EP she featured Top Nigerian Artists Fresh Prince on a song called "Lagos Soon

"Folly Jay on a song called "Mpulele" Her short intro to the EP "kgale ke kopa" has been making waves on YouTube.

She is currently working on a project titled "20songs2020" which will feature most BW artists and few international surprises too. She is worked with Obylardo, K Fros, Noxxie Buddy still more BW artists to feature by the end of the project which will drop November. When it comes to her creativity process she stated that it is different all the time, lot of ideas usually come from the sounds she hears outside (birds, insects buzzing things falling). Sometimes she play around with instruments experimenting with different chords trying to create a cool sound in her head. Her sound is sophisticated provocative; fusion of African, European urban & dancehall.

As someone who believes in unity through music she is always open to collaborate local artist and internationally starting with DJ MAPHORISA. As we know everyone is affected by the pandemic, and for our start she currently making sure that her music is available online and radio so that it reaches people and to improve her music. And to entertain her fans she ensures that on a regular she drop songs online and share a lot of studio work, hashtags with pictures just so that her fans know and get to see her from home studio.



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Skin Care Regime

With Skin Free Soaps

The world is leaning towards natural and organic skincare and there are numerous reasons why one would want to include these in their daily skin care routine. Natural and organic products are not only beneficial for our skin but also keep our environment toxin free, less toxins equal a clean environment, this reduces harmful emissions to our air, land and water.

The air is full of toxins that affect the health of our skin and not forgetting the high temperatures that come with it. This leaves us with uneven skin tone, sun burn, acne and oily skin to mention a few. If you are looking for a skin routine that will leave your skin flawless, radiant and with a natural glow, it is vital that you know what skin type you are, whether oily, combination of oily and dry or just dry skin. This will help you choose the right products that will work for you. The skin is the largest organ and it will absorb anything you apply topically.

Below we share our morning and night face regime with the help of our natural and organic products at Skin Free Soaps for flawless, radiant and naturally glowing skin.

MORNING REGIME

1. CLEANSE

Cleanse/wash with our charcoal and tea tree bar soap which is packed with

antioxidants and anti-inflammatory properties. This soap will assist with getting rid of acne causing bacteria, acne spots, and oily face and give the skin a natural glow. Activated charcoal assists with premature aging and having a dull and tired face.

2. EXFOLIATE

Exfoliate once or twice a week: (Mask day, make sure to wash face with warm water first, apply mask, wash off mask after 5-10min and then wash with bar soap).

Oily skin - our charcoal clay mask will absorb the oil, toxins, clean pores, and remove black heads while also tackling uneven skin tone.

Dry or combination skin - our turmeric

clay mask will be best as it helps prevent dry skin, has anti-aging properties, reduce appearance of acne marks, pigmentation and restores natural glow.

3. TONER

Toners help minimize the appearance of pores, restore skin PH, tightens skin, and aids skin in retaining moisture. Use our rose water toner, charcoal toner or turmeric toner before moisturizing. These can also be used to refresh skin on a hot sunny day or used to set your make up as well.

4. MOISTURIZE

Moisturize with one of our butters, the Natural Rose whipped butter (combination





of natural and organic oils and butters) also includes hibiscus powder which fights off

Free-radicals that help to prevent skin ageing and decrease inflammation. Pure organic Shea butter or organic Shea whipped butter also a (combination of organic oils and butters). Our butters are packed with anti-oxidants, anti-inflammatory properties designed to assist the skin repair itself and correct visible damage and stimulate collagen production. Moisturizing will assist in soothing dry skin, reduce acne breakouts, maintain skin balance, helps skin stay young and reduce dark marks

NIGHT REGIME

Our skin is exposed to the harsh sun and toxins during the day. This night routine will assist the skin to repair itself over night.

1. TONE

Remove make-up with the aid of our rose

water toner

2. CLEANSE

Cleanse/wash with our Turmeric and lemon bar soap which has anti-inflammatory properties that calm irritation while its antibacterial properties can help disinfect, and heal the skin, excellent for reducing dark marks and pigmentation as well as combat acne. Even if you do not have any major skin problems, turmeric is a great all-around additive to achieve glowing, flawless and healthy skin!

3. MOISTURIZE

Lastly moisturise with our natural anti-aging serum. Whether younger or older, an anti-aging serum is a multi-tasked that tackles fine lines, redness, and dullness to

firmness, dryness and protects against free radicals and future damage to the skin or premature aging. Incorporating a serum into your daily face routine is essential to keep the skin looking youthful, our serum is packed with oils that penetrate into the skin.

Pro tip 1: Even natural or organic products can bring about allergic reactions, always do a patch test on your face to see if you will have a negative reaction to any new product you use.

Pro tip 2: Although some of our ingredients have sun protection properties, we do advise that you use sun screen where possible.



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THE
ONLY MUSIC
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These days, it appears that anybody who wants to be somebody should have a handful of endorsement deals, their own fragrance, Production Companies and all that. With these under your belt it means that you have arrived. Nonetheless you find that there are those stars who aren't interested in being neatly packaged in to modern celebrity box, who instead let their hard work do all the talking while living normal lives. Get to know Thato Mathews Modukanele, popularly known by as Chef Gustos or Phoko, a handsome God fearing fella who is a perfectionist, artistic and always give his all to everything that he does.

He emanates from humble begging's of Amanandos dance group in 2007, a platform in which he stated that it made him realize his true potential and dream to become Chef Gustos and have stated that it has been a seamless transition. He is a prominent Producer, Songwriter, dancer and a Dj. In 2010 he transitioned into making music, where Chef Gustos learnt production. Together with the crew Amanandos they released their first single titled #DiraJaana with a couple of local artists, a Hip-hop/Motswako genre which was a trial and error thing but it was a success as the reception was overwhelming. He started officially producing for the group on their singles and albums. In 2011 chef Gustos decide to take a solo route and dropped his first house track titled #Polelo featuring a local Traditional Singer called Sheleng. The reception was just ok, he kept releasing singles.

In 2014 he released a single called #Takeyourtime featuring a local gospel sensation Thato Jessica which unlocked doors for his solo career as the reception was enormous. Then on the 9th August of same year he released his second single titled #come featuring the songstress Amantle Brown which grew his fans tremendously and got him five YAMA (Yarona FM Music Awards) Nominations and have highlighted that being nominated for those award made him to work even more hard and he highly appreciated the gesture as it showed he is recognised and his work is appreciated which obviously brought joy to him. He continued to realise singles being featured by other known artist, his recent hit single was My Love featuring Dato Seiko which is currently on high rotation in all Radio Stations, currently sitting on the number 1 spots on Duma FM Top 20, and also number one on Yarona FM Top40 as well as atRB2 Top40.

Chef Gustos continued to make a mark for himself to one of South African big artist Lady Zamar by doing the "Love is blind" remix, Original song by Lady Zamar which she liked the remix and shared it on her social media platforms, and that on its own meant getting a lot of followers and growth as well because he knew he has to always perfect his work because the world is watching now. When addressing his growth he stated that he has grown from being that shy and kind of introvert guy to being the most energetic, outspoken guy. Working with different artists and being exposed to the pros and cons of the industry has been nothing but extra lessons of life although at some point he



felt like giving up but he never did because music has always been his first love and it's never easy to let go of your first.

One of the topics that most artist complain about in the entertainment industry has been the fact that they are denied platforms to showcase their talent as such the music industry has become stagnant not only music industry but whole entertainment sector at large, there is really nothing new that is happening apart from a few individuals that experienced growth there and there. Having said that Chef Gustos said there should be more investment, government and private stakeholders should invest more on the arts or entertainment, more event sponsors and more of endorsement deals then he believe it will motivate a lot of artists to work hard even to perfect their craft because money is involved.

He has made appearances in shows such as Pula Power, a youth edutainment on Botswana Television (BTV) as well as broadcaster's morning show. He also performed in some of the biggest events in Botswana from 2014 till date. The shows include 48hours independence festival, Ga-maila festive meltdown, St Louis summer festival alongside Brandy, Beach Party, Clap Your Hands, Back2-School, Togetherness, Monate ko mutjing, GIMC, Tlatsa Lebala, Miss Township Rollers, Miss

Botswana the list is unending. All those opportunities he had shown how hard he worked and believed in himself that he can make regardless of obstacles they are facing in music industry.

During our chat with him he shared with us that the reason why he choose to use the name Chef is because he does not just do music, he cook music, he is a Chef!! The Only Chef in B Dub. A new single called TOLA IPATO taken from his upcoming piano album titled THE FOOD IS READY which will drop next year 2021 on his birthday which will 14th February. To his fellow artist he recommend that they love what they do, hard work, presentation of your craft and attitude are the things that contribute more to what you want to do. They should also know that God comes first, being relevant is key.

His motto is that "Success is a ladder that you can't climb with your hands in your pockets"

4 Things we did not know about Chef Gustos

- Shy but confident
- Love food
- He is Christian, God First
- Laugh at almost everything. Weird right??

BRUSHLOGY AND A POP OF LAUGHTER WITH KELLY

M

akeup brings confidence, power and sometimes people use it to express themselves. It takes a certain skill or talent to execute so that

it is more appealing and attractive. With the level of creativity and flawlessness that we always see in your work, we are quite astonished by it and would love to get to know all about that. Keleteso who like to go by the vivacious name 'Kelly Laughs A Lot' recently shared with us, her background in makeup artistry.

1. Do you remember your first makeup item?

Red lipstick, growing up I couldn't wait to put it on and look like the models and actresses I'd always see on TV and magazines.

2. Share with us the kind of makeup you are into.

Currently I'm into editorial and Avant Garde makeup, the outcomes are endless, it could be simple line make up or extra complicated full face transformation. Really just depends on my mood.

3. What kind of coverage do you prefer from foundation?

Super full coverage 'hunney' because my acne marks Chile, embarrassing, lol

4. In your opinion, what is the most



Diy Santa Beard For Children

Since the festive season is around the corner it is time to start planning activities for the kids' .Santa Clause beard is probably a good way to start. The craft have consistently been a success with both girls and boys Too .All you need is a printer and a couple of things (stationery) around the house and your children can pretend the entire day, without getting bored.

What you will need

Santa Clause Facial hair Printable cutouts
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Cotton balls
Prit Paste glue
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Blackkid Clothing Goes International



Obakeng Madube, is the founder and owner of Blackkid Clothing, which was launched in October 2019. The aim of Blackkid Clothing is to bring the black people together and unite people Africans as a whole.

Since the brand launched it has penetrated the SADC market like Zimbabwe, Lesotho, and South Africa and earned interviews with media Houses like African First news from Cameroon. It has also been featured in Directory of Black businesses and it is part of the Unite to succeed project founded in West Africa.

Kabo Bonang, Obakeng Medupe's assistance and the advisor said the likes of Master Kg, Amantle Brown, Motlha, and JD from Amanandos have shown interest in the brand; also they have appeared in one of the local music videos like Zolasko and Blaxckmail Entertainment.

Obakeng Medube said they supply depending on the customer's order/needs, merchandise includes Socks, sweaters, hoodies, T-shirts; Bucket hats, car stickers for both adults and kids, and every culture and generation. The brand is also registered with the Companies Intellectual Property Authority under the creative industry.

The brand targets the entire world and represents Africa which makes them different from other clothing brands. He also mentioned that they courier everywhere in and outside Botswana and that is why they manage to penetrate in countries outside Botswana in a short period.

"They are a lot of pending orders due to this pandemic, this affects us badly and I would like to ask the government of Botswana invest in the creative industry especially during this pandemic, # wear it with pride". Obakeng said.

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From
Page
14

important quality in a Makeup Artist?

In the artistry sense, it would be the ability to enhance the customer's beauty whilst delivering exactly what they asked for. In the business sense, it's the ability to create a comfortable space for the customer so they feel free to tell you exactly what they want. That way the outcome will be satisfactory to the customer.

5.What cosmetic brands have you always wanted to try but still haven't?

Fenty Beauty, Nars, Too Faced, basically all the American high end brands.

6.How do you stay abreast of the latest beauty trends?

I try to but cannot most of the time because of lack of resources.

7.Do you wear fake eyelashes?

Ever since I learnt how to put them on, no look is complete with them. Lol

8.Is there any kind of makeup you can't leave the house without?

Used to be eyebrows, now its lip-gloss, although this pandemic is making it useless to put on gloss cause of the facemasks

9.What is your most cherished beauty product?

My BH Cosmetics Take Me To Brazil Eyeshadow Palette. It was my first ever colorful palette and it will always have a special place in my heart.

10.How often do you shop for makeup? Do you like to pick up an item here and there or get lots of goodies at once?

Every month end, I get one or two items to add to the collection

11.Recall a time you had to face a frustrated customer who wasn't satisfied with the hair or makeup services you provided. How did you handle it?

I haven't experienced that but I would give them 2 options; to restart at that very moment or come for a redo whenever they'd like.

Contact Details

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Wow-Factor Eye



1 Apply primer first

Always put on your regular makeup (like foundation, concealer and blush) first before moving to eye shadow. Put some primer to get a long lasting effect. Primer helps to keep your eye shadow in place by absorbing any kind of oil or grease on the surface. You can also use your finger tip or a flat tip brush to do so.

2 Put on a warm pink color thereafter

You will find several shades of eye shadow color in your palettes. But to start with always go for a brighter or a light color. Use a medium size brush to smear this shade over your eyelid up to the crease area. For a night out party use a bit of shimmer to add more dramatic effect.



3 Apply a darker shade to pink to your crease area

Use your dome brush to blend a pink pallet into your crease area starting from the inside and moving towards outer area. Go for colors like, blue and dark purple etc. to get a perfect look. Now use your other soft dome brush to blend the color

4 Apply foundation to even up the skin tone Pro Tip

If you are of an opinion that your eyes need more vibrant look, add another layer of darker shade just above your deep crease area. The entire process of putting eye shadow works like a rainbow. Putting lighter shade on eyelid first, moving to darker on crease and lighter again on brow area.

Horoscopes

Scorpio

November will have you in your element Scorpio especially if you have had to sit back and observe, simmering in the trenches because your opportunities and paths were blocked. You understand the currents of change very well and its time to close out a cycle and elevate yet again. This elevation may require some extra finances too, hopefully you were saving so you can pounce on this new opportunity.

Sagittarius

This month you are preparing for your season and with this preparation you may need to take a look at the areas in your life you have been ignoring or neglecting. It's time to be honest and truthfully with yourself and others on you what you want and need. Life has certain universal laws you need to study and get in alignment with you reap the best results.

Capricorn

You have some decisions to make in regards to your friendship circle and if you are with the right crowd, are they encouraging you to make the right decisions with money, love, health and other things you are thinking about as you read this. This isn't the first time you have had to reevaluate your connections this year. You have already lost an opportunity due to someone close to you who was competing with you or helping the competition. Learn this is a Saturnian lesson about stable foundations.

Aquarius

Your stability this month is also affected by other people in the home, and the business supply chains and networks you require to make you dreams a reality. You are co-ruled by Saturn just like Capricorn Aquarius, make sure you are making the right connections for the right reason or in 8 weeks, months or years' time you will be stuck. You have a lot of potentially awesome opportunities.

Pisces

This month there may be a painful discovery in regards to love, marriage, partnerships where a partner has stepped out of the union and either has a new baby on the way, or is asking for a divorce or separation of some sort. The interfering party could be someone you know, or your

people knew and kept quiet, making this even more triggering and embarrassing, but you are asked to keep a confident head about yourself. Something higher than you is at work.

Aries

Aries a new beginning is on the horizon for you, as you leave behind a dead end job, business, partner or even your own family to take a new chance life is gifting you. Make sure you are able to handle the responsibility of being in charge of your freedom and happiness, sometimes when we are under people or forced to rely on others we don't get to develop our leadership skills, hopefully you did.

Taurus

This month is going to put you in a position of mastery, of authority, and an opportunity to rebirth yourself, and for some of your rebuild your empire. You have had nine months to learn what you want, with who, where and how you want it, and you know that empire aren't built in one day. Things going in your favor, justice will prevail especially if you focus on nurturing what you love, and embrace your new path.

Gemini

You have some habits, and unhealthy connections in the home, with family, love partners and money that need to be reinvented or severed permanently. What did you learn as a child that doesn't apply for you anymore, because you can stay stuck in old ideologies just because it's all you have ever known. Make your own rules that you can live with, and that fulfil your connection with self and Spirit and cut out the rest.

Cancer

You are coming to the realization this month that a renewed mindset and plan of execution when it comes to certain relationships at the work place and home is required if you want to succeed in this world. Jupiter is blessing you with the energy and that breakthrough you need, look around you and see what needs to be looked at in a more elevation thought process.

Leo

This month you will be re-evaluating

where you have been putting effort and if your efforts are producing a healthy reciprocation of dividends or are you being exploited and chained to poverty. You will need to put your foot down, but before you do that try to see how you can renegotiate any deals you still feel are worth it, but if things don't change by the 15th make new moves.

Virgo

You are being asked to be more vigilant and observant on the actions of your home, the people you allow in your home, and how they affect your home environment, peace of mind. Do you need to speak to someone and set boundaries, or is it time to remove yourself for good. What is your part in the matter and have you been operating from a place of love or have you also been inflicting pain. Everyone has a shadow side.

Libra

You have some decisions to make, who are you again by the way, because there are two sides of you coming up this month and everyone is a little confused. A Libra that feels trapped, helpless and a Libra that stands up to defend themselves are two different people. Who are you this month, stand in your truth and don't waver, and remember, heavy is the head that wears the crown, rewards have responsibilities too.



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2



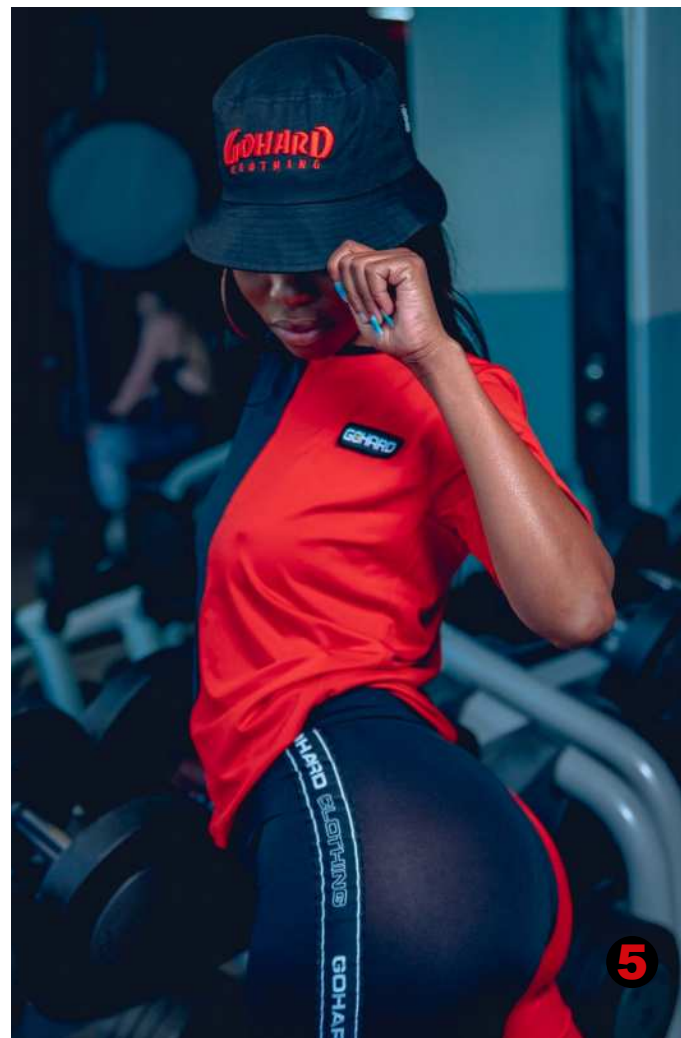
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- 1. Tinky Santana, GH tights set P420
- 2. Tinky Santana, Gigi Tshwaane, GH Tennis Dress P350
- 3. Gigi Tshwaane, GH tights set P420
- 4. B-blok Exclusive GH Dad Hat P230 | GH Track Pants P400
- 5. Gigi Tshwaane, GH 2 Tone Biker Set P480 | GH Bucket Hat P200



4



5

Celebrity World *List*

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ON THE BIG SCREEN

The Croods: A New Age
"The Future Ain't What It Used To Be"

Release date: November 25, 2020
Directed: Joel Crawford
Produced by: Mark Swift

Jingle Jangle: A Christmas Journey
"Discover a world of wishes and wonder"

Release date: November 13, 2020
Directed: David E. Talbert
Produced by: David E. Talbert, Mike Jackson, John Legend, Kristin Burr

Music

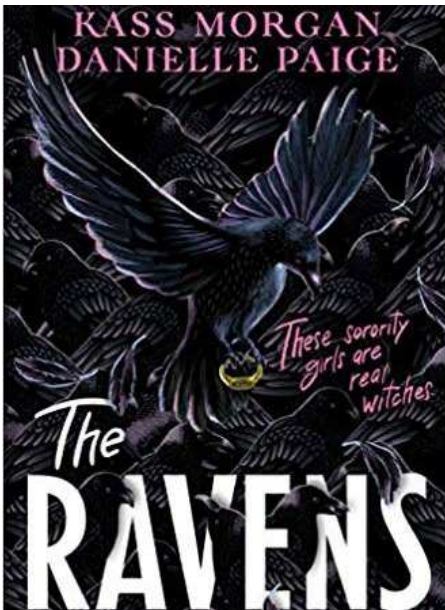


Disco
Album: Kylie Minogue
Release Date: November 6, 2020



Lastlings
Album: First Contact
Release Date: November 20 2020

What To Read



The Ravens (The Ravens #1)

By Kass Morgan and Danielle Paige
Expected publication: November 3rd 2020
Kappa Rho Nu isn't your average sorority. Their parties are notorious. Their fundraisers are known for being Westerly College's most elaborate affairs. But beneath the veil of Greek life and prestige, the sisters of Kappa Rho Nu share a secret: they're a coven of witches. For Vivi Deveraux, being one of Kappa Rho Nu's Ravens means getting a chance to redefine herself. For Scarlett Winters, a bonafide Raven and daughter of a legacy Raven, pledge this year means living up to her mother's impossible expectations of becoming Kappa Rho Nu's next president.



Rent a Boyfriend

By Gloria Chao
Expected publication: November 10th 2020
Chloe Wang is nervous to introduce her parents to her boyfriend, because the truth is, she hasn't met him yet either. She hired him from Rent for Your Rents, a company specializing in providing fake boyfriends trained to impress even the most traditional Asian parents.



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No More *Situationships*

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Time and time again I get to have conversations with women who are trying to figure out where they stand in their relationship, sometimes it isn't even an official relationship.... (I call this situationships).

Just a situation with a man whose words and actions don't seem to line up. They are left confused because they want to believe the words coming out of his mouth are true. Yet when the time comes for him to step up and show her he means it; his actions thereof have her questioning what in the world is really going on here.

- Why he says I love you, but his actions don't reflect it
- Why he acts like a boyfriend, but doesn't want to make it OFFICIAL
- He won't let you go and move on, but doesn't want to put a ring on it

How can this man say such wonderful things like this but continue to fall short with what is needed to validate these words?

Even though we talk about the relationship in depth it usually ends with me telling them the truth behind his words, that he is telling you a lie...plain and simple. I don't want you to feel bad when I say that, but I do want you to grasp what the likely scenario is. I understand there are some men who struggle with showing their love. I am not dismissing the possibility of this, but as you continue to read I will show you how the situation still needs to be handled in a similar way to the liar.

For now, let's focus on the man who is simply playing a game and telling you



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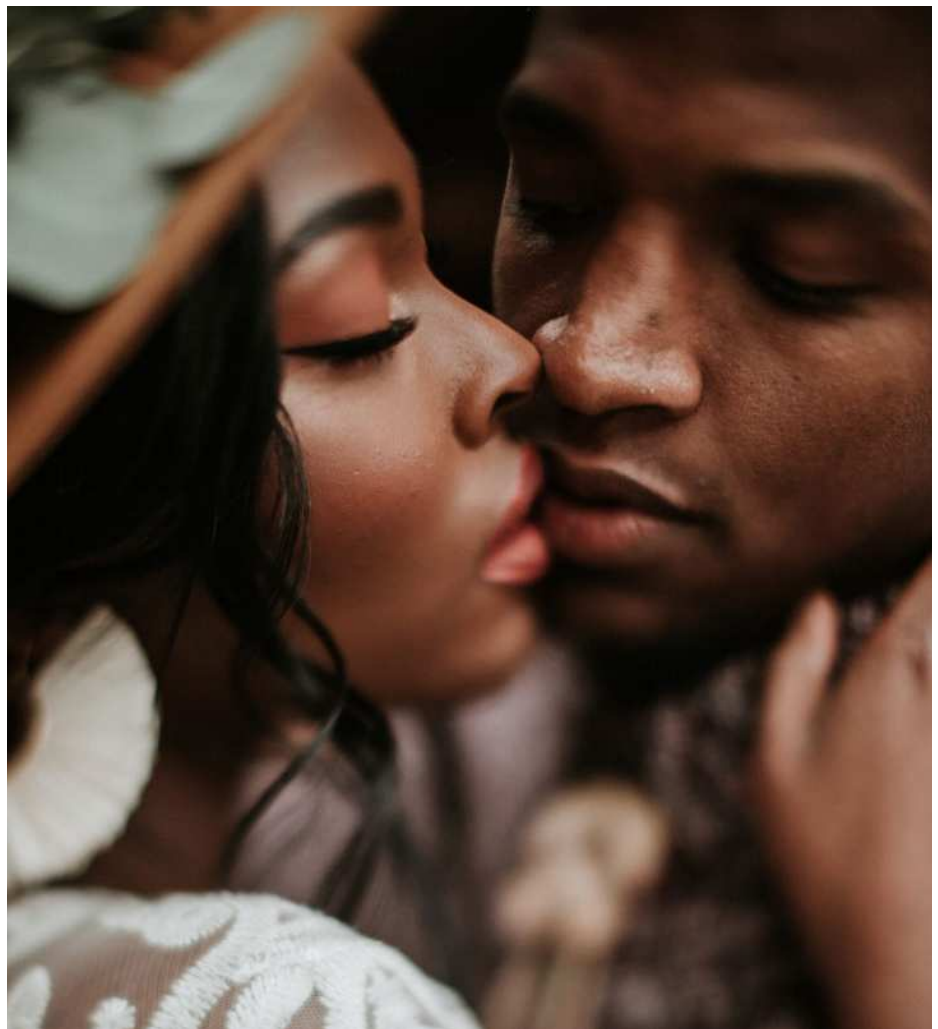
what you want to hear. Both men and women should understand that words mean nothing if they aren't backed up with actions. A man could tell a woman that he would fly to the end of the earth to go see her. Knowing very well he wouldn't even entertain driving 45 minutes to go see her. There are some men who will say whatever is necessary to keep you around, and drag you along for the ride.

He is being honest if he says "I want you in my life". Because he wants to keep those benefits you provide that don't require him to make any real effort in providing you what you need. I know many of you are thinking how this is just horrible. How could a man be so selfish and not just let that woman go in fairness to her? Well I have a question for you. If you got hired by a job which then proceeded to let you do whatever you wanted. You can come when you want and put minimal effort into your work. Despite your poor performance they will still give you a full pay check every month. How many of you will still be "mature" enough to leave that job because it isn't fair to the company?

I'm not condoning this negative behaviour by anyone and I do say it needs to stop. Just please understand how tempting it is for a person to take advantage of this. You can wait for them to take the high road or you can put the power in your hands and do what is best for you. Empower yourself to do what is truly best for you.

Now let's quickly discuss the man who struggles with expressing his love properly. For one most men struggle with saying "I love you" over trying to show you their love (what they know love to be). So that already works against the chances that this man has a genuine issue. That kind of guy just needs the directions and his actions will be adjusted if they don't currently line up with what you need. If he is genuine about his issue then the key is him trying. If you express to him how you feel in a loving manner and he still doesn't step up then he is likely playing you.

It's like telling a man you want to hear from him more often by him giving you a call. He then says "well this is how I've always been



and I don't know how to change that". What does he mean he doesn't know how to change that? Pick up the damn phone and call your woman sometimes, end of story. I mean his unwillingness to adjust when you give specific requests is a huge red flag.

He is making excuses and you should embrace that you deserve better. Still let's say I am wrong and this man has a deeper issue that is blocking his ability to show love with actions. Well that means he isn't ready to be in a real relationship which you then have to walk away from him just like you should from the liar. If you feel you should try to help him then do it as his friend. Not as the woman who gives him everything while you receive nothing or not much (so no friends with benefits).

If he can't learn to show love to you as a friend then he will never do it as your "man".

Ultimately this boils down to this; is this guy willing to be the man you need. Is he willing to put the same effort you are prepared to put into this relationship? We all have our off days but is the guy consistently good with some days off or consistently bad with some good days sprinkled in there. If he is the latter than it is likely you should walk away. When he is ready to step up with actions and not some sweet talk, then you can consider entertaining being with him. You have to embrace your worth as a woman and what you deserve from a man. If you accept less than you will get less and it is your responsibility to correct that.

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Soft blonde

Soft blonde or golden color adds warmth to every small room. Pair it with natural décor and a beautiful patterned rug for the ultimate comfort zone.



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5 Tips for Growing Tomatoes in Pots

IMAGES - (The Spruce / K. Dave)

Tomatoes can be hard to fill in compartments, yet they continue rating among the most notable summer vegetables. Five controllable parts are fundamental for viably creating tomato plants in holders.

An exceptional bit of leeway to creating tomatoes in compartments is mobility; you can move the holders to misuse the best creating conditions. Holders are particularly important if you don't have in-ground garden space; compartments can be put on an exhibition, yard, patio, garage, or deck. You can value nearby tomatoes whether or not you don't have space for a customary nursery.

One of the most significant things you can do to guarantee achievement is to utilize a large enough holder—the greater, the better. For one plant, you need a holder that is at any rate 1 square foot, however 2 square feet is better. Five-gallon containers are the ideal size for one plant. Fill the pot with excellent fertilized soil

Most vegetable plant seedlings are planted at similar profundity as their unique holders; tomatoes are the exemption. When planting a tomato seedling, eliminate the last scarcely any arrangements of leaves, and burrow an opening profound enough with the goal that a large portion of the plant is covered in the planting hellhole, a tomato plant will create roots along the covered aspect of its stem, building up a solid root framework and sturdier plants.

Since holders can dry out rapidly, making progress developing tomatoes in compartments relies upon keeping up predictable dampness. The dirt's dampness content is perhaps the greatest test you face with compartment planting. On the off chance that dirt is quick depleting, consider utilizing a water-holding added substance, self-watering holder, or checking soil dampness consistently. Remember that the surrounding heat around a compartment can heat up the dirt more rapidly than in-ground plantings.

Tomatoes are weighty feeders, and when they are planted in compartments they require taking care of about at regular intervals. Try to take care of your plants with the essential supplements they require—nitrogen, phosphorus, and potassium—all fundamental for developing nearly anything in holders. Some gardening soils as of now have composts remembered for them so read the dirt sack to decide whether these fundamental supplements are as of now remembered for the blend. On the off chance that the gardening soil does exclude manure, feed the plants with a generally useful moderate delivery compost or a tomato-explicit manure.

Tomato plants require full sun which implies at any rate 6 to 8 hours out of each day between the long periods of 10 a.m. what's more, 4 p.m. When choosing where to find tomato holders, discover an area with that measure of sun. You can utilize an estimating gadget like a sun number cruncher or go outside to assess the measure of daylight the area gets during the day.



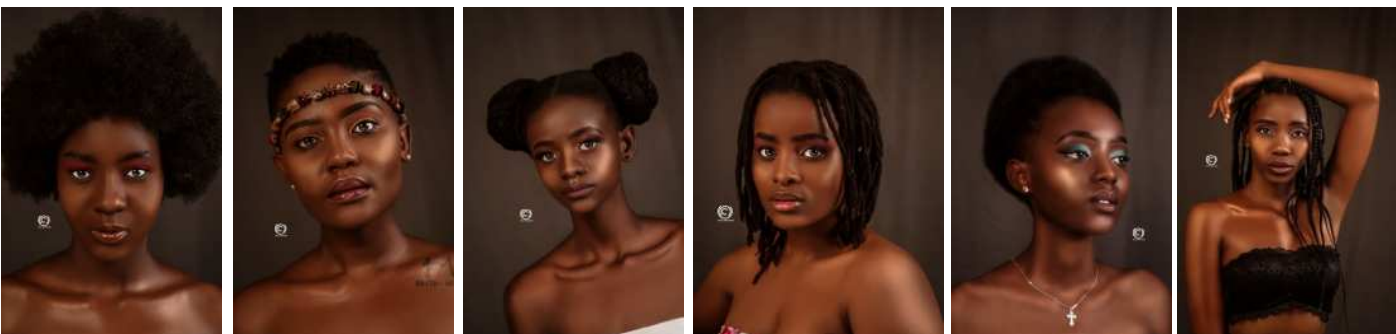
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Photography Is My Tree Of Life

I started my photography journey in the year 2015 and ever since then, I have learnt to truly appreciate the art within still imagery. In the midst of all the havoc and discord in the world, I wanted to capture the very essence of tranquility and hope. "The beauty of becoming a proud Black young someone and

being beautiful is becomes us". My aesthetic is meant to open the doors to a different perspective and viewpoints of young black creatives. Like my muses which I was to quick to judge I actually discovered there are not as they appear. The movement is hope and the becoming of greater importance and that we as the

newer generation arent as we appear. The perogative of my photographs to be unique and to always remember to do work that serves people .

I hope that as you view my images you find inspiration and maybe take my work away as a muse.

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Grilled BBQ Ribs

Prep Time: 15mn
Cook Time: 2hr 15mn
Total Time: 2hr 30mn

Ingredients

- 1 chunks Pork ribs.
- 1 cup Dry Rub (this is my Dry Rub Recipe) – utilize more on the off chance that you wish .
- Your number one BBQ sauce.
- 1 cup nectar.
- 3 cups squeezed apple.
- Need to change over the estimations?.

Instructions

1. Set up your flame broil for backhanded warmth by possibly lighting half of it OR in the event that you are utilizing a Big Green Egg, utilize the plate setter. You will need to warm the flame broil to 275-300 degrees.
2. **Prep the ribs:** Trim any fat or free bits of meat from the ribs. Flip the ribs over with the goal that the bone side is up. Use a blade to get under the film, at that point use your hands to pull the layer up. The layer will be subtle. Use a paper towel to support you with holding the film if necessary. You don't HAVE to do this progression, however you'll get the best outcome on the off chance that you do.
3. Wash the ribs under virus water and wipe off.
4. Season the ribs with the Dry Rub. You will use around 1/4 of the rub on the bone side of the ribs and 3/4 of the rub on the substantial side.
5. At the point when the barbecue has arrived at a regular temperature and is no hotter than 300F, place the ribs on the flame broil, ensuring they are NOT over the flares. You are cooking these over circuitous warmth!
6. You can likewise use your #1 smoking chili flakes on the off chance that you wish, to add flavor. Simply make a point to absorb them water, as indicated by bundle headings.
7. Cook the ribs for around an hour and a half, ensuring that the ribs don't begin to consume.
8. Remove the ribs from the barbecue and slather them with 1 cup syrup.
9. Spot the ribs in a foil skillet that will fit on the flame broil, once more, over circuitous warmth. Pour in around 3 cups squeezed apple, or enough so that there's around 1 inch of squeezed apple in the lower part of the container. Cover the container with foil and spot it on the barbecue away from the immediate warmth.
10. Keep cooking the ribs for an additional 45 minutes to an hour and a half, or until the ribs are delicate and simply beginning to tumble off the bone.
11. Remove the ribs from the dish and spot them straightforwardly on the flame broil. Brush the ribs with your number one sauce and cook for around 10 minutes on medium low warmth, until the BBQ sauce begins to caramelize.



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Kagiso Molomo

A Baker, Motivational Speaker & Student



"Life is what you make it", a term overly used yet it has ample meaning. Kagiso Molomo proves that the sky is the limit as she pushes boundaries regardless of her busy student life. She soldiers on as an entrepreneur in the pastry business and also does motivational speaking. In interviewing her she let know who she really and it was an invigorating not to mention that her cupcakes truly lived up to her slogan "Allow me to tickle your taste buds."

"Honestly it wasn't something I thought of whilst I was in high school. My passion for baking started after I finished my high school studies. The ample time I had whilst waiting for University made me realize that I needed to something with my life. And I thought, why not baking. I won't lie it wasn't easy in the beginning but with the support of my friends and family it became easier as time went.

I've been baking for approximately 2 years now and I'm loving it as Time goes. I bake muffins, cupcakes, cakes, bun rolls you name it. Being a student and baker hasn't been easy at all because I find myself having orders to do but at the same time I have to study, but Funny thing is I love it.

It makes me feel powerful, and the energy is exhilarating, sometimes tiring but we make it work.

I've entered an industry that is saturated, but when God is on your side anything is powerful. I'm a young female, powerful young female that's rising to the top through the baking industry and I'm still going higher.

Alongside being a baker, I also am a motivational speaker. Who not to come to when you need a young powerful female to motivate people. Ladies meetings, church meetings I am the go to person to call for motivational speaking. We need to start embracing young black females into any industry, be it baking, motivational speaking, and engineering.

My brand aim is to empower all women including plus size to be boldly confident in who they are, believe in their potential give all gratitude to my mother, sister and Dr. Hulela for helping me set up my business."

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PATIENCE NTWAETSILE RELEASES TWO BOOKS

BY MOLLY THOKWANA

Patience Ntwaetsile a Counselor by profession holding a degree in Social work. Writing has always been her passion. She started writing during her teen years but she never got published. Writing is a way she uses to express herself and to share opinions and views, as well as to inspire and encourage. This will be her two first published works as she is looking forward to publish more.

She's writer who is currently based in Francistown has taken her time to release two books this year. As she had mentioned that she majors in a variety of writing genres but she wanted to release a poetry book which is anthology with other writers titled "Voice so Resilenced" and her memoir titled "My childhood Hero" which she quoted that it was about lessons she learnt from her late grandfather.

The books are the best insightful motive for one to open to their views about the perspective of writing. Patience believes that writing is something one can relate to and something that

frees her when she writes as she had been writing for many years until now she believed she could now recently make a move on all this.

Her poem titled "The spring in my walk" in the poetry book Voice so Resilenced quotes in the last lines, "With spring in my walk, I will reach about treasures". She describes herself as a different and wide open poet who writes basically about anything.

Her poetry talks about downfalls of life and rising up, she draws up motivation from the poem that though she is faced with trials and downfalls in life the spring in her walks will make her reach her downfalls. She mostly writes about things that happen in our day to day lives that individuals can easily relate to.

She became her own motivation and it made her start to write. At first it was poetry that she had started with and then she went on to short stories as other genres started to follow.

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He stated that Music is not easy for him combined with nursing but he doing the best h can to give Batswana good music and he glad finally they have recognised that he is not a South African because his music has been more associated with SA than BW for unknown reasons.

When asked about the challenges he faces as artist he said when they submit their music it takes months to be played to Batswana whereas South Africans release today and before know their music is already playing on radio within 24 hours. He wishes this could be taken into consideration by Botswana local Radio stations in an effort to promote their own home grown talent.

He showed his sincere gratitude to his song writer and director DIPSTRADA whom he mentioned that without him he wouldn't be where he is right now, Dj Tpz who has been with him since he started music, his family support as well as my supporters who are behind him at all times. His all-time vocalist Abigail Ramotswiri and Motlha who has also been so supportive throughout his music career. He mentioned that the only thing that worries him is lack of play time and content in Radio stations and it is pulling the growth down.

Motsamana artist (nurse) in the UK has released an EP entitled Mr Lonely featuring South African Limpopo vocalist ATELOZA well known of her hit song HAMBABA with Dj TPZ. The EP has five tracks, Mr LONELY, NNA LE WENA, BICYCLE, CHUKUMISA AND I MISS YOU. All the songs composed and directed by the DIPSTRADA BW and produced by Dj TPZ

South Africa. The title track Mr Lonely comes from my living background of being away from my family hustling life which impacts on me missing my wife and kids quite a lot as well as I MISS YOU.

"Nna le Wena" is just a reminder to people that they should cherish the little that they work hard for and make use of it regardless of

hardships because people are too judgemental on other people's lives. CHUKUMISA is just a love song, kind of encouraging people to stop breaking other people's hearts. BICYCLE actually as his favourite cos it says "bicycle se robege keye go bona my dary," basically meaning whatever the difficulties you go through don't give up in life.

"I do have a few tracks coming before festive but not sure of this pandemic situation as it hinders our marketing strategies but I'm ready to give Batswana what they would love to listen to Lastly I would like to say thank you Botswana for recognising my hustle from far, I will do anything I can to make you happy in terms of musical works." he said.

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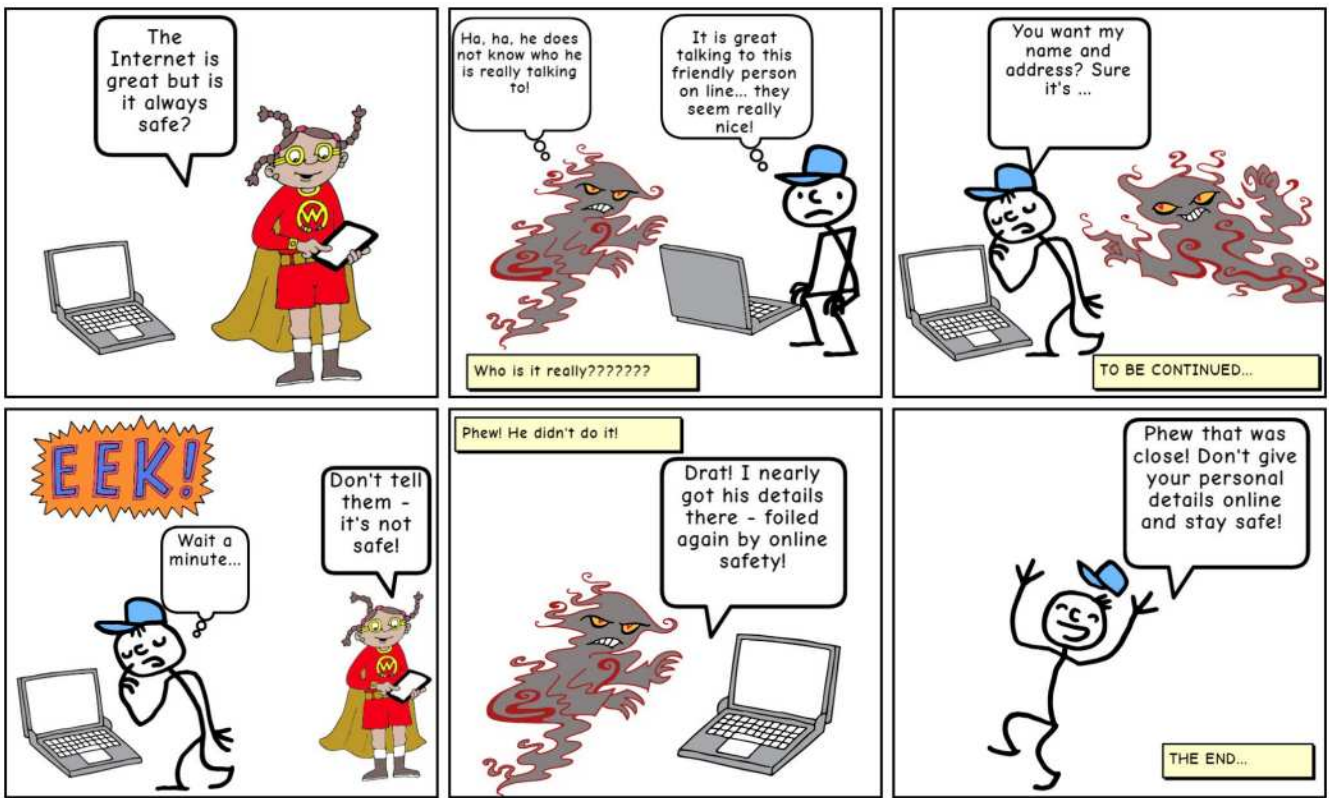
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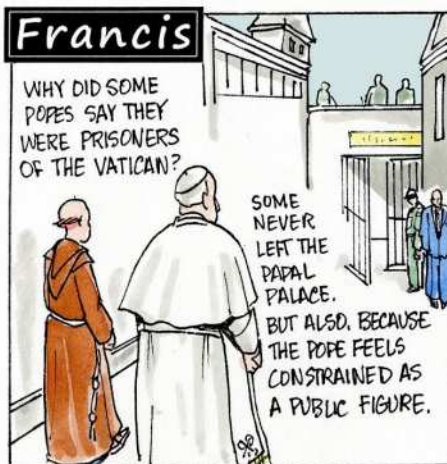


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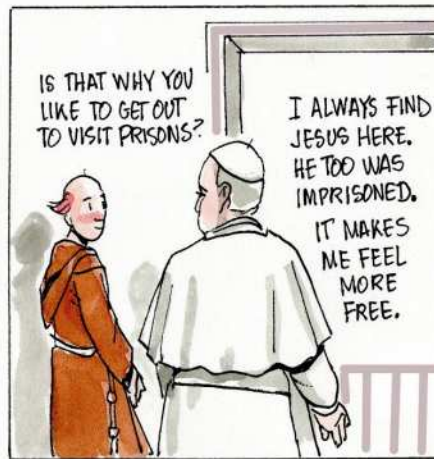




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Consumed by the love of culture



She is a traditional music fanatic who is fixated and driven to make a mark for herself regardless of obstacles. Meet Yaya Motshegwa Mokalakane a kind and loving lady who hails from Gabane. Her love for traditional music started in her tender age, she later on joined groups like Thulwana tsa mogwana however she later on decided to go solo and released her first album in 2010 called "Mme motsadi wame" which was dedicated to her mother looking back at how she raised her. The second one in 2017 called "ke tshwana le katse".

What got you into this kind of genre?

Well am a lover of culture, Setswana riddles, and stories, so to me this kind of genre is easy to do, I get to express myself easily using our mother language.

What's the most memorable moment of your career thus far?

Performance that were very meaningful and dear to me were with the late "Dan Tshanda" also performing for SOS at a charity event.

Any challenges that you have encountered in your music journey?

For me I would say lack of support from our fellow people, the type of genre that am doing is very important to us as Batswana but somehow it is failing to get the recognition it deserve.

With all the challenges you have stated why not change genres?

"Rome was not build in one day", I have a strong believe that one day our music will be longed for and I will be one of the people who will be the most talked about. Also I aim to be the one who teaches young ones about our culture because and keep the norm like I said I love culture, it is close to my heart was taught by someone a lot of things about it, so am here to stay!

Is music the only thing that you are doing?

I sell traditional attire and my target market is those people from South Africa but right now things are not going well for her because of COVID 19.

Where do you normally perform?

Am versatile, where the spirit leads I go.

f Yaya Motshegwa Mokalakane

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ASPIRE TO BE LIKE: *Kate Leboile*

1. What kind of a sport is fencing?

Fencing is a combat sport, whereby two fencers face each other on a six-feet-by-40-foot strip with sword weapon and attempt to touch each other with the tip. Touches on the instrumented protective clothing are scored electrically.

2. When did you start?

I started fencing since 2016.

3. The club you currently under and how long has the club been in existence?

I'm under Musketeers Fencing Club and it's been there since 2015.

4. What kind of physical and mental skills can a child develop by practicing fencing?

I love fencing because it can help a child build their strength on so many levels. How many sports do you know of that can give your child a physical and mental challenge while building their confidence, social skills, and academic future? Sounds almost too good to be true, doesn't it? But this is exactly what fencing can do for your children.

With its rapid footwork and thrusting, your child will get a high-impact aerobic workout. He or she will build stamina, strength, and coordination.

We encourage our students to be aware of one's body and the awesome machine that it is; adopting healthy attitudes and eating habits. Fencing will instill in your child the idea of treating their body as an instrument and a temple and taking care of it!

Fencing is also a terrific stress reliever. Your child can release their aggression and frustration through fencing in a controlled environment. When they go to the strip, nothing else matters. All problems and worries melt away as they concentrate on technique and strategy. Some of our students say that fencing is their escape from the pressures of peers and school.

5. Are any of these skills transferable to other sports or activities?

Yes they are especially for a combat/fighting sport.

6. Compared to other sports, how difficult is it to become competent at fencing?

Fencing requires short bursts of strength and speed. It's a highly tactical sport and is a "physical chess"

7. What impact does fencing have in your life?

The physical benefits include increased coordination, agility, balance, flexibility, strength, and cardiovascular endurance.

The working out increased my alertness and energy, which means that even after working out for three hours straight, I had enough energy to continue my day with close to full productivity. The exercise improved my mental health; I have gained a greater mental agility, which puts a positive spin on my day. It also played a part in improving my immune system, I don't remember the last time I was sick.

8. Anything else apart from Fencing?

I'm a fitness trainer and started boxing. Career wise I'm a Business consultant and Image consultant.

9. Why do you think less Batswana have knowledge about the sport?

Theory: Fencing isn't popular because it doesn't involve a ball.

I don't think it's ever going to be a popular spectator sport. We can make minor alternations but you can't change fencing into what it isn't.

To get more people fencing, it's a question of making it more accessible. Most people know of it but don't know where it is. So I believe if we could get places of training, more coverage and exposure especially for schools management i.e. private and public, we can be able to get schools to make it part of their extracurricular activity and gyms too can take it as part of their classes.

Our vision is to cover all areas in Gaborone, even outside Gaborone to share knowledge and skills regarding the sport. It's upon us to make the sport popular and known to Batswana.



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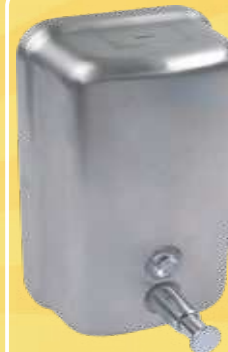
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