

# Celebrity World

Botswana's Native Magazine

January 2021 P12

**Tiller Mo**  
Follows the  
Musical Note

**DJ FUNK**  
Steered By His  
Astonishing  
Skill

**Sour Man Bw**  
Takes Traditional  
Music to a Whole  
New Perspective

**WHY**  
IT'S VITAL TO  
MOISTURIZE  
YOUR SKIN

**DIY**  
CHUNKY TASSEL  
BOOKMARKS

**The Pair**  
That Brought  
Joy and Colour  
to Creativity

# A Down to Earth King of Arts



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BATHROOM  
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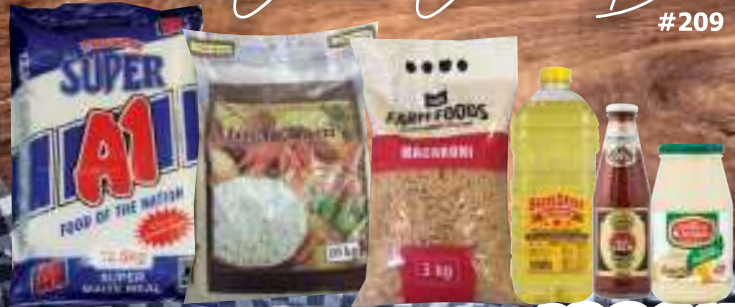


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**I** am sure we can all agree that 2020 was not the best year for a whole lot of us. But its 2021 now, a whole new year, a time for us to start afresh and rise up like phoenixes from the ashes that 2020 burnt us down to. Obviously many have set out their "new year's resolutions," good, let 2021 be an inspired year and the time for many to show that they are not quitters. We may have been hit hard but we will still stand strong this year. And also be grateful too, you are alive amid this Covid-19 situation, that its self is a blessing.

It's a whole vibe here at Celebrity World too, we continue to strive to bring you the juiciest celebrity news. Story articles that will inspire you from your favorite celebs and role models. It's a year of total change for us too, so be ready to be overwhelmed. We believe in art, we are artists too, yes writing is an artwork. You do it with the aspiration of bringing content to your audience that is creative and captivating. Just like our featured artists from all works of art, they do their best, be it in music, acting, photography, painting or drawing, they make sure to have you completely mesmerized by those masterpieces. At the end of the day you are our key concern, your pleasure is what we work so tirelessly to acquire.

Once again may this be a blissful and glorious year for all of us, from us here at CW we would like to wish you a happy 2021, HAPPY NEW YEAR!

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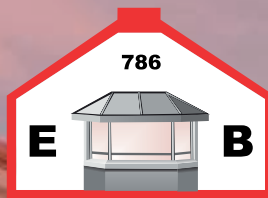


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# TILLER MO

## Follows the Musical Note

**A**t 9 years, the musical bug bit Prince Ramarwaneng and he instantly knew that he is destined to be a musician. At a mere age of 17 years, he decided not to be a passenger in his own life and started making his own music. Music was not just a dream for him, it was also his therapy, and so he went on to pursue it.

Today, Prince Ramarwaneng is a 22 year old upcoming musician known to many by the name Tiller Mo. He gives credit to a producer called Dada Kavino whom he says unleashed his music talent and his true potential.

Tiller Mo says that ever since he set his foot in the studio, he has done outstanding work and he has been dropping hit after hit. He has also shared the stage with South African artists, Tuks Senganga and Blaklez who are known legends. During the interview with CW, He stated how inspired he felt then and so he decided to make a mini album called No curves consisting of 8 tracks produced by David Kavino and T Gray.

"The album did so well that it had 28 thousands downloads in the first 3 weeks and that surprised me a lot," said Tiller. He then started getting recognition from other renowned artists. In August 2020, he released a single titled "Ghetto Vibe" which he also says people loved. He stated that because of his accent, people have always confused him for an American artist.

He mentioned that he can't wait to perform his latest single. "The plan for 2021 is to make more music and visuals and also work with other artists like local sensational RNB artist Priscilla," he said. He further elaborated that he wants to test his versatility in music and make music that people can relate to and that can change and inspire people.

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# "MY LIFE CHALLENGES," VIJO KAY

I am Kagiso Duncan Leshane, a 22-year-old young man born and raised in Lecheng. Before getting into the music industry, I faced some challenges in life. That is what drove me to become a musician. From my primary school days, I would be forced to walk about 4 to 5 Km to school. This would affect my learning as I would get to school tired without even having the time to relax as lessons would be in progress. However, I never gave up on school, I kept pushing. I started learning how to sing and dance and that is when I was enlightened of my talent.

After my Cambridge level, life presented me with more challenges as I had nothing to do to earn a living due to my limited experience and qualifications. I then decided to pursue my God-given talent which is music. "Dear mama" is the first song I released as an appreciation of my mother's love and the tough times that I have gone through. The song highlights to my mom that even though I did not perform well at school, I will work to my fullest capabilities to improve our livelihood.

After releasing my track "Dear mama" on the 30th of August, I then went on to release "letter to God". The track highlights all the situations that everyone goes through. With all the tracks that I have released, I have seen some appreciation and support which really boosted my confidence and has given me the courage to do more. I am currently working on an album. The one thing that however remains my biggest challenge is raising money for my music production.

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skills throughout the years.

I was supposed to perform across the borders.

**How would you describe your sound?**

I would say that my sound is that of a lean back and sweet relaxing type of melody since I am a radio DJ and I DJ after hours to ease the day.

**How do you keep your followers entertained amidst this Coronavirus situation?**

I keep my followers entertained by sending mixes to them via WhatsApp and Sound cloud.

**How is your creativity progressing like?**

My creativity is progressing and excelling with time as this is a craft I got into with passion.

**What is it about Djing, compared to, say, producing your own music that makes it interesting for you?**

I can say there is no comparison between the two music in general rules! We all play music for a reason that is why fans buy what they want, either shows or produced music.

**Who would you like to collaborate with?**

I would like to collaborate with Dj Fresh because over the years the man has managed to become relevant to the industry. He has also helped many DJs locally and internationally.

**Anything you currently preparing for your fans?**

I can say followers be prepared for my old school compilation coming out soon.

**How are you coping with the current Coronavirus situation?**

I can say Corona has denied me the ability to show-case my talent internationally because

**CONTACT DETAILS**

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# DJ FUNK

## Steered By His Astonishing Skill

**G**ood vibes and vibrations come in many forms but for Tshielo Lesotlho affectionately known as DJ Funk T, it comes in the form of music. He is a living proof that when the passion for music chooses you it does not release you.

His love for music started in 1998 when he was a Dj at Chez Ntemba Take 5. He later went on to join a Band called Alfredo Mos & Afro Sound Band in 2000. As a DJ, he has traveled all over the world to countries like South Africa, Zimbabwe, Lesotho, UK, and the USA. Dj Funk T has also made television appearances on stations like Soweto TV

and SABC TV. He also worked with numerous South African productions like Setlopo Finest and others.

He is a house and deep house music Disc jockey and is also a resident DJ at Duma FM radio station where he hosts a show every Saturday night from 22:00 to 00:00 hours called Night Grooves. He stated in his interview with CW that he was inspired by the late Dj, Dj Base, the very same person who introduced him to the DJ industry. During the interview, DJ Funk T divulged that at first when he started to DJ, it was just about playing music as a warm-up DJ and learning the Ins and Outs of the industry but in doing so, he has managed to up his game, acquiring more



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# Sour Man Bw

Takes Traditional Music to a Whole New Perspective

**A**s some would say, "All you need is passion, if you have a passion for something you will create the talent". This has been the case for a Tswana dancehall artist known as Sour Man Bw.

His passion for music started at a tender age when he was a traditional dancer for his junior secondary school. In 2007, Sour Man Bw joined a group called "Sebabatsane" as a traditional dancer and later on joined several other community groups like Ditholwana, Molodiwakoma, Gatalata, and Sedimo sa Koma.

As part of Sebabatsane, Sour Man learned a lot about the music industry as they got to share the stage and performed alongside legends of the industry like Shumba Ratshega, Cultures spears, Doctor Vom, Alfredmos, Ditiro Leero, etc. For more than 4 years working as a traditional dancer for several groups, he developed an interest in producing his own project that went on to be recorded in 2010 at Meds I records by Lejohman. This was a traditional music album titled "Panyapanya" and featured a beautiful and talented lady called Segametsi.

**T**he album presented him with many prospects even though he had to make connections first. It took the passionate lad a full two years to try and figure out the momentum of the industry as a solo artist. However, the album did well in terms of getting him known and led to him working with local and international artists.

In 2015 he met up with the producer Bullet Ketshabile who recorded his second traditional dance album which was titled "Bonka go thusa" featuring Segametsi. The album did well and branded his name as an artist. He then made yet another "Panyapanya" album. Through that album, he had the privilege of travelling around to perform and share stages with other known local artists. He was also interviewed by various radio stations and even performed at Mokaragana, Maitisong festival and also got to perform on SABC 1's the Roots Programme alongside Mmausi in Johannesburg which was a dream come true for him.

During his journey in music, Sour Man Bw started listening to different types of music and fell in love with Zimbabwean dancehall especially Tocky Vibes's music, a famous Zim-dancehall artist. He revealed that after an encounter with that music, he was fond of the genre and wanted to try it. He went back to the studio and incorporated traditional music into dancehall. The album came out titled "Dancehall Pot" and featured Lejohman. It was recorded at Meds I records and was produced by Lejohman. That is when he officially named himself SOUR MAN BW. The album was a hit and went viral which in turn created new connections with other international dancehall artists.

His transition from traditional dance music to Original Tswana Dancehall opened his eyes and taught him that as long as you are in the creative industry, you must not limit yourself and you should challenge yourself always.

Sour Man says he aspires to see himself working at an international level. He also hopes to inspire the younger generation and ascertains to help those who are passionate about their talents as well as helping our nation with job creation.

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**I**n 1995, the small town of Selibe Phikwe was blessed with the birth of a young Jazz maestro Obolokile Mompoloki also known as Lokile. Some people are born with many talents and Lokile happens to be one of those people. Apart from Jazz, he is also a drummer, keyboardist and actor.

He started his trade as an avid drummer at an early age and in secondary school he took his drumming to another level by picking up another musical skill as a singer and learning the keyboard. Lokile went on to follow his dream of music by studying Sound Engineering at Botswana's prestigious arts and technology school Limkokwing University.

As he was studying in Limkokwing, Lokile started to seriously pursue a career as an Afro-jazz artist and began to record his own originally composed music. In 2018 he released a 7 tracks album titled "Lorato Loeto". He has since been doing live performances at many different venues like Bahumi Lounge, the first Jwaneng Galaxy Club Live Jazz Festival in 2018 and Limkokwing University. He has also shared shows with other Jazz artists like Nono Siile, Jomo Chawilane and Travor Mabua. In this edition, CW had a chat with the artist about his music.

**Can you tell us a bit about your type of music?**

Lokile is an artist who ventured into Afro Jazz. My music is written in the mother language and I have an album with seven songs.

**What inspired you to choose this particular genre?**

I was inspired by a South African Afro Soul artist known as "Press". His skills built a tower of interest in interpreting the afro jazz alongside his Afro Soul sounds.

**What other genres have you ever ventured into apart from this one?**

Other than Afro Jazz I have also ventured into Afro Soul and house music, doing covers.

**In your line of music what are the challenges you have encountered?**

The first thing would be marketing; the



# "Jazzing" with Lokile.

lack of proper marketing has been a big stumbling block due to fewer funds hence less reach of followers. Another challenge is the lack of resources, due to lack of funds we find ourselves in a state where we can't provide ourselves with the relevant equipment.

**Do you ever find resolutions to those challenges?**

Yes, my team and I do manage to reach out by utilizing the use of social media platforms like Facebook, Instagram, and others.

**We are in a time where many have been affected in their hustles and businesses by the Covid-19 pandemic, how has it affected you and your music?**

No income, we are all at our homes with no sources of income due to Covid-19 restrictions and it is sad that the government is also not assisting the Creative Industry at large.

**How have you been trying to keep up amid the challenges brought by this corona?**

The struggle is real, we are still failing to adapt to the new normal lifestyle since we can't generate any source of income, we are just putting our trust upon the Lord.

**So what are we to expect from you in the near future?**

I am currently working on my single, titled Basadi. The single is expected to be released early 2021.

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# A DOWN TO EARTH KING OF ARTS

"Music is therapeutic," says the talented Tafadzwa Busani Nazare commonly known by many as Tafnaz. He considers himself a therapist for those who deal with emotional ills. As a singer, Taf believes he is not just an entertainer, he is an advocate for positivity and an emotional healer.

Coming from humble beginnings,

he grew up in the second capital of Zimbabwe in a city called Bulawayo. He was brought up in the musically inclined seventh day Adventist church so harmony has always been a part of his life. Raised by a music-loving aunt and a plethora of Disney musicals like the lion king and many other known Disney Blockbusters, music was an active ingredient everywhere they

went. From Joe Thomas filled road trips to Craig David and Usher Sunday, Boyz II Men, Dru Hill, \*NSYNC, and the Pied piper of RnB R.Kelly. Of course, there were a lot of other artists they listened to but he remembers these ones vividly because they took up most of his sing-a-long memory space.

Tafnaz stated that he has been singing



for as long as he can remember, however, he only took notice of this when he was in Form one during his second term as a high school student in a boarding school when a friend turned rival challenged him to a sing-off. As the dorm gathered in his favor, they were astonished by his effortless performance. That was the day Tafnaz realized he actually has a gift.

He went from singing in the shower to singing with older gospel groups as expected of an Adventist boy. Acapella became his go-to music as he sang with bands. The warm feeling of vocal unity made him feel like this is where he belonged. This went on for a long period and brought with it, the age of evangelism. Together with his group, they would visit other churches and events to grace them with their music in a bid to spread the gospel through the art. Like all good things, this phase came to a halt when like every other teenager, his "voice broke". Being unable to sing led him to the discovery of poetry and gave way to his Rapper phase. He went from a man of the gospel to a street poet with "Bars".

All of this, opened up a whole new side to him because he grew up as a creative writer. Fast forward to his voice coming back in the 4th form, the RnB in him returned when Usher dropped the second "Confessions" album. Taf says that he used to wow the ladies, but annoy the gents, he couldn't stop singing. He went from editing love letters to writing love songs. In 2008, after high school, he was flown to Malaysia for university, and there amongst

other creative people, he found music still waiting for him alongside brilliant musicians, namely Jonah Sithole and Philo. They formed a trio and dubbed "Beat Harmony" that went on to blow away all competition and it was their first-ever in Malaysia for them to win the famed inter-tertiary MTV world stage competition.

In 2009, he became part of the Heal the World initiative which saw them performing in front of a crowd of well over 7000 people. As a student at Limkokwing University, they were tasked to form the first Sound and Music academy which brought about the musical revolution that has become the pride of the institution. After touring with the fashion shows and recording the first solo pieces they had to part ways.

To keep his passion alive he uses his other God-given talent which is photography. He runs a lucrative brand called Bornaking Photography and funny enough some of his clients don't know about his musical career, the look on their faces is always the same when he reveals his other identity. It feels like he is Clark Kent. When it comes to his fans, he is still Taf... "I have never really considered myself to be a celebrity, I feel like our population is too small to try to live that kind of lifestyle," he said. The same people you meet on stage are the same people you're with in church and at shopping malls. Besides, he is a servant of humility.

In terms of sound, he comes across as different because he is not loyal to any

genre of music, he is willing and able to dabble across various types of music. During our chat with him, he told us that when it comes to collaborations, he wants to collaborate with everyone because making music isn't about status, he views music as a culture, a tradition that must be shared.

Tafadzwa says he wants to work with people and artists from all different wakes of the musical world. He writes all his music and in terms of genre, his primary sound is Afro, RNB with an acoustic soul fusion. He has also explored other genres like Hip-hop, House, Electro, Afro Pop, and dancehall and has written and performed a few ballads.

With access to the internet and YouTube, he has further developed from just an artist to an actual engineer. His fans are kept entertained online with an endless release of chart breaking singles and collaborations with amazing artists and producers. He will forever be grateful to his very supportive family who have never missed a single event nor radio/ TV performance and constantly urge him to push the passion.

Though his music is non-vulgar, he still has a parental advisory sticker on it because some of the lyrics are for a sensual adult audience, and it is made for radio. Concerning acknowledgments for his successes he indicated that it would be selfish of him to single out individuals because he says it takes a village to raise a child.

His journey as a musician is a mixed masala of influential passion farmers. His friends, both current and former have played major roles in whom and where he is today. If he could be open to working with any international artist he says it would be Frank Ocean because his music inspired part of his writing style.

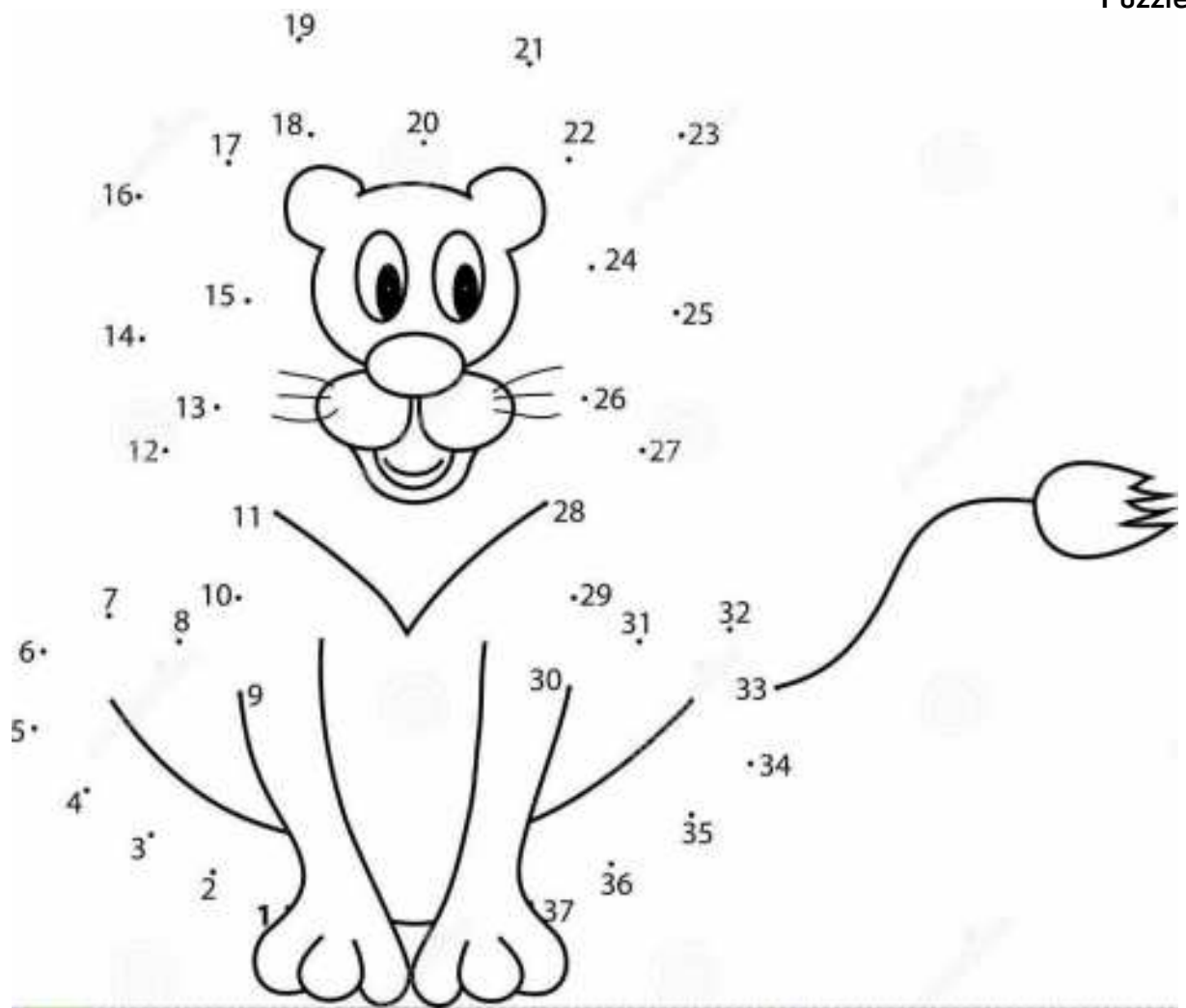
We all know that there is always a misconception about popular people, some are labeled as arrogant, ill-mannered, and so on. Tafnaz motioned that his domineering nature, notorious wordplay, and flirtatious tendencies have often made people view him as "A playboy". Little do they know that he is a serial lover, a passionate gentleman who still believes in chivalry and he mentioned how he has a loving fiancée who is his backbone and number one cheerleader.

In terms of feuds and conflict, the musical genius further said "I haven't met a situation that has put me in a compromising position." Being a man of positive principles keeps him out of the negative lanes of cultural society.

When addressing his collaboration with the clothing line, Maestro Empire Suits, he stated that he is their brand ambassador and they have a special creative bond that makes it easy for them to dress him in his own designs pieced together by Steven Tyler's master tailors. They have believed in him from the get-go and they have pledged to keep his image at top tier level.

Taf went on to say that COVID 19 has really hit artists hard but it doesn't mean the work stops. "It has given them a wakeup call that they need to have a side hustle as well because they can't put all their eggs in one basket and that they can still make music via streaming sales, as the world has become one gigantic digital market place." Tafadzwa also indicated that many artists had to go back to the drawing board to recreate and redirect their approach in terms of marketing and that social distancing has made it difficult for them to enjoy the artist experience of entertaining large audiences so they have taken refuge in the digital world. His advice to fellow artists is that they should keep their heads up and that the darkest hour comes before dawn. They should not chase money but rather, they should push the passion and then money will follow.





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## Sagittarius

### SAGITTARIUS

You rarely think ahead too carefully, preferring to take life as it comes and the suggestion that you should plan your life better is always good for a giggle but, you seem to be setting some store by your savings and the possibility of future protection has suddenly taken your attention. Could this be because you have found something, or someone, worth investing in and you realize that some serious security is a pulling point in any potential partner wish-list? You have as much business flair as anyone, and your intuitive nose gives you an edge where others least expect.

### CAPRICORN

While things may be tough and you feel the ground shifting under your feet, you are simplifying your world without realizing it. Don't be too hard on yourself if you feel you haven't lived up to past unrealistic expectations, this is no time to add to your burdens by browbeating yourself.

### AQUARIUS

This January 2021, you have to do things your own way and people have to know it. You feel that if you can't change now, you will be confined to a world of mundane mediocrity, so it is imperative

that you make that break. Some people may disapprove of your new revolutionary vibe, but they probably don't realize how deep-seated is your desire to escape at the moment.

### PISCES

The most crucial time of this month comes at the very end when the whirlwind planet Uranus re-enters your sign on the 30th. This is the signal that at last, you are able to do things your own way, or not at all, and that people around you had better know it is time for a change. You are feeling pretty assertive all round and having a pet project planned to pour your precious powers into will boost your cause no end.

### ARIES

If you are thinking of ringing the changes now a new year begins, this is a very good time to take a break but to do it gracefully. According to your January 2021 horoscope, gradual alteration of your attitude is an excellent way to work with the energy of the time, which could be a complete reappraisal, or something as simple as a sort out of your wardrobe. You are getting to grips with your personal power, realizing that you have more clout than you ever knew and that you don't have to make an unseemly splash to attract attention to yourself.

### TAURUS

Venus making a handy pattern with you in the first part of January allows you to stretch out socially and widen your circle. All too often it's a compromise, having to fit the good times in around your work, but you are in a happy position now where you can combine the two. Don't wait for others to get in first. While you may be tempted to lay back and remain in lazy mode, never losing an opportunity to do nothing, if there's a working situation you've always wanted to enjoy, this is the time to move toward it.

### GEMINI

There's nothing wrong with spectacular ambition, like the way you are feeling at the moment, as long as your plans don't outstrip your capabilities. You have an underlying sense that there are things

outstanding and much to get on with, but shoring up your social life is a very good place to start.

### LEO

If it feels like your January 2021 is limping to a close, take heart, as an injection of vigor arrives mid-month to sustain and propel you into next year. Mars making a helpful alliance is a time when otherwise irksome duties don't seem as dolorous as you skim across the surface, taking everything in your stride. This is perhaps not unusual for you, but the special space you occupy allows you to achieve long-term lightness. This present mood proves to be no three-day wonder, so start your imagination spinning now and get a ringside seat to watch it all come true.

### VIRGO

This is a time to put some distance between you and the downs, looking up and appreciating what you have. Everyone occasionally has hurts and regrets that take a while to recover from, and things that you wished had worked out some other way. There is no excuse to nurse these knocks, however, with friendly Jupiter going through your sign bringing a glass-half-full feeling, and inner insulation that sustains you even when nothing much outwardly is occurring. The only word of warning is to remember to exercise – you can always add inches in the wrong places.

### LIBRA

Your artistic eye is in good shape, as usual, though you may be having more trouble grounding your plans and getting something concrete for your efforts. Maybe in best Libran tradition, you should enter into collaboration with someone close, with you as creative director and let them take the lead when it comes to business.

### SCORPIO

Whether you are after making a quick splash with your work or have a more extended game plan in mind, this is a time full of potential. You have both the drive and the staying power to do something truly outstanding with your work and sooner or later your single-minded skill is going to get you noticed.



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# WHY

it's vital to moisturize your skin



As it turns out, moisturizing doesn't just feel great, it helps keep your skin clear, smooth and wrinkle-free in the future thus moisturizing is absolutely essential in your daily routine. Both men and women can

find many benefits to using quality moisturizer. Doing such to your face and body skin will help you look and feel younger. You are guaranteed to have softer, more elastic skin and most importantly it helps to keep your skin

hydrated!

This activity of self-care actually reduces skin problems. Moisturizing everyday can reduce the chance of developing extreme dryness or oiliness on your skin. Both of these extremes are harmful for your skin and can cause common skin conditions, such as acne. When you use moisturizer you maintain your skin's balance. It helps your skin stay juvenile and fights wrinkles.

The plump firm feeling on your skin after you moisturize isn't just an illusion, people who do this to their skin daily can approve so themselves. Their skin ages slower, wrinkles appear later in their life and their blemishes are reduced. This has also been proven by many dermatologists.

#### When to moisturize and the process:

It's a perfect end to your daily showers. Let's face it, hot showers feel great and invigorating, however they strip the moisture right out of your skin. This also means that you should watch the temperature of your water, rather use lukewarm water. Once you're done showering, or washing your face, pat the skin dry. DO NOT RUB. Being gentle with your skin is immensely important. When you pat your skin dry, it helps maintain natural oils from your skin and will retain and seal them when you moisturize. Using a clarifying moisturiser is best for most skin types. It not only helps exfoliate your skin naturally but also helps with blemish reduction.

We recommend BeautyPro's clarifying moisturizer, which is for both your face and body!

Put simply it is designed to slough away dead skin, remove excess oil and reveal fresher younger and cleaner skin.

BeautyPro's clarifying skin cream should be used twice a day, morning and evening. It has a multitude of benefits; it allows for a controlled process of clarification and illumination of your skin. This moisturizer delivers a balanced moisturized and velvety smooth finish. Formulated to support the appearance of clear, blemish-free skin, this potent effective blend features; To achieve visibly purified skin.

#### Bad and Sad things that can happen when you don't moisturize your skin:

- You will develop MORE wrinkles and earlier in life.
- The wrinkles you already have will become even more prominent.
- Your complexion will appear dull and flaky.
- It will aggravate your acne.
- You will lose a layer of protection.
- Your make-up won't look flawless and may appear exceedingly 'cakey'
- Your skin easily becomes irritated and itchy

Do yourself a favour girls and boys, men and women:

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# Tebogo S teven Mhaladi

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Insta: emiljaymhaladi

Occ Electric Engener

App: 74325537

Agency: The Empire BW



# Jenni fer B anyatsang Thapelo

Fb: Jennifer Pam Thapelo

Insta: jeniferthapelo

Occ: Lawyer

Agency: Cruz Creations



Models- Catherine Waheng/ Lala Nthobatsang  
All pictures taken by Tafadzwa of bornaking photography



## Relationships

**Most women when asked this question about their man, they will name generic things like;**

Sports  
Food  
Hanging out with his boys  
Getting Money  
His kids ...the usual!

**But do you REALLY know what makes him happy?**

**Not what makes men HAPPY, but HIM?**

**What does he want out of your relationship?**

**What does he expect of you?**

**What brings the best OUT of him and gets him to reciprocate that love to you?**

That's what every woman TRULY needs to know!

**Ever wonder why with most men it's like PULLING TEETH to get him to do what you would expect him to already know?**

**Why it seems he is clueless to your needs and wants?**

All you have to do is be yourself. That's right if you're completely prepared for the effort of true love and a relationship it requires you knowing exactly what EVERY real man would expect from you.



# What Makes Him Happy?



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### ON THE BIG SCREEN

#### Monster Hunter (2020)

**Release date:** December 3, 2020

**Directed:** Paul W.S. Anderson

**Produced by:** Paul W. S. Anderson, Jeremy Bolt, Martin Moszkowicz, Robert Kulzer, Ken Kamins, Dennis Berardi



#### Coming 2 America

**Release date:** December 17, 2020

**Directed:** Craig Brewer

**Produced by:** Kevin Misher, Brian Oliver, Tori Amos

### Music



**Album:** Christmastide

**Release Date:** December 4, 2020

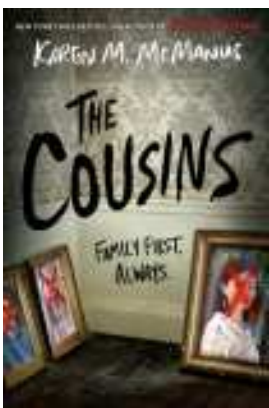


**Paul McCartney**

**Album:** McCartney III

**Release Date:** December 11, 2020

### What To Read



#### The Cousins

**Expected publication:** December 1st 2020

**By:** Karen M. McManus  
Milly, Aubrey, and Jonah Story are cousins, but they barely know each other, and they've never

even met their grandmother. Rich and reclusive, she disinherited their parents before they were born. So when they each receive a letter inviting them to work at her island resort for the summer, they're surprised and curious.



#### The Berlin Girl

**Expected publication:** December 8th 2020

**By:** Mandy Robotham  
It's the height of summer, and Germany is on the brink of war. When fledgling reporter Georgie

Young is posted to Berlin, alongside fellow Londoner Max Spender, she knows they are entering the eye of the storm. Arriving to a city swathed in red flags and crawling with Nazis, Georgie feels helpless, witnessing innocent people being torn from their homes. As tensions rise, she realises she and Max have to act even if it means putting their lives on the line.



#### For Better or Cursed

(The Babysitters Coven #2)

**Expected publication:** December 15 2020

**By:** Kate Williams  
Esme Pearl's life used to be all about bumming rides and babysitting. Sure, it

wasn't glamorous, but it was predictable. All that changed when Cassandra Heaven came to town, and they discovered their complicated, and connected, legacy: Esme and Cassandra are Sitters, supernaturally-gifted teens armed with an ever-changing grimoire of Sitter witchcraft to help them protect the innocent and keep evil demons at bay. You know, the typical teenage stuff.



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# The Hits Maker, Shabzi



**L**es Shabzi is one trusted performing artist/producer and a song writer originally from Lobatse. He is the man behind A.T.I's 'Komiriso', the new single from Dramaboi called "Go lokile" which dropped in October 2020 to mention a few. In this Corona Virus Pandemic, some paused, but he decided to continue because he believes the corona virus only affected him financially not emotionally.

**What do you have for your fans right now?**  
Recently released my single

titled "Phendula" and it is doing quite well.

**What's your genre and where do you record your music?**  
I happen to not have a genre because of my expression towards projection of emotions through music so am a one size fits all. I do my own beats and record myself under a label called Decibel Studios.

**What is the motive behind your latest single?**  
The motive behind my latest single "Phendula" is technically based on being in tune with the divine power, I have also had dreams that

presented themselves to me as premonitions so I was projecting that into a song.

**How did people respond to your new song video?**  
Some say the video is creative and I love that.

**How has the coronavirus outbreak impacted your line of work? Where do you avail your music?**  
I didn't stop working because am doing what I love so I can't be stopped by some systemic or political errors and I avail my music from my spirit being.

**What do you want to achieve**

**as a musician?**  
As a musician i want to be able to build myself up so I can help others build up themselves. I learn a lot of new things every day, from music to everything.

**Last words to your fans or the readers?**  
You know, the pandemic kind of paused the progress for everyone. So my last words to readers is "Be in tune with your inner self and give less worry to what's in the matrix".

**Contact Details**  
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**Facebook page:** Les Shabzi

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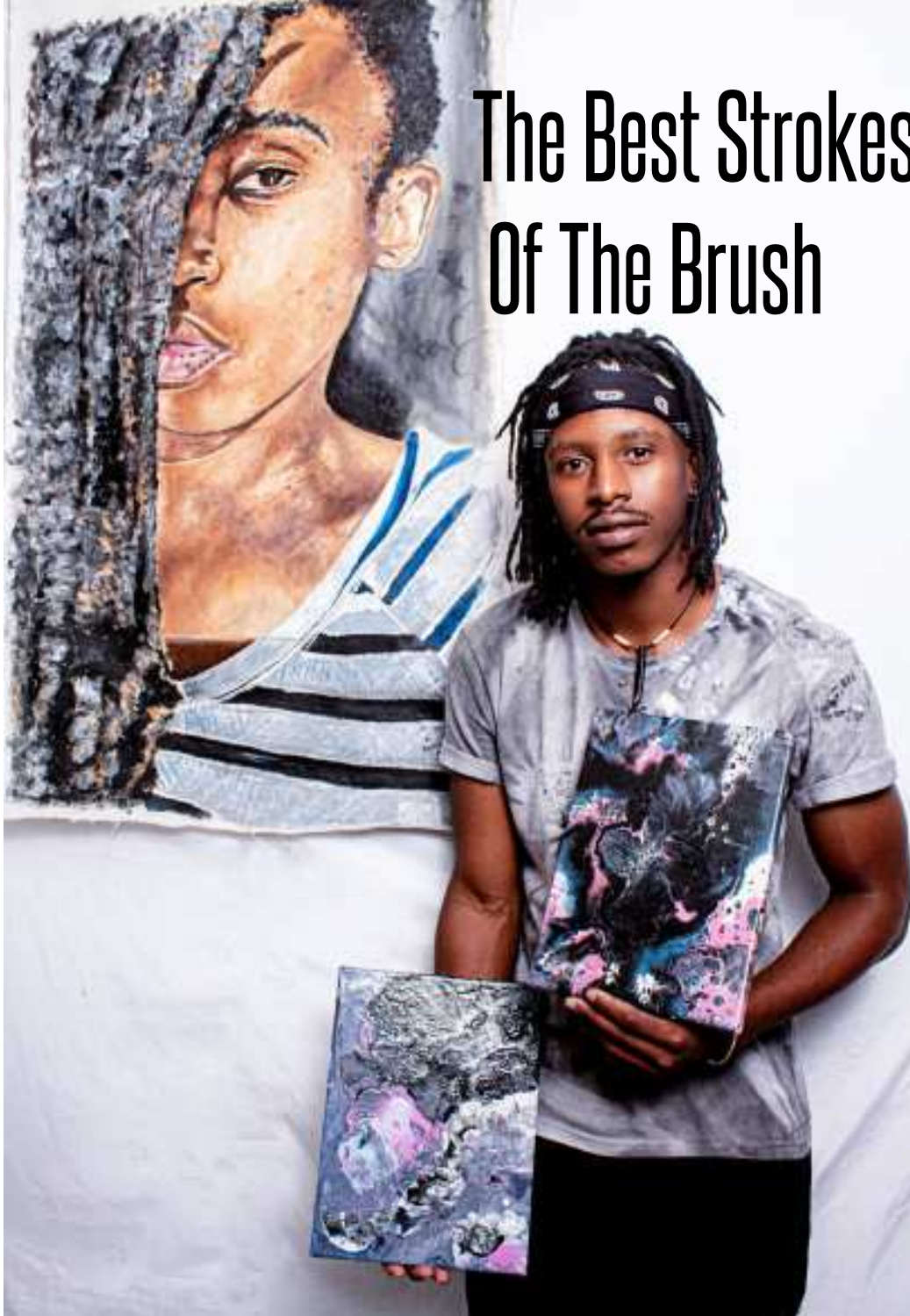


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# The Best Strokes Of The Brush



**P**henyo Saidoo is a young man who has an eye for the arts and frankly the hands for creating inspired artefacts as well. He is professionally a realistic and abstract artist. He has always been an artist ever since his childhood days. He went on to pick it up as a career in 2012 and has since been a realistic and abstract artist.

## What does your work aim to say?

That art is pivotal in life. To say that we matter

## How have you developed your career?

Through research, practice and most importantly exhibitions and competitions. Also by stepping out of my comfort zone.

## What role do you have in society as an artist?

My role is to empower, bring light to certain issues affecting us in the society without being biased. And it is to also show that a lot can be done by someone who is an artist just like in any other field.

## How did you begin with these initiatives and what challenges did you face?

Collaborations; identify someone for example, one whose opinions people

would value and come up with ways to get your point across. The challenging part is that powerful people have hectic schedules and we as Batswana are still slacking on appreciating the creativity field.

## Tell us an example of a specific memorable work you did that is very close to you!

There's a piece I did called "recurrent" which was a series of dreams and visions leading to the final product. However all pieces are memorable really as I put my all in them but it's one of those that stood out.

## Why do you create art? Is it

for money? Is it for fame? Is it to fulfil that inner calling or is it to change the world?

I create art to fulfil the calling and to change the world first and foremost, the money and fame are a bonus. Art is powerful and it's meant to be shared with the world.

If you had all the time in the world and unlimited financial means – would you create the same art you create today? Or would you create something different?

I most definitely would. In fact it would be even more aesthetically appealing and have a deeper impact.

What prompted you to take up art in the first place?

I stumbled upon an artist painting and I was hooked from that moment I was mesmerized by art ever since.

Do you think you see the world differently than non-artists?

In a way I do, appreciating the finer things and paying attention to detail.

Do you intend for others to "see" and "feel" what you "see" and "feel" in your art? In other words, do you want others to get what you are saying with your art?

Well it comes in two ways, at times you'd want them to see and feel exactly what you want and at times it's good for them to derive all that for themselves.

Is the end result more important than the process or otherwise? Or are they equal?

Well for me the process is very important, acts as a foundation for the final result (Can either make or break the final result)

What does it mean to be original or unique (referring to art)?

It means one stands out, possesses something that's different from everyone else and true to them.

## Contact Details:

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**Instagram:** @BarestainArts

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**Email:** baresaidoo@gmail.com



# BATHROOM DESIGN IDEAS TO TRY

Out of every room in your home, the bathroom regardless of its size is the one place that can benefit from simple decor upgrades. Below are some ideas that you can make at your home to spice things up in your bathroom.

## 1. Warm Pink

Think pink for an inviting place to get ready into each morning. This colour is perfect for a bedroom, dressing room, or bathroom.



1



4

## 2. Pops of Colour

Let what's on your walls whether it's patterned plates or a pretty print dictate your colour palette, like this room's assortment of red, blue, and aqua.



2



5

## 3. Doubled Up Curtains

Frame a basic shower stall with a set of matching curtains to turn it into an artful focal point. This cornflower blue pair adds extra colour while keeping water off the floor.



3



6

## 4. Glam Mirrors

Changing your looking glass also changes the room. If you have a plain mirror now, go for a little glam or vice versa. Or just add a sleek smart countertop makeup mirror, like Simple-human's Sensor Mirror, to see yourself in your best light.

## 5. Storage Baskets

No linen closet in sight? Keep bath and hand towels rolled up in a cute basket on the (bright blue tiled!) bathroom floor, where they double as decor.

## 6. Painted Tub

The walls aren't the only place you can take a brush to. A cool blue on the underside of a claw foot tub reinvigorates a spa-like space.

Source: Monique Valeris and Caroline Picard



# Key Gardening Design Considerations

**F**irstly, let's start with a few key considerations; Whether you're remodelling your outdoor area or creating a new outdoor space, you want to have a garden design before you get to work.

A garden designer can help you with this and we recommend getting help from one if it's within your budget.

## Know How You Will Use Your Garden

Will you be the only one using the garden or will you be sharing it with others? Family? Pets? Friends?

## Keep Walkways Safe

When designing your garden walkways, be mindful of how they will be used. You don't want them to be too cramped. Or too wide, because then they will take up flower space.

## Get Creative...

The best person to design your garden is you. Even if you hire a professional landscaper to help you, don't be afraid to get creative. Using your creativity when designing a garden can save you a ton of money on manufactured garden features.

## But Be Patient!

You can't bring a gardening design to life overnight. Well, you can, but the results won't be too good! The time of completion will depend on the design and the intricacy of your garden. For bigger projects, it can take months. You don't want to rush the process as this will show in the end results. Creating a garden should be relaxing in itself. Breathe in and take it one step at a time.



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# Coping With Depression

## amidst the COVID 19 Pandemic

**M**ental health plays a vital role in our overall health, however, ever since the pandemic, our mental health has been greatly affected. Most people suffer from depression now and it is at its highest peak. The rate at which people are being affected by it has tripled worldwide.

Depression is a mood disorder that causes persistent feelings of sadness and loss of interest. It affects how we feel and relate with others on a daily basis. It causes intense feelings of sadness and withdrawal. It can cause one to resort to suicide. That is how serious it is. Depression, especially in our African society has always been taken for granted as well as many other mental issues. It has always been stigmatized but this illness can hit just about anyone. It doesn't matter where you come from or who you are.

In this pandemic, it has become a serious concern because many people have lost their jobs, their homes, their finances and they have been major changes in employment. There are also issues of social distancing which may leave one feeling lonely leaving room for depression. We are dealing with so many unprecedented uncertainties, social isolation and a profound sense of loss. However, there are a number of things in which one can cope during this drastic time.

### HOW TO COPE

If you have been prescribed medication for the depression, please make sure you take it as required and only stop when the Doctor instructs you to do so.

During social distancing, you can still maintain social connections. Phone calls and videos can help you and your loved ones to feel socially connected, less lonely or isolated.

Take a break from the news

Exercise

Get enough sleep.

Avoid excessive alcohol and drug use.

Make time to Unwind and get out and take a walk.

Connect with your community or faith based organization.

Do things that make you feel good, energize and even relax you.

Eat healthy, depression-fighting diets not foods that adversely affect your brain and mood like Trans fats caffeine.

Most importantly when you are experiencing such feelings, talk to your loved ones.

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# Bacon Parm Crackers

## INGREDIENTS

1 package bacon strips, cut in half  
 32 Club Crackers  
 1/2 c. freshly grated Parmesan  
 Freshly ground black pepper  
 Ranch dressing, for dipping  
**DIRECTIONS**

## FOR OVEN

Preheat oven to 350° and line a large baking sheet with parchment paper.

Arrange crackers on baking sheet and sprinkle with Parmesan. Tightly wrap each cracker with bacon and place seam-side down, then top with more Parmesan.

Bake until bacon is cooked through and bites are crispy, 45 to 48 minutes.

Season with pepper and serve with ranch for dipping.

## FOR AIR FRYER

Sprinkle crackers with Parmesan. Tightly wrap each cracker with bacon and place seam-side down on a baking sheet, top with more Parmesan.

Arrange crackers in basket of Air Fryer, working in single layer batches of 5 or 6, spaced at least ¼-inch apart, as necessary to not overcrowd basket. Cook at 350° until bacon is cooked through and bites are crispy, about 10 minutes, flipping halfway through.

Season with pepper and serve with ranch for dipping.



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# Khama Rhino Sanctuary, Home To The Black Rhinos And Martial Eagles



**T**his is one of the few places in Botswana where you would find a variety of wildlife and natural resources. Among those are the martial eagles. These are large, powerfully built birds of prey, with heavy heads and beaks. Like all birds of prey, martial eagles have very large hooked beaks for ripping flesh from their prey, strong muscular legs and powerful talons.

The famous Horned Rhinos, which are also among the wildlife found there, are said to be very dangerous and generally prefer to keep to themselves. Despite that attitude, rhinoceros are no peacemakers and when they feel threatened, they'll steer their large, dangerous bodies directly towards their target. Both these animals are found at a sanctuary situated in the central district of Botswana 20 kilometers from Serowe Village.

The Khama Rhino Sanctuary is a



community based wildlife project in Botswana commonly known for its sanctuary for rhinos as the name says. Animals are allowed roam freely in the sanctuary and this allows for a spectacular game viewing which is possible from

your vehicle along the many roads in the Sanctuary. For safety reasons however one should remain in their vehicle at all times.

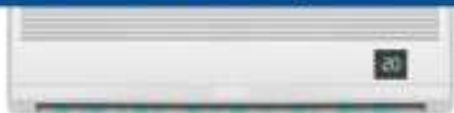
The sanctuary intend on bringing benefits to the community through tourism.

**Photo Credit:** Tshephang Dilotsotlhe

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# The Pair That Brought Joy and Colour to Creativity

**D**uring these hard times of unemployment and the ongoing covid-19 pandemic, it is always sensible for individuals to stand up for themselves and find common things which can sustain and take care of them. Such times separate women from girls and men from boys by their level of rational and assimilation of things. In this issue, we are privileged to have featured two beautiful young ladies who took it upon themselves to use their God-given talent to create beautiful designs that are a source of income for them.

As they say, birds of the same feather flock together, Naledi and Kitso had the same goals when they ventured into the crocheting business. They saw that fashion nowadays has evolved and that people are always interested in trying new things. They then took it upon themselves to bring out their A-game into the crocheting line and spice things up. The Duo was fortunate enough to be sponsored by their parents to start up their business. NAKI CROCHET HAVEN is the name they came up for their business and they went on to open social media pages where people can be able to see their work or make orders.

We all know that Crocheted clothes have always been viewed as an old and traditional attire so the two decided to add in some changes. They create different designs which are accompanied by different styles and stitches to make them unique from their competitors. Their wish is to see their business bloom so that they could eventually open up a boutique.

In conclusion, when chatting with us, the two advised those who long to get into business to never be afraid to try out something new. "Just do what you think would look beautiful and you should learn more from your failures than from your successes," they advised.



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# DIY CHUNKY TASSEL BOOKMARKS

## Materials:

- yarn
- scissors
- cardboard
- ruler
- pencil
- cardstock
- Mod Podge
- foam brush
- hole puncher

## STEPS:

**STEP 1:** Wrap yarn about 50 times around a piece of cardboard that's about 3.5 inches (8.89 cm) wide, then cut off the excess yarn.

**STEP 2:** Slide a piece of yarn under all the yarn wrapped around the cardboard, then double knot it at the top. Cut all the yarn on the opposite side, then tightly double knot a piece of yarn near the top to make the head of the tassel. Tightly double knot a piece of yarn underneath the previous piece of yarn and cut off all excess yarn and scraggly ends.

**STEP 3:** Measure and cut out a 4.5x6.5 piece of cardstock.

**STEP 4:** Fold the cardstock in half length-wise. Apply a thin layer of Mod Podge with a foam brush on the inside of the cardstock, then fold it back and let it dry.

**STEP 5:** Punch a hole at the top of the bookmark. Double knot the tassel through the hole and cut off the excess yarn.

Source: homeyohmy



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# 6 Top Chest Exercises For Men



**W**orking out the chest means working out the pectoral muscles, better known as the “pecs.” While the pecs are the largest muscles in the chest, there are actually several smaller muscles that support the pectoral muscles, including the latissimus dorsi muscles (or “lats”) on the sides of the chest and the trapezius muscle around the shoulders. Here’s a look at some top exercises to build your strength and size while helping support your overall daily movement.

## 1. Barbell bench press

1. Position yourself on the bench with your feet firmly on the ground and your back flat (the bar should be directly over your eyes, and your head, shoulders, and buttocks should be on the bench).
2. Grasp the barbell with palms forward and thumbs wrapped around the bar. Move the bar into starting position, with help from a spotter if needed.
3. Position the bar over your chin or upper chest, keeping your elbows and wrists straight.
4. Inhale and lower the bar slowly until it touches your chest below your armpits. As you lower, flare your elbows out slightly.





## 2. Pec deck

1. Keep your feet flat on the floor, at least shoulder-width apart.
2. With your back firmly against the seat, lift your arms until they reach shoulder level (the angle of your elbows should be between 75 and 90 degrees). Place your elbows on the center of the pad on the wings of the machine.
3. With smooth and slow movement, push the wings together, stopping just before they touch.
4. Reverse to the starting position slowly.



## Bent forward cable crossover

1. Begin this exercise either with your feet planted hip-width apart, or with one in front of the other as if you are walking.
2. Grasp the pulley handles with your arms straight out and facing inward, making sure that your hands are below your shoulders and your elbows are bent a bit.
3. Make your movements slow and controlled — no jerking — as you bring your hands together and extend your arms. For a wider arc and more resistance, move your arms down first and then in toward each other to cross one hand over the other.
4. Bring your arms slowly back to the starting position with control. Don't let your arms go back past the shoulders.



## Chest press

1. Adjust the chest press bench so that you sit with knees bent slightly and your feet on the floor.
2. Grasp the handles, and exhale as you push them away until your arms are straight out. Keep your elbows slightly bent.
3. As you inhale, pull the bars toward you slowly and with control, without letting the weights touch down.

## Dips

1. Grasp the parallel dip bars firmly and lift your body. Keep your elbows straight, your head in line with your trunk, and your wrists in line with your forearms.
2. Bring one leg across the other to stabilize the lower part of your body, and pull in your abs.
3. Exhale, and bend your elbows to lower your body. Keep your elbows near your sides. Your legs should be directly under your body to avoid tilting or swinging.
4. Lower yourself until your elbows are at a 90-degree angle and your upper arms are parallel with the floor. Keep your wrists straight.
5. Pause, and then straighten your elbows, pushing into the bars with your hands, and return to starting position. Keep your body vertical and your wrists straight.



## Pushups

1. Tighten your abdominals, keep your back flat, your neck in alignment with your spine, and keep your elbows close to your sides.
2. With your hands directly under your shoulders, lower yourself slowly and with control, lastly, press up.
3. The only equipment you need is the mirror, where you can admire your newly toned chest!



# ARSENAL DEFENDER SPEAKS OUT ABOUT CANCER DIAGNOSIS

Source: Daily Cannon weblog

Jen Beattie found a lump earlier this year and while she was able to undergo treatment without publicity, she has now chosen to speak out about her diagnosis to help raise awareness. Jennifer Beattie of Arsenal Women celebrates after her teammate Vivianne Miedema of Arsenal Women scored their team's fourth goal during the FA Women's Continental League Cup game between Arsenal Women and Bristol City Women at Meadow Park on November 21, 2019 in Borehamwood, England.

The interview will be shown on BBC at 12 on Saturday, 12 December or part that is online now. In it, you can listen to Beattie who said, "I was grateful because they allowed my club doctor to be in appointments with me to ask all the right medical questions, because I didn't have a clue.

"You automatically think the worst. I asked the question, 'Am I going to die?' that's what I asked them."

Growing more upset, understandably, Jen continues, "The girls here were just unbelievable." "I feel like it's moments like these or times like these where you realise why you play sport. It really is like being part of a family away from family." "I don't know what I would have done without them. That's the staff and the players. They've all been unbelievable. The support I've had down here has got me through it, for sure." Thankfully, Jen is well on the mend and everyone here at Daily Cannon wishes her all the best going forward.



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